

- PḥP»PμCḥPiC-CḥPSC- P·P°C...PIPSCḥCḥPIP°PSPSCḥ.

- P—P°CÍC,C-PNḥPSP° CÍPμCḥC†PμPIP° PSPμPrPsCÍC,P°C,PSC-CÍC,Cḥ (NYHA II-IV).

- P†CḥPμPjC-CḥPSP° C...PIPSCḥPsP±P° CÍPμCḥC†Cḥ C† PīP°C†C-C”PSC,C-PI, CḥPεC- PjP°CḥC,Cḥ CÍC,PμPSPsPeP°CḥPrC-Cḥ, PīPμCḥPμPSPμCÍP»Pē C-PSC,,P°CḥPεC, PjC-PsPeP°CḥPrP°.

- PjPμCḥPμP±CḥPsPIP°CÍPεC†P»CḥCḥPSC- P·P°C...PIPSCḥCḥPIP°PSPSCḥ C† PīP°C†C-C”PSC,C-PI, CḥPεC- PīPμCḥPμPSPμCÍP»Pē C-PSCÍC†P»CḥC, P°P±Ps PjP°CḥC,Cḥ PμPīC-P·PsPrPēB C,CḥP°PSP·PēC,PsCḥPSPēC... C-CḥPμPjC-CḥPSPēC... P°C,P°Pe.

- P—P°C...PIPSCḥCḥPIP°PSPSCḥ PīPμCḥPēC,,PμCḥPēCḥPSPēC... P°CḥC,PμCḥC-PNḥ.

- P>C-PεC†PIP°PSPSCḥ PīC-CÍP»CḥPsPīPμCḥP°C†C-PNḥPSPsPiPs P±PsP»Cḥ PīCḥPē P°PsCḥC,PsPePsCḥPsPSP°CḥPSPsPjC† CεC†PSC,C†PIP°PSPSC- (P°P±Ps PIPēPePsCḥPēCÍC,P°PSPSCḥ P°PīP°CḥP°C,C† CεC,C†CḥPSPsPiPs PeCḥPsPIPsPsP±C-PiC†).

B B B B B B B B B B

P·P·P°C”PjPsPrC-Cḥ P· C-PSCεPēPjPē P»C-PεP°CḥCÍCḥPePēPjPē P·P°CÍPsP±P°PjPē C,P° C-PSCεC- PIPēPrPē PIP·P°C”PjPsPrC-PNḥ.

PŸC†PjC-CÍPSPμ PīCḥPēP·PSP°CḥPμPSPSCḥ PkPμPNḥCḥPsPrPēPeP»PsPIC-C,C† C,P° C-PSCεPēC... P>C-PεP°CḥCÍCḥPePēC... P·P°CÍPsP±C-PI PjPsP¶Pμ CÍPīCḥPēCḥPēPSPēC,PēB P·P±C-P>CḥCεPμPSPSCḥ P°P±Ps P·PjPμPSCεPμPSPSCḥ PμC,,PμPeC,PēPIPSPsCÍC,C-.

P—P±C-P>CḥCεPμPSPSCḥ:

- CḥC-PIPSC-PI P>C-C,C-Cḥ C,P° PrPēPiPsPeCÍPēPSC† C† PīP»P°P·PjC- PeCḥPsPIC-;

- CḥPēP·PēPeC† CεP»C†PSPεPsPIPs-PePēCεPePsPIPēC... PeCḥPsPIPsC,PμCḥ PīC-Pr CḥP°CÍ CÍC†PīC†C,PSCḥPsC— C,PμCḥP°PīC-C— PīP»CḥPePsPePsCḥC,PēPePsCÍC,PμCḥPsC—PrP°PjPē;

- PīPsP±C-CḥPSPsC— PrC-C— C-PSCεPēC... PSPμCÍC,PμCḥPsC—PrPSPēC... PīCḥPsC,PēP·P°PīP°P>CḥPSPēC... P·P°CÍPsP±C-PI;

- PμC,,PμPeC,PēPIPSPsCÍC,C- PeP°P»C-PNḥP·P±PμCḥC-PiP°CḥCḥPēC... PrC-C†CḥPμC,PēPeC-PI (PePsPSC,CḥPsP»Cḥ CḥC-PIPSCḥ PeP°P»C-Cḥ);

- PμC,,PμPeC,PēPIPSPsCÍC,C- PīCḥPμPīP°CḥP°C,C-PI, CḥPεC- C-PSPiC-P±C†CḥC,Cḥ P°PīCḥPμPīP°C†C-Cḥ C,CḥPsPjP±PsC†PēC,C-PI;

- CḥC-PIPSCḥ C,P° C,PsPeCÍPēCḥPSPsCÍC,C- PjPμC,P°C,CḥPμPeCÍP°C,C†. PŸP»C-Pr C†PSPēPeP°C,Pē PīCḥPēP·PSP°CḥPμPSPSCḥ PSPμCÍC,PμCḥPsC—PrPSPēC... PīCḥPsC,PēP·P°PīP°P>CḥPSPēC... P·P°CÍPsP±C-PI PjPμPSCε PSC-P¶ P·P° 24 PīPsPrPēPSPē PrPs P°P±Ps PīC-CÍP»Cḥ P»C-PεC†PIP°PSPSCḥ PjPμC,PsC,CḥPμPeCÍP°C,PsPj.

P—PjPμPSCεPμPSPSCḥ:

B -B PμC,,PμPeC,PēPIPSPsCÍC,C- PrPēPeP»PsC,,PμPSP°PeC† C,,C†CḥPsCÍPμPjC-PrPsPj C,P° C-PSCεPēPjPē PīPμC,P»CḥPsPIPēPjPē PrC-C†CḥPμC,PēPeP°PjPē.

B -B PμC,,PμPeC,PēPIPSPsCÍC,C- PrPēPeP»PsC,,PμPSP°PeC†

P°PSC, PëPiC-PiPμCḡC, PμPSP·PëPIPSPëPjPë P·P°CíPSP±P°PjPë;

B -B PIP·P°C”PjPSPμ P·PjPμPSC€PμPSPSCḡ PePsPSC†PμPSC, CḡP°C†C-C—
PrPëPeP»PsC,, PμPSP°PeCí C, P° P°C†PμC, PëP»CíP°P»C-C†PëP»PsPIPsC— PePëCíP»PsC, Pë Cí
CíPëCḡPsPIP°C, C†C- PeCḡPsPIC-;

-B PICíPjPsPeC, CíPIP°PSPSCḡ PIC-C, P°PjC-PSCí P’₁₂ PiCḡPë CíCíPjC-CíPSPsPjCí
P·P°CíC, PsCíCíPIP°PSPSC- P· PePsP»C...C-C†PëPSPsPj, PμPḡPḡ, PSPμPsPjC-C†PëPSPsPj C, P°
P°PSC, PëPrC-P°P±PμC, PëC†PSPëPjPë P·P°CíPSP±P°PjPë C, PëPiCí P±C-PiCíP°PSC-PrPëPS.

PμCḡPsC, PëPiPsPeP°P·P°PSPμ PsPrPSPsC†P°CíPSPμ P·P°CíC, PsCíCíPIP°PSPSCḡ P·
P»PμPIPsPrPsPiPsCḡ, PsCíPeC-P»CḡPëPë PIC-C, P°PjC-PS P’₆ PjPsPḡPμ P·PjPμPSC€CíPIP°C, Pë
PiCḡPsC, PëPiP°CḡPeC-PSCíPSPSC-C†PSCí PrC-Cḡ P»PμPIPsPrPsPiPë.

