

PαP°CḡPjP°PePsPrPëPSP°PjC-PeP°.

P>P°PeC,PsPIC-C, PαPsCḡC,Pμ — C+Pμ PePsPjP±C-PSPsPIP°PSPëPNë P»C-PeP°CḡCḡCḡPePëPNë P·P°CḡC-P±, PrPs CḡPeP»P°PrCḡ CḡPePsPiPs PIC...PsPrCḡC,CHB *Lactic Acid Bacillus (Bacillus coagulans (Lb.sporogenes))*, C,,PsP»C-C”PIP° PePëCḡP»PsC,P°B C,P° PIC-C,P°PjC-PS B₁₂.

PÿPμCḡP°PīPμPIC,PëC±PSPëPNë PμC,,PμPeC, P>P°PeC,PsPIC-C,Cḡ C,,PsCḡC,Pμ PIPëP·PSP°C±P°CḡC,CH P±P°PeC,PμCḡC-C—, C%Ps PīCḡPsPrCḡPeCḡCḡC,CH PjPsP»PsC±PSCḡ PePëCḡP»PsC,Cḡ C- PjP°CḡC,CH P°PSC,P°PiPsPSC-CḡC,PëC±PSCḡ P°PeC,PëPIPSC-CḡC,CH PIC-PrPSPsCḡPSPs PīP°C,PsPiPμPSPSPëC... C- CḡPjPsPIPSPs-PīP°C,PsPiPμPSPSPëC... PjC-PeCḡPsPsCḡPīP°PSC-P·PjC-PI. PÿPīPsCḡPë P±P°PeC,PμCḡC-PNë P°PeC,PëPIC-P·CḡCḡC,CHCḡCḡCḡ Cḡ CḡP»CḡPSPeCḡ, PīPsC,C-Pj Cḡ PrPIP°PSP°PrCḡCḡC,PëPīP°P»C-PNë PePëCḡCḡC- PīPμCḡPμC...PsPrCḡC,CH Cḡ PḡPëPICḡ PIPμPīPμC,P°C,PëPIPSCḡ C,,PsCḡPjCḡ C,P° CḡC,PIPSCḡCḡCḡC,CH CḡPīCḡPëCḡCḡC,P»PëPIC-CḡPjPsPIPë PrP»Cḡ CḡPsP·PIPëC,PeCḡ PePsCḡPëCḡPSPsC— PjC-PeCḡPsC,,P»PsCḡPë PePëCḡPμC±PSPëPeCḡ P·P° CḡP°C...CḡPSPsPe PIPëCḡPsP±P»PμPSPSCḡ L() PjPsP»PsC±PSPsC— PePëCḡP»PsC,Pë. P>P°PeC,PsP±P°PeC,PμCḡC-C— P°PeC,PëPICḡCḡC,CH C,,PμCḡPjPμPSC,P°C,PëPIPSPμ CḡPsP·C%PμPīP»PμPSPSCḡ P±C-P»PeC-PI, PḡPëCḡC-PI C,P° CḡPeP»P°PrPSPëC... PICḡPīP»PμPIPPrC-PI (C,P°PePsPḡ PīCḡPë P»P°PeC,P°P·PSC-PNë PSPμPrPsCḡC,P°C,PSPsCḡC,C- Cḡ PrC-C,PμPNë) C,P° CḡPīCḡPëCḡCḡC,CH PīCḡPsCḡPμCḡP°Pj PIC-PrPSPsPIP»PμPSPSCḡ CḡP»PëP·PsPIPSC— PsP±PsP»PsPSPePë PePëCḡPμC±PSPëPeCḡ.

PαPsP»C-C”PIP° PePëCḡP»PsC,P° (PIC-C,P°PjC-PS P’₉) PSPμPsP±C...C-PrPSP° PrP»Cḡ PSPsCḡPjP°P»CHPSPsPiPs P»PμPNëPePs- C,P° PμCḡPëC,CḡPsPīPsPμP·Cḡ, CḡPëPSC,PμP·Cḡ P°PjC-PSPsPePëCḡP»PsC, C,P° PSCḡPeP»PμC—PSPsPIPëC... PePëCḡP»PsC,, PīCḡCḡPëPSC-PI C-PīC-CḡPëPjC-PrPëPSC-PI.

