





*PαP°CḡPjP°PePsPeC-PSPμC,PëPeP°.*

***PḡP±CÍPsCḡP±C†C-CII.***

P°PëPeP»PsC,,PμPSP°Pe C€PIPëPrPePs C- PìPsPIPSC-CÍC,Cḡ P°P±CÍPsCḡP±C†C”C,CḡCÍCII. P°CÍPjPsPeC,CrPIP°PSPSCII PìPsC†PëPSP°C”C,CḡCÍCII P±PμP·PìPsCÍPμCḡPμPrPSCḡPs PìC-CÍP»CII P·P°CÍC,PsCÍCrPIP°PSPSCII PìCḡPμPìP°CḡP°C,Cr, P° PeC-P»CḡPeC-CÍC,Cḡ P°P±CÍPsCḡP±PsPIP°PSPSC— CḡPμC†PsPIPëPSPë PIC-PrPìPsPIC-PrP°C” PeC-P»CḡPePsCÍC,C-, C%Ps P°P±CÍPsCḡP±C†C”C,CḡCÍCII PìCḡPë PìCḡPëPμPsPjC- PμPePIC-PIP°P»PμPSC,PSPSC— PrPsP·Pë PrPëPeP»PsC,,PμPSP°PeCr PSP°C,CḡC-Cḡ, C%Ps P·P°CÍC,PsCÍPsPICrC”C,CḡCÍCII Cr PIPëPìP»CIIPrC- PìP°CÍC,CḡPsCḡPμP·PëCÍC,PμPSC,PSPëC...B C,P°P±P»PμC,PsPe. PŸPμCḡPμPrPSCII PjP°PeCÍPëPjP°P»CḡPSP° PePsPSC†PμPSC,CḡP°C†C-CII Cr PìP»P°P·PjC- PeCḡPsPIC- CÍC,P°PSPPIPëC,Cḡ 3,9 PjPePjPsP»CḡP/P» C- PrPsCÍCII PìP°C”C,CḡCÍCII PìCḡPsC,CII PìPsPj 20-60 C...PIPëP»PëPS PìC-CÍP»CII P·P°CÍC,PsCÍCrPIP°PSPSCII C,P°P±P»PμC,PePë Cr PrPsP·C- 50 PjPi. PμCḡPë P·P°CÍC,PsCÍCrPIP°PSPSC- PìCḡPμPìP°CḡP°C,Cr PìC-Pr C†P°CÍ PìCḡPëPμPsPjCr C—P¶C- PSPμ PIC-PrP±C†PIP°C”C,CḡCÍCII PIPìP»PëPICr PSP° PeC-P»CḡPeC-CÍC,Cḡ P°P±CÍPsCḡP±PsPIP°PSPsPìPs PrPëPeP»PsC,,PμPSP°PeCr, C...PsC†P° PìPsC†P°C,PsPe C- C€PIPëPrPeC-CÍC,Cḡ PICÍPjPsPeC,CrPIP°PSPSCII PjPsP¶CrC,Cḡ PrPμC%Ps CrPìPsPIC-P»CḡPSCḡPIP°C,PëCÍCḡ.

***P PsP·PìPsPrC-P».***

P°PëPeP»PsC,,PμPSP°Pe PSP° 99,7 %B P·PI'CIIP·CrC”C,CḡCÍCII B P· P±C-P»PeP°PjPë CÍPëCḡPsPIP°C,PePë PeCḡPsPIC-, PìPsP»PsPIPSPëPj C†PëPSPsPj P· P°P»CḡP±C†PjC-PSPsPj (99,4 %). PḡP±C”Pj CḡPsP·PìPsPrC-P»Cr CÍC,P°PSPsPIPëC,Cḡ 0,12-0,17 P»/PePi.

P°PëPeP»PsC,,PμPSP°Pe PìCḡPsPSPëPeP°C” PI CÍPëPSPsPIC-P°P»CḡPSCr CḡC-PrPëPSCr, PrPμ PμPsPìPs PjP°PeCÍPëPjP°P»CḡPSP° PePsPSC†PμPSC,CḡP°C†C-CII PrPsCÍCII PìP°C”C,CḡCÍCII C†PμCḡPμP· 2-4 PìPsPrPëPSPë PìC-CÍP»CII PrPsCÍCII PìPSPμPSPSCII PìC-PePsPIPsPìPs P·PSP°C†PμPSPSCII Cr PìP»P°P·PjC- PeCḡPsPIC-. PjCII PIPSPëPμ PìPμCḡC-PsPr PSP°PìC-PIPIPëPìPμPrPμPSPSCII C-P· CÍPëPSPsPIC-P°P»CḡPSPsC— CḡC-PrPëPSPë CÍC,P°PSPsPIPëC,Cḡ 3-6 PìPsPrPëPS. P§PμCḡPμP· 2 PìPsPrPëPSPë PìC-CÍP»CII PrPsCÍCII PìPSPμPSPSCII PìC-PePsPIPsPìPs CḡC-PIPSCII Cr PìP»P°P·PjC- PeCḡPsPIC- PePsPSC†PμPSC,CḡP°C†C-CII PrC-CḡC†PsC— CḡPμC†PsPIPëPSPë PI CÍPëPSPsPIC-P°P»CḡPSC-Pμ CḡC-PrPëPSC- C” PIPëC%PsCḡ, PSC-P¶ Cr PìP»P°P·PjC-, C- P·P°P»PëC€P°Cḡ,CḡCÍCII C,P°PePsCḡ C%Pμ PìCḡPsC,CII PìPsPj 12 PìPsPrPëPS.

***P°C-PsC,CḡP°PSCÍC,,PsCḡPjP°C†C-CII.***

P°C-PsC,CḡP°PSCÍC,,PsCḡPjP°C†C-CII PrPëPeP»PsC,,PμPSP°PeCr C†P°CÍC,PePsPIPs PIC-PrP±C†PIP°C”C,CḡCÍCII C€P»CII C...PsPj PìP»CḡPeCrCḡPsPSC-P·P°C†C-C— C-PSC,P°PeC,PSPSC— PjPsP»PμPeCrP»Pë, P°P»Pμ PìPsP»PsPIPSPëPj C†PëPSPsPj C€P»CII C...PsPj PsPrPSPsCḡP°P·PsPIPsPìPs C- P±P°PìP°C,PsCḡP°P·PsPIPsPìPs PìC-PrCḡPsPeCÍPëP»CḡPIP°PSPSCII C,P° PjPμC,PsPeCÍPëP»CḡPIP°PSPSCII, CrPSP°CÍP»C-PrPsPe C†PsPìPs CrC,PIPsCḡCḡC”C,CḡCÍCII PeC-P»CḡPeP° C,,PμPSPsP»CḡPSPëC... PjPμC,P°P±PsP»C-C,C-PI (3Bḡ™-PìC-PrCḡPsPeCÍPë-, 4Bḡ™-PìC-PrCḡPsPeCÍPë-, 5Bḡ™-PìC-PrCḡPsPeCÍPë-, 4Bḡ™,5-PrPëPìC-PrCḡPsPeCÍPë- C- 3Bḡ™- PìC-PrCḡPsPeCÍPë-4Bḡ™-PjPμC,PsPeCÍPë-PrPëPeP»PsC,,PμPSP°Pe), P±C-P»CḡC€C-CÍC,Cḡ CII PePëC... Cr PìPsPrP°P»CḡC€PsPjCr PìPμCḡPμC,PIPsCḡCḡCḡ,CḡCÍCII Cr PìP»CḡPeCrCḡPsPSC-PrPSC- PePsP5Bḡ™ CḡPìP°C,Pë. P”PIP° P· C†PëC... C,,PμPSPsP»CḡPSPëC... PjPμC,P°P±PsP»C-C,C-PI C” C,,P°CḡPjP°PePsP»PsPìC-C†PSPs P°PeC,PëPIPSPëPjPë, P°P»Pμ

P·PSP°C±PSPs PjPμPSC€PsCḤ PjC-CḤPsCḤ, PSC-P¶ PrPëPeP»PsC,,PμPSP°Pe.  
P°PëPeP»PsC,,PμPSP°Pe P±CíPI PIPëCḤIP»PμPSPëPNë Cí PSPëP·CḤPeC-PNë  
PePsPSC†PμPSC,CḤP°C†C-C— (100 PSpI/PjP») Cí PiCḤCíPrPSPsPjCí PjPsP»PsC†C- PI  
PsPrPSC-C”C— PjP°C,PμCḤC--PiPsPrCíPIP°P»CḤPSPëC†C-. PμPμCḤPμPrP±P°C†CíPIP°PSP°  
PeC-P»CḤPeC-CḤC, CḤ PiCḤPμPìP°CḤP°C,Cí, C%Ps PiPsC,CḤP°PìP»CḤC” PI PsCḤPiP°PSC-P·Pj  
PSPμPjPsPIP»CḤC,Pë P· PiCḤCíPrPSPëPj PjPsP»PsPePsPj, PμPePIC-PIP°P»PμPSC,PSP° PrPsP·C-  
0,03 PjPi/PePi/PrPsP±Cí.

**P°PëPIPμPrPμPSPSCḤ.**

PμPsPIPSPëPNë CíPëCḤC,PμPjPSPëPNë PeP»C-CḤPμPSCḤ PrPëPeP»PsC,,PμPSP°PeCí P·  
PìP»P°P·PjPë PeCḤPsPIC- CḤC,P°PSPsPIPëC,CḤ 263B±56 PjP»/C...PI  
(CíPμCḤPμPrPSC” B± CḤC,P°PSPPrP°CḤC,PSPμ PIC-PrC...PëP»PμPSPSCḤ).B PḤC-PSC†PμPIPëPNë  
PìPμCḤC-PsPr PSP°PìC-PIPIPëPIPμPrPμPSPSCḤ CḤC,P°PSPsPIPëC,CḤ 1-2 PiPsPrPëPSPë.  
PμPμCḤC-PsPr PSP°PìC-PIPIPëPIPμPrPμPSPSCḤ 4-C... PjPμC,P°P±PsP»C-C,C-PI,  
PIPeP»CḤC†P°CḤC†Pë 2 P°PeC,PëPIPSPëC..., CḤC,P°PSPsPIPëC,CḤ 1-3 PiPsPrPëPSPë.  
PαP°PeC,PëC±PSPs PSPμP°PeC,PëPIPSPëPNë PjPμC,P°P±PsP»C-C, 3BḤ™-  
PiC-PrCḤPsPeCḤPë-4BḤ™-PjPμC,PsPeCḤPë-PrPëPeP»PsC,,PμPSP°Pe PjP°C” PSP°P±P°PìP°C,Ps  
PrPsPIC€PëPNë PìPμCḤC-PsPr PSP°PìC-PIPIPëPIPμPrPμPSPSCḤ.

PμPsPIC,PsCḤPSPμ P·P°CḤC,PsCḤCíPIP°PSPSCḤ PìCḤPμPìP°CḤP°C,Cí P°PsP»CḤC,P°CḤPμPS<sup>B®</sup>  
P P°PìC-Pr PìCḤPsC,CḤPiPsPj 8 PrPSC-PI Cí C%PsPrPμPSPSC-PNë PrPsP·C- 50 PjPi  
C,CḤPë CḤP°P·Pë PSP° PrPsP±Cí PSPμ PìCḤPëP·PIPsPrPëC,CḤ PrPs PSP°PePsPìPëC†PμPSPSCḤ  
PrPëPeP»PsC,,PμPSP°PeCí Cí PìP»P°P·PjC- PeCḤPsPIC-.

PμCḤPëP±P»PëP·PSPs 60 % PrPsP·Pë PIPëPIPsPrPëC,CḤCḤCḤ C-P· CíPμC†PμCḤ Cí  
PIPëPiP»CḤPrC- PjPμC,P°P±PsP»C-C,C-PI, P° PjPμPSC€Pμ 1 % BḤ” Cí PIPëPiP»CḤPrC-  
PSPμP·PjC-PSPμPSPsC— CḤPμC†PsPIPëPSPë. P PμC€C,P° PrPsP·Pë PIPëPIPsPrPëC,CḤCḤCḤ Cí  
PIPëPiP»CḤPrC- PjPμC,P°P±PsP»C-C,C-PI C†PμCḤPμP· P¶PsPIC†, P· PeP°P»PsPj.

*PαP°CḤPjP°PePsPeC-PSPμC,PëPeP° PI PsPeCḤPμPjPëC... PiCḤCáPìP°C... PìP°C†C-C”PSC,C-PI.*

PkPμ CíPìPsCḤC,PμCḤC-PìP°P»PsCḤCḤ CḤCḤC,C,C”PIPëC... PIC-PrPjC-PSPSPsCḤC,PμPNë  
PICḤPjPsPeC,CíPIP°PSPSCḤ, PjPμC,P°P±PsP»C-P·PjCí C- PIPëPIPμPrPμPSPSCḤ  
PìCḤPμPìP°CḤP°C,Cí P·P°P»PμP¶PSPs PIC-Pr PIC-PeCí PìP°C†C-C”PSC,P°.

Pj PìP°C†C-C”PSC,C-PI C-P· PìPsCḤCíC€PμPSPSCḤPjPë C,,CíPSPeC†C-C— PSPëCḤPsPe  
PeC-PSPμC,PëPeP° CḤP°P·PsPIPsC— PrPsP·Pë PìCḤPμPìP°CḤP°C,Cí PSPμ PIPeP°P·CíC”  
PSP° C-CḤPSCíPIP°PSPSCḤ P±CíPrCḤ-CḤPePsC— C,,PsCḤPjPë PeCíPjCíP»CḤC†C-C—  
PSPμP·PjC-PSPμPSPsC— PrC-CḤC†PsC— CḤPμC†PsPIPëPSPë PìCḤPë P·PIPëC†P°PNëPSC-PNë  
CḤC...PμPjC- P·P°CḤC,PsCḤCíPIP°PSPSCḤ PìCḤPμPìP°CḤP°C,Cí. Pj PìP°C†C-C”PSC,C-PI P·  
PeP»C-CḤPμPSCḤPsPj PeCḤPμP°C,PëPSC-PSCí PjPμPSC€Pμ 10 PjP»/C...PIPëP»PëPSCí  
C,PμPsCḤPμC,PëC†PSC- CḤC-PIPSPsPIP°P¶PSC- PePsPSC†PμPSC,CḤP°C†C-C—  
PjPμC,P°P±PsP»C-C,C-PI Cí PìP»P°P·PjC- PeCḤPsPIC- PìCḤPëP±P»PëP·PSPs Cí 4 CḤP°P·Pë  
PIPëC%C-, PSC-P¶ Cí PìP°C†C-C”PSC,C-PI P· PSPsCḤPjP°P»CḤPSPs  
C,,CíPSPeC†C-PsPSCíCḤC†PëPjPë PSPëCḤPeP°PjPë. PμCḤPsC,Pμ, PI PeC-PSC†PμPIPsPjCí  
CḤPμP·CíP»CḤC,P°C,C-, C†C- PjPμC,P°P±PsP»C-C,Pë PIPëPIPsPrCḤC,CḤCḤCḤ P· P¶PsPIC†CḤ.

Pj C...PIPsCḤPëC... C-P· PìPsCḤCíC€PμPSPSCḤPj C,,CíPSPeC†C-C— PìPμC†C-PSPePë  
(C...PIPsCḤPëC... PSP° C...CḤPsPSC-C†PSPëPNë PìPμPìP°C,PëC, P°P±Ps  
PePsPjPìPμPSCḤPsPIP°PSPëPNë C†PëCḤPsP· PìPμC†C-PSPePë) PìPsPeP°P·PSPëPePë  
C,,P°CḤPjP°PePsPeC-PSPμC,PëPePë C,P° PjPμC,P°P±PsP»C-P·Pj PrPëPeP»PsC,,PμPSP°PeCí

P°PSP°P»PsPiC-C†PSC- C,P°PePëPj  
Cf PIP°C†C-C”PSC,C-PI P±PµP· P·P°C...PIPScTjCTjPIP°PSCH PiPµC†C-PSPePë.