PiPe C- C-PSC€C- PkPμP—Pμ, PiCḡPë CíCíPiCíC, PSCḡPsPjCí P·P°CíC, PsCíCíPIP°PSPSC- P·
PrC-CíCḡPμC, PëPeP°PjPë P°P±Ps P°PSC, PëPiC-PiPμCḡC, PμPSP·PëPIPSPëPjPë
PiCḡPμPiP°CḡP°C, P°PjPë (PSP°PiCḡPëPeP»P°Pr, P±PμC, P°-P±P»PsPeP°C, PsCḡP°PjPë
PeP°P»CḡC†C-C”PIPëC... PeP°PSP°P»C-PI, C-PSPiC-P±C-C, PsCḡP°PjPë
P°PSPiC-PsC, PμPSP·PëPS-PiPμCḡPμC, PIPsCḡCḡPIP°P»CḡPSPsPiPs C,, PμCḡPjPμPSC, Cí)
PjPsPḡPμ P·PSPëPḡCíPIP°C, Pë C—C... P°PSC, PëPiC-PiPμCḡC, PμPSP·PëPIPSPëPμ PμC,, PμPeC.,
PḡPsPjCí PePsPjP±C-PSP°C†C-Cḡ C, P°PePëC... PiCḡPμPiP°CḡP°C, C-PI CíP»C-Pr
PiCḡPëP·PSP°C†P°C, Pë P· PsP±PμCḡPμPḡPSC-CíC, Cḡ, P° PiP°C†C-C”PSC, P°Pj
(PsCíPSP±P»PëPIPs P»C-C, PSCḡPsPiPs PIC-PeCí) CíP»C-Pr PiPμCḡC-PsPrPëC†PSPs
PePsPSC, CḡPsP»CḡPIP°C, Pë P°CḡC, PμCḡC-P°P»CḡPSPëPμ C, PëCíPe. PμP°C†C-C”PSC, P°Pj
CíP»C-Pr PIPḡPëPIP°C, Pë PrPsCíC, P°C, PSCḡ PeC-P»CḡPeC-CíC, Cḡ CḡC-PrPëPSPë, P°
PiC-CíP»Cḡ P·P°PIPμCḡC€PμPSPSCḡ CíCíPiCíC, PSCḡPsC— C, PμCḡP°PiC-C— CíP»C-Pr
PiPμCḡC-PsPrPëC†PSPs PePsPSC, CḡPsP»CḡPIP°C, Pë C,, CíPSPeC†C-Cḡ PSPëCḡPsPe,
P·PsPeCḡPμPjP° PiCḡPë P·P°CíC, PsCíCíPIP°PSPSC- PrC-CíCḡPμC, PëPeC-PI C, P°
C-PSPiC-P±C-C, PsCḡC-PI PḡPμPα PIPSP°CíP»C-PrPsPe PiC-PrPIPëC%PμPSPsPiPs
CḡPëP·PëPeCí PIPëPSPëPePSPμPSPSCḡ PSPμC,, CḡPsC, PsPeCíPëC†PSPsCíC, C-.
PḡPrPSPsC†P°CíPSPμ P·P°CíC, PsCíCíPIP°PSPSCḡ CíPëCíC, PμPjPSPëC... PkPμP—Pμ C, P°
CíPμP»PμPeC, PëPIPSPëC... C-PSPiC-P±C-C, PsCḡC-PI P·PIPsCḡPsC, PSPsPiPs
P·P°C...PsPiP»PμPSPSCḡ CíPμCḡPsC, PsPSC-PSCí PjPsPḡPμ PiC-PrPIPëC%PëC, Pë CḡPëP·PëPe
C€P»CíPSPePsPIPs-PePëC€PePsPIPsC— PeCḡPsPIPsC, PμC†C-.

B PḡPsPḡP»PëPIPμ PsPrPSPsC†P°CíPSPμ P·P°CíC, PsCíCíPIP°PSPSCḡ PrPëPeP»PsC,, PμPSP°PeCí
C, P° PiCḡPsC, PëPrC-P°P±PμC, PëC†PSPëC... PiCḡPμPiP°CḡP°C, C-PI, PiCḡPë C†CḡPsPjCí
PμC,, PμPeC, PëPIPSC-CíC, Cḡ PsCíC, P°PSPSC-C... PSPμ P·PjC-PSCḡC”C, CḡCíCḡ. PμCḡPsC, Pμ
PIC-PrPsPjC- PsPeCḡPμPjC- PiPsPIC-PrPsPjP»PμPSPSCḡ PiCḡPs CḡPsP·PIPëC, PsPe Cí
C, P°PePëC... PIPëPiP°PrPeP°C... CḡPe PiC-PiPsPiP»C-PePμPjC-C—, C, P°Pe C-
PiC-PiPμCḡPiP»C-PePμPjC-C—, C%Ps P·CíPjPsPIP»CḡPIP°P»Ps PSPμPsP±C...C-PrPSC-CíC, Cḡ
P·PjC-PSPë PrPsP·Pë C†CíPeCḡPsP·PSPëPḡCíPIP°P»CḡPSPëC... PiCḡPμPiP°CḡP°C, C-PI PiC-Pr
C†P°Cí P·P°CíC, PsCíCíPIP°PSPSCḡ PrPëPeP»PsC,, PμPSP°PeCí. P— C†C-C”C— PiCḡPëC†PëPSPë
CḡPμPePsPjPμPSPPrPsPIP°PSPs PiC-Pr C†P°Cí C, PμCḡP°PiC-C— PePsPSC, CḡPsP»CḡPIP°C, Pë
CḡC-PIPμPSCḡ PiP»CḡPePsP·Pë PI PeCḡPsPIC-. PḡPrPSPsC†P°CíPSPμ
P·P°CíC, PsCíCíPIP°PSPSCḡ PrPëPeP»PsC,, PμPSP°PeCí C, P° PePsP»PμCíC, PëPiPsP»Cí P°P±Ps
C...PsP»PμCíC, PëCḡP°PjC-PSCí P·PjPμPSC€CíC” PICíPjPsPeC, CíPIP°PSPSCḡ
PrPëPeP»PsC,, PμPSP°PeCí PiCḡPëP±P»PëP·PSPs PSP° 30 % C, P° 60 % PIC-PrPiPsPIC-PrPSPs.
PμCḡPμPiP°CḡP°C, Pë CíP»C-Pr PiCḡPëPμPjP°C, Pë P· C-PSC, PμCḡPIP°P»PsPj Cí PeC-P»CḡPeP°
PiPsPrPëPS. PμCḡPμPiP°CḡP°C, Pë, CḡPeC- CíC, PëPjCíP»CḡCḡC, Cḡ C,, PμCḡPjPμPSC, Pë,
PSP°PiCḡPëPeP»P°Pr CḡPëC,, P°PjPiC-C†PëPS, PeP°CḡP±P°PjP°P·PμPiC-PS, C,, PμPSC-C, PsC—PS,
P·PIC-CḡPsP±C-PNë (Hypericum perforatum) C, P° C-PSC€C-, C, PμPsCḡPμC, PëC†PSPs

P·PrP°C,PSC- P·PjPμPSC€CfPIP°C,Pë PePsPSC†PμPSC,CḡP°C†C-C— PrPëPeP»PsC,,PμPSP°PeCf Cf PïP»P°P·PjC- PeCḡPsPIC-. P'PïP»PëPI PkPμP—Pμ PSP° CÍPëPSC,PμP· PïCḡPsCÍC,P°PïP»P°PSPPrPëPSC-PI Cf PSPëCḡPeP°C... PjPsP¶Pμ PïPsCÍPëP»CḡPIP°C,Pë PSPμC,,CḡPsC,PSPeCÍPëC†PSC-CÍC,Cḡ C†PëPeP»PsCÍPïPsCḡPëPSCr. P,, PsPeCḡPμPjC- PïPsPIC-PrPsPjP»PμPSPSC¶ PïCḡPs CḡPsP·PIPëC,PsPe CÍCfPrPsPj Cf C...PIPScḡPëC..., C¶PeC- P·P°CÍC,PsCÍPsPICfPIP°P»Pë PsPrPSPSc†P°CÍPSPs PïPsC...C-PrPSC- C...C-PSPsP»PsPSCr C,P° PkPμP—Pμ.