P’C-C,P°PjC-PS P’₁₂ (C+C-P°PSPsPePsP±P°P»P°PjC-PS) P±PμCḡPμ CḡC±P°CḡC,CH Cḡ PīCḡPsCḡPμCḡP°C... PsP±PjC-PSCḡ PICḡPīP»PμPIPPrC-PI, P±C-P»PeC-PI C,P° P»C-PīC-PrC-PI, Cḡ CḡPëPSC,PμP·C- PSCḡPeP»PμC—PSPsPIPëC... PePëCḡP»PsC,, cPīCḡPëCḡCḡC” PSPsCḡPjP°P»C-P·P°CḡC-C— PīPsCḡCḡCḡPμPSPëC... C,,CḡPSPeCḡC-PNë PSPμCḡPIPSPsC— CḡPëCḡC,PμPjPë, CḡC,PëPjCḡP»CḡC” PμCḡPëC,CḡPsPīPsPμP·.

PαP°CḡPjP°PePsPeC-PSPμC,PëPeP°.

PκPμ PrPsCḡP»C-PrPḡPμPSP°.

PḡP»C-PSC-C±PSC- C...P°CḡP°PeC,PμCḡPëCḡC,PëPePë.

PμPsPeP°P·P°PSPSCḡ.

P>P°PeC,PsPIC-C, PαPsCḡC,Pμ PīCḡPëP·PSP°C±P°CḡC,CH PrP»Cḡ P»C-PeCḡPIP°PSPSCḡ PrPsCḡPsCḡP»PëC... C- PrC-C,PμPNë PIC-PePsPj PIC-Pr 6 PjC-CḡCḡCḡCḡC-PI, CḡPeC-CḡC,CḡP°PḡPrP°CḡC,CH PSP° C...CḡPsPSC-C±PSC- PePsP»C-C,Pë CḡC-P·PSPsC— PμC,C-PsP»PsPiC-C—, Cḡ C,PsPjCḡ C±PëCḡP»C- PSPμCḡPīPμCḡPëC,,C-C±PSC- PIPëCḡP°P·PePsPIC- PePsP»C-C,Pë; Cḡ CḡP°P·C- CḡPsPjP°C,PëC±PSPëC... P·P°C...PIPSCḡPIP°PSCḡ, CḡCḡPeP»P°PrPSPμPSPëC... PrPëCḡP±P°PeC,PμCḡC-PsP·P°PjPë, C%Ps PIPëPSPëPeP»Pë PI CḡPμP·CḡP»CHC,P°C,C- P·P°CḡC,PsCḡCḡPIP°PSPSCḡ P°PSC,PëP±C-PsC,PëPeC-PI, CḡCḡP»CHC,,P°PSC-P»P°PjC-PrPSPëC... PīCḡPμPīP°CḡP°C,C-PI C,P° P·C-PSCḡPëC... PīCḡPëCḡPëPS; PrP»Cḡ P»C-PeCḡPIP°PSPSCḡ C...PIPSCḡPëC... P·

PiPsC7CfC€PµPSPSCiPjPë P· P±PsPeCf PePëC€PµC±PSPëPeCf, CµPeC- PiPµC7PµPSPµCfP»Pë
PiPsCfC,C7C- PePëC€PePsPIC- C-PSC,,PµPeC†C-C—, CfPiC7PëC±PëPSPµPSC-
PiP°C,PsiPiPµPSPSPëPjPë C- C†PjPsPiPSPs-PiP°C,PsiPiPµPSPSPëPjPë P±P°PeC,PµC7C-CµPjPë;
C,P°PePsP¶ P·P°CfC,PscfPsPICfC7C,Ch PI P°PeCfC€PµC7CfC7PePs-
PiC-PSPµPePsP»PsPiC-C±PSC-PNë PiC7P°PeC,PëC†C- PiC7Pë PSPµCfPiPµC†PëC,,C-C±PSPëC...
P·P°PiP°P»ChPSPëC... P·P°C...PiPsC7C7PiP°PSPSCµC... PiPµPSC-C,P°P»C-PNë C,P°
PiPµC7PµPrPiPsP»PsPiPsPIC-PNë PiC-PrPiPsC,PsiPIC†C- PiP°PiC-C,PSPëC... PiC7CfPiPë
C7PëP·PëPeCf C-P PiPsC7CfC€PµPSPSCiPj C±PëCfC,Psc,Pë PiP°PiC-PSP°P»ChPSPsPiPs
CfPµPeC7PµC,Cf PrPs III—IV CfC,CfPiPµPSCµ.