**РљР»С-РSC-С†РSC- С...Р°СТjР°РeС,РµСТjРëСГС,РëРeРë.**

**РµРsРeР°Р·Р°РSPSCII.**

Р’РsР»СНC,Р°СТjРµРS<sup>B®</sup> Р Р°РiC-Рr 25 РjРi С,Р° 50 РjРi

РљРsСТjРsС,РeРsС†Р°СГРSPµ Р»С-РeСГРPIP°PSPSCII (РjР°РeСГРРëРjСГРj 1 С,РëР¶Р¶РrРµРSCH)  
С,Р°РeРëС... РiРsСГС,СТjРëС... СГС,Р°РSC-PI:

вТjБ РiРsСГС,С,СТjР°РiРjР°С,РëС†РSPëР№ Р±С-Р»СН, Р·Р°РiР°Р»РµРSPSCII С-  
PSP°Р±СТjСµРe, PSP°РiСТjРëРeР»Р°Рr, СГРSP°СГР»С-РrРsРe СТjРsР·С,СµРiРSPµPSCH;

вТj РiC-СГР»СµРsРiРµСТjР°С†C-Р№PSPëР№ Р±С-Р»СН, Р·Р°РiР°Р»РµРSPSCII С-  
PSP°Р±СТjСµРe, PSP°РiСТjРëРeР»Р°Рr, РiC-СГР»Сµ СГС,РsРjР°С,РsР»РsРiC-С†PSPëС...  
Р°Р±Рs РsСТjС,РsРiРµРrРëС†PSPëС... РsРiРµСТjР°С†C-Р№;

вТjБ Р±С-Р»СН С,Р°/Р°Р±Рs Р·Р°РiР°Р»РµРSPSCII, С%Рs СГСРiСТjРsРiРsРrР¶СГСН,СН  
Р·Р°РiР°Р»РµР»СНPSC- РiC-PSPµРeРsР»РsРiC-С†PSC- Р·Р°С...PIPScTjCTjPIP°PSPSCII,  
PSP°РiСТjРëРeР»Р°Рr РiРµСТjРiРëPSPSCr РrРëСГРjРµРSPScТjРµСН Р°Р±Рs Р°РrРSPµРeСГРРëС,;

вТjБ Р±РsР»СНРsРiC- СГРëPSPrСТjРsРjРë Р· Р±РsРeСГ С...СТjРµР±С,Р°;

вТjБ СТjРµРiРjР°С,РëС†PSC- Р·Р°С...PIPScTjCTjPIP°PSPSCII РiРsР·Р°СГСРiР»РsР±РsРiРëС...  
С,РeР°РSPëРS;

вТjБ СµРe РrРsРiРsРjC-Р¶PSPëР№ Р·Р°СГС-Р± РiСТjРë С-PSC,,РµРeС†C-СµС... Р»РµР -  
РsСТjРiР°РSC-PI, PSP°РiСТjРëРeР»Р°Рr РiСТjРë С,,Р°СТjРëPSPiРsС,РsPSP·РëР»С-С,С-, РsС,РëС,С-,  
С%Рs СГСРiСТjРsРiРsРrР¶СГСН,СНСГСµ РiРëСТjР°Р¶РµРSPëРj Р±РsР»РµРj С-  
Р·Р°РiР°Р»РµРSPSCIIРj.

Р’РsР»СНC,Р°СТjРµРS<sup>B®</sup> Р Р°РiC-Рr 50 РjРi РrРsСТjРsСГР»РëРj РiР°С†C-C”PSC,Р°Рj

вТjБ PSP°РiР°РrРë РjC-РiСТjРµРPSC- Р· Р°Р±Рs Р±РµР· РiРµСТjРµРrРiC-СГРSPëРeC-PI.

Р’С-РrРiРsРiC-РrРSPs РrРs Р·Р°РiР°Р»РµР»СНPSPsРiСТjРëР№PSCII,РëС... РiC-РrС...РsРrС-PI РrРs  
Р»С-РeСГРPIP°PSPSCII С-PSC,,РµРeС†C-Р№PSPs-Р·Р°РiР°Р»РµР»СНPSPëС...  
Р·Р°С...PIPScTjCTjPIP°PSCH PSPµРsР±С...С-РrРSPs С,Р°РeРsР¶ Р·Р°СГС,РsСГРsРiCРiРiР°С,Рë  
РµС,С-РsС,СТjРsРiРPSC- Р·Р°СГРsР±Рë. Р†Р·РsР»СНРsРiР°РSPµ РiC-РrРiРëС%РµРSPSCII  
С,РµРjРiРµСТjР°С,СГСТjРë PSPµ  
С” РiРsРeР°Р·Р°РSPSCIIРj РrР»Сµ Р·Р°СГС,РsСГСРiРiР°РSPSCII РiСТjРµРiР°СТjР°С,СГ  
Р’РsР»СНC,Р°СТjРµРS<sup>B®</sup> Р Р°РiC-Рr.

**РµСТjРsС,РëРiРsРeР°Р·Р°РSPSCII.**

вТjБ Р”С-РiРµСТjС†СГС,Р»РëРiC-СГС,СН РrРs РrС-СНC†РsС— СТjРµС†РsРiРëPSPë Р°Р±Рs  
РrРs Р±СГРrСН-СµРeРëС... С-PSCëРëС... РeРsРjРiРsРSPµPSC,С-PI РiСТjРµРiР°СТjР°С,СГ;

вґґ P°P»PµCґPiC-C±PSC- CґPµP°PeC†C-C— PI P°PSP°PjPSPµP·C- Cґ PIPёPiP»CґPґC-  
PSP°PiP°PґC-PI P°CґC,PjPё, P±CґPsPSC...PsCґPiP°P·PjCґ,  
P°PSPiC-PsPSPµPICґPsC,PёC±PSPsPiPs PSP°P±CґCґPеCґ, PeCґPsPiPёPiBґ™ CґPSPePё,  
PiPsCґC,CґPsPiPs CґPёPSC-C,Cґ, PSP°P·P°P»CґPSPёC... PiPsP»C-PiC-PI P°P±Ps  
CґPёPjPiC,PjPjPё, PiPsPґC-P±PSC- PґPs P°P»PµCґPiC-C—, PiC-CґP»Cґ  
P·P°CґC,PсCґCґPIP°PSPSCґ P°C†PµC,PёP»CґP°P»C-C†PёP»PsPIPsC— PePёCґP»PsC,Pё P°P±Ps  
C-PSCёPёC... PSPµCґC,PµCґPsC—PґPSPёC... PiCґPsC,PёP·P°PiP°P»CґPSPёC... P·P°CґPsP±C-PI;

вґґ PeCґPsPIPsC,PµC±P° P°P±Ps PiPµCґC,,PsCґP°C†C-Cґ CёP»CґPSPePsPIPs-  
PePёCёPePsPIPsPiPs C,CґP°PeC,Cґ PI P°PSP°PjPSPµP·C-, PiPsPiBґ™ CґP·P°PSC- P·  
PiPsPiPµCґPµPґPSC-Pj P»C-PeCґPIP°PSPSCґPj PкPµP—P—;

вґґ P°PeC,PёPIPSP° C,,PsCґPjP° PiPµPiC,PёC±PSPsC— PIPёCґP°P·PePё CёP»CґPSPeP° C±Pё  
PґPIP°PSP°PґC†CґC,PёPiP°P»PsC— PePёCёPePё/ PeCґPsPIPsC,PµC±C- P°P±Ps  
CґPµC†PёPґPёPICґCґC±P° PiPµPiC,PёC±PSP° PIPёCґP°P·PeP°/ PeCґPsPIPsC,PµC±P° PI  
P°PSP°PjPSPµP·C- (PґPIP° P°P±Ps P±C-P»CґCёPµ PsPeCґPµPjC- PµPiC-P·PsPґPё  
PICґC,P°PSPsPIP»PµPSPsC— PIPёCґP°P·PePё P°P±Ps PeCґPsPIPsC,PµC±C-).

вґґ P·P°PiP°P»CґPSC- P·P°C...PIPsCґCґPIP°PSPSCґ PePёCёPµC±PSPёPeCґ  
(C...PIPsCґPsP±P° PґCґPsPSP° P°P±Ps PIPёCґP°P·PePsPIPёPNё PePsP»C-C,);

вґґ PiPµC±C-PSPePsPIP° PSPµPґPsCґC,P°C,PSC-CґC,Cґ (PeP»P°Cґ Pґ PiPs PґP°PNёP»Pґ-  
PµCґCґ);

вґґ PSPёCґPePsPIP° PSPµPґPsCґC,P°C,PSC-CґC,Cґ (PeP»C-CґPµPSCґ  
PeCґPµP°C,PёPSC-PSCґ < 15 PjP»/C...PI/1,73 Pj²);

вґґ PSPµPePsPSC,CґPsP»CґPsPIP°PSP° P°CґC,PµCґC-P°P»CґPSP°  
PiC-PiPµCґC,PµPSP·C-Cґ;

вґґ P·P°CґC,C-PNёPSP° CґPµCґC†PµPIP° PSPµPґPsCґC,P°C,PSC-CґC,Cґ (NYHA II-IV);

вґґ P»C-PeCґPIP°PSPSCґ PiPµCґC-PsPiPµCґP°C†C-PNёPSPsPiPs P±PsP»Cґ PiCґPё  
P°PsCґC,PсPePsCґPsPSP°CґPSPsPjCґ CёCґPSC,CґPIP°PSPSC- (P°P±Ps  
PIPёPePsCґPёCґC,P°PSPSCґ P°PiP°CґP°C,Cґ CёC,CґC±PSPsPiPs PeCґPsPIPsPsP±C-PiCґ);

вґґ C-CёPµPjC-C±PSP° C...PIPsCґPsP±P° CґPµCґC†Cґ Cґ PiP°C†C-C”PSC,C-PI P·C-  
CґC,PµPSPsPeP°CґPґC-C”Cґ, PiPµCґPµPSPµCґP»Pё C-PSC,,P°CґPeC, PjC-PsPeP°CґPґP°;

вґґ C†PµCґPµP±CґPsPIP°CґPeCґP»CґCґPSC- P·P°C...PIPsCґCґPIP°PSPSCґ Cґ  
PiP°C†C-C”PSC,C-PI, CґPeC- PiPµCґPµPSPµCґP»Pё C-PSCґCґP»CґC, P°P±Ps PjP°CґC,Cґ  
PµPiC-P·PsPґPё C,CґP°PSP·PёC,PсCґPSPёC... C-CёPµPjC-C±PSPёC... P°C,P°Pe;

вґґ P·P°C...PIPsCґCґPIP°PSPSCґ PiPµCґPёC,,PµCґPёC±PSPёC... P°CґC,PµCґC-PNё;

вґґ P†P†P† C,CґPёPjPµCґC,Cґ PIP°PiC-C,PSPsCґC,C-.

вґґ P”C-C,Pё PґPs 14 CґPsPeC-PI.

**P·P·P°C”PjPsPґC-Cґ P· C-PSCёPёPjPё P»C-PeP°CґCґCґPePёPjPё P·P°CґPsP±P°PjPё C,P°  
C-PSCёC- PIPёPґPё PIP·P°C”PjPsPґC-PNё.**





PiPsC7CfC€PµPSPSCŪ PSp€C7PePsPIPSc— PµPeC7PeC7PµC†C-C— Cŕ  
PiC7P€C7CŕC,PSPSc7C,C- PkPµP—P—.

PiP€PeP»PsC7PiPsC7P€PS C,P° C,P°PeC7PsP»C-PjC7Cŕ. P”P€PeP»PsC,,PµPSP°Pe, CŪPe C-  
C-PSC€C- PkPµP—P—, PjPsP¶Pµ PiC-PrPIP€C%ŕCŕPIP°C,P€  
PSPµC,,C7PsC,PsPeC7P€C†PSC-C7C,Ch C†P€PeP»PsC7PiPsC7P€PSCŕ C,P°  
C,P°PeC7PsP»C-PjC7CŕCŕ PIPSP°C7P»C-PrPsPe PIPiP»P€PICŕ PSP° PSP€C7PePsPIC-  
PiC7PsC7C,P°PiP»P°PSPPrP€PSP€. PŷPsPjCŕ PrP€PeP»PsC,,PµPSP°Pe C7P»C-Pr  
P·P°C7C,PsC7PsPICŕPIP°C,P€ Cŕ PrPsP·P°C..., PSP€P¶C†P€C..., PSC-P¶ PrP»CŪ  
PiP°C†C-C”PSC,C-PI, CŪPeC- PSPµ P·P°C7C,PsC7PsPICŕC7C,Ch C†P€PeP»PsC7PiPsC7P€PS C,P°  
C,P°PeC7PsP»C-PjC7Cŕ.

PŷP°PeC7PsP»C-PjC7Cŕ. PµC7P€ P·P°C7C,PsC7CŕPIP°PSPSC- PkPµP—P— P·  
C,P°PeC7PsP»C-PjC7CŕPsPj PiC-PrPIP€C%ŕCŕ”C,ChC7CŪ C7P€P·P€Pe  
PSPµC,,C7PsC,PsPeC7P€C†PSPSc7C,C-,  
C%ŕPs PjPsP¶Pµ P±CŕC,P€ PsPiPsC7PµC7PµPrPePsPIP°PSPs C†PµC7PµP· PSP€C7PePsPIC-  
P°PSC,P€PiC7PsC7C,P°PiP»P°PSPPrP€PSPsPIC- PµC,,PµPeC,P€ PkPµP—P—  
C,P° C-PSPiC-P±C-C,PsC7Cŕ PeP°P»ChC†P€PSPµPIC7P€PSCŕ.

P7PSC,P€P±C-PsC,P€PeP€ C...C-PSPsP»PsPSPsPIPsPiPs C7CŪPrCŕ. P’CŕP»P€ PsPeC7PµPjC-  
PiPsPIC-PrPsPjP»PµPSPSCŪ PiC7Ps C7CŕPrPsPjP€, PIP€PSP€PePSPµPSPSCŪ CŪPeP€C...  
PjPsPiP»Ps P±CŕC,P€ PiPsPI·CŪP·P°PSPµ P· PsPrPSPsC†P°C7PSP€Pj  
P·P°C7C,PsC7CŕPIP°PSPSCŪPj C...C-PSPsP»PsPSC-PI C,P° PkPµP—P—. PiPµ PjPsP¶Pµ  
C7C,P°C,P€C7CŪ  
Cŕ PiP°C†C-C”PSC,C-PI CŪPe P· PSP°CŪPIPSC-C7C,Ch, C,P°Pe C- PiC7P€  
PIC-PrC7CŕC,PSPSc7C,C- PI P°PSP°PjPSPµP·C- PµPiC-P»PµPiC7C-C— P°P±Ps C7CŕPrPsPj.  
PŷP°PeP€Pj C†P€PSPsPj, C7P»C-Pr PiC7PsCŪPIP»CŪC,P€ PsP±PµC7PµP¶PSC-C7C,Ch,  
PiC7P€P·PSP°C†P°C7C†P€ C...C-PSPsP»PsPS PiP°C†C-C”PSC,P°Pj, CŪPeC- PIP¶Pµ  
PsC,C7P€PjCŕC7C,Ch PkPµP—P—.

P7PsP»PµC7C,P€PiPsP» C,P° C...PsP»PµC7C,P€C7P°PjC-PS. PiC- PiC7PµPiP°C7P°C,P€  
PjPsP¶CŕC,Ch C7PiC7P€C†P€PSP€C,P€ P·P°C,C7P€PjPeCŕ P°P±Ps P·PjPµPSC€PµPSPSCŪ  
PICŕPjPsPeC,CŕPIP°PSPSCŪ PrP€PeP»PsC,,PµPSP°PeCŕ. PŷP°PeP€Pj C†P€PSPsPj,  
C7PµPePsPjPµPSPPrCŕC”C,ChC7CŪ PiC7P€P·PSP°C†P°C,P€ PrP€PeP»PsC,,PµPSP°Pe  
PiC7P€PSP°PµPjPSC- P·P° 1 PiPsPrP€PSCŕ PrPs P°P±Ps C†PµC7PµP· 4-6 PiPsPrP€PS PiC-C7P»CŪ  
P·P°C7C,PsC7CŕPIP°PSPSCŪ PePsP»PµC7C,P€PiPsP»Cŕ/C...PsP»PµC7C,P€C7P°PjC-PSCŕ.