P" C-C¶ C,C-P°PjC-PSCr C-PSP°PeC,PëPICfC" C,CḡCÍC¶ 5-C,,C,PsCḡCfCḡP°C†PëP»PsPj, PsCÍPeC-P»CḡPePë PsCÍC,P°PSPSC-PNë PePsPSPeCfCḡPμPSC,PSPs C-PSPiC-P±CfC" C,,PsCÍC,,PsCḡPëP»CḡPIP°PSPSC¶ C,C-P°PjC-PSCr Cf C,C-P°PjC-PS-PïC-CḡPsC,,PsCÍC,,P°C,,

B PḡPSC,P°C†PëPrPë P·PSPëP¶CfCḡC,Cḡ PICfPjPsPeC,CfPIP°PSPSC¶ C,C-P°PjC-PSCr. PμPμC,P»CḡPsPIC- PrC-CfCḡPμC,PëPePë, PSP°PïCḡPëPeP»P°Pr, C,,CfCḡPsCÍPμPjC-Pr, C%Ps PïP°P»CḡPjCfCḡC,Cḡ PeP°PSP°P»CḡC†PμPICr CḡPμP°P±CÍPsCḡP±C†C-Cḡ, PïC-Pr C†P°CÍ PrPsPIPïPsC,CḡPëPIP°P»PsC— C,PμCḡP°PïC-C— PjPsP¶CfC,Cḡ CÍPïCḡPëC†PëPSPëC,Pë PïC-PrPIPëC%PμPSPSC¶ PμPeCÍPeCḡPμC†C-C— C,C-P°PjC-PSCr C-, C,P°PePëPj C†PëPSPsPj, P·PjPμPSC€PëC,Pë CḡC-PIPμPSCḡ C,C-P°PjC-PSCr.

PḡPrPSPSc†P°CÍPSPëPNë PïCḡPëPNëPsPj P· P°PSC,P°PïPsPSC-CÍC,P°PjPë PïC-CḡPëPrPsPeCÍPëPSCr (PSP°PïCḡPëPeP»P°Pr, C-P·PsPSC-P°P·PëPr, PïC-PrCḡP°PrP°P·PëPS, PïPμPSC-C†PëP»P°PjC-PS P°P±Ps C†PëPeP»PsCÍPμCḡPëPS), PïPμCḡPsCḡP°P»CḡPSPëPjPë PePsPSC,CḡP°C†PμPïC,PëPIP°PjPë PjPsP¶Pμ PïC-PrPIPëC%CfPIP°C,Pë PïPsC,CḡPμP±Cf Cf PIC-C,P°PjC-PSC- P'.

PḡCÍPsP±P»PëPIPScÍC,C- P·P°CÍC,PsCÍCáPIP°PSPSC¶.

P'PëPSPëPePSPμPSPSC¶ PïPsP±C-C†PSPëC... PμC,,PμPeC,C-PI PjPsP¶Pμ P±CfC,Pë P·PjPμPSC€PμPSPs C€P»C¶C...PsPj P·P°CÍC,PsCÍCfPIP°PSPSC¶ PjC-PSC-PjP°P»CḡPSPSc— PμC,,PμPeC,PëPIPSPSc— PrPsP·Pë PïCḡPsC,C¶PïPsPj PSP°PNëPePsCḡPsC,C€PsPïPs C†P°CÍCf, PSPμPsP±C...C-PrPSPsPïPs PrP»C¶ PePsPSC,CḡPsP»CḡPIP°PSPSC¶ CÍPëPjPïC,PsPjCf.

P— PsP±PμCḡPμP¶PSC-CÍC,Cḡ CÍP»C-Pr P·P°CÍC,PsCÍPsPICfPIP°C,Pë PïCḡPμPïP°CḡP°C, PïP°C†C-C" PSC,P°Pj P· P±CḡPsPSC...C-P°P»CḡPSPScḡ P°CÍC,PjPsCḡ, CÍC-PSPSPScḡ PïP°CḡC¶C†PePsCḡ, PSP°P±CfC...P°PSPSC¶Pj CÍP»PëP·PsPIPSc— PsP±PsP»PsPSPëPë PSPScÍP° (PSPScÍPsPIC- PïPsP»C-PïPë) P°P±Ps C...CḡPsPSC-C†PSPëPjPë C-PSC,,PμPeC†C-PNëPSPëPjPë P·P°C...PIPScḡCḡPIP°PSPSC¶PjPë PrPëC...P°P»CḡPSPëC... C€P»C¶C...C-PI.

PkP°P»PμP¶PSPsPïPs PSP°PïP»C¶PrCf C,P° PePsPSCÍCfP»CḡC,P°C†C-C— PIPëPjP°PïP°CḡC,Cḡ PïP°C†C-C" PSC,Pë P· PïC-PrPIPëC%PμPSPëPj P°CḡC,PμCḡC-P°P»CḡPSPëPj C,PëCÍPePsPj Pï P°PSP°PjPSPμP·C- C,P°/P°P±Ps CÍPμCḡC†PμPIPScḡ PSPμPrPsCÍC,P°C,PSC-CÍC,Cḡ, PsCÍPeC-P»CḡPePë PïCḡPë P»C-PeCfPIP°PSPSC- PkPμP—Pμ PïPsPIC-PrPsPjP»C¶P»PsCÍC¶ PïCḡPs P·P°C,CḡPëPjPeCf CḡC-PrPëPSPë C,P° PSP°P±CḡC¶PePë.

PμP°C†C-C" PSC,P°Pj P· PSPμPrPsCÍC,P°C,PSCHPs PePsPSC,CḡPsP»CḡPsPIP°PSPScḡ P°CḡC,PμCḡC-P°P»CḡPSPScḡ PïC-PïPμCḡC,PμPSP·C-C" Cḡ, CÍPμCḡC†PμPIPScḡ PSPμPrPsCÍC,P°C,PSC-CÍC,Cḡ, PïPsPïPμCḡPμPrPSCḡPs C-CÍPSCfCḡC†PëPjPë C-C€PμPjC-C†PSPëPjPë C...PIPScḡPsP±P°PjPë CÍPμCḡC†C¶, PïPμCḡPëC,,PμCḡPëC†PSPëPjPë P°CḡC,PμCḡC-P°P»CḡPSPëPjPë CÍCfPrPëPSPSPëPjPë P·P°C...PIPScḡCḡPIP°PSPSC¶PjPë C,P°/P°P±Ps C†PμCḡPμP±CḡPs-PIP°CÍPeCfP»C¶CḡPSPëPjPë P·P°C...PIPScḡCḡPIP°PSPSC¶PjPë

P»C-PeCfPIP°PSPSCl PpPpP»Psc,,PpPSP°PePsPj CÍP»C-Pr PíCtjPpP·PSP°C±P°C,Pë PíC-CÍP»Cll CjPpC,PpP»ChPSPsPíPs CtjPsP·PíP»ClPrCf. PpPsPrC-P±PSC- C,,P°PeC,PsCtjPë CÍP»C-Pr C,P°PePsP¶ PíCtjP°C...PsPíCfPIP°C,Pë PíPpCtjPpPr PíPsC±P°C,PePsPj PíCtjPpPnPsPjCf PíCtjPpPíP°CtjP°C,Cf, ClPeC%Ps PíP°C†C-C°PSC, CÍC...PëP»ChPSPpPn PrPs CÍPpCtjC†PpPíPs-CÍCfPrPpPSPpëC... P·P°C...PíPsCtjCtjPIP°PSCH (PSP°PíCtjPpPpP»P°Pr, P°CtjC,PpCtjC-P°P»ChPSP° PíC-PíPpCtjC,PpPSP·C-Cl, PíC-PíPpCtjP»C-PíC-PrPpPjC-Cl, C†CfPeCtjPsPíPpPn PrC-P°P±PpC,, PíP°P»C-PSPSCl).

PpP»C-PSC-C±PSC- PrPsCÍP»C-PrP¶PpPSPSCl C,P° PpPíC-PrPpPjC-PsP»PsPíC-C±PSC- PrP°PSC- PíPsPeP°P·CfCtjC,Ch, C%Ps P·P°CÍC,PsCÍCfPIP°PSPSCl PpPpPpP»Psc,,PpPSP°PeCf PsCÍPsP±P»PëPíPs Cí PíPpP»PëPePëC... PrPsP·P°C... (150 PjPí PSP° PrPsP±Cf) C,P° PíCtjPsC,ClPíPsPj C,CtjPpPíP°P»PsPíPs PíPpCtjC-PsPrCf PjPsP¶Pp CÍCfPíCtjPsPíPsPrP¶CfPIP°C,PëCÍCl PSPpP·PSP°C±PSPëPj PíC-PrPíPëC%PpPSPSClPj CtjPpP·PëPeCf P°CtjC,PpCtjC-P°P»ChPSPëC... C,CtjPsPjP±PsC,PëC±PSPëC... CÍCfPeP»P°PrPSPpPSCH (C-PSC,,P°CtjPeC, PjC-PsPeP°CtjPrP° P°P±Ps PSP°PíP°Pr).