PµC7Pë PiC7PsPiPµPrPµPSPSC- PiC-PrC,C7PëPjCfC7C±PsC— C,PµC7P°PiC-C— PiC7Pë
PeC7PsPiPëPiB7™ CµPSC†C-, PµPeP·PµPjC-, PrPëC,CµC±PsPjCf PrC-P°C,PµP·C-,
P°C,PsiPiC-C±PSPsPjCf PrPµC7PjP°C,PëC,C-.

PµC7PsC,PëPiPsPeP°P·P°PSPSCµ.

PµC-PrPiPëC%PµPSP° C±CfC,P»PëPIC-CfC,Ch PrPs P±CfPrCh-CµPePsPiPs P·
PePsPjPiPsPSPµPSC,C-PI P»C-PeP°C7CfC7PePsPiPs P·P°CfPsP±Cf. P·C7PëC,C7PµPjC-C—,
PµC7PëC,C7PsC†PëC,PsiP·, C,C7PsPjP±PsPµPjP±PsP»C-C—, P·P»PsCµPeC-CfPSC-
PSPsPiPsCfC,PiPsC7PµPSPSCµ, P·P»PsCµPeC-CfPSC- P°PSPµPjC-C—,
PSPµP»C-PePsPiP°PSPëPNë PrPµC,,C-C†PëC, PePsP±P°P»P°PjC-PSCf;
C,,PµPSC-P»PePµC,PsiPSCfC7C-Cµ; C...PiPsC7PsP±P° P»PµP±PµC7P° (CfPiP°PrPePsPiP°
P°C,C7PsC,,C-Cµ P·PsC7PsPiPsPSPµC7PiP°).

**P°P·P°C”PjPsPrC-Cµ P· C-PSC€PëPjPë P»C-PeP°C7CfC7PePëPjPë P·P°CfPsP±P°PjPë C,P°
C-PSC€C- PiPëPrPë PiP·P°C”PjPsPrC-PNë.**

PαPsP»C-C”PiP° PePëCfP»PsC,P°.

P—P°CfPiPsC”PSPSCµ C,,PsP»C-C”PiPsC— PePëCfP»PsC,Pë P·PjPµPSC€CfC”C,ChCfCµ PiC7Pë
PsPrPSPsC±P°CfPSPsPjCf P·P°CfC,PscfCfPiP°PSPSC- P· P°PSP°P»PiPµC,PëPeP°PjPë,
PiC7PsC,PëCfCfPrPsPjPSPëPjPë PiC7PµPiP°C7P°C,P°PjPë, P°PSC,P°C†PëPrP°PjPë,
C...P»PsC7P°PjC,,PµPSC-PePsP»PsPj, PSPµPsPjC-C†PëPSPsPj, PiPsP»C-PjC-PeCfPëPSP°PjPë,
P°PSC,PëP±C-PsC,PëPeP°PjPë, CfCfP»ChC,,P°PSC-P»P°PjC-PrP°PjPë,
C†PëC,PscfC,P°C,PëPeP°PjPë.

PµC7Pë CfCfPjC-CfPSPsPjCf PiC7PëPNëPsPjC- C,,PsP»C-C”PiP° PePëCfP»PsC,P° P·PSPëP¶CfC”
PµC,,PµPeC, C,,PµPSC-C,Psc—PSCf, PiC7PëPjC-PrPsPSCf,
PiP°C7P°P°PjC-PSPsCfP°P»C-C†PëP»PsPiPsC— PePëCfP»PsC,Pë, CfCfP»ChC,,P°P·PsP»C-PSCf,
PiPsC7PjPsPSP°P»ChPSPëC... PePsPSC,C7P°C†PµPiC,PëPIC-PI PrP»Cµ
PiPµC7PsC7P°P»ChPSPsPiPs P·P°CfC,PscfCfPiP°PSPSCµ, C...P»PsC7P°PjC,,PµPSC-PePsP»Cf.