PŷPµC7C†PµPIC- PiP»C-PePsP·P€PrP€. P7PrPSPsC†P°C7PSPµ P·P°C7C,PsC7CŕPIP°PSPSCŪ  
C7PµC7C†PµPIP€C... PiP»C-PePsP·P€PrC-PI C- PkPµP—P— PjPsP¶Pµ PiPsC7P€P»P€C,P€  
C7PµC7C†PµPICŕ PSPµPrPsC7C,P°C,PSC-C7C,Ch, P·PjPµPSC€P€C,P€ C€PIP€PrPeC-C7C,Ch  
PeP»CŕP±PsC†PePsPIPSc— C,,C-P»ChC,C7P°C†C-C— C- PiC-PrPIP€C%ŕP€C,P€ C7C-PIPSC-  
PiP»C-PePsP·P€PrC-PI Cŕ PiP»P°P·PjC- PeC7PsPIC-.

P7C-C,,PµPiC7P€C7C,PsPS. PkPµP—P— PSPµ C7P»C-Pr P·P°C7C,PsC7PsPICŕPIP°C,P€  
PiC7PsC,CŪPiPsPj 8-12 PrPSC-PI PiC-C7P»CŪ P·P°C7C,PsC7CŕPIP°PSPSCŪ  
PjC-C,,PµPiC7P€C7C,PsPSCŕ, PsC7PeC-P»ChPeP€ PkPµP—P— PjPsP¶CŕC,Ch P·PjPµPSC€P€C,P€  
PµC,,PµPeC, PjC-C,,PµPiC7P€C7C,PsPSCŕ.

P†PSPiC-P±C-C,PsC7P€ CYP2C9. PkPµPsP±C...C-PrPSPs P· PsP±PµC7PµP¶PSC-C7C,Ch  
P·P°C7C,PsC7PsPICŕPIP°C,P€ PsPrPSPsC†P°C7PSPs PrP€PeP»PsC,,PµPSP°Pe  
C,P° C-PSPiC-P±C-C,PsC7P€ CYP2C9 (C,P°PeC- CŪPe C7CŕP»ChC,,C-PSPiC-C7P°P·PsPS C-  
PIPSc7P€PePsPSP°P·PsP»), PsC7PeC-P»ChPeP€ C†Pµ PjPsP¶Pµ PiC7P€P·PIPµC7C,P€



СГР»С-Пр ПiСГPsPIPsPrPëC, Pë PïPµСГPµPr P·P°СГC, PsСГCрPIP°PSPSCЦPj  
PrPëPeP»PsC,, PµPSP°PeCр PïP°СГC-C"PSC, P°Pj P· PeP»C-PSC-C±PSPs  
PïC-PrC, PIPµСГPrP¶PµPSPsCГ C-CëPµPjC-C±PSPsCГ C...PIPsСГPsP±PsCГ СГPµСГCГCЦ,  
CГPµСГPµP±СГPsPIP°СГPeCр»CЦCГPSPëPjPë СГPsP·P»P°PrP°PjPë, PsPeP»СГP·C-PNëPSPsCГ  
C...PIPsСГPsP±PsCГ PïPµСГPëC,, PµСГPëC±PSPëC... P°СГC, PµСГC-PNë P°P±Ps  
P·PSP°C±PSPëPjPë C,, P°PeC, PsСГP°PjPë СГPëP·PëPeCр (C, P°PePëPjPë CЦPe,  
PiC-PïPµСГC, PsPSC-CЦ, PiC-PïPµСГP»C-PïC-PrPµPjC-CЦ, CГCрPeСГPsPIPëPNë PrC-P°P±PµC,,  
PeCрСГC-PSPSCЦ). Pj P·PI'СЦP·PeCр P· CГPëPj СГPëP·PëPePsPj PSP°PNëPSPëP¶CГCр  
PµC,, PµPeC, PëPIPSCр PrPsP·Cр C, P°PePsP¶ СГP»C-Pr P·P°СГC, PsСГPsPICрPIP°C, Pë  
PïСГPsC, CЦPiPsPj PSP°PNëPePsСГPsC, CëPsPiPs PïPµСГC-PsPrCр P»C-PeCрPIP°PSPSCЦ.

PкPëСГPePsPIC- PµC,, PµPeC, Pë PкPµP—P— PIPeP»СГC±P°СГC, СГ P·P°C, СГPëPjPeCр  
СГC-PrPëPSPë P· PSP°P±СГCЦPePsPj C, P°/P°P±Ps P°СГC, PµСГC-P°P»СГPSPsCГ  
PiC-PïPµСГC, PµPSP·C-C"СГ. P— CГC-C"СГ— PïСГPëC±PëPSPë PrPëPeP»PsC,, PµPSP°Pe СГP»C-Pr  
P·P°СГC, PsСГPsPICрPIP°C, Pë P· PsP±PµСГPµP¶PSC-CГC, СГ PïP°СГC-C"PSC, P°Pj  
P· PïPsСГCрCëPµPSPSCЦPj C,, CрPSPeCГC-C— СГPµСГCГCЦ C, P° P· C-PSCëPëC... PïСГPëC±PëPS,  
CЦPeC- PïСГPëP·PIPsPrCЦC, СГ PrPs P·P°C, СГPëPjPePë СГC-PrPëPSPë.  
PhP±PµСГPµP¶PSC-CГC, СГ C, P°PePsP¶ СГPµPePsPjPµPSPPrCрC"СГ, СГCГCЦ  
PïP°СГC-C"PSC, P°Pj, CЦPeC- PïСГPëPNëPjP°СГC, СГ PrC-CрСГPµC, PëPePë P°P±Ps  
СГCрPiCрC, PSC- C-PSPiC-P±C-C, PsСГPë PhPµPα P°P±Ps CЦPeC- PjP°СГC, СГ  
PïC-PrPIPëC%oPµPSPëPNë СГPëP·PëPe PiC-PïPsPIPsP»PµPjC-C—.

P'PsP»СГC, P°СГPµPS<sup>B®</sup> P P°PiC-Pr, C, P°P±P»PµC, PePë, PIPeСГPëC, C- CГCрPeСГPsPIPsCГ  
PsP±PsP»PsPSPePsCГ PSPµ PjP°СГC, СГ PïP°СГC, СГPsСГPµP·PëCГC, PµPSC, PSPsPiPs  
PïPsPeСГPëC, C, CЦ. P'PëPIC-P»СГPSPµPSPSCЦ P°PeC, PëPIPSPsC— СГPµC±PsPIPëPSPë Cр  
CëP»CрPSPeCр PjPsP¶Pµ СГPïСГPëC±PëPSPëC, Pë PjC-CГCГPµPIPµ PïPsPrСГP°P·PSPµPSPSCЦ  
СГP»PëP·PsPIPsC— PsP±PsP»PsPSPePë.

PкP°СГP»C-PrPePë, CЦPe PïСГP°PIPëP»Ps, P±C-P»СГCë СГPµСГPNëPsP·PSC- Cр  
PïP°СГC-C"PSC, C-PI P»C-C, PSCГPsPiPs PIC-PeCр. PïPeC%oPs CëP»CрPSPePsPIPs-  
PePëCëPePsPIC- PeСГPsPIPsC, PµC±C- P°P±Ps PIPëСГP°P·PePë PIPëPSPëPeP°СГC, СГ Cр  
PïP°СГC-C"PSC, C-PI, CЦPeC- PïPµСГPµP±CрPIP°СГC, СГ PSP° P»C-PeCрPIP°PSPSC-  
PïСГPµPïP°СГP°C, PsPjB P'PsP»СГC, P°СГPµPSB® P P°PiC-Pr, P»C-PeCрPIP°PSPSCЦ  
PïPsC, СГC-P±PSPs PïСГPëPïPëPSPëC, Pë.

P PµP°PeCГC-C— PiC-PïPµСГC±CрC, P»PëPIPsCГC, C- PjPsP¶CрC, СГ C, P°PePsP¶  
PïСГPsPiCГPµCГCрPIP°C, Pë PrPs СГPëPSPPrСГPsPjCр PъPsCрPSC-CГP°, СГPµСГPNëPsP·PSPsC—  
P°P»PµСГPiC-C±PSPsC— СГPµP°PeCГC-C—, CЦPeP° PjPsP¶Pµ СГPïСГPëC±PëPSPëC, Pë  
C-PSC,, P°СГPeC, PjC-PsPeP°СГPrP°. PÿPëPjPiC, PsPjPë C, P°PePëC... СГPµP°PeCГC-PNë  
PjPsP¶CрC, СГ PIPeP»СГC±P°C, Pë P±C-P»СГ Cр PiCГCрPrCЦC..., C%oPs PIPëPSPëPeP°C" PI  
PïPsC"PrPSP°PSPSC- P· P°P»PµСГPiC-C±PSPsCГ СГPµP°PeCГC-C"СГ PSP°  
PrPëPeP»PsC,, PµPSP°Pe.

- P'PïP»PëPI PSP° CëPeC-СГCр.

P"СрP¶Pµ СГC-PrPePs Cр P·PIBГ™ CЦP·PeCр C-P· P·P°СГC, PsСГCрPIP°PSPSCЦPj PкPµP—P—,  
PIPeP»СГC±P°СГC±Pë P'PsP»СГC, P°СГPµPS<sup>B®</sup> P P°PiC-Pr, PïPsPIC-PrPsPjP»CЦP»PsCГCЦ  
PïСГPs СГPµСГPNëPsP·PSC- СГPµP°PeCГC-C— P· P±PsPeCр CëPeC-СГPë (Cр PrPµCЦPePëC...  
PIPëPïP°PrPeP°C... P»PµC, P°P»СГPSC-), PIPeP»СГC±P°СГC±Pë  
PµPeCГC,, PsP»C-P°C, PëPIPSPëPNë PrPµСГPjP°C, PëC,, СГPëPSPPrСГPsPj PÿC, C-PIPµPSCГP° BГ"  
P"¶PµPSPCГPSP° C- C, PsPeCГPëC±PSPëPNë PµPiC-PrPµСГPjP°P»СГPSPëPNë  
PSPµPeСГPsP»C-P·. PкP°PNëPIPëC%oPëPNë СГPëP·PëPe PIPëPSPëPePSPµPSPSCЦ C, P°PePëC...

СҗРµP°PеC†C-PM₆ Cṙ PṙP°C†C-C"PSC,C-PI C-C†PSCṙC" PSP° PṙPsC‡P°C,PеCṙ  
P»C-PеCṙPIP°PSPSCṘ, PṙPsCṘPIP° C†PёC... СҗРµP°PеC†C-PM₆,  
CṘPе PṙCҗP°PIPёP»Ps, PIC-PrP±CṙPIP°C"C,СҗCṘCṘ CṙPṙCҗPsPrPsPIPṙ PṙPµCҗCеPsPṙPs  
PҗC-CṘCṘC†CṘ P»C-PеCṙPIP°PSPSCṘ. PµCҗPµPṙCҗP°C, P'PsP»СҗC,P°CҗPµPS<sup>B®</sup> P P°PṙC-Pr  
CṘP»C-Pr PIC-PrPҗC-PSPёC,Pё PṙCҗPё PṙPsCṘPIC- PṙPµCҗCеPёC... PsP·PSP°Pе PIPёCṘPёPṙCṙ,  
CṙCҗP°PṙPµPSPSCṘ CṘP»PёP·PsPIPёC... PsP±PsP»PsPSPsPе P°P±Ps PṙCҗPё P±CṙPrСҗC-  
CṘPеPёC... C-PSCёPёC... PsP·PSP°PеP°C... PṙC-PṙPµCҗC‡CṙC,P»PёPIPSCṘC,C-.

- PҗP»PµCҗPṙC-C‡PSC- CҗPµP°PеC†C-C—.

PṙPе C- PṙCҗPё P·P°CṘC,PсCṘCṙPIP°PSPSC- C-PSCёPёC... PṙPµP—P—, CҗC-PrPеPs P±PµP·  
PṙPsPṙPµCҗPµPrPSCҗPsC— PµPеCṘPṙPsP·PёC†C-C— PrPёPеP»PsC,,PµPSP°PеCṙ PҗPsPṙCṙC,СҗC  
C,P°PеPsPṙ PIPёPSPёPеPSCṙC,Pё P°P»PµCҗPṙC-C‡PSC- CҗPµP°PеC†C-C—, PI C,PsPҗCṙ  
C‡PёCṘP»C- P°PSP°C,,C-P»P°PеC,PёC‡PSC-/P°PSP°C,,C-P»P°PеC,PсC—PrPSC- CҗPµP°PеC†C-C—.

PµPsPIC-PrPsPҗP»CṘP»PsCṘCṘ PṙCҗPs PIPёPṙP°PrPеPё CṘPёPSPṙCҗPsPҗCṙ PṙPsCṙPSC-CṘP° Cṙ  
PṙP°C†C-C"PSC,C-PI, CṘPеC- PsC,CҗPёPҗCṙPIP°P»Pё PṙPµP—Pµ. PṙPёPSPṙCҗPsPҗ  
PṙPsCṙPSC-CṘP° PIPеP»СҗC‡P°C" CṘPµCҗC†PµPIPс-CṘCṙPrPёPSPSC- CṘPёPҗPṙC,PsPҗPё  
PIPSP°CṘP»C-PrPsPе P°P»PµCҗPṙC-C‡PSPсC— CҗPµP°PеC†C-C— P°P±Ps CҗPµP°PеC†C-C—  
PṙC-PṙPµCҗC‡CṙC,P»PёPIPSCṘC,C-, PIPеP»СҗC‡P°CҗC‡Pё P·PICṙPṙPµPSPSCṘ  
PеPsCҗPsPSP°CҗPSPёC... P°CҗC,PµCҗC-PM₆, C- PṙPsC,PµPSC†C-PM₆PSPs PҗPsPṙPµ  
PṙCҗPёP·PIPµCṘC,Pё PrPs C-PSC,,P°CҗPеC,Cṙ PҗC-PsPеP°CҗPrP°.

- PṙP°CṘPеCṙPIP°PSPSCṘ PsP·PSP°Pе C-PSC,,PµPеC†C-C—.

PṙPе C- C-PSCёC- PṙPµP—P—, PrPёPеP»PsC,,PµPSP°Pе P·P°PIPṙCṘPеPё CṘPIPсC—Pҗ  
C,,P°CҗPҗP°PеPsPrPёPSP°PҗC-C‡PSPёPҗ PIP»P°CṘC,PёPIPсCṘC,CṘPҗ PҗPsPṙPµ  
PҗP°CṘPеCṙPIP°C,Pё PsP·PSP°PеPё C- CṘPёPҗPṙC,PsPҗPё C-PSC,,PµPеC†C-C—.

- P—P°PṙPsP±C-PṙPSC- P·P°C...PsPrPё

PṙP»C-Pr CṙPSPёPеP°C,Pё PsPrPSPсC‡P°CṘPSPsPṙPs P·P°CṘC,PсCṘCṙPIP°PSPSCṘ  
PṙCҗPµPṙP°CҗP°C,Cṙ P'PsP»СҗC,P°CҗPµPS<sup>B®</sup> P P°PṙC-Pr C,P° C-PSCёPёC... PṙPµP—P—  
CṘPёCṘC,PµPҗPSPсC— PrC-C—, PIPеP»СҗC‡P°CҗC‡Pё CṘPµP»PµPеC,PёPIPSC-  
C-PSPṙC-P±C-C,PсCҗPё PṙPṙP"-2, PsCṘPеC-P»СҗPеPё PSPµPҗP°C" PṙC-PrC,PIPµCҗPrPṙPµPSCҗ  
C%PsPrPs PṙPµCҗPµPIP°Pṙ CṘPёPSPµCҗPṙC-C‡PSPсC— PrC-C—, P° C,P°PеPsPṙ C‡PµCҗPµP·  
PIPёPSPёPеPSPµPSPSCṘ PrPsPrP°C,PеPsPIPёC... PṙPsP±C-C‡PSPёC... PµC,,PµPеC,C-PI.