PpCtjPsC,ClPíPsPj C,CtjPpPíP°P»PsPíPs P»C-PeCfPIP°PSPSCl PkPpPnChjPsPrPpPpP»PsPíC-C,PsPj CtjPpPePsPjPpPSPPrCfC°C,ChCÍCl PePsPSC,CtjPsP»ChPíP°C,Pë PíPsPeP°P·PSPëPePë PíPpCtjPëC,,PpCtjPëC±PSPsC— PeCtjPsPíC-, C,,CfPSPeC†C-Ch PíPpC±C-PSPePë C,P° PSPëCtjPsPe.

PpP°C†C-C°PSC,Pë P· PíPëCtjP°P·PePsPíPsCtj C...PíPsCtjPsP±PsCtj CëP»CfPSPeP° C,P° PrPíP°PSP°PrC†ClC,PëPíP°P»PsC— PePëCëPePë P°P±Ps PrPëCÍPíPpPíC,PëC±PSPëPjPë CÍPëPjPíC,PsPjP°PjPë Pí P°PSP°PjPSPpP·C- C,P° PíP°C†C-C°PSC,Pë C-P· P·P°C...PíPsCtjCtjPIP°PSPSClPjPë PíPpC±C-PSPePë, PSPëCtjPsPe, CÍPpCtjC†PpPíPsCtj PSPpPrPsCÍC,P°C,PSC-CÍC,Ctj P°P±Ps P°CtjC,PpCtjC-P°P»ChPSPsCtj PíC-PíPpCtjC,PpPSP·C-C°Ctj PíPsC,CtjPpP±CfCtjC,Ch PíPëP»ChPSPsPíPs PjPpPrPëC±PSPsPíPs PePsPSC,CtjPsP»Ctj.

P°P»Cl PíCÍC-C... PkPpP—PpB C...P°CtjP°PeC,PpCtjPSC- CëP»CfPSPePsPíPs-PePëCëPePsPíC- PíPëCtjP°P·PePë, PeCtjPsPíPsC,PpC±C- C,P° PíPpCtjC,,PsCtjP°C†C-C— (ClPeC- PjPsP¶CfC,Ch PjP°C,Pë P»PpC,P°P»ChPSPpPn PSP°CÍP»C-PrPsPe) C,P° PjPsPíP»Pë PíC-PrP·PSP°C±P°C,PëCÍCl Cí PíPpCtjC-PsPr P»C-PeCfPIP°PSPSCl, PSP° C,P»C- PíPsPíPpCtjPpPrP¶CfPIP°P»ChPSPëC... CÍPëPjPíC,PsPjC-Pí P°P±Ps Cí CtjP°P·C- C—C... PíC-PrCÍCfC,PSPsCÍC,C-, P°P±Ps Cí PíP°C†C-C°PSC,C-Pí C-P· CÍPpCtjPnPsP·PSPëPjPë CëP»CfPSPePsPíPs-PePëCëPePsPíPëPjPë ClPíPëC%P°PjPë Pí P°PSP°PjPSPpP·C-. P—P°PíP°P»PsPj C,P°PeC- ClPíPëC%P° PSP°PnPs±C-P»ChCë PSPpP±PpP·PíPpC±PSC- PrP»Cl PíP°C†C-C°PSC,C-Pí P»C-C,PSCtjPsPíPs PíC-PeCf. P' PsPeCtjPpPjPëC... PíPëPíP°PrPeP°C..., PePsP»Pë Cí PíP°C†C-C°PSC,C-Pí, ClPeC- P·P°CÍC,PsCÍPsPíCfCtjC,Ch PrPpPpP»Psc,,PpPSP°Pe, CtjPsP·PíPpPíP°CtjC,ChCÍCl CíCfPeP»P°PrPSPpPSPSCl, PíCtjPpPíP°CtjP°C, PíPsC,CtjC-P±PSPs PíC-PrPjC-PSPëC,Pë.

P—P°CÍC,PsCÍCfPIP°PSPSCl PkPpP—Pp, PíPpP»CtjC±P°CtjC±Pë PrPpPpP»Psc,,PpPSP°Pe, PíPsPíPb™ ClP·P°PSPs P· PíC-PrPíPëC%PpPSPëPj CtjPpP·PëPePsPj PSPpPíPpCtjPjPpC,PëC±PSPsCÍC,C- CëP»CfPSPePsPíPs-PePëCëPePsPíPsPíPs P°PSP°CÍC,PsPjPsP·Cf. P PpPePsPjPpPSPPrCfC°C,ChCÍCl CtjPpC,PpP»ChPSPpPn PjPpPrPëC±PSPpPn PSP°PíP»ClPr C- PsP±PpCtjPpP¶PSC-CÍC,Ch PíCtjPë P·P°CÍC,PsCÍCfPIP°PSPSC- PrPpPpP»Psc,,PpPSP°PeCf PíC-CÍP»Cl PsPíPpCtjP°C†C-Pn PSP° CëP»CfPSPePsPíPs-PePëCëPePsPíPsPjCf C,CtjP°PeC,C-.

PpP°C†C-C°PSC, PíPsPíPpPSPpPS PíPsPíC-PrPsPjPëC,Pë CÍPíPsPíPs P»C-PeP°CtjCl, ClPeC%Ps Cí PSCtjPsPíPs PSPpC%PsPrP°PíPSPs P±CfP»P° PíCtjPsPíPpPrPpPSP° P°P±Ps

РiP»P°PSCfC”C,CHCfCЦ PsPiPμCḡP°C†C-Ц PSp° C€P»CfPSPeCf C‡Pë C€P»CfPSPePsPIPs-
PePëC€PePsPIPsPjC,ḡP°PeC,C-, PiPμCḡC€ PSC-P¶ PiCḡPëPMëPjP°C,Pë
PќPμPNëCḡPsPrPëPeP»PsPIC-C,.

Pj P·PIBḡ™ CЦP·PeCf C-P· P·P°CfC,PsCfCfPIP°PSPSCЦPj PќPμP—Pμ, PIPeP»CḡC‡P°CḡC‡Pë
PrPëPeP»PsC,,PμPSP°Pe, PrCfP¶Pμ CḡC-PrPePs PiPsPIC-PrPsPjP»CЦP»PsCfCЦ PiCḡPs
C,CЦP¶PeC-, PSP°PIC-C,CH P· P»PμC,P°P»CHPSPëPj PSP°CfP»C-PrPePsPj C€PeC-CḡPSC-
CḡPμP°PeC†C-C—, PIPeP»CḡC‡P°CḡC‡Pë PμPeCfC,,PsP»C-P°C,PëPIPSPëPMë PrPμCḡPjP°C,PëC,,
CfPëPSPPrCḡPsPj PŸC,C-PIPμPSCfP° Bḡ” P”P¶PsPSCfPsPSP° C,P° C,PsPeCfPëC‡PSPëPMë
PμPiC-PrPμCḡPjP°P»CHPSPëPMë PSPμPeCḡPsP»C-P·. PќP°PNëPIPëC%oPëPMëB CḡPëP·PëPe
C‡PëC... CḡPμP°PeC†C-PNë C-CfPSCfC” PSP° PiPsC‡P°C,PeCf C,PμCḡP°PiC-C—, P°
CḡPsP·PIPëC,PsPe C‡PëC... CḡPμP°PeC†C-PNë PIC-PrP·PSP°C‡P°C”C,CHCfCЦ Cf
P±C-P»CHC€PsCfC,C- PIPëPiP°PrPeC-PI Cf PiPμCḡC€PëPMë PjC-CfCЦC†CH
P»C-PeCfPIP°PSPSCЦ. PŸP»C-Pr PIC-PrPjC-PSPëC,Pë PiCḡPμPiP°CḡP°C, PiCḡPë PiPμCḡC€PëC...
PiCḡPsCЦPIP°C... C€PeC-CḡPSPSiPs PIPëCfPëPiCf C,P° PIPëCḡP°P·PsPe CfP»PëP·PsPIPsC—
PsP±PsP»PsPSPePë P°P±Ps PiCḡPë P±CfPrCH-CЦPePëC... C-PSC€PëC... PiCḡPsCЦPIP°C...
PiC-PiPμCḡC‡CfC,P»PëPIPsCfC,C-.