PαPsP»C-C”PiP° PePëCfP»PsC,P° PiC-PrPiPëC%CfC” PjPµC,P°P±PsP»C-P·Pj
C,,PµPSC-C,Psc—PSCf.

Pj PiP°C†C-C”PSC,C-PI P· PrPµC,,C-C†PëC,PsiP C,,PsP»P°C,Cf P·P°CfC,PscfCfPiP°PSPSCµ
C,,PsP»C-C”PiPsC— PePëCfP»PsC,Pë PjPsP¶Pµ P·PSPëP·PëC,Pë C7C-PIPµPSC7
C,,PµPSPsP±P°C7P±C-C,P°P»Cf, C,,PµPSC-C,Psc—PSCf C,P° PiC7PëPjC-PrPsPSCf Cf
PiP»P°P·PjC- PeC7PsPIC- C- CfPiC7PëC±PëPSPëC,Pë PµPiC-P»PµPiC,PëC±PSPëPNëB PSP°PiP°Pr.

РμСҗРө РsPrPSPsC±P°CГPSPsPjCf P·P°CГC,PsCГCfPIP°PSPSC- P· C†PөC,P°PjPμPSPsPj P·PSPөP¶CfC”C,CHCГCЦ PμC,,PμPeC, C†PөC,P°PjPμPSCf.

РμPμCҗPsCҗP°P»CHBPC- PePsPSC,CҗP°C†PμPіC,PөPIPө P·PSPөP¶CfCҗC,CH PePsPSC†PμPSC,CҗP°C†C-CH C†C-P°PSPsPePsP±P°P»P°PjC-PSCf PI PeCҗPsPIC-.

PҗCГPsP±P»PөPIPsCГC,C- P·P°CГC,PsCГCзPIP°PSPSCЦ.

P”P»CЦ P·P±PμCҗPμP¶PμPSPSCЦ P¶PөC,C,C”P·PrP°C,PSPsCГC,C- PePsPjPiPsPSPμPSC,C-PI P»C-PeP°CҗCГCҗPePsPiPs P·P°CГPsP±Cf P±P°P¶P°PSPs PSPμ P·P°PiPөPIP°C,Pө P»P°PeC,PsPIC-C, PαPsCҗC,Pμ PiP°CҗCЦC±PөPjPө PSP°PiPsCЦPjPө.

P”C-C,CЦPj PIC-PePsPj PIC-Pr 6 PjC-CГCЦC†C-PIB PiCҗPμPiP°CҗP°C, PjPsP¶PSP° PrP°PIP°C,Pө P±PμP·PiPsCГPμCҗPμPrPSCҗPs PiPμCҗPμPr PiPsPrCfPIP°PSPSCЦPj.

P§PμCҗPμP· PIPөCГPsPeCf P°PSC,PөP±C-PsC,PөPePsCГC,C-P№PeC-CГC,CH P±P°PeC,PμCҗC-P№, C°Ps PiCҗPsPrCfPeCfCҗC,CH PjPsP»PsC±PSCf PePөCГP»PsC,Cf,B P·P°CГC,PsCГCfPIP°PSPSCЦ PiCҗPμPiP°CҗP°C,Cf PSPμ PiPμCҗPμCөPePsPrP¶P°C” P°PSC,PөP±C-PsC,PөPePsC,PμCҗP°PiC-C—.

PҗPμCҗP°PiC-CH P»P°PeC,PsPIC-C,PsPj PαPsCҗC,Pμ PjPsP¶PSP° PiCҗPөP·PSP°C±P°C,Pө PiC-CГP»CЦ PeCfCҗCГCf P»C-PeCfPIP°PSPSCЦ P±P°PeC,PμCҗC-PsC,,P°PiP°PjPө.