PṙPе C- PṙCҗPё P·P°CṘC,PсCṘCṙPIP°PSPSC- PICṘC-C... P°PSP°P»PṙPµC,PёPеC-PI, PṙCҗPё  
C,CҗPёPIP°P»PsPҗCṙ P·P°CṘC,PсCṘCṙPIP°PSPSC- PṙCҗPµPṙP°CҗP°C,Cṙ PrP»CṘ  
P»C-PеCṙPIP°PSPSCṘ PṙPsP»PsPIPSPsPṙPs P±PsP»Сҗ PҗPsPṙPµ  
CṘPṙPsCṘC,PµCҗC-PṙP°C,PёCṘCṘ PṙPsPеCҗP°C%P°PSPSCṘ P°P±Ps PṙPsPṙC-CҗCеPµPSPSCṘ  
CṘC,P°PSCṙ (PṙPsP»PsPIPSPёPM₆ P±C-P»Сҗ C‡PµCҗPµP· PSP°PrPҗC-CҗPSPµ  
P·P°CṘC,PсCṘCṙPIP°PSPSCṘ P»C-PеP°CҗCṘPеPёC... P·P°CṘPsP±C-PI). PṙPеC%Ps  
PṙPsP»PsPIPSPёPM₆ P±C-P»Сҗ PIPёPSPёPеP°C" PIPSP°CṘP»C-PrPsPе PSP°PrPҗC-CҗPSPsPṙPs  
P·P°CṘC,PсCṘCṙPIP°PSPSCṘ P°PSP°P»PṙPµC,PёPеC-PI, PSPµ CṘP»C-Pr  
P·P±C-P»СҗCеCṙPIP°C,Pё PrPsP·Cṙ P°PSP°P»PṙPµC,PёPеC-PI, Cṙ C,P°PеPёC...  
PIPёPṙP°PrPеP°C... P»C-PеCṙPIP°PSPSCṘ CṘP»C-Pr PṙCҗPёPṙPёPSPёC,Pё. P'PsP»PsPIPSPёPM₆  
P±C-P»Сҗ PIPSP°CṘP»C-PrPsPе PSP°PrPҗC-CҗPSPsPṙPs P·P°CṘC,PсCṘCṙPIP°PSPSCṘ  
PṙCҗPµPṙP°CҗP°C,C-PI PṙPsC,CҗC-P±PSPs P·P°PṙC-PrPsP·CҗPёC,Pё Cṙ PṙP°C†C-C"PSC,C-PI P·  
C‡P°CṘC,PёPҗPё P°P±Ps C%PsPrPµPSPSPёPҗPё PSP°PṙP°PҗPё PṙPsP»PsPIPSPsPṙPs  
P±PsP»Сҗ, CṘPеC- PIPёPSPёPеP°CҗC,СҗC, PSPµP·PIP°PṙP°CҗC‡Pё (P°P±Ps C‡PµCҗPµP·) PSP°

СҗРµPиCрP»CЦCҗPSPµ P·P°CГC,PsCГCрPIP°PSPSCЦ P°PSP°P»PiPµC,PëPeC-PI.

P©PsP± PjC-PSC-PjC-P·CрPIP°C,Pë PSPµP±P°P¶P°PSC- PµC,,PµPeC,Pë, CГP»C-Pr P·P°CГC,PsCГCрPICрPIP°C,Pë PjC-PSC-PjP°P»СҗPSCр PµC,,PµPeC,PëPIPSCр PrPsP·Cр PиCҗPsC,CЦPиPsPj PSP°PNePePsCҗPsC,C€PsPiPs PиPµCҗC-PsPrCр C±P°CГCр. PJ CҗC-PrPeC-CГPSPëC... PIPëPiP°PrPeP°C..., CЦPe C- PиCҗPë P·P°CГC,PsCГCрPIP°PSPSC- C-PSC€PëC... PкPµP—P—, PjPsP¶CрC,Сҗ CГPиPsCГC,PµCҗC-PiP°C,PëCГCЦ P°P»PµCҗPiC-C±PSC- CҗPµP°PeC†C-C—, Cр C,PsPjCр C±PëCГP»C- P°PSP°C,,C-P»P°PeC,PëC±PSC-/P°PSP°C,,C-P»P°PeC,PsC—PrPSC- CҗPµP°PeC†C-C—, PSP°PIC-C,Сҗ P±PµP· PиPsPиPµCҗPµPrPSCҗPsPiPs PIPиP»PëPICр PrPëPeP»PsC,,PµPSP°PeCр.

PŸP»C-Pr P· PsP±PµCҗPµP¶PSC-CГC,Сҗ P·P°CГC,PsCГCрPICрPIP°C,Pë PиCҗPµPiP°CҗP°C, PиP°C†C-C”PSC,P°Pj PIC-PePsPj PиPsPSP°Pr 65 CҗPsPeC-PI. P—PsPeCҗPµPjP°, CҗPµPePsPjPµPSPPrPsPIP°PSPs PиCҗPëP·PSP°C±P°C,Pë PSP°PNePSPëP¶C±C- PµC,,PµPeC,PëPIPSC- PrPsP·Pë C,,C-P·PëC±PSPs CГP»P°P±PePëPj PиP°C†C-C”PSC,P°Pj P»C-C,PSCHPsPiPs PIC-PeCр P°P±Ps CЦPeC%Ps PjP°CГP° C,C-P»P° PиP°C†C-C”PSC,P° PSPëP¶C±P° P·P° PSPsCҗPjCр.

PŸP°P±P»PµC,PePë P’PsP»СҗC,P°CҗPµPS<sup>B®</sup> P P°PиC-Pr PjC-CГC,CЦC,Сҗ CГP°C...P°CҗPsP·Cр C- C,PsPjCр PSPµ CҗPµPePsPjPµPSPPrPsPIP°PSC- PиP°C†C-C”PSC,P°Pj P· CҗC-PrPeC-CГPSPëPjPë C,,PsCҗPjP°PjPë CГPиP°PrPePsPIPsC— PSPµPиPµCҗPµPSPsCГPëPjPsCГC,C- C,,CҗCрPeC,PsP·Pë, PиP»CҗPePsP·Ps-PiP°P»P°PeC,PsP·PSPsCҗ PjP°P»СҗP°P±CГPсCҗP±C†C-C”Cҗ P°P±Ps PSPµPrPsCГC,P°C,PSC-CГC,Сҗ CГP°C...P°CҗP°P·Pë-C-P·PsPjP°P»СҗC,P°P·Pë.

- PҗCГC,PjP° PI P°PSP°PjPSPµP·C-

PJ PиP°C†C-C”PSC,C-PI P· P°CГC,PjPsCҗ, CГPµP·PsPSPSPëPj P°P»PµCҗPiC-C±PSPëPj CҗPëPSC-C,PsPj, PSP°P±CҗCЦPePsPj CГP»PëP·PsPIPsC— PsP±PsP»PsSPePë PSPsCГP° (PSP°PиCҗPëPeP»P°Pr, PSP°P·P°P»СҗPSC- PиPsP»C-PиPë), C...CҗPsPSC-C±PSPëPjPë PsP±CГC,CҗCрPeC,PëPIPSPëPjPë P·P°C...PIPsCҗCҗPIP°PSPSCЦPjPë P»PµPiPµPSCҗ (PГPҗP—P) C±Pë C...CҗPsPSC-C±PSPëPjPë C-PSC,,PµPeC†C-CЦPjPë CҗPµCГPиC-CҗP°C,PsCҗPSPsPiPs C,CҗP°PeC,Cр (PsCГCрP±P»PëPIPs P· PиCҗPsCЦPIP°PjPë, PиPsPrC-P±PSPëPjPë PrPs CГPëPjPiC,PsPjC-PI P°P»PµCҗPiC-C±PSPsPiPs CҗPëPSC-C,Cр) PиCҗPë PиCҗPëPNePsPjC- PкPµP—P— C±P°CГC,C-C€Pµ, PSC-P¶ Cр C-PSC€PëC... PиP°C†C-C”PSC,C-PI, PIPëPSPëPeP°CҗC,Сҗ C,P°PeC- PиPsP±C-C±PSC- PµC,,PµPeC,Pë CЦPe P·P°PiPsCГC,CҗPµPSPSCЦ P°CГC,PjPë (C,P°Pe P·PIP°PSP° PSPµPиPµCҗPµPSPsCГPëPjC-CГC,Сҗ P°PSP°P»PiPµC,PëPeC-PI P°P±Ps P°PSP°P»PiPµC,PëC±PSP° P°CГC,PjP°), PSP°P±CҗCЦPe PҗPIC-PSPePµ, PeCҗPsPиPëPIBҗ™ CЦPSPeP°. PJ P·PIBҗ™ CЦP·PeCр P· C†PëPj C,P°PePëPj C...PIPsCҗPëPj PSPµPsP±C...C-PrPSC- CГPиPµC†C-P°P»СҗPSC- P·P°CГC,PµCҗPµP¶PSC- P·P°C...PsPrPë (PiPsC,PsPIPSC-CГC,Сҗ PrPs PSP°PrP°PSPSCЦ PSPµPIC-PrPeP»P°PrPSPsC— PrPsPiPsPjPsPiPë). P’PëC%PµPIPeP°P·P°PSPµ C,P°PePsP¶ CГC,PsCГCрC”C,СҗCГCЦ PиP°C†C-C”PSC,C-PI P· P°P»PµCҗPiC-C±PSPëPj PиCҗPsCЦPIP°PjPë PиCҗPë P·P°CГC,PsCГCрPIP°PSPSC- C-PSC€PëC... PиCҗPµPiP°CҗP°C,C-PI, PSP°PиCҗPëPeP»P°Pr, PIPëCГPëPi, CГPIPµCҗP±C-P¶, PeCҗPsPиPëPIBҗ™ CЦPSPeP°.B

- P’PиP»PëPI PSP° C€P»CрPSPePsPIPs-PePëC€PePsPIPëPNe C,CҗP°PeC, (PëPҗPŸ).

PjC- CЦPIPëC%P° P·P°P·PIPëC±P°PNe PjP°CҗC,Сҗ P±C-P»СҗC€ CГPµCҗPNePsP·PSC- PSP°CГP»C-PrPePë PrP»CЦ PиP°C†C-C”PSC,C-PI P»C-C,PSCHPsPiPs PIC-PeCр. PиPeC%Ps Cр PиP°C†C-C”PSC,C-PI, CЦPeC- PsC,CҗPëPjCрCҗC,Сҗ PrPëPeP»PsC,,PµPSP°Pe, CГPиPsCГC,PµCҗC-PiP°CҗC,СҗCГCЦ CЦPIPëC%P° C€P»CрPSPePsPIPs-PePëC€PePsPIPsC— PeCҗPsPIPsC,PµC±C- P°P±Ps CрC,PIPsCҗPµPSPSCЦ PIPëCҗP°P·PePë,

P·P°CÍC,PsCÍCfPIP°PSPSCЦ PíCĤPμPíP°CĤP°C,Cf PSPμPsP±C...C-PrPSPs PíCĤPëPíPëPSPëC,Pë.

PĪPë C- PíCĤPë P·P°CÍC,PsCÍCfPIP°PSPSC- C-PSCëPëC... PkPμP—P—, CĤPμC,PμP»CĤPSPëP№ PjPμPrPëC±PSPëP№ PSP°PiP»CЦPr C- PsCÍPsP±P»PëPIP° PsP±PμCĤPμP¶PSC-CÍC,CĤ C” PSPμPsP±C...C-PrPSPëPjPë PíCĤPë PíCĤPëP·PSP°C±PμPSPSC- PíCĤPμPíP°CĤP°C,Cf P’PsP»CĤC,P°CĤPμPS<sup>B®</sup> P P°PíC-Pr PíP°C†C-C”PSC,P°Pj C-P· CÍPëPjPíC,PsPjP°PjPë, C%Ps PIPëP°P·CfCĤC,CĤ PSP° PíPsCĤCfCëPμPSPSCЦ P· P±PsPeCf CëP»CfPSPePsPIPs- PePëCëPePsPIPsPiPs C,CĤP°PeC,Cf (PrPëPI. CĤPsP·PrC-P» B«PμCĤPsC,PëPíPsPeP°P·P°PSPSCЦB»).

P PëP·PëPe PIPëPSPëPePSPμPSPSCЦ PeCĤPsPIPsC,PμC±C- CëP»CfPSPePsPIPs- PePëCëPePsPIPsPiPs C,CĤP°PeC,Cf PíC-PrPIPëC%CfC”C,CĤCÍCЦ PíCĤPë P·P±C-P»CĤCëPμPSPSC- PrPsP·Pë PkPμP—P—, P° C,P°PePsP¶ Cí PíP°C†C-C”PSC,C-PI P· PIPëCĤP°P·PePsCĤ Pí P°PSP°PjPSPμP·C-, PsCÍPsP±P»PëPIPs CЦPeC%Ps P±CfP»Ps CíCÍPeP»P°PrPSPμPSPSCЦ (PeCĤPsPIPsC,PμC±P° P°P±Ps PíPμCĤC,,PsCĤP°C†C-CЦ), C,P° Cí PíP°C†C-C”PSC,C-PI P»C-C,PSCHPsPiPs PIC-PeCf. P”P»CЦ P·PjPμPSCëPμPSPSCЦ CĤPëP·PëPeCf C,PsPeCÍPëC±PSPsPiPs PIPíP»PëPICf PSP° PËPльPÿ Cí C,P°PePëC... PíP°C†C-C”PSC,C-PI P»C-PeCfPIP°PSPSCЦ CÍP»C-Pr CĤPsP·PíPsC±PëPSP°C,Pë C,P° PíC-PrC,CĤPëPjCfPIP°C,Pë Cí PSP°P№PSPëP¶C±PëC... PμC,,PμPeC,PëPIPSPëC... PrPsP·P°C.... P”P»CЦ C,P°PePëC... PíP°C†C-C”PSC,C-PI, P° C,P°PePsP¶ PrP»CЦ PíP°C†C-C”PSC,C-PI, CЦPePëPj PSPμPsP±C...C-PrPSPμ PsPrPSPsC±P°CÍPSPμ P·P°CÍC,PsCÍCfPIP°PSPSCЦ PíCĤPμPíP°CĤP°C,C-PI, C%Ps PjC-CÍC,CЦC,CĤ PSPëP·CĤPeC- PrPsP·Pë P°C†PμC,PëP»CÍP°P»C-C†PëP»PsPIPsC— PePëCÍP»PsC,Pë, P°P±Ps C-PSCëPëC... PíCĤPμPíP°CĤP°C,C-PI, C%Ps P·PrP°C,PSC- PíC-PrPIPëC%CfPIP°C,Pë CĤPëP·PëPe CëPeC-PrP»PëPIPsPiPs PIPíP»PëPICf PSP° PËPльPÿ, CÍP»C-Pr CĤPsP·PíP»CЦPSCfC,Pë PjPsP¶P»PëPIC-CÍC,CĤ PíCĤPëP·PSP°C±PμPSPSCЦ PePsPjP±C-PSPsPIP°PSPsC— C,PμCĤP°PíC— C-P· P·P°CÍC,PsCÍCfPIP°PSPSCЦPj P·P°C...PëCÍPSPëC... P·P°CÍPsP±C-PI (PSP°PíCĤPëPeP»P°Pr C-PSPiC-P±C-C,PsCĤC-PI PíCĤPsC,PsPSPSPsC— PíPsPjPíPë P°P±Ps PjC-P·PsPíCĤPsCÍC,PsP»Cf).