PiPe C- PiCḡPë P·P°CfC,PsCfCfPIP°PSPSC- C-PSC€PëC... PќPμP—Pμ, PiCḡPë
P·P°CfC,PsCfCfPIP°PSPSC- PrPëPeP»PsC,,PμPSP°PeCf PjPsP¶CfC,CH PIPëPSPëPeP°C,Pë
P°P»PμCḡPiC-C‡PSC- CḡPμP°PeC†C-C—, PIPeP»CḡC‡P°CḡC‡Pë
P°PSP°C,,C-P»P°PeC,PëC‡PSC-/P°PSP°C,,C-P»P°PeC,PsC—PrPSC- CḡPμP°PeC†C-C—,
PSP°PIC-C,CH P·P° PIC-PrCfCfC,PSPScfC,C- PiPsPiPμCḡPμPrPSCḡPsPiPs PIPiP»PëPICf
PrPëPeP»PsC,,PμPSP°PeCf. P PμP°PeC†C-C— PiC-PiPμCḡC‡CfC,P»PëPIPsCfC,C- C,P°PePsP¶
PjPsP¶CfC,CH PiCḡPsPiCḡPμCfCfPIP°C,Pë PrPs CfPëPSPPrCḡPsPjCf PḡCfPSC-CfP° Bḡ”
CfPμCḡPMëPsP·PSPSc— P°P»PμCḡPiC-C‡PSPSc— CḡPμP°PeC†C-C—, CЦPeP° PjPsP¶Pμ
PiCḡPëP·PIPμCfC,Pë PrPs C-PSC,,P°CḡPeC,Cf PjC-PsPeP°CḡPrP°. PŸPëPjPiC,PsPjPë C,P°PePëC...
CḡPμP°PeC†C-PNë PjPsP¶CfC,CH PIPeP»CḡC‡P°C,Pë P±C-P»CH Cf PiCḡCfPrCЦC...,
PiPsPIBḡ™ CЦP·P°PSPëPMë P· P°P»PμCḡPiC-C‡PSPSc CḡPμP°PeC†C-C”Cḡ PSP°
PrPëPeP»PsC,,PμPSP°Pe. PμP°C†C-C”PSC, PiPsPIPëPSPμPS PSPμPiP°PNëPSPs
PiPsPIC-PrPsPjPëC,Pë CfPIPsPiPs P»C-PeP°CḡCЦ, CЦPeC%oPs PIC-PS PIC-PrC‡CfPI P±C-P»CH
Cf PiCḡCfPrCЦC..., CЦPePëPMë PjPsP¶Pμ P±CfC,Pë PsP·PSP°PePsCḡ PiPsC,PμPSC†C-PNëPSPs
CfPμCḡPMëPsP·PSPSc— P°P»PμCḡPiC-C‡PSPSc— CḡPμP°PeC†C-C— Bḡ” CfPëPSPPrCḡPsPjCf
PḡCfPSC-CfP°.

P”PëPeP»PsC,,PμPSP°Pe P·P°PIPrCЦPePë CfPIPsC—Pj C,,P°CḡPjP°PePsP»PsPiC-C‡PSPëPj
PIP»P°CfC,PëPIPsCfC,CЦPj PjPsP¶Pμ PjP°CfPeCfPIP°C,Pë CfPëPjPiC,PsPjPë,
C...P°CḡP°PeC,PμCḡPSC- PrP»CЦ C-PSC,,PμPeC†C-PNëPSPs-P·P°PiP°P»CHPSPëC...
P·P°C...PIPsCḡPSP°PSCḡ.

PμCḡPë PIPiPμPrPμPSPSC- PIC-C,P°PjC-PSCf P’₁₂ PeP»C-PSC-C‡PSP° PeP°CḡC,PëPSP°, P°
C,P°PePsP¶ P»P°P±PsCḡP°C,PsCḡPSC- P°PSP°P»C-P·Pë PiCḡPë C,,CfPSC-PeCfP»CЦCḡPSPsPjCf
PjC-C”P»PsP·C- P°P±Ps PiPμCḡPSC-C†C-PsP·PSC-PNë P°PSPμPjC-C— PjPsP¶CfC,CH
PIC,CḡP°C‡P°C,Pë CfPIPsCḡ CfPiPμC‡PëC,,C-C‡PSC-CfC,CH.

PμCḡPëPMëPsPj P°P»PePsPiPsP»Cḡ C,P° C‡PsCḡPSPsPiPs C‡P°Cḡ P·PSPëP¶CfC”
P°P±CfPsCḡP±C†C-Cḡ C,C-P°PjC-PSCf. P”P¶PëPIP°PSPSCЦ PSP°PiPsC—PI, C%oPs
PjC-CfC,CЦC,CH CfCfP»CHC,,C-C,Pë (PSP°PiCḡPëPeP»P°Pr, PIPëPSPs), PiC-PrPIPëC%oCfC”
PrPμPiCḡP°PrP°C†C-Cḡ C,C-P°PjC-PSCf.

PμP°C†C-C”PSC,P°Pj P· PSPsPIPsCfC,PIPsCḡPμPSPSCЦPjPë, P·P° PIPëPSCЦC,PePsPj
PIPëPiP°PrPeC-PI, C%oPs CfCfPiCḡPsPIPsPrP¶CfCḡC,CHCfCЦ

PjPμPiP°P»PsP±P»P°CΓC,PSPsCḤ P°PSPμPjC-C''CḤ C,P° PrPμC,,C-C†PëC,PsPj PIC-C,P°PjC-PSCř P'12, PSPμ CΓP»C-Pr P·P°CΓC,PsCΓPsPICřPIP°C,Pë PiCḤPμPiP°CḤP°C,.

PμCḤPμPiP°CḤP°C, PSPμ P·P°CΓC,PsCΓPsPICřPIP°C,Pë PiCḤPë CΓC,PμPSPsPeP°CḤPrC-C—.

PμCḤPëP·PSP°C†P°C,Pë PrPëPeP»PsC,,PμPSP°Pe PiP°C†C-C''PSC,P°Pj P·C- P·PSP°C†PSPëPjPë C,,P°PeC,PsCḤP°PjPë CḤPëP·PëPeCř PeP°CḤPrC-PsPIP°CΓPeCřP»CΠCḤPSPëC... CΠPIPëC%o (PSP°PiCḤPëPeP»P°Pr, PiC-PiPμCḤC,PsPSC-CΠ, PiC-PiPμCḤP»C-PiC-PrPμPjC-CΠ, C†CřPeCḤPsPIPëPñe PrC-P°P±PμC,, PeCřCḤC-PSPSCΠ) PjPsP¶PSP° P»PëCεPμ PiC-CΓP»CΠ CḤPμC,PμP»CḤPSPsC— PeP»C-PSC-C†PSPsC— PsC†C-PSPePë. PḤCřPeC-P»CḤPePë PeP°CḤPrC-PsPIP°CΓPeCřP»CΠCḤPSC- CḤPëP·PëPePë PrPëPeP»PsC,,PμPSP°PeCř PjPsP¶CřC,CḤ P·CḤPsCřC,P°C,Pë P·C- P·P±C-P»CḤCεPμPSPSCΠPj PrPsP·Pë C,P° C,CḤPëPIP°P»PsCřC,C- P»C-PeCřPIP°PSPSCΠ, PñePsPiPs PSPμPsP±C...C-PrPSPs P·P°CΓC,PsCΓPsPICřPIP°C,Pë CΠPePsPjPsPiP° PePsCḤPsC,CεPëPñe PiPμCḤC-PsPr C,P° Cř PSP°PñePSPëP¶C†C-Pñe PμC,,PμPeC,PëPIPSC-Pñe PrPsP·C-. PŸP»C-Pr PiPμCḤC-PsPrPëC†PSPs PiPμCḤPμPiP»CΠPrP°C,Pë PiPsC,CḤPμP±Pë PiP°C†C-C''PSC,C-PI Cř P·P°CΓC,PsCΓCřPIP°PSPSC- PrPëPeP»PsC,,PμPSP°PeCř PrP»CΠ PiPsP»PμPiCεPμPSPSCΠ CřPëPjPiC,PsPjC-PI C,P° PIC-PrPiPsPIC-PrCḤ PSP° C,PμCḤP°PiC-CḤ. P— PsP±PμCḤPμP¶PSC-CΓC,CḤ P·P°CΓC,PsCΓPsPICřPIP°C,Pë PiP°C†C-C''PSC,P°Pj PIC-PePsPj PIC-Pr 65 CḤPsPeC-PI.