РμCҗРө P·P°CГC,PsCГCfPIP°PSPSC- PIC-C,P°PjC-PSCf P’₁₂ PeP»C-PSC-C±PSP° PeP°CҗC,PөPSP°, P° C,P°PePsP¶ P»P°P±PsCҗP°C,PsCҗPSC- P°PSP°P»C-P·Pө PiCҗPө C,,CfPSC-PeCfP»CЦCҗPSPsPjCf PjC-C”P»PsP·C- P°P±Ps PiPμCҗPSC-C†C-PsP·PSC-P№ P°PSPμPjC-C— PjPsP¶CfC,CH PIC,CҗP°C±P°C,Pө CГPIPsCҗ CГPiPμC†PөC,,C-C±PSC-CГC,CH.

РμP°C†C-C”PSC,P°Pj P· PSPsPIPsCfC,PIPsCҗPμPSPSCЦPjPө, P·P° PIPөPSCЦC,PePsPj PIPөPiP°PrPeC-PI, C°Ps CГCfPiCҗPsPIPsPrP¶CfCҗC,CHCГCЦ PjPμPiP°P»PsP±P»P°CГC,PSPsCҗ P°PSPμPjC-C”Cҗ C,P° PrPμC,,C-C†PөC,PsPj PIC-C,P°PjC-PSCf P’₁₂, PSPμ CГP»C-Pr P·P°CГC,PsCГPsPICfPIP°C,Pө PiCҗPμPiP°CҗP°C,. PμCҗPμPiP°CҗP°C, PSPμ CГP»C-Pr P·P°CГC,PsCГPsPICfPIP°C,Pө PiCҗPө C,CЦP¶PeC-P№ P°P±Ps PiPsCГC,CҗC-P№ C,,PsCҗPjC- PrPμPePsPjPiPμPSCfP°C†C-C— CГPμCҗC†PμPIPsC— PrC-CЦP»CHBSPsCГC,C- C,P° CГC,PμPSPsPeP°CҗPrC-C—.

P”PsPiPsPjC-P¶PSC- CҗPμC±PsPIPөPSPө.

PİPeC°Ps Cf P’P°CГ PICГC,P°PSPsPIP»PμPSP° PSPμPiPμCҗPμPSPsCГPөPjC-CГC,CH PrPμCЦPePөC... C†CfPeCҗC-PI, PiCҗPsPePsPSCfCfP»CHC,CfP№C,PμCГCЦ P· P»C-PeP°CҗPμPj, PiPμCҗCө PSC-P¶ PiCҗPөP№PjP°C,Pө C†PμP№ P»C-PeP°CҗCГCҗPePөP№ P·P°CГC-P±, PsCГPeC-P»CHPePө PIC-PS PjC-CГC,PөC,CH P»P°PeC,PsP·Cf.

PҗP°CҗC,CҗP°P·PөPS (P• 102), PeP°CҗPjPsC—P·PөPS (P• 122), PjPμC,PөP»PiP°CҗP°P±PμPS (P• 218) C,P° PiCҗPsPiC-P»PiP°CҗP°P±PμPS (P• 216), CЦPeC- PjC-CГC,CЦC,CHCГCЦ Cf CГPeP»P°PrC- PiCҗPμPiP°CҗP°C,Cf, PjPsP¶CfC,CH CГPiCҗPөC±PөPSCЦC,Pө P°P»PμCҗPiC-C±PSC- CҗPμP°PeC†C-C— (PjPsP¶P»PөPIPs, CfPiPsPIC-P»CHBSPμPSC-).

P—P°CГC,PsCГCзPIP°PSPSCЦ Cз PiPμCҗC-PsPr PIP°PiC-C,PSPsCГC,C- P°P±Ps

PiPsPrCáPIP°PSPSCII PiCTĤCáPrPrCĤ.