PμP°C†C-C”PSC,Pë P· C,PsPeCÍPëC±PSPëPj PIPíP»PëPIPsPj PSP° PËPльPÿ Pí P°PSP°PjPSPμP·C-, PsCÍPsP±P»PëPIPs P»C-C,PSCHPsPiPs PIC-PeCf, PjP°CĤC,CĤ PíPsPIC-PrPsPjPëC,Pë P»C-PeP°CĤCĤ PíCĤPs P±CfPrCĤ-CЦPeC- PSPμP·PIPëC±PSC- P°P±PrPsPjC-PSP°P»CĤPSC- CÍPëPjPíC,PsPjPë (PsCÍPsP±P»PëPIPs PíCĤPs PeCĤPsPIPsC,PμC±Cf Pí PËPльPÿ). P— PsP±PμCĤPμP¶PSC-CÍC,CĤ PíCĤPëP·PSP°C±P°C,Pë PíCĤPμPíP°CĤP°C, PíP°C†C-C”PSC,P°Pj, CЦPeC- PsPrPSPsC±P°CÍPSPs P·P°CÍC,PsCÍPsPICfCĤC,CĤ P»C-PeP°CĤCÍCĤPeC- P·P°CÍPsP±Pë, C%Ps PjPsP¶CfC,CĤ PíC-PrPIPëC%CfPIP°C,Pë CĤPëP·PëPe PIPëPSPëPePSPμPSPSCЦ PIPëCĤP°P·PePë P°P±Ps PeCĤPsPIPsC,PμC±C- (PePsCĤC,PëPePsCÍC,PμCĤPsC—PrPë CÍPëCÍC,PμPjPSPsC— PrC-C—, P°PSC,PëPePsP°PíCfP»CЦPSC,Pë, P°PSC,PëC,CĤPsPjP±PsC,PëC±PSC- PíCĤPμPíP°CĤP°C,Pë P°P±Ps CÍPμP»PμPeC,PëPIPSC- C-PSPiC-P±C-C,PsCĤPë P·PIPsCĤPsC,PsPSPsPiPs P·P°C...PsPíP»PμPSPSCЦ CÍPμCĤPsC,PsPSC-PSCf).

P—P°CÍC,PsCÍCfPIP°PSPSCЦ PkPμP—P—, PIPëP»CĤC±P°CĤC±Pë PrPëPeP»PsC,,PμPSP°Pe, PjPsP¶CfC,CĤ P±CfC,Pë PíPsPI'CЦP·P°PSC- P· PíC-PrPIPëC%PμPSPëPj CĤPëP·PëPePsPj PIPëPSPëPePSPμPSPSCЦ PSPμCÍPíCĤPsPjPsP¶PSPsCÍC,C- CëP»CfPSPePsPIPs- PePëCëPePsPIPsPiPs P°PSP°CÍC,PsPjPsP·Cf. P PμPePsPjPμPSPPrCfC”C,CĤCÍCЦ PíPëP»CĤPSPëP№ PSP°PiP»CЦPr B C,P° PsP±PμCĤPμP¶PSC-CÍC,CĤ PíCĤPë P·P°CÍC,PsCÍCfPIP°PSPSC- PrPëPeP»PsC,,PμPSP°PeCf PíC-CÍP»CЦ PsPíPμCĤP°C,PëPIPSPëC... PIC,CĤCfC±P°PSCĤ PSP° CëP»CfPSPePsPIPs-PePëCëPePsPIPsPjCf C,CĤP°PeC,C-.

- P’PíP»PëPI PSP° PíPμC±C-PSPeCf.

PμP°C†C-C" PSC, P°Pj P· PīPsCḡCfCεPμPSPSCΠPjPë P· P±PsPeCf PīPμC†C-PSPePë CÍP»C-Pr P·P°P±PμP·PīPμC†PëC, Pë PīPsCÍC, C-PNεPSPëPNε PjPμPrPëC†PSPëPNε PSP°PīP»CΠPr, PsCÍPeC-P»CHPePë C—C...PSC-PNε CÍC, P°PS PjPsP¶Pμ PīPsPiC-CḡCεPëC, PëCÍCΠ.

PīPe C- PīCḡPë P·P°CÍC, PsCÍCfPīP°PSPSC- C-PSCεPëC... PκPμP—P—, PjPsP¶CfC, CH P·CḡPsCÍC, P°C, Pë CḡC-PIPSC- PsPrPSPsPiPs P°P±Ps PeC-P»CHPePsC... C,, PμCḡPjPμPSC, C-PI PīPμC†C-PSPePë.

PjPμ CÍPīPsCÍC, PμCḡC-PīP°P»PsCÍCΠ PrCfP¶Pμ C†P°CÍC, Ps PīCḡPë P·P°CÍC, PsCÍCfPīP°PSPSC- PrPëPeP»PsC,, PμPSP°PeCf Cf PeP»C-PSC-C†PSPëC... PrPsCÍP»C-PrP¶PμPSPSCΠC... (PīCḡPëP±P»PëP·PSPs CÍ 15 % PīP°C†C-C" PSC, C-PI), P°P»Pμ PrCfP¶Pμ CḡC-PrPePs CÍCfPīCḡPsPiPsPrP¶CfPīP°P»PsCÍCΠ PīPsCΠIPsCḡ PeP»C-PSC-C†PSPëC... CÍPëPjPīC, PsPjC-PI. Pj P±C-P»CHCεPsCÍC, C- PIPëPīP°PrPeC-PI CÍPīPsCÍC, PμCḡC-PīP°P»PsCÍCΠ P·CḡPsCÍC, P°PSPSCΠ PrPs PiCḡP°PSPëC†PSPëC... CḡC-PIPSC-PI. P§P°CÍC, Ps (CÍ 2,5 % PIPëPīP°PrPeC-PI) C, P°PeC- P·CḡPsCÍC, P°PSPSCΠ P±CfP»Pë PīPsPjC-CḡPSPëPjPë (³ 3 PrPs < 8 CḡP°P·C-PI PIPëC%Pμ PIPμCḡC...PSCḡPsC— PjPμP¶C- PSPsCḡPjPë), C, PsPrC- CΠPe C†P°CÍC, PsC, P° PIPëCḡP°P¶PμPSPsPiPs PīC-PrPIPëC%PμPSPSCΠ (³ 8 CḡP°P·C-PI PIPëC%Pμ PIPμCḡC...PSCḡPsC— PjPμP¶C- PSPsCḡPjPë) P·P°P»PëCεP°P»P°CÍCΠ P±P»PëP·CHPePs 1 %. Pj C...PsPrC- PIPeP°P·P°PSPëC... PIPëC%Pμ PeP»C-PSC-C†PSPëC... PrPsCÍP»C-PrP¶PμPSCḡ P·CḡPsCÍC, P°PSPSCΠ CḡC-PIPSC-PI PīPμC†C-PSPePsPIPëC... C,, PμCḡPjPμPSC, C-PI CÍCfPīCḡPsPiPsPrP¶CfPīP°P»PsCÍCΠ PeP»C-PSC-C†PSPëPjPë PīCḡPsCΠIP°PjPë CfCḡP°P¶PμPSPSCΠ PīPμC†C-PSPePë CÍ 0,5 % PIPëPīP°PrPeC-PI. P—CḡPsCÍC, P°PSPSCΠ CḡC-PIPSC-PI C,, PμCḡPjPμPSC, C-PI P±CfP»Ps, CΠPe PīCḡP°PIPëP»Ps, PsP±PsCḡPsC, PSPëPj PīC-CÍP»CΠ PīCḡPëPīPëPSPμPSPSCΠ P·P°CÍC, PsCÍCfPīP°PSPSCΠ PīCḡPμPīP°CḡP°C, CÍ.

PμCḡPμPīP°CḡP°C, P'PsP»CHC, P°CḡPμPS<sup>B</sup> P P°PīC-PrB CḡPμPePsPjPμPSPPrPsPIP°PSPëPNε P»PëCεPμ PrP»CΠ PePsCḡPsC, PePsPiPs PeCfCḡCÍCf P»C-PeCfPIP°PSPSCΠ (PSPμ P±C-P»CHCεPμ 1 C, PëP¶PSCΠ). P—P°CÍC, PsCÍCfPīP°PSPSCΠ C†CHPsPiPs PīCḡPμPīP°CḡP°C, CÍ CÍP»C-Pr PīCḡPëPīPëPSPëC, Pë, CΠPeC%Ps CÍPīPsCÍC, PμCḡC-PīP°C" C, CHCÍCΠ PīPsCḡCfCεPμPSPSCΠ P°P±Ps PīPsPiC-CḡCεPμPSPSCΠ C,, CfPSPeC†C-C— PīPμC†C-PSPePë, CΠPeC%Ps PeP»C-PSC-C†PSC- PsP·PSP°PePë P°P±Ps CÍPëPjPīC, PsPjPë CÍPIC-PrC†P°C, CH PīCḡPs CḡPsP·PIPëC, PsPe P·P°C...PIPsCḡCḡPIP°PSPSCΠ PīPμC†C-PSPePë P°P±Ps CΠPeC%Ps PIPëPSPëPeP°CḡC, CH C-PSCεC- CÍPëPjPīC, PsPjPë, PSP°PīCḡPëPeP»P°Pr PμPsP·PëPSPsC,, C-P»C-CΠ, PIPëCÍPëPī.

P" PμPīP°C, PëC, PjPsP¶Pμ PIPëPSPëPeP°C, Pë P±PμP· PīCḡPsPrCḡPsPjP°P»CHPSPëC... CÍPëPjPīC, PsPjC-PI.

PhPeCḡC-Pj P·CḡPsCÍC, P°PSPSCΠ CḡC-PIPSC-PI PīPμC†C-PSPePsPIPëC... C,, PμCḡPjPμPSC, C-PI, CḡC-PrPePs PīPsPIC-PrPsPjP»CΠP»PsCÍCΠ PīCḡPs C, CΠP¶PeC- CḡPμP°PeC†C-C— P· P±PsPeCf PīPμC†C-PSPePë, PIPeP»CHC†P°CḡC†Pë P¶PsPIC, CΠPSPëC†Cḡ C- C,, CfP»CHPjC-PSP°PSC, PSPëPNε PīPμPīP°C, PëC,, PSPμPeCḡPsP· PīPμC†C-PSPePë C- PīPμC†C-PSPePsPICf PSPμPrPsCÍC, P°C, PSC-CÍC, CH, C%Ps CÍ PrPμCΠPePëC... PIPëPīP°PrPeP°C... P±CfP»Pë P»PμC, P°P»CHPSPëPjPë.

P— PsP±PμCḡPμP¶PSC-CÍC, Cḡ P·P°CÍC, PsCÍCfPīP°PSPSC, Pë PrPëPeP»PsC,, PμPSP°Pe PīP°C†C-C" PSC, P°Pj P· PīPμC†C-PSPePsPiPsCḡ PīPsCḡC,, C-CḡC-C" Cḡ C†PμCḡPμP· C-PjPsPIC-CḡPSC-CÍC, CH PīCḡPsPiPsPeCfPīP°PSPSCΠ PSP°PīP°PrCf.

- P'PīP»PëPI PSP° PSPëCḡPePë.

PhCfPSP±P»PëPIPsC— PSp±PµCfPµP¶PSPScfC,C- CfP»C-Pr PrPSc,CfPëPjCfPIP°C,PëCfCh  
PïP°C†C-C”PSC,P°Pj P· PïPsCfCfCëPµPSPSCfPj P· P±PSPeCf CfPµCfC†Cf P°P±Ps PSPëCfPSPe,  
P°CfC,PµCfC-P°P»ChPSPScf PiC-PïPµCfC,PµPSP·C-C”Cf PI P°PSP°PjPSPµP·C-,  
PïP°C†C-C”PSC,P°Pj P»C-C,PSCfPSPiPs PIC-PeCf, PïP°C†C-C”PSC,P°Pj, CfPeC-  
PSPPrPSPSc†P°CfPSPs P·P°CfC,PScfPSPiCfCfC,Ch PrC-CfCfPµC,PëPePë P°P±Ps  
PïCfPµPïP°CfP°C,Pë, C%Ps PjPSP¶CfC,Ch P·PSP°C†PSPs PïPïP»PëPIP°C,Pë PSP°  
C,,CfPSPeC†C-Cf PSPëCfPSPe,  
P° C,P°PePSP¶ PïP°C†C-C”PSC,P°Pj P· C-CfC,PSc,PSPëPj P·PjPµPSCëPµPSPSCfPj PSp±'C”PjCf  
PïPSP·P°PeP»C-C,PëPSPSPSc— CfC-PrPëPSPë, PSP°PïCfPëPeP»P°Pr, PïPµCfPµPr/PïC-CfP»Cf  
C...C-CfCfCfPïC-C†PSPëC... PIC,CfCfCfP°PSCf. PµCfPë PïCfPëP·PSP°C†PµPSPSC- Cf  
C,P°PePëC... PIPëPïP°PrPeP°C... PïCfPµPïP°CfP°C,Cf P’PSP»ChC,P°CfPµPS<sup>B®</sup> P P°PïC-Pr  
CfP»C-Pr PïCfPSPiPsPrPëC,Pë PjPSPSC-C,PScfPëPSPi C,,CfPSPeC†C-C— PSPëCfPSPe.  
PµC-CfP»Cf PïCfPëPïPëPSPµPSPSCf C,PµCfP°PïC-C— CfC,P°PS PïP°C†C-C”PSC,C-PI  
P·P°P·PIPëC†P°Pµ PSPScfPjP°P»C-P·CfC”C,ChCfCf.

- PÿPµCfC†PµPIPs-CfCfPrPëPSPSC- C,P° C†PµCfPµP±CfPSPiP°CfPeCfP»CfCfPSC-  
PµC,,PµPeC,Pë.

PkPµP·PSP°C†PSPµ P·P±C-P»ChCëPµPSPSCf CfPëP·PëPeCf CfPSP·PIPëC,PeCf  
P°CfC,PµCfC-P°P»ChPSPëC... C,CfPSPjP±PSc,PëC†PSPëC... PïPSPrC-Pµ (PSP°PïCfPëPeP»P°Pr,  
C-PSC,,P°CfPeC,Cf PjC-PSPeP°CfPrP° P°P±Ps C-PSCfCfP»ChC,Cf) PjPSP¶Pµ P±CfC,Pë  
PïPSPiBf™ CfP·P°PSPµ C-P· P·P°CfC,PScfCfPïP°PSPSCfPj PrPëPeP»PSc,,PµPSP°PeCf,  
PScfPSP±P»PëPIPs  
Cf PIPëCfPSPePëC... PrPSP·P°C... C- PïCfPë C,CfPëPIP°P»PSPjCf P»C-PeCfPIP°PSPSC-.  
PÿPµCfP°PïC-Cf PïCfPµPïP°CfP°C,PSPj P’PSP»ChC,P°CfPµPSB® P P°PïC-Pr,  
PïCfPSc,PëPïPSPeP°P·P°PSPs C...PIPsCfPëPj P·C- PICfC,P°PSPSPiP»PµPSPëPj  
PrC-P°PïPSPSP·PSPj CfPµCfC†PµPIPs-CfCfPrPëPSPSPëC... P·P°C...PIPsCfCfPïP°PSCf  
(PïP°C†C-C”PSC,Pë C-P· CfPµCfC†PµPIPsCf PSPµPrPScfC,P°C,PSC-CfC,Cf NYHA II-IV,  
CfC,C-PµPePScf C-CëPµPjC-C†PSPScf C...PIPsCfPSP±PScf CfPµCfC†Cf,  
P·P°C...PIPsCfCfPïP°PSPSCfPj PïPµCfPëC,,PµCfPëC†PSPëC... P°CfC,PµCfC-Pµ) P°P±Ps  
PSPµPePSPSC,CfPSP»ChPSPiP°PSPScf P°CfC,PµCfC-P°P»ChPSPScf  
PiC-PïPµCfC,PµPSP·C-C”Cf.