P—P°CΓC,PsCΓCžPIP°PSPSCΠ Cž PiPμCḤC-PsPr PIP°PiC-C,PSPsCřC,C- P°P±Ps PiPsPrCžPIP°PSPSCΠ PiCḤCžPrPrCḤ.B

PμPsC†PëPSP°CḤC†Pë P· 20-PiPs C,PëP¶PSCΠ PIP°PiC-C,PSPsCřC,C-, P·P°CΓC,PsCΓCřPIP°PSPSCΠ PkPμPñeCḤPsPrPëPeP»PsPIC-C,Cř PjPsP¶Pμ CΓPiCḤPëC†PëPSPëC,Pë

PsP»C-PiPsPiC-PrCḤP°PjPSC-PsPS PIPSP°CΓP»C-PrPsPe PrPëCřC,,CřPSPeC†C-C— PSPëCḤPsPe PiP»PsPrP°. PιCΠ PiP°C,PsP»PsPiC-CΠ PjPsP¶Pμ PIPëPSPëPePSCřC,Pë PSPμP·P°P±P°CḤPsPj PiC-CΓP»CΠ PiPsC†P°C,PeCř P»C-PeCřPIP°PSPSCΠ C- P·P°P·PIPëC†P°Pñe C'' PsP±PsCḤPsC,PSPsCḤ PiC-CΓP»CΠ PiCḤPëPiPëPSPμPSPSCΠ P»C-PeCřPIP°PSPSCΠ. PμCḤPsC,CΠPiPsPj PiPμCḤCεPsPiPs C,P° PrCḤCřPiPsPiPs C,CḤPëPjPμCřC,CḤCř PIP°PiC-C,PSPsCřC,C- PkPμPñeCḤPsPrPëPeP»PsPIC-C, PSPμ CΓP»C-Pr PiCḤPëP·PSP°C†P°C,Pë, PsPeCḤC-Pj PIPëPiP°PrPeC-PI PeCḤP°PñePSCḤPsC— PSPμPsP±C...C-PrPSPsCřC,C-. PiPeC%oPs PkPμPñeCḤPsPrPëPeP»PsPIC-C, P·P°CΓC,PsCΓPsPICřC''C,CḤCřCΠ P¶C-PSPeP°Pj, CΠPeC- PSP°PjP°PiP°CḤC,CḤCřCΠ P·P°PIP°PiC-C,PSC-C,Pë, P°P±Ps PiCḤPsC,CΠPiPsPj PiPμCḤCεPsPiPs C,P° PrCḤCřPiPsPiPs C,CḤPëPjPμCřC,CḤCř PIP°PiC-C,PSPsCřC,C-, PrPsP·P° PiPsPIPëPSPSP° P±CřC,Pë CΠPePsPjPsPiP° PSPëP¶C†PsCḤ, P° C,CḤPëPIP°P»C-CΓC,CḤ P»C-PeCřPIP°PSPSCΠ BḤ'' CΠPePsPjPsPiP° PePsCḤPsC,CεPsCḤ. PḤPsP¶Pμ P±CřC,Pë PrPsC†C-P»CḤPSPëPj PrPsPiPsP»PsPiPsPIPëPñe PjPsPSC-C,PsCḤPëPSPi PsP»C-PiPsPiC-PrCḤP°PjPSC-PsPSCř Cř CḤP°P·C- PIPiP»PëPICř PkPμPñeCḤPsPrPëPeP»PsPIC-C,Cř PiCḤPsC,CΠPiPsPj PeC-P»CḤPePsC... PrPSC-PI, PiPsC†PëPSP°CḤC†Pë P· 20 C,PëP¶PSCΠ PIP°PiC-C,PSPsCřC,C-. P—P°CΓC,PsCΓCřPIP°PSPSCΠ PkPμPñeCḤPsPrPëPeP»PsPIC-C,Cř CΓP»C-Pr PiCḤPëPiPëPSPëC,Pë, CΠPeC%oPs PIPëCΠPIP»PμPSPs PsP»C-PiPsPiC-PrCḤP°PjPSC-PsPS.

PμC-Pr C†P°CΓ P†P†P† C,CḤPëPjPμCřC,CḤCř CřCřC- C-PSPiC-P±C-C,PsCḤPë CΓPëPSC,PμP·Cř PiCḤPsCřC,P°PiP»P°PSPPrPëPSC-PI CΓPiCḤPëC†PëPSCΠCḤC,CḤ:

CḤPëP·PëPePë PrP»CΠ PiP»PsPrP°:

CΓPμCḤC†PμPIPs-P»PμPiPμPSPμPIP° C,PsPeCřPëC†PSC-CΓC,CḤ (P· PiPμCḤPμPrC†P°CΓPSPëPj

P·P°PeCḡPëC,C,CΠPj P°CḡC,PμCḡC-P°P»CHḡPSPsC— PīCḡPsC,PsPePë C,P° P»PμPiPμPSPμPIPsCḡ PiC-PiPμCḡC,PμPSP·C-C”Cḡ);

PiPsCḡCfCεPμPSPSCΠ C,,CfPSPeC†C-C— PSPëCḡPsPe (PrPëPI. PIPëC%oPμ);

CḡPëP·PëPePë PrP»CΠ P¶C-PSPePë PSP°PīCḡPëPeC-PSC†C- PIP°PiC-C,PSPsCfC,C- C,P° PrP»CΠ PSPsPIPsPSP°CḡPsPrP¶PμPSPsPiPs:

PiPsPrPsPIP¶PμPSPSCΠ C†P°CfCf PeCḡPsPIPsC,PμC†C-, P°PSC,PëP°PiCḡPμPiP°C†C-PNëPSPëPNë PμC,,PμPeC,, CΠPePëPNë PjPsP¶Pμ PIPëPSPëPeP°C,Pë PSP°PIC-C,CH PīCḡPë PrCfP¶Pμ PSPëP·CHḡPePëC... PrPsP·P°C...;

PīCḡPëPiPSC-C†PμPSPSCΠ CfPePsCḡPsC†PμPSCḡ PjP°C,PePë, C%oPs PīCḡPëP·PIPsPrPëC,CH PrPs P·P°C,CḡPëPjPePë P°P±Ps PiPsPrPsPIP¶PμPSPSCΠ PiPsP»PsPiC-PI.

PḡC,P¶Pμ, PkPμPNëCḡPsPrPëPeP»PsPIC-C, PīCḡPsC,PëPiPsPeP°P·P°PSPëPNë PīCḡPsC,CΠPiPsPj C,CḡPμC,CHḡPsPiPs C,CḡPëPjPμCfC,CḡCf PIP°PiC-C,PSPsCfC,C-.

P—PrP°C,PSC-CfC,CH PIPiP»PëPIP°C,Pë PSP° CεPIPëPrPeC-CfC,CH CḡPμP°PeC†C-C— PīCḡPë PePμCḡCzPIP°PSPSC- P°PIC,PsC,CḡP°PSCfPiPsCḡC,PsPj P°P±Ps C-PSCεPëPjPë PjPμC...P°PSC-P·PjP°PjPë.