P—P° CíPjPsPIPë PSP°CIIPIPSPsCÍ'C,C- PìPsPeP°P·P°PSCĤ PrP»CII P·P°CÍ'C,PsCÍ'CíPIP°PSPSCII P»P°PeC,PsPIC-C,Cí PαPsCTĤC,Pμ Cí PìPμCTĤC-PsPr PIP°PiC-C,PSPsCÍ'C,C- C- PiPsPrCíPIP°PSPSCII PiCTĤCíPrPrCĤ PìCTĤPμPìP°CTĤP°C, PìCTĤPëPNëPjP°C,Pë Cí P·PIPëC±P°PNëPSPëC... PrPsP±PsPIPëC... PrPsP·P°C... PìC-CÍ'P»CII PePsPSCÍ'CíP»CĤC,P°C†C-C— P· P»C-PeP°CTĤPμPj.

P—PrP°C,PSC-CÍ'C,CH PIPìP»PëPIP°C,Pë PSP° C€PIPëPrPeC-CÍ'C,CH CTĤPμP°PeC†C-C— PìCTĤPë PePμCTĤCáPIP°PSPSC- P°PIC,PsC,CTĤP°PSCÍ'PìPsCTĤC,PsPj P°P±Ps C-PSC€PëPjPë PjPμC...P°PSC-P·PjP°PjPë.

PŸP»C-Pr P±Cí'C,Pë PsP±PμCTĤPμP¶PSPëPjPë PìCTĤPë PePμCTĤCíPIP°PSPSC- C,CTĤP°PSCÍ'PìPsCTĤC,PSPëPjPë P·P°CÍ'PsP±P°PjPë, PsCÍ'PeC-P»CĤPePë C-PSPsPrC- PìCTĤPë P·P°CÍ'C,PsCÍ'CíPIP°PSPSC- PìCTĤPμPìP°CTĤP°C,Cí PjPsP¶Pμ PIPëPSPëPePSCí'C,Pë P·P°PìP°PjPsCTĤPsC±PμPSPSCII.

PŸPìPsCÍ'C-P± P·P°CÍ'C,PsCÍ'CáPIP°PSPSCII C,P° PrPsP·Pë.

PμCTĤPë PePsP»C-C,P°C..., PrPëCÍ'P±P°PeC,PμCTĤC-PsP·P°C..., PìPsCTĤCíC€PμPSPSCII... P· P±PsPeCí PePëC€PμC±PSPëPeCí PìCTĤPμPìP°CTĤP°C, P·P°CÍ'C,PsCÍ'PsPICíPIP°C,Pë PrPsCTĤPsCÍ'P»PëPj C,P° PrC-C,CII Pj PIC-PePsPj PIC-Pr 6 PjC-CÍ'CII†C-PI 2 CTĤP°P·Pë PSP° PrPsP±Cí P·P° 40 C...PIPëP»PëPS PrPs C—PrPë P°P±Ps P±PμP·PìPsCÍ'PμCTĤPμPrPSCĤPs PìPμCTĤPμPr PìCTĤPëPNëPsPjPsPj C—P¶C- / PiPsPrCíPIP°PSPSCII Pj.

P"»CII P·P°CÍ'C,PsCÍ'CíPIP°PSPSCII PrC-C,CII Pj PIC-PePsPj PrPs 2 CTĤPsPeC-PI PIC-PrPeCTĤPëC,Pë PeP°PìCÍ'CíP»Cí C,P° CTĤPsP·C±PëPSPëC,Pë PIPjC-CÍ'C, PI 10 PjP» PìCTĤCíPrPSPsPiPs PjPsP»PsPeP° P°P±Ps PePëPìBĤ™ CII†PμPSPsC— PIPsPrPë PeC-PjPSP°C,PSPsC— C,PμPjPìPμCTĤP°C,CíCTĤPë (PIPsPrP° PSPμ PìPsPIPëPSPSP° P±Cí'C,Pë PìP°CTĤCII†PsCĤ) PrPs Cí'C,PIPsCTĤPμPSPSCII CÍ'CíCíPìPμPSP·C-C—; CTĤP°P·PsPIP° PrPsP·P° BĤ" 5 PjP» CÍ'CíCíPìPμPSP·C-C—.