PµCfPëP·PSP°C†P°C,Pë PrPëPeP»PSc,,PµPSP°Pe PïP°C†C-C”PSC,P°Pj P·C- P·PSP°C†PSPëPjPë  
C,,P°PeC,PScfP°PjPë CfPëP·PëPeCf PeP°CfPrC-PSPiP°CfPeCfP»CfCfPSPëC... CfPIPëC%  
(C,P°PePëC... CfPe P°CfC,PµCfC-P°P»ChPSP° PiC-PïPµCfC,PµPSP·C-Cf,  
PiC-PïPµCfP»C-PïC-PrPµPjC-Cf, C†CfPeCfPSPiPëPµ PrC-P°P±PµC,, PeCfCfC-PSPSCf)  
P»PëCëPµ PïC-CfP»Cf CfPµC,PµP»ChPSPSc— PeP»C-PSC-C†PSPSc— PSc†C-PSPePë C-  
P»PëCëPµ PI PrPSP·C- ≤100 PjPi C%PsPrPµPSPSPs, CfPeC%Ps P»C-PeCfPIP°PSPSCf  
C,CfPëPIP°C” PSPµ P±C-P»ChCëPµ C†PSc,PëCfChPSc... C,PëP¶PSC-PI. PhCfPeC-P»ChPePë  
PeP°CfPrC-PSPiP°CfPeCfP»CfCfPSC- CfPëP·PëPePë PrPëPeP»PSc,,PµPSP°PeCf PjPSP¶CfC,Ch  
P·CfPScfC,P°C,Pë  
P·C- P·P±C-P»ChCëPµPSPSCfPj PrPSP·Pë C,P° C,CfPëPIP°P»PScfC,C- P»C-PeCfPIP°PSPSCf,  
PµPSPiPs PSPµPSP±C...C-PrPSPs P·P°CfC,PScfPSPiCfPïP°C,Pë CfPePSPjPSPiP°  
PePScfPSc,CëPëPµ PïPµCfC-PSPr C,P° Cf PSP°PµPSPëP¶C†C-Pµ PµC,,PµPeC,PëPIPSC-Pµ  
PrPSP·C-. PÿP»C-Pr PïPµCfC-PSPrPëC†PSPs PïPµCfPµPïP»CfPrP°C,Pë PïPSc,CfPµP±Cf  
PïP°C†C-C”PSC,P°  
Cf P·P°CfC,PScfCfPïP°PSPSC- PrPëPeP»PSc,,PµPSP°PeCf PrP»Cf PïPSP»PµPïCëPµPSPSCf  
CfPëPjPiC,PSPjC-PI C,P° PIC-PrPïPSPiC-PrCh PSP° C,PµCfP°PïC-Cf. PµP°C†C-C”PSC,Pë  
PïPSPiPëPSPSC- PïPëP»ChPSCfPïP°C,Pë C%PsPrPSPs PïPScfPIPë CfPµCfPµPSP·PSPëC...  
PSP·PSP°Pe C- CfPëPjPiC,PSPjC-PI P°C,PµCfPSc,CfPSPjP±PSP·Cf (PSP°PïCfPëPeP»P°Pr,

P±C-P»CH Cí PiCĤCíPrCĬC..., P·P°PrPëCëPeP°, CÍP»P°P±PeC-CÍC,CH, PìPsCĤCíCëPµPSPSCĬ PjPsPIP»PµPSPSCĬ), CĬPeC- PjPsP¶CíC,CH PIPëPSPëPeP°C, Pë P±PµP· PìPsPìPµCĤPµPrP¶PµPSPSCĬ. PµP°C†C-C" PSC, Pë PìPsPIPëPSPSC- P±CíC, Pë PìPsPìPµCĤPµPrP¶PµPSC-, C%Ps Cí C, P°PePsPjCí PIPëPìP°PrPeCí PSPµPsP±C...C-PrPSPs PsPrCĤP°P·Cí P¶ P·PIPµCĤPSCíC, PëCÍCĬ PrPs P»C-PeP°CĤCĬ.

- P'PìP»PëPI PSP° PiPµPjP°C, PsP»PsPiC-C†PSC- PìPsPeP°P·PSPëPePë.

PµCĤPµPìP°CĤP°C, P'PsP»CHC, P°CĤPµPS<sup>B®</sup> P P°PìC-Pr CĤPµPePsPjPµPSPPrPsPIP°PSPëPµ P»PëCëPµ PrP»CĬ PePsCĤPsC, PePsC†P°CÍPSPsPiPs PeCíCĤCíCí P»C-PeCíPIP°PSPSCĬ. Pj CĤP°P·C- PìCĤPëP·PSP°C†PµPSPSCĬ C†CHPsPiPs PìCĤPµPìP°CĤP°C, Cí PSP° C, CĤPëPIP°P»C-CëPëPµ PìPµCĤC-PsPr CĤPµPePsPjPµPSPPrCíC" C, CHCÍCĬ (CĬPe C- PrP»CĬ C-PSCëPëC... PkPµP—P—) CĤPµPiCíP»CĬCĤPSPs PePsPSC, CĤPsP»CĤPIP°C, Pë PiPµPjPsPiCĤP°PjCí.

PìPe C- C-PSCëC- PkPµP—P—, PrPëPeP»PsC,, PµPSP°Pe PjPsP¶Pµ C, PëPjC†P°CÍPsPiPs C-PSPiC-P±CíPIP°C, Pë P°PiCĤPµPìP°C†C-CĤ C, CĤPsPjP±PsC†PëC, C-PI, C, PsPjCí CÍP»C-Pr CĤPµC, PµP»CHPSPs CÍPìPsCíC, PµCĤC-PiP°C, Pë P·P° CÍC, P°PSPsPj PìP°C†C-C" PSC, C-PI P· PìPsCĤCíCëPµPSPSCĬPjPë PiPµPjPsCíC, P°P·Cí, PiPµPjPsCĤP°PiC-C†PSPëPj PrC-P°C, PµP·PsPj P°P±Ps PiPµPjP°C, PsP»PsPiC-C†PSPëPjPë PìPsCĤCíCëPµPSPSCĬPjPë.

- P'PëCíC, PµPjPSPëPµ C†PµCĤPIPSPSPëPµ PIPsPIC†P°Pe C- P·PjC-CëP°PSC- P·P°C...PIPSCĤCĤPIP°PSPSCĬ CÍPìPsP»CíC†PSPSC— C, PeP°PSPëPSPë.

Pj PìP°C†C-C" PSC, C-PI C-P· CÍPëCíC, PµPjPSPëPj C†PµCĤPIPSPSPëPj PIPsPIC†P°PePsPj C- P·PjC-CëP°PSPëPjPë P·P°C...PIPSCĤCĤPIP°PSPSCĬPjPë CÍPìPsP»CíC†PSPSC— C, PeP°PSPëPSPë PjPsP¶P»PëPIPëPµ PìC-PrPIPëC%PµPSPëPµ CĤPëP·PëPe CĤPsP·PIPëC, PeCí P°CÍPµPiC, PëC†PSPsPiPs PjPµPSC-PSPiC-C, Cí. P" P»CĬ PìP°C†C-C" PSC, C-PI P· PSP°CĬPIPSC-CÍC, CĤ PI P°PSP°PjPSPµP·C- P°CĤC, PµCĤC-P°P»CHPSPsC— PiC-PìPµCĤC, PµPSP·C-C— C, P°/P°P±Ps P·P°CíC, C-PµPSPsC— CÍPµCĤC†PµPIPSC— PSPµPrPsCíC, P°C, PSPsCíC, C- P»PµPiPePsPiPs P°P±Ps PìPsPjC-CĤPSPsPiPs CÍC, CíPìPµPSCĬ C, CĬP¶PePsCíC, C- PSPµPsP±C...C-PrPSPëPj C" PìCĤPsPIPµPrPµPSPSCĬ PIC-PrPìPsPIC-PrPSPsPiPs PjPsPSC-C, PsCĤPëPSPiCí C, P° PSP°PrP°PSPSCĬ CĤPµPePsPjPµPSPPrP°C†C-Pµ, PsCíPeC-P»CHPePë Cí P·PIBĤ™ CĬP·PeCí C-P· P·P°CíC, PsCíCíPIP°PSPSCĬPj PkPµP—P—, PIPeP»CĤC†P°CĤC†Pë PrPëPeP»PsC,, PµPSP°Pe, P±CíP»Pë P·P°CĤPµC" CÍC, CĤPsPIP°PSC- PIPëPìP°PrPePë P·P°C, CĤPëPjPePë CĤC-PrPëPSPë C, P° PSP°P±CĤCĬPeC-PI. P" P°PSC- PeP»C-PSC-C†PSPëC... PrPsCÍP»C-PrP¶PµPSCH C, P° PµPiC-PrPµPjC-PsP»PsPiC-C†PSC- PrP°PSC- CÍPIC-PrC†P°C, CH, C%Ps P·P°CíC, PsCíCíPIP°PSPSCĬ PrPëPeP»PsC,, PµPSP°PeCí, PsCíPsP±P»PëPIPs Cí PIPëCÍPsPePëC... PrPsP·P°C...

(150 PjPi/PrPsP±Cí) C- PìCĤPë C, CĤPëPIP°P»PsPjCí P»C-PeCíPIP°PSPSC- PjPsP¶Pµ P±CíC, Pë PìPsPIBĤ™ CĬP·P°PSPs P· PSPµP·PSP°C†PSPëPj P·P±C-P»CHCëPµPSPSCĬPj CĤPëP·PëPeCí CĤPsP·PIPëC, PeCí P°CĤC, PµCĤC-P°P»CHPSPëC... C, CĤPsPjP±PsC, PëC†PSPëC... PìPsPrC-Pµ (PSP°PìCĤPëPeP»P°Pr C-PSC,, P°CĤPeC, Cí PjC-PsPeP°CĤPrP° P°P±Ps C-PSCíCíP»CHC, Cí).

P»C-PeP°CĤCíCHPePëPµ P·P°CíC-P± P'PsP»CHC, P°CĤPµPS<sup>B®</sup> P P°PìC-Pr PjC-CÍC, PëC, CH PjPµPSCëPµ 1 PjPjPsP»CH (23 PjPi)/PrPsP·Cí PSP°C, CĤC-CĤ, C, PsP±C, Ps PìCĤP°PeC, PëC†PSPs PIC-P»CHPSPëPµ PIC-Pr PSP°C, CĤC-CĤ.

*P—P°CíC, PsCíCíPIP°PSPSCĬ Cí PìPµCĤC-PsPr PIP°PiC-C, PSPsCíC, C- P°P±Ps*

*PiPsPrCáPIP°PSPSCII PiCḥCáPrPrCḥ.*

*P°PiC-C,PSC-CÍC,CH*

P†PSPiC-P±CfPIP°PSPSCII CÍPëPSC,PµP·Cf PïCḥPsCÍC,P°PiP»P°PSPPrPëPSC-PI PjPsP¶Pµ  
PSPµPiP°C,PëPIPSPs PïPsP·PSP°C±PëC,PëCÍCII PSP° PIP°PiC-C,PSPsCÍC,C- C,P°/P°P±Ps  
CḥPsP·PIPëC,PeCf PµPjP±CḥC-PsPSP°/PiP»PsPrP°. P°P°PSC-  
PµPiC-PrPµPjC-PsP»PsPiC-C±PSPëC... PrPsCÍP»C-PrP¶PµPSCḥ CÍPIC-PrC±P°C,CH PïCḥPs  
PiC-PrPIPëC%PµPSPëPNᵇ CḥPëP·PëPe PIPëPePëPrPSC-PI C,P°/P°P±Ps CḥPëP·PëPe  
CḥPsP·PIPëC,PeCf CÍPµCḥC†PµPIPëC... PIP°Pr C- PiP°CÍC,CḥPsCëPëP·PëCÍCf PïC-CÍP»CII  
P·P°CÍC,PsCÍCfPIP°PSPSCII C-PSPiC-P±C-C,PsCḥCf CÍPëPSC,PµP·Cf  
PïCḥPsCÍC,P°PiP»P°PSPPrPëPSC-PI PSP° CḥP°PSPSC-C... C,PµCḥPjC-PSP°C...  
PIP°PiC-C,PSPsCÍC,C-. PḥP±CÍPsP»CḥC,PSPëPNᵇ CḥPëP·PëPe CÍPµCḥC†PµPIPs-  
CÍCfPrPëPSPSPëC... PIP°Pr PiC-PrPIPëC%PëPICÍCII P· PjPµPSC€ PSC-P¶ 1 % PrPs  
PïCḥPëP±P»PëP·PSPs 1,5 %.

P·CfP»Ps PïPsPeP°P·P°PSPs, C%Ps Cf C,PIP°CḥPëPS P·P°CÍC,PsCÍCfPIP°PSPSCII  
C-PSPiC-P±C-C,PsCḥCf CÍPëPSC,PµP·Cf PïCḥPsCÍC,P°PiP»P°PSPPrPëPSC-PI  
PïCḥPëP·PIPsPrPëC,CH PrPs P·P±C-P»CHC€PµPSPSCII PïCḥPµ- C-  
PïPsCÍC,C-PjPiP»P°PSC,P°C†C-PNᵇPSPsC— PIC,CḥP°C,Pë C,P° CÍPjPµCḥC,C-  
PµPjP±CḥC-PsPSP°/PiP»PsPrP°. PḥCḥC-Pj C,PsPiPs, Cf C,PIP°CḥPëPS, CIIPeC-  
PsC,CḥPëPjCfPIP°P»Pë C-PSPiC-P±C-C,PsCḥ CÍPëPSC,PµP·Cf  
PïCḥPsCÍC,P°PiP»P°PSPPrPëPSC-PI Cf PïPµCḥC-PsPr PsCḥPiP°PSPsPiPµPSPµP·Cf, P±CfP»P°  
P·P°CḥPµC”CÍC,CḥPsPIP°PSP° PiC-PrPIPëC%PµPSP° C±P°CÍC,PsC,P° CḥC-P·PSPëC... PIP°Pr  
CḥPsP·PIPëC,PeCf, Cf C,PsPjCf C±PëCÍP»C- P· P±PsPeCf CÍPµCḥC†PµPIPs-CÍCfPrPëPSPSPsC—  
CÍPëCÍC,PµPjPë.

*PµPµCḥC€PëPNᵇ/PrCḥCáPiPëPNᵇ C,CḥPëPjPµCÍC,Cḥ*

PJ P† C- P†P† C,CḥPëPjPµCÍC,CḥP°C... PIP°PiC-C,PSPsCÍC,C- PïCḥPµPiP°CḥP°C,  
P°PsP»CHC,P°CḥPµPS<sup>B®</sup> PjPsP¶PSP° PïCḥPëP·PSP°C±P°C,Pë P»PëC€Pµ C,PsPrC-, PePsP»Pë  
PsC±C-PeCfPIP°PSP° PePsCḥPëCÍC,CH PrP»CII P¶C-PSPePë PïPµCḥPµPIPëC%CfC”  
PïPsC,PµPSC†C-PNᵇPSPëPNᵇ CḥPëP·PëPe PrP»CII PiP»PsPrP°. PïPeC%Ps P°PsP»CHC,P°CḥPµPS<sup>B®</sup>  
P·P°CÍC,PsCÍPsPICfC” P¶C-PSPeP°, CIIPeP° PïCḥP°PiPSPµ P·P°PIP°PiC-C,PSC-C,Pë, P°P±Ps  
PIP°PiC-C,PSP° P¶C-PSPeP° Cf PïPµCḥC€PsPjCf C±Pë PrCḥCfPiPsPjCf C,CḥPëPjPµCÍC,CḥC-  
PIP°PiC-C,PSPsCÍC,C-, PrPsP·P° PïCḥPµPiP°CḥP°C,Cf PïPsPIPëPSPSP° P±CfC,Pë CIIPePsPjPsPiP°  
PSPëP¶C±PsCḥ, P° C,CḥPëPIP°P»C-CÍC,CH P»C-PeCfPIP°PSPSCII Bḥ” CIIPePsPjPsPiP°  
PePsCḥPsC,C€PsCḥ.