PfPsC†P° PSPμPiP°C,PëPIPsPsPiPs PIPiP»PëPICf PSP° P·PrP°C,PSC-CfC,CH PePμCḡCfPIP°C,Pë P°PIC,PsC,CḡP°PSCfPiPsCḡC,PsPj P°P±Ps PīCḡP°C†CḡPIP°C,Pë P·C- CfPeP»P°PrPSPëPjPë PjPμC...P°PSC-P·PjP°PjPë PSPμ CfPiPsCfC,PμCḡC-PiP°P»PsCfCΠ, PSPμ PjPsP¶PSP° PIPëPeP»CHC†PëC,Pë C,PsPNë C,,P°PeC,, C%oPs CḡPμP°PeC,PëPIPsC-CfC,CH PjPsP¶Pμ PiPsPiC-CḡCεCfPIP°C,PëCfCΠ PIPSP°CfP»C-PrPsPe PSPμP±P°P¶P°PSPsPiPs PIPiP»PëPICf PrPëPeP»PsC,,PμPSP°PeCf PSP° P|PkpŸ (P·P°PiP°PjPsCḡPsC†PμPSPSCΠ, PiC-PrPIPëC%oPμPSP° PIC,PsPjP»CḡPIP°PSC-CfC,CH).

PŸPiPsCfC-P± P·P°CfC,PsCfCzPIP°PSPSCΠ C,P° PrPsP·Pë.

PḡP°PīCfCfP»Pë CfP»C-Pr PePsPIC,P°C,Pë C†C-P»PëPjPë, P·P°PiPëPIP°CḡC†Pë PrPsCfC,P°C,PSCḡPsCḡ PeC-P»CHḡPeC-CfC,Cḡ CḡC-PrPëPSPë, PiC-Pr C†P°Cf C—PrPë.

P—P°P»PμP¶PSPs PIC-Pr C,CΠP¶PePsCfC,C- P·P°C...PIPsCḡCḡPIP°PSPSCΠB CḡPμPePsPjPμPSPPrPsPIP°PSP° PrPsP·P° PīCḡPμPiP°CḡP°C,Cf CfC,P°PSPsPIPëC,CH 1-3 PeP°PīCfCfP»Pë PSP° PrPsP±Cf, C%oPs PμPePIC-PIP°P»PμPSC,PSPs 50-150 PjPi PrPëPeP»PsC,,PμPSP°PeCf PIC-PrPiPsPIC-PrPSPs.

P”PsCḡPsCfP»C-. P”P»CΠ PiPsC†P°C,PePsPIPsC— C,PμCḡP°PiC-C— PrPsP·P° PīCḡPμPiP°CḡP°C,Cf CfC,P°PSPsPIPëC,CH 2-3 PeP°PīCfCfP»Pë PSP° PrPsP±Cf. PμC-PrC,CḡPëPjCfCḡC†P° PrPsP·P° - 1 PeP°PīCfCfP»P° 1-2 CḡP°P·Pë PSP° PrPsP±Cf. PḡP°PeCfPëPjP°P»CHḡPSP° PrPsP±PsPIP° PrPsP·P° PSPμ PjP°C” PiPμCḡPμPIPëC%oCfPIP°C,Pë 3 PeP°PīCfCfP»Pë.

P”C-C,Pë PIC-PePsPj PIC-Pr 14 CḡPsPeC-PI. PḡP°PeCfPëPjP°P»CHḡPSP° PrPsP±PsPIP° PrPsP·P° Bḡ” PiPs 1 PeP°PīCfCfP»C- 2 CḡP°P·Pë PSP° PrPsP±Cf.

PμPeP·PμPjP°C,PsP·PSC- CεPeC-CḡPSC- PīPsCḡCfCεPμPSPSCl C- PrPsP±CḡPsCllPeC-CfPSP°
C,,PsCḡPjP° P°PePSPμ. PμCḡPē C,CḡPēPIP°P»PsPjCf P·P°CfC,PsCfCfPIP°PSPSC- Cf
PIPμP»PēPePēC... PrPsP·P°C... PjPsP¶P»PēPIPμ PīPsCḡCfCεPμPSPSCl P°PeC,PēPIPSPsCfC,C-
C,,PμCḡPjPμPSC,C-PI PīPμCfC-PSPePē, P±C-P»Cḡ Cf PrC-P»CllPSCfC- CfPμCḡCfCll,
PiC-PiPμCḡPePsP°PiCfP»CllCfC-Cll.

PμPsP±C-C#PSC- CḡPμP°PeCfC-C-.

P— P±PsPeCz CfPμCḡCfPμPIP°s-CfCzPrPēPSPSPsC— CfPēCfC,PμPjPē: CfPμCḡCfPμPIP°
PSPμPrPsCfC,P°C,PSC-CfC,Cḡ, P°CḡC,PμCḡC-P°P»CḡPSP° PiC-PiPμCḡC,PμPSP·C-Cll,
PSP°P±CḡCllPePē, C,P°C...C-PeP°CḡPrC-Cll, PIC-PrCfCfC,C,Cll CfPμCḡCfPμP±PēC,C,Cll,
P±C-P»Cḡ Cf PiCḡCfPrCllC..., C-PSC,,P°CḡPeC, PjC-PsPeP°CḡPrP°, PIP°CfPeCfP»C-C,,
P±C-P»Cḡ Cf PiCḡCfPrCllC... [CfPēPSPPrCḡPsPj PḡCfPSC-CfP° (C#P°CfC,PsC,P°
PSPμPIC-PrPsPjP°)].

P— P±PsPeCz CfPēCfC,PμPjPē PeCḡPsPIC-: PīPsCḡCfCεPμPSPSCl
PeCḡPsPIP°sC,PIP°sCḡPμPSPSCl (P»PμPNεPePsPīPμPSC-Cll, C,CḡPjP±PsCfPēC,PsPīPμPSC-Cll,
P°PīP»P°CfC,PēC#PSP° P°PSPμPjC-Cll, PīP°PSPjC-C"»PsPīP°C,C-Cll, PiCfCḡPiCfCḡP°,
P°PiCḡP°PSCfP»PsCfPēC,PsP·, PiPμPjPsP»C-C,PēC#PSP° P°PSPμPjC-Cll).

P— P±PsPeCz PSPμCḡPIP°sPIP°sC—B CfPēCfC,PμPjPē: PiPsP»PsPIPSPēPNε P±C-P»Cḡ,
PSCfPrPsC,P°, CfPsPSP»PēPIC-CfC,Cḡ, CfCfPrPsPjPē, P·P°PīP°PjPsCḡPsC#PμPSPSCl,
PīP°CḡPμCfC,PμP·C-Cll, PīPsCḡCfCεPμPSPSCl PīP°Pjβḡ™ CllC,C-,
C,CḡPēPIP°sP¶PSC-CfC,Cḡ, C,CḡPμPjPsCḡ, P°CfPμPīC,PēC#PSPēPNε PjPμPSC-PSPiC-C,,
PīPsCḡCfCεPμPSPSCl CfPjP°PeCf, PīPsCḡCfCεPμPSPSCl PjPsP·PePsPIP°sPiPs
PeCḡPsPIP°sP±C-PiCf, PīPsCḡCfCεPμPSPSCl PIC-PrCfCfC,C,Cll PiCḡPē
PrPsC,PēPeCf.

P— P±PsPeCz PsCḡPiP°PSC-PI P·PsCḡCz: PīPsCḡCfCεPμPSPSCl P·PsCḡCf
(PSPμCfC-C,PeC-CfC,Cḡ P·PsP±CḡP°P¶PμPSPSCl, PīPsPrPIP°sC"°PSPSCl PI PsC#P°C...).

P— P±PsPeCz PsCḡPiP°PSC-PI CfP»CzC...Cz: CεCfPj Cf PICfC...P°C..., PīPsCḡCfCεPμPSPSCl
CfP»CfC...Cf.