P"»CII PrC-C,PμPNë PIC-PePsPj PIC-Pr 2 CTĤPsPeC-PI C,P° PrPsCTĤPsCÍ'P»PëC... CTĤP°P·PsPIP° PrPsP·P° CÍ'C,P°PSPsPIPëC,CH 1 PeP°PìCÍ'CíP»Cí, PrPsP±PsPIP° PrPsP·P° BĤ" 2 PeP°PìCÍ'CíP»Pë.B

P"»CII PrPsCTĤPsCÍ'P»PëC... PjP°PeCÍ'PëPjP°P»CĤPSP° CTĤP°P·PsPIP° PrPsP·P° CÍ'C,P°PSPsPIPëC,CH 2 PeP°PìCÍ'CíP»Pë, PjP°PeCÍ'PëPjP°P»CĤPSP° PrPsP±PsPIP° PrPsP·P° BĤ" 4 PeP°PìCÍ'CíP»Pë.

P' P°PeCíC€PμCTĤCÍ'CHPePs-PiC-PSPμPePsP»PsPiC-C±PSC-PNë PìCTĤP°PeC,PëC†C- P»P°PeC,PsPIC-C, PαPsCTĤC,Pμ P·P°CÍ'C,PsCÍ'PsPICíPIP°C,Pë PIPSCí'C,CTĤC-C€PSCĤPs PI P·PIPëC±P°PNëPSPëC... PrPsP·P°C....

P"»CII PìPμCTĤPμPrPìPsP»PsPiPsPIPsC— PìC-PrPìPsC,PsPIPePë PIP°PiC-C,PSPëC... PìCTĤCíPìPë CTĤPëP·PëPeCí PìCTĤPμPìP°CTĤP°C, P·P°CÍ'C,PsCÍ'PsPICíPIP°C,Pë PIPSCí'C,CTĤC-C€PSCĤPs PìPs 2 PeP°PìCÍ'CíP»Pë 1 CTĤP°P· PSP° PrPsP±Cí PìCTĤPsC,CII PìPsPj 5-8 PrPSC-PI.

PŸCTĤPëPIP°P»C-CÍ'C,CH P·P°CÍ'C,PsCÍ'CíPIP°PSPSCII:

PSPμPrPsCÍC,P°C,PSC-CÍC,CH, C,CḡPsPjP±PsP· PīPμCḡPëC,,PμCḡPëC±PSPëC... CÍCíPrPëPS,
PrPsP±CḡPsCÍPëC-CÍPSP° C,,PsCḡPjP° P°PePSPμ. PμCḡPë C,CḡPëPIP°P»PsPjCí
P·P°CÍC,PscÍCíPIP°PSPSC- Cí PIPëCÍPsPePëC... PrPsP·P°C... PjPsP¶P»PëPIPμ
PīPsCḡCíCëPμPSPSCÍ P°PeC,PëPIPSPsCÍC,C- C,,PμCḡPjPμPSC,C-PI PīPμC±C-PSPePë,
P±C-P»CH Cí PrC-P»CÍPSC†C- CÍPμCḡC†CÍ, PiC-PīPμCḡPePsP°PiCíP»CÍC†C-CÍ.B

PμCḡPë P·P°CÍC,PscÍCíPIP°PSPSC- PīCḡPμPīP°CḡP°C,Cí PjPsP¶P»PëPIPμ
PīPsCÍPëP»PμPSPSCÍ PīPsP±C-C±PSPëC... PμC,,PμPeC,C-PI.

P>C-PeCáPIP°PSPSCÍ. P'C-PrPjC-PSP° PīCḡPμPīP°CḡP°C,Cí, CÍPëPjPīC,PspjP°C,PëC±PSP°
C,PμCḡP°PiC-CÍ.

PμPsP±C-C±PSC- CḡPμP°PeC†C-C—.

P— P±PsPeCá C,CḡP°PIPSPsPiPs C,CḡP°PeC,Cá: PrPëCÍPīPμPīCÍC-CÍ, PSCíPrPsC,P°,
P±P»CḡPIP°PSPSCÍ, PjPμC,PμPsCḡPëP·Pj, PrPëCÍPePsPjC,,PsCḡC, Cí PrC-P»CÍPSC†C-
P¶PëPIPSc,P°, PIC,CḡP°C,P° P°PīPμC,PëC,Cí, B CḡPsP·CḡC-PrP¶PμPSPSCÍ
PIPëPīPsCḡPsP¶PSPμPSCḡ, PrC-P°CḡPμCÍ, PIC-PrC±CíC,C,CÍ PiC-CḡPePsC,Pë Cí CḡPsC,C-.