PḥP»C-PiPsPiC-PrCḥP°PjPSC-PsPS / PïPsCḥCfC€PµPSPSCII C,,CfPSPeC†C-C— PSPëCḥPsPe Cf  
PSPsPIPsPSP°CḥPsPrP¶PµPSPëC... / P·PICfP¶PµPSPSCII P°CḥC,PµCḥC-P°P»CHPSPsC—  
PïCḥPsC,PsPePë

P—P°CÍC,PsCÍCfPIP°PSPSCII PkPµP—Pµ P· 20-PiPs C,PëP¶PSCII PIP°PiC-C,PSPsCÍC,C- PjPsP¶Pµ  
PïCḥPëP·PIPµCÍC,Pë PrPs PïPsCḥCfC€PµPSPSCII C,,CfPSPeC†C-C— PSPëCḥPsPe Cf PiP»PsPrP°,  
C%Ps PjPsP¶Pµ PIPëPeP»PëPeP°C,Pë PsP»C-PiPsPiC-PrCḥP°PjPSC-PsPS, P° Cf PrPµCIIPePëC...  
PIPëPiP°PrPeP°C... Bḥ” PïPsCḥCfC€PµPSPSCII C,,CfPSPeC†C-C— PSPëCḥPsPe Cf  
PSPsPIPsPSP°CḥPsPrP¶PµPSPsPiPs. PjC- PiPsP±C-C±PSC- PµC,,PµPeC,Pë  
CÍPiPsCÍC,PµCḥC-PiP°CḥC,CHCÍCII PI CÍPµCḥPµPrPSCḥPsPjCf C±PµCḥPµP· PeC-P»CHPeP°  
PrPSC-PI P°P±Ps C,PëP¶PSC-PI P»C-PeCfPIP°PSPSCII, C...PsC±P° Cf CḥC-PrPeC-CÍPSPëC...  
PIPëPiP°PrPeP°C... PsP»C-PiPsPiC-PrCḥP°PjPSC-PsPS CḥPsP·PIPëPIP°PICÍCII PIP¶Pµ  
C±PµCḥPµP· 48 PiPsPrPëPS PiC-CÍP»CII PïPsC±P°C,PeCf P·P°CÍC,PsCÍCfPIP°PSPSCII PkPµP—Pµ.

PhP»C-PiPsPiC-PrCḡP°PjPSC-PsPS C‡P°CÍC,Ps, P°P»Pμ PSPμ P·P°PIP¶PrPë PjPëPSP°C”  
PiC-CÍP»CÍ PiCḡPëPiPëPSPμPSPSCÍ P»C-PeCÍPIP°PSPSCÍ PkPμP—Pμ.  
PJCÍPeP»P°PrPSPμPSPSCÍ C,CḡPëPIP°P»PsPiPs PsP»C-PiPsPiC-PrCḡP°PjPSC-PsPSCÍ  
PjPsP¶CÍC,Ch PIPeP»CḡC‡P°C,Pë, PSP°PiCḡPëPeP»P°Pr, PePsPSC,CḡP°PeC,CÍCḡPë  
PeC-PSC‡C-PIPsPe C,P° P·P°C,CḡPëPjPeCÍ CḡPsP·PIPëC,PeCÍ P»PμPiPμPSC-PI. Pj PrPμCÍPePëC...  
PiPsCÍC,PjP°CḡPePμC,PëPSPiPsPIPëC... PeP»C-PSC-C‡PSPëC...  
CÍPiPsCÍC,PμCḡPμP¶PμPSPSCÍC... PiPsCḡCÍC€PμPSPSCÍ C,,CÍPSPeC‡C-C— PSPëCḡPsPe CÍ  
PSPsPIPsPSP°CḡPsPrP¶PμPSPëC... PIPëPjP°PiP°P»Ps PiCḡPsPIPμPrPμPSPSCÍ  
C-PSPIP°P·PëPIPSPëC... PiCḡPsC‡PμPrCÍCḡ, C,P°PePëC... CÍPe PsP±PjC-PSPSPμ  
PiPμCḡPμP»PëPIP°PSPSCÍ PeCḡPsPIC- P°P±Ps PrC-P°P»C-P.

PḡCḡC-Pj C,PsPiPs, PiPsPIC-PrPsPjP»CÍP»PsCÍCÍ PiCḡPs P·PICÍP¶PμPSPSCÍ  
P°CḡC,PμCḡC-P°P»ChPSPsC— PiCḡPsC,PsPePë PiC-CÍP»CÍ P»C-PeCÍPIP°PSPSCÍ CÍ  
PrCḡCÍPiPsPjCÍ C,CḡPëPjPμCÍC,CḡC-, CÍPePμ P·PSPëPeP°C” PI P±C-P»ChC€PsCÍC,C-  
PIPëPiP°PrPeC-PI PiC-CÍP»CÍ PiCḡPëPiPëPSPμPSPSCÍ P»C-PeCÍPIP°PSPSCÍ.

PÍPeC%Ps P»C-PeCÍPIP°PSPSCÍ PiCḡPμPiP°CḡP°C,PsPj P’PsP»ChC,P°CḡPμPS<sup>B®</sup> C,CḡPëPIP°C”  
P±C-P»ChC€Pμ PSC-P¶ 48 PiPsPrPëPS, CÍP»C-Pr CḡPsP·PiP»CÍPSCÍC,Pë  
PrPsC‡C-P»ChPSC-CÍC,Ch CÍP»ChC,CḡP°P·PICÍPePsPIPsPiPs PjPsPSC-C,PsCḡPëPSPiCÍ  
PSP°PIPePsP»PsPiP»C-PrPSPsC— CḡC-PrPëPSPë C,P° CÍPμCḡC‡CÍ PiP»PsPrP°. Pj CḡP°P·C-  
PIPëPSPëPePSPμPSPSCÍ PsP»C-PiPsPiC-PrCḡP°PjPSC-PsPSCÍ P°P±Ps P·PICÍP¶PμPSPSCÍ  
P°CḡC,PμCḡC-P°P»ChPSPsC— PiCḡPsC,PsPePë PSPμPsP±C...C-PrPSPs PIC-PrPjC-PSPëC,Pë  
P’PsP»ChC,P°CḡPμPS<sup>B®</sup> C,P° PiCḡPsPIPμCÍC,Pë PIC-PrPiPsPIC-PrPSPμ P»C-PeCÍPIP°PSPSCÍ  
P·PiC-PrPSPs P· PeP»C-PSC-C‡PSPsCḡ PiCḡP°PeC,PëPePsCḡ.

*PjCḡPμC,C-PM C,CḡPëPjPμCÍC,Cḡ*

PμC-Pr C‡P°CÍ C,CḡPμC,ChPsPiPs C,CḡPëPjPμCÍC,CḡCÍ PIP°PiC-C,PSPsCÍC,C-  
P·P°CÍC,PsCÍCÍPIP°PSPSCÍ PiCḡPμPiP°CḡP°C,CÍ P’PsP»ChC,P°CḡPμPS<sup>B®</sup>  
PiCḡPsC,PëPiPsPeP°P·P°PSPμ.

P’CÍC- C-PSPiC-P±C-C,PsCḡPë CÍPëPSC,PμP·CÍ PiCḡPsCÍC,P°PiP»P°PSPPrPëPSC-PI  
PjPsP¶CÍC,Ch:

B· PiC-PrPrP°PIP°C,Pë PiP»C-Pr C,P°PePëPj CḡPëP·PëPeP°Pj:

o CÍPμCḡC‡PμPIPs-P»PμPiPμPSPμPIP° C,PsPeCÍPëC‡PSC-CÍC,Ch (P·  
PiPμCḡPμPrC‡P°CÍPSPëPj P·P°PeCḡPëC,C,CÍPj P°CḡC,PμCḡC-P°P»ChPSPsC— PiCḡPsC,PsPePë  
C,P° P»PμPiPμPSPμPIPsCḡ PiC-PiPμCḡC,PμPSP·C-C”Cḡ);

o PiPsCḡCÍC€PμPSPSCÍ C,,CÍPSPeC‡C-C— PSPëCḡPsPe, C%Ps PjPsP¶Pμ  
PiCḡPsPiCḡPμCÍCÍPIP°C,Pë PrPs PSPëCḡPePsPIPsC— PSPμPrPsCÍC,P°C,PSPsCÍC,C- P·  
PsP»C-PiPsPiC-PrCḡP°PjPSC-PsPSPsPj;

B· PiC-PrPrP°PIP°C,Pë PjP°C,C-CḡC- PrPëC,PëPSCÍ C,P°PePëPj CḡPëP·PëPeP°Pj:

o PjPsP¶P»PëPIPμ PiPsPrPsPIP¶PμPSPSCÍ C‡P°CÍCÍ PeCḡPsPIPsC,PμC‡C- Bḡ” PμC,,PμPeC,  
C-PSPiC-P±CÍPIP°PSPSCÍ P°PiCḡPμPiP°C‡C-C— C,CḡPsPjP±PsC‡PëC,C-PI, CÍPePëPμ PjPsP¶Pμ  
CÍPiPsCÍC,PμCḡC-PiP°C,PëCÍCÍ PSP°PIC-C,Ch PiCḡPë P·P°CÍC,PsCÍCÍPIP°PSPSC- PrCÍP¶Pμ  
PSPëP·ChPePëC... PrPsP·; C-PSPiC-P±CÍPIP°PSPSCÍ CÍPePsCḡPsC‡PμPSCḡ PjP°C,PePë, C%Ps  
PiCḡPëP·PIPsPrPëC,Ch PrPs P·P°C,CḡPëPjPePë P°P±Ps PiPsPrPsPIP¶PμPSPSCÍ PiPsP»PsPiC-PI.

*P’PsPrCáPIP°PSPSCÍ PiCḡCáPrPrCḡ.*

PμPsPrC-P±PSPs PrPs C-PSC€PëC... PkPμP—P—, PrPëPeP»PsC,,PμPSP°Pe Cí  
PSPμPIPμP»PëPePëC... PeC-P»CHPePsCíC,CíC... PíCḡPsPSPëPeP°C” Cí PiCḡCíPrPSPμ  
PjPsP»PsPePs,B C,PsPjCí P’PsP»CHC,P°CḡPμPS<sup>B®</sup> P P°PíC-Pr PSPμ CíP»C-Pr  
PíCḡPëP·PSP°C±P°C,Pë Cí PiPμCḡC-PsPr PiPsPrCíPIP°PSPSCí PiCḡCíPrPrCḡ, C%oPsP±  
CíPSPëPePSCíC,Pë CḡPsP·PIPëC,PeCí PiPsP±C-C±PSPëC... PμC,,PμPeC,C-PI Cí PrPëC,PëPSPë.  
PíPeC%oPs P»C-PeCíPIP°PSPSCí PjP°C” PIP°P¶P»PëPIPμ P·PSP°C±PμPSPSCí, CíP»C-Pr  
PIC-PrPjPsPIPëC,PëCíCí PIC-Pr PiPsPrCíPIP°PSPSCí PiCḡCíPrPrCḡ.

*PαPμCḡC,PëP»CHPSC-CíC,CH.*

PíPe C- C-PSC€C- PkPμP—P—, P’PsP»CHC,P°CḡPμPS<sup>B®</sup> P P°PíC-Pr PjPsP¶Pμ PIPiP»PëPIP°C,Pë  
PSP° P¶C-PSPsC±Cí C,,PμCḡC,PëP»CHPSC-CíC,CH C- C,PsPjCí  
PSPμ CḡPμPePsPjPμPSPPrPsPIP°PSPëPμ P¶C-PSPeP°Pj, CíPeC- PíP»P°PSCíCḡC,CH  
PIP°PíC-C,PSC-CíC,CH. PŸP»C-Pr PíCḡPëPíPëPSPëC,Pë P·P°CíC,PsCíCíPIP°PSPSCí  
PrP°PSPsPiPs PíCḡPμPíP°CḡP°C,Cí P¶C-PSPeP°Pj, CíPeC- PSPμ PjPsP¶CíC,CH  
P·P°PIP°PíC-C,PSC-C,Pë, P° C,P°PePsP¶ P¶C-PSPeP°Pj, CíPePëPj PiCḡPsPIPsPrPëC,CHCíCí  
PsP±CíC,PμP¶PμPSPSCí CíC,PsCíPsPIPs P±PμP·PíP»C-PrPrCí.

*P—PrP°C,PSC-CíC,CH PIPiP»PëPIP°C,Pë PSP° C€PIPëPrPeC-CíC,CH CḡPμP°PeC†C-C— PíCḡPë  
PePμCḡC±PIP°PSPSC- P°PIC,PsC,CḡP°PSCíPíPsCḡC,PsPj P°P±Ps C-PSC€PëPjPë  
PjPμC...P°PSC-P·PjP°PjPë.*

PμP°C†C-C”PSC,P°Pj, Cí CíPePëC... PíCḡPë P·P°CíC,PsCíCíPIP°PSPSC- PíCḡPμPíP°CḡP°C,Cí  
P’PsP»CHC,P°CḡPμPS<sup>B®</sup> P P°PíC-Pr PIPëPSPëPeP°CḡC,CH PiPsCḡCíC€PμPSPSCí P·PsCḡCí,  
P·P°PíP°PjPsCḡPsC±PμPSPSCí, PIPμCḡC,PëPiPs, CíPsPSP»PëPIC-CíC,CH P°P±Ps C-PSC€C-  
PíPsCḡCíC€PμPSPSCí C,,CíPSPeC†C-PNë C†PμPSC,CḡP°P»CHPSPsC— PSPμCḡPIPsPIPsC—  
CíPëCíC,PμPjPë (PíPáPŸ), PSPμ CíP»C-Pr PePμCḡCíPIP°C,Pë P°PIC,PsC,CḡP°PSCíPíPsCḡC,PsPj  
P°P±Ps PíCḡP°C†CḡPIP°C,Pë P· C-PSC€PëPjPë PjPμC...P°PSC-P·PjP°PjPë.

***PŸPíPsCíC-P± P·P°CíC,PsCíC±PIP°PSPSCí C,P° PrPsP·Pë.***

*PμCḡPμPíP°CḡP°C, CíP»C-Pr P·P°CíC,PsCíPsPIC±PIP°C,Pë C± PSP°PNëPjPμPSC€PëC...  
PμC,,PμPeC,PëPIPSPëC... PrPsP·P°C... PíCḡPsC,CíPiPsPj PSP°PNëPePsCḡPsC,C€PsPiPs  
PíPμCḡC-PsPrC±C±P°CíC±, PíCḡP°C...PsPIC±CḡC±Pë P·P°PIPPrP°PSPSCí P»C-PeC±PIP°PSPSCí  
C± PePsP¶PSPsPiPs PsPeCḡPμPjPsPiPs PíP°C†C-C”PSC,P°.*

*PŸP°P±P»PμC,PePë CíP»C-Pr PePsPIC,P°C,Pë C†C-P»PëPjPë, PSPμ CḡPsP·P¶PsPICíCḡC±Pë,  
P·P°PíPëPIP°CḡC±Pë PIPsPrPsCḡ, P±P°P¶P°PSPs PíPμCḡPμPr PíCḡPëPNëPsPjPsPj C—P¶C-.*

*P”PsCḡPsCíP»C-*

*P PμPePsPjPμPSPPrPsPIP°PSP° PrPsP·P° CíC,P°PSPsPIPëC,CH 100-150 PjPi PSP° PrPsP±Cí. Pj  
CḡP°P·C- PíPsPjC-CḡPSPsC— PIPëCḡP°P¶PμPSPsCíC,C- CíPëPjPíC,PsPjC-PI, CíPe  
PíCḡP°PIPëP»Ps, PrPsCíC,P°C,PSC-Pj C” P·P°CíC,PsCíCíPIP°PSPSCí PrPsP·Pë  
PíCḡPμPíP°CḡP°C,Cí 75-100 PjPi PSP° PrPsP±Cí. P”PsP±PsPICí PrPsP·Cí CíP»C-Pr  
CḡPsP·PíPsPrC-P»PëC,Pë PSP° 2-3 PíCḡPëPNëPsPjPë.*

*PŸPíPμC†C-P°P»CHPSC- PíCḡCíPíPë PíP°C†C-C”PSC,C-PI*

*P”C-C,Pë PIC-PePsPj PIC-Pr 14 CḡPsPeC-PI*

P"PsP±PsPIP° PrPsP·P° PīCḡPμPīP°CḡP°C, Cḡ CḡC, P°PSPsPIPëC, CH 50-100 PjPi, CḡPeCḡ CḡP»C-Pr CḡPsP·PīPsPrC-P»PëC, Pë PSP° 2-3 PīCḡPëPμPsPjPë. P"°PSPëC... C%PsPrPs P·P°CḡC, PsCḡCḡPIP°PSPSCḡ P»C-PeP°CḡCḡCHPePsPiPs P·P°CḡPsP±Cḡ P'PsP»CHC, P°CḡPμPSPS<sup>B®</sup> P P°PīC-Pr PrP»Cḡ P»C-PeCḡPIP°PSPSCḡ PSP°PīP°PrC-PI PjC-PīCḡPμPSC- Cḡ PrC-C, PμPμ (PIC-PePsPj PrPs 18 CḡPsPeC-PI) PrPs C, PμPīPμCḡ PSPμPjP°C".