P— P±PsPeCz CεP»CzPSPePsPIP°s-PePēCεPePsPIP°sPiPs C,CḡP°PeC,Cz:
PμPīC-PiP°CfC,CḡP°P»CḡPSPēPNε P±C-P»Cḡ; P°PSPsCḡPμPeCfC-Cll; PiPēPeP°PIP°P°;
PSCfPrPsC,P°; CḡPsP·P»P°PrPē CεP»CfPSPeP°; PiP°CfC,CḡPsC-PSC,PμCfC,PēPSP°P»CḡPSP°
PeCḡPsPIP°sC,PμC#P°; CεP»CfPSPePsPIP°s-PePēCεPePsPIC- PIPēCḡP°P·PePē, C%oPs

CfCfPiCḡPsPIP°sPrP¶CfCḡC,CḡCfCll CfPēP»CḡPSPēPjPē PeCḡPsPIP°sC,PμC#P°PjPē;
PīPμCḡC,,PsCḡP°CfC-C"°Cḡ C,P° P°PSPμPjC-C"°Cḡ; P±P»CḡPIP°PSPSCl; PrC-P°CḡPμCll;
PrPēCfPīPμPīCfC-Cll; PjPμC,PμPsCḡPēP·Pj; PiP°CfC,CḡPēC,Pē; PePsP»C-C,Pē (Cf C,PsPjCf
C#PēCfP»C- PiPμPjPsCḡP°PiC-C#PSPēPNε PePsP»C-C, C,P° P·P°PiPsCfC,CḡPμPSPSCl
PIPēCḡP°P·PePsPIP°sPiPs PePsP»C-C,Cf P°P±Ps C...PIP°sCḡPsP±Pē PḡCḡPsPSP°), P·P°PīPsCḡ;
CfC,PsPjP°C,PēC.,; PiP»PsCfPēC.,; CḡPsP·P»P°PrPē CfC,CḡP°PIP°sC...PsPrCf;
PīC-PrPIP°C%oPμPSPSCl PePēCfP»PsC,PSPsCfC,C- CεP»CfPSPePsPIP°sPiPs CfPsPeCf;
PrC-P°C,,CḡP°PiPjPsPīPsPrC-P±PSC- CfC,CḡPēPeC,CfCḡPē PePēCεPμC#PSPēPeCf;
PīP°PSPeCḡPμP°C,PēC.,.

P— P±PsPeCz PSPēCḡPsPe C,P° CfPμC#PsPIP°PIC-PrPSPēC... CεP»CllC...C-PI: PSPēCḡPePsPIP°

PSPμPrPsCfC, P° C, PSC-CfC, CH, PSPμC, CHPsC, PëC±PSPëPNë CÍPëPSPPrCHPsPj,
PiPμPjP° C, CíCHC-CfC, PiPsCfC, CHP° PSPëCHPePsPIP° PSPμPrPsCfC, P° C, PSC-CfC, CH,
C-PSC, PμCHCfC, PëC±C-P° P»CHPSPëPNë PSPμC, CHPëC, PiP°PiC-P»CfCCHPSPëPNë
PSPμPeCHPsP, PiCHPsC, PμC—PSCfCHC-CfC.

*P— P±PsPeCz CëPeC-CHPë C, P° PiC-PrCëPeC-CHPSPëC... C, PeP°PSPëPS: PIPëCÍPëPiP°PSPSCfC,
PiPsC±PμCHPIPSPSC-PSPSCfC, CÍPIPμCHP±C-P¶, PsP±P»PëCfC-PSPSCfC, PμCHPëC, PμPjP°
CHC-P-PSPëC... PIPëPrC-PI, PμPeCfC, PsP»C-P° C, PëPIPSPëPNë PrPμCHPjP° C, PëC,,
CHPμP°PeC±C-C— C,, PsC, PsC±CfC, P»PëPIPSCfC, C-.*

*P— P±PsPeCz C-PjCzPSPSPsC— CÍPëCfC, PμPjPë: P°P»PμCHPiC-C±PSC- CHPμP°PeC±C-C—,
C, P°PeC- CfPe P±CHPsPSC... PsCÍPiP°P·Pj, PeCHPsPiPëPI`CfPSPeP°,
P°PSP° C, C-P»P°PeC, PëC±PSC-/P°PSP° C, C-P»P°PeC, PsC—PrPSC- CHPμP°PeC±C-C—,
CÍPëPSPPrCHPsPj PÿC, C-PIPμPSCfP°-P°P¶PsPSCfPsPSP°, CÍPëPSPPrCHPsPj P»P°PNëC°P»P°P°,
P°PSPiC-PsPSPμPICCHPsC, PëC±PSPëPNë PSP°P±CHCfPe.*

*P— P±PsPeCz PiPμPiP° C, PsP±C-P»C-P°CHPSPsC— CÍPëCfC, PμPjPë: PiPμPiP° C, PëC,, Cí C, PsPjCí
C±PëCfP»C- P±P»PëCfPeP°PIPëC±PSPëPNë PiPμPiP° C, PëC,, P¶PsPIC, CfPSPëC±CfC,
PiC-PrPIPëC%oPμPSPSCfC CHC-PIPSC-PI C, CHP°PSCfP°PjC-PSP°P, Cí PiPsPsPrPëPSPsPePëC...
PIPëPiP°PrPeP° C... PiPsCfC, CHPëPNë.*

*PμCÍPëC... C-C±PSC- CHPsP·P»P°PrPë: P±PμP·CÍPsPSPSCfC, CÍ C, P°PS PSP°PrPjC-CHPSPsPiPs
P·P±CíPrP¶PμPSPSCfC, CHPsP·PrCHP° C, PsPIP°PSC-CfC, CH, PrPμP·PsCHC-C°PSC, P°C±C-CfC,
PrPμPiCHPμCfC-CfC, PSC-C±PSC- PePsCëPjP°CHPë, PiCÍPëC... PsC, PëC±PSC- CHPsP·P»P°PrPë,
PSPμP·PrCíP¶P°PSPSCfC.*

*P— P°PiP°P»CHPSC- PiPsCHCzCëPμPSPSCfC: P·P° C, CHPëPjPeP° PSP° C, CHC-CH C, P°
CHC-PrPëPSPë PI PsCHPiP°PSC-P·PjC-, PiPμCHPëC, PμCHPëC±PSC- PSP°P±CHCfPePë,
PiC-PrPIPëC%oPμPSP° PiC-C, P»PëPIC-CfC, CH, P±CHPsPSC... C-P°P»CHPSP° P°CfC, PjP°,
PiPSPμPIPjPsPSC-CfC.*

*P°P°PSC- PeP»C-PSC-C±PSPëC... PrPsCfP»C-PrP¶PμPSCCH C, P°
PμPiC-PrPμPjC-PsP»PsPiC-C±PSC- PrP°PSC- CÍPIC-PrC±P° C, CH PiCHPs
PiC-PrPIPëC%oPμPSPëPNë CHPëP·PëPe C, CHPsPjP±PsC, PëC±PSPëC... CíCfPeP»P°PrPSPμPSCCH
(PSP°PiCHPëPeP»P°Pr, C-PSC, P°CHPeC, PjC-PsPeP°CHPrP° P°P±Ps C-PSCfCfP»CHC,),
PiPsPiBh™ CfP·P°PSPëPNë C-P· P·P°CfC, PsCfCfPIP°PSPSCfPj PrPëPeP»PsC, PμPSP°PeCí,
P·PsPeCHPμPjP° Cí PIPëCfPsPePëC... C, PμCHP°PiPμPIC, PëC±PSPëC... PrPsP·P° C... (150 PjPi PSP°
PrPsP±Cí) C, P° C, CHPëPIP°P»PëPNë C±P°Cf.*

PÿPμCHPjC-PS PiCHPëPrP° C, PSPsCfC, C-. 2 CHPsPePë.

PjPjPsPIPë P·P±PμCHC-PiP°PSPSCfC. P—P±PμCHC-PiP° C, Pë PiCHPë C, PμPjPiPμCHP° C, CíCHC-
PSPμ PIPëC%oPμ 25 B°Pÿ. P—P±PμCHC-PiP° C, Pë Cí PSPμPrPsCfC, CíPiPSPsPjCí PrP»CfC
PrC-C, PμPNë PjC-CfC±C-.

PjPiP°PePsPIPëP°. PμPs 10 PeP°PiCfCfP» Cí P±P»C-CfC, PμCHC-; PiPs 3 P°P±Ps PiPs 5
P±P»C-CfC, PμCHC-PI PI CíPiP°PePsPIC±C-.