P— P±PsPeCá CëPeC-CḡPë C,P° PīC-PrCëPeC-CḡPSPSc— PeP»C-C,PePsPIPëPSPë:
PīPsC±PμCḡPIPSPSC-PSPSCÍ CëPeC-CḡPë, CÍPIPμCḡP±C-P¶, CëPeC-CḡPSC-
PIPëCÍPëPīPë, PμPeP·P°PSC,PμPjP°, PeCḡPsPīPëPīPḡ™ CÍPSPeP°, P°PePSPμ,
P±CíP»CHPsP·PSC- PIPëCÍPëPīPë, PrPμCḡPjP°C,PëC,.

P— P±PsPeCá C-PjCáPSPSPSc— CÍPëCÍC,PμPjPë: CḡPμP°PeC†C-C—
PiC-PīPμCḡC±CíC,P»PëPIPScÍC,C- (PI C,, C±. P°PSP°C,,C-P»P°PeCÍC-CÍ,
P°PSP°C,,C-P»P°PeC,PëC±PSPëPμ CëPsPe, P°PSPiC-PsPSPμPICḡPsC,PëC±PSPëPμ
PSP°P±CḡCÍPë, P±CḡPsPSC...PsCÍPīP°P·Pj), PSP°P±CḡCÍPëPë, PīPsCḡCíCëPμPSPSCÍ
PrPëC...P°PSPSCÍ, PīCḡPëCÍC,CíPīPë CÍPPrCíC...Pë.

P— P±PsPeCá PSPμCḡPIPSPSc— CÍPëCÍC,PμPjPë: PiPsP»PsPIPSPëPμ P±C-P»CH,
P·P°PīP°PjPsCḡPsC±PμPSPSCÍ, PSPμCḡPIPSPiPμ P·P±CíPrP¶PμPSPSCÍ, CḡPsP·P»P°Pr
PSC-C±PSPsPiPs CÍPSCí, CÍCíPrPsPjPë; P°CḡC,PμCḡC-P°P»CHPSP° PiC-PīPsC,PμPSP·C-CÍ.

P— P±PsPeCá CÍPμCḡC†CÍ: P±C-P»CH Cí PrC-P»CÍPSC†C- CÍPμCḡC†CÍ,
C,P°C...C-PeP°CḡPrC-CÍ, PīPμCḡPëC,,PμCḡPëC±PSPëPμ CÍCíPrPëPSPSPëPμ C,CḡPsPjP±PsP·.

P— P±PsPeCá PSPëCḡPsPe C,P°B CÍPμC±PsPIPëPIC-PrPSPëC... CëP»CÍC...C-PI:
PiC-PīPμCḡC,CḡPsC,,C-CÍ PμPīC-C,PμP»C-P°P»CHPSPëC... PeP»C-C,PëPS Cí
PeP°PSP°P»CHC†CÍC... PSPëCḡPsPe C- PīPsCḡCíCëPμPSPSCÍ C—C... C,,CíPSPeC†C-Pμ.

P— P±PsPeCá PeCḡPsPIC-: PiC-PīPμCḡPePsP°PiCíP»CÍC†C-CÍ.

P— P±PsPeCá PsP±PjC-PSCá CḡPμC±PsPIPëPS: PīPsCḡCíCëPμPSPSCÍ
PīCíCḡPëPSPsPiPs PsP±PjC-PSCí.

P— P°PiP°P»CHPSC- PīPsCḡCáCëPμPSPSCÍ: PīCḡPëPīP»PëPIPë, P·P°PiP°P»CHPSP°
CÍP»P°P±PeC-CÍC,CH, PSPμP·PrCíP¶P°PSPSCÍ, PiC-C,P»PëPIC-CÍC,CH,
PiC-PīPμCḡC,PμCḡPjC-CÍ, PiP°CḡCÍC±PeP°.

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