*PμP°CḡC-C"°PSC, Pë P»C-C, PSCḡPsPiPs PIC-PeCḡ (Cḡ PIC-CḡC- PIC-Pr 65 CḡPsPeC-PI)*

P—P°P·PIPëCḡP°PμPSPμPjP°C" PSPμPsP±C...C-PrPSPsCḡC, C- PI PePsCḡPμPeCḡC-C— PrPsP·Pë PrP»Cḡ PīP°CḡC-C"°PSC, C-PI P»C-C, PSCḡPsPiPs PIC-PeCḡ. PḡPrPSP°Pe, CḡPμPePsPjPμPSPPrCḡC, CHCḡCḡ P·P°CḡC, PsCḡPsPICḡPIP°C, Pë PSP°PμPSPëPḡCḡCḡ PμC, PμPeC, PëPIPSCḡ PrPsP·Cḡ PsCḡP»P°P±P»PμPSPëPj PīP°CḡC-C"°PSC, P°Pj P»C-C, PSCḡPsPiPs PIC-PeCḡ C, P° PīP°CḡC-C"°PSC, P°Pj P· PSPëP·CHPePsCḡ PjP°CḡPsCḡ C, C-P»P°.

*PμPμCḡPIPëPSPSP° PrPëCḡPjPμPSPsCḡPμCḡ*

P"PsP±PsPICḡ PrPsP·Cḡ P»C-PeP°CḡCḡCHPePsPiPs P·P°CḡPsP±Cḡ P'PsP»CHC, P°CḡPμPS<sup>0</sup> P P°PīC-Pr CḡP»C-Pr PīC-PrP±PëCḡP°C, Pë C-PSPPrPëPIC-PrCḡP°P»CHPSPs. P"PsP±PsPIP° PrPsP·P° P·P°P·PIPëCḡP°PμPSP CḡC, P°PSPsPIPëC, CH 50-100 PjPi. PīPe PīPsCḡP°C, PePsPICḡ PrPsP·Cḡ P·P°P·PIPëCḡP°PμPSP CḡP»C-Pr PīCḡPëPμPjP°C, Pë 50 PjPi. Pj CḡP°P·C- PSPμPsP±C...C-PrPSPsCḡC, C- PjPsPḡPSP° PīCḡPëP·PSP°CḡPëC, Pë PrPsP·Cḡ PI 100 PjPi C, P° PīC-PrPIPëC%ḡCḡPIP°C, Pë PīCḡPsC, CḡPiPsPj PSP°CḡC, CḡPīPSPëC... PeC-P»CHPePsC... PjPμPSCḡC, CḡCḡP°P»CHPSPëC... CḡPëPeP»C-PI PrPs PjP°PeCḡPëPjP°P»CHPSPsC— Bḡ" 150 PjPi PSP° PrPsP±Cḡ. P—P°CḡC, PsCḡCḡPIP°PSPSCḡ C, P°P±P»PμC, PsPe P'PsP»CHC, P°CḡPμPS<sup>0</sup> P P°PīC-Pr CḡP»C-Pr CḡPsP·PīPsCḡPëPSP°C, Pë PīCḡPë PīPsCḡPIC- PīPμCḡCḡPëC... CḡPëPjPīC, PsPjC-PI C, P° PīCḡPsPrPsPIPḡCḡPIP°C, Pë PīCḡPsC, CḡPiPsPj PeC-P»CHPePsC... PrPSC-PI P·P°P»PμPḡPSPs PIC-Pr CḡPμP°PeCḡC-C— C, P° CḡPëPjPīC, PsPjP°C, PëPePë.

*PḡC-PīCḡPμPSCḡ*

PμCḡPμPīP°CḡP°C, CḡP»C-Pr P·P°CḡC, PsCḡPsPICḡPIP°C, Pë PīCḡPë PīPμCḡCḡPëC... PsP·PSP°PeP°C... PSP°PīP°PrCḡ. P PμPePsPjPμPSPPrPsPIP°PSP° CḡP°P·PsPIP° PrPsP·P° PīCḡPμPīP°CḡP°C, Cḡ CḡC, P°PSPsPIPëC, CH 50 PjPi. PḡP°CḡC, CḡPīPSC- 50 PjPi PjPsPḡPSP° P·P°CḡC, PsCḡPsPICḡPIP°C, Pë CḡPμCḡPμP· 2 PīPsPrPëPSPë PīC-CḡP»Cḡ PīPμCḡCḡPēPsPiPs PīCḡPëPμPsPjCḡ, CḡPeC%Ps PrPsCḡC, P°C, PSC" PīPsP»PμPīCḡPμPSPSCḡ P±PsP»Cḡ PSPμ PSP°CḡC, P°C". Pj CḡP°P·C- PSPμPsP±C...C-PrPSPsCḡC, C- PjPsPḡPSP° PīCḡPsPrPsPIPḡPëC, Pë P·P°CḡC, PsCḡCḡPIP°PSPSCḡ PīCḡPμPīP°CḡP°C, Cḡ CḡPμCḡPμP· 4-6 PīPsPrPëPS, P°P»Pμ CḡP»C-Pr PīP°PjBḡ™ CḡC, P°C, Pë, C%Ps PjP°PeCḡPëPjP°P»CHPSP° PrPsP·P° PīCḡPμPīP°CḡP°C, Cḡ CḡC, P°PSPsPIPëC, CH 150 PjPi PSP° PrPsP±Cḡ.

P·CḡC, P°PSPsPIP»PμPSC- CḡPμCḡCḡPμPIP-s-CḡCḡPrPëPSPSC- P·P°C...PIP-sCḡCḡPIP°PSPSCḡ P°P±Ps P·PSP°CḡPSC- CḡPμCḡCḡPμPIP-s-CḡCḡPrPëPSPSC- C, P°PeC, PsCḡPë CḡPëP·PëPeCḡ

P»C-PeCḡPIP°PSPSCḡ PīCḡPμPīP°CḡP°C, PsPj P'PsP»CHC, P°CḡPμPS<sup>0</sup> P P°PīC-Pr, CḡPe PīCḡP°PIPëP»Ps, PSPμ CḡPμPePsPjPμPSPPrCḡC, CHCḡCḡ PīP°CḡC-C"°PSC, P°Pj P·C- PICḡC, P°PSPsPIP»PμPSPëPjPë CḡPμCḡCḡPμPIP-s-CḡCḡPrPëPSPSPëPjPë P·P°C...PIP-sCḡCḡPIP°PSPSCḡPjPë P°P±Ps PSPμPePsPSC, CḡPsP»CHPsPIP°PSPsCḡ P°CḡC, PμCḡC-P°P»CHPSPsCḡ PīC-PīPμCḡC, PμPSP·C-C"ḡCḡ. Pj CḡP°P·C- PSPμPsP±C...C-PrPSPsCḡC, C- PīP°CḡC-C"°PSC, P°Pj P·C- PICḡC, P°PSPsPIP»PμPSPëPjPë CḡPμCḡCḡPμPIP-s-CḡCḡPrPëPSPSPëPjPë P·P°C...PIP-sCḡCḡPIP°PSPSCḡPjPë, PSPμPePsPSC, CḡPsP»CHPsPIP°PSPsCḡ PīC-PīPμCḡC, PsPSC-C"ḡCḡ P°P±Ps P·PSP°CḡCḡC%PëPjPë CḡPëPSPSPëPeP°PjPë CḡPëP·PëPeCḡ CḡPsP·PIPëC, PeCḡ CḡPμCḡCḡPμPIP-s-CḡCḡPrPëPSPSPëC...

P·P°C...PIPSCḤḤPIP°PSCḤ ḤḤP»C-Pr PīCḤPēPNḤPjP°C,Pē P'PsP»ḤḤC,P°CḤPμPS<sup>0</sup> P P°PīC-Pr C,C-P»ḤḤPePē PīC-ḤḤP»CḤ CḤPμC,PμP»ḤḤPSPsPiPs CḤPμP·PiP»CḤPrCḤ C- C,C-P»ḤḤPePē Pī PrPsP·P°C... PrPs 100 PjPi C%PsPrPSCḤ, CḤPeC%Ps P»C-PeCḤPIP°PSPSCḤ PīCḤPμPrPsPIPḤCḤC,ḤḤCḤCḤ P±C-P»ḤḤC€Pμ 4 C,PēPḤPSC-PI.

PḤPēCḤPePsPIP° PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ

P'PsP»ḤḤC,P°CḤPμPS PīCḤPμC,PēPīPsPeP°P·P°PSPēPNḤ PīP°CḤC-C"ḤḤC,P°Pj P· PSPēCḤPePsPIPsCḤ PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ (PeP»C-CḤPμPSCḤ PeCḤPμP°C,PēPSC-PSCḤ < 15 PjP»/C...PI/1,73 Pj<sup>2</sup>).

PḤPμ PīCḤPμPIPsPrPēP»PsCḤCḤ PSC-CḤPePēC... PePsPSPeCḤPμC,PSPēC... PrPsCḤP»C-PrPḤPμPSCḤ C%PsPrPs P·P°CḤC,PsCḤCḤPIP°PSPSCḤ C...PIPSCḤPēPj P· PSPēCḤPePsPIPsCḤ PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ, C,PsPjCḤ PSPμ PjPsPḤPSP° P·CḤPμP±PēC,Pē PSC-CḤPePēC... PePsPSPeCḤPμC,PSPēC... CḤPμPePsPjPμPSPPr°CḤC-PNḤ C%PsPrPs PePsCḤPμPeCḤC-C— PrPsP·Pē. P PμPePsPjPμPSPPr°PSP°B PsP±PμCḤPμPḤPSC-ḤḤC,ḤḤ PīCḤPē P·P°CḤC,PsCḤCḤPIP°PSPSC- P»C-PeP°CḤCḤḤPePsPiPs P·P°CḤPμP±CḤ B P'PsP»ḤḤC,P°CḤPμPS<sup>0</sup> P P°PīC-Pr PīP°CḤC-C"ḤḤC,P°Pj P· PSPēCḤPePsPIPsCḤ PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ.

PμPμCḤC-PSPePsPIP° PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ

P'PsP»ḤḤC,P°CḤPμPS<sup>0</sup> P P°PīC-Pr PīCḤPμC,PēPīPsPeP°P·P°PSPēPNḤ PīP°CḤC-C"ḤḤC,P°Pj P· PīPμCḤC-PSPePsPIPsCḤ PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ.

PḤPμ PīCḤPμPIPsPrPēP»PsCḤCḤ PSC-CḤPePēC... PePsPSPeCḤPμC,PSPēC... PrPsCḤP»C-PrPḤPμPSCḤ C%PsPrPs P·P°CḤC,PsCḤCḤPIP°PSPSCḤ PīCḤPμPīP°CḤP°C,CḤ C...PIPSCḤPēPj C-P· PīPμCḤC-PSPePsPIPsCḤ PSPμPrPsCḤC,P°C,PSC-ḤḤC,ḤḤ, C,PsPjCḤ PSPμ PjPsPḤPSP° P·CḤPμP±PēC,Pē PSC-CḤPePēC... PePsPSPeCḤPμC,PSPēC... CḤPμPePsPjPμPSPPr°CḤC-PNḤ C%PsPrPs PePsCḤPμPeCḤC-C— PrPsP·Pē. P PμPePsPjPμPSPPr°PSP°B PsP±PμCḤPμPḤPSC-ḤḤC,ḤḤ PīCḤPē P·P°CḤC,PsCḤCḤPIP°PSPSCḤ P»C-PeP°CḤCḤḤPePsPiPs P·P°CḤPμP±CḤ P'PsP»ḤḤC,P°CḤPμPS<sup>0</sup> P P°PīC-Pr PīP°CḤC-C"ḤḤC,P°Pj P· P»PμPiPePsCḤ C,P° PīPsPjC-CḤPSPSCḤ PīPμCḤC-PSPePsPIPsCḤ PrPēCḤC,,CḤPSPeCḤC-C"ḤḤ.

P"ḤC-C,Pē.

PμCḤPμPīP°CḤP°C, PīCḤPμC,PēPīPsPeP°P·P°PSPēPNḤ PrC-C,CḤPj PIC-PePsPj PrPs 14 CḤPμPeC-PI CḤPμCḤPμP· PIPēCḤPμPePēPNḤ PIPjC-CḤC, PrC-CḤCḤPsC— CḤPμCḤPsPIPēPSPē.

**PμPμCḤPμPrPsP·CḤPIP°PSPSCḤ.**

PḤPēPjPīC,PsPjPē. PḤPēPīPsPIPsC— PeP»C-PSC-CḤPSPsC— PeP°CḤC,PēPSPē PīCḤPē PīPμCḤPμPrPsP·CḤPIP°PSPSC- PrPēPeP»PsC,,PμPSP°PeCḤ PSPμPjP°C". PμCḤPē PīPμCḤPμPrPsP·CḤPIP°PSPSC- PjPsPḤCḤ,ḤḤ PIPēPSPēPeP°C,Pē C,P°PeC- CḤPēPjPīC,PsPjPē: P±P»CḤPIP°PSPSCḤ, PīP°CḤC,CḤPμCḤPSC-PSC,PμCḤC,PēPSP°P»ḤḤPSP° PeCḤPμPIPsC,PμCḤP°, PrC-P°CḤPμCḤ, P·P°PīP°PjPsCḤPμCḤPμPSPSCḤ, PrP·PIC-PS CḤ PICḤC...P°C... P°P±Ps CḤCḤPrPsPjPē, PiPsP»PsPIPSPēPNḤ P±C-P»ḤḤ, PSCḤPrPsC,P°, P±C-P»ḤḤ Pī PμPīC-PiP°CḤC,CḤC-C—, PrPμP·PsCḤC-C"ḤḤC,P°CḤC-CḤ, P·P±CḤPrPḤPμPSPSCḤ, PePsPjP°,

СГPsPSP»PëPIC-СГC,СН. P“PsСГC,СГP° PSPëСГPePsPIP° PSPµPrPsСГC,P°C,PSC-СГC,СН  
C- СrСГP°P¶PµPSPSCЦ PìPµC±C-PSPePë PjPsP¶P»PëPIC- Сr PICГP°P·C- C,СЦP¶PePsC—  
C-PSC,PsPeСГPëPeP°C±C-C—.

*P>C-PeCáPIP°PSPSCЦ.* P>C-PeCáPIP°PSPSCЦ PìPsСГC,СГPsPìPs PsC,СГCрC”PSPSCЦ  
PSPµСГC,PµСГPsC—PrPSPëPjPë PìСГPsC,PëP·P°PìP°P»СНPSPëPjPë P·P°СГPsP±P°PjPë  
(PкPµP—P—), PIPeP»СГC±P°СГC±Pë PrPëPeP»PsC,,PµPSP°Pe, P·P°P·PIPëC±P°P№ PìPsP»СЦPìP°C”  
Сr PìСГPsPIPµPrPµPSPSC- PìC-PrC,СГPëPjCрСГC±PëC... P·P°C...PsPrC-PI  
C- СГPëPjPìC,PsPjP°C,PëC±PSPsPìPs P»C-PeCáPIP°PSPSCЦ C,P°PePëC...  
СrСГPëP»P°PrPSPµPSCН СЦPe P°СГC,PµСГC-P°P»СНPSP° PìC-PìPsC,PµPSP·C-СЦ,  
PSPëСГPePsPIP° PSPµPrPsСГC,P°C,PSC-СГC,СН, СГCрPrPsPjPë, PìPsСГCрC€PµPSPSCЦ P·  
P±PsPeCр C€P»СrPSPePsPIPs-PePëC€PePsPIPsPìPs C,СГP°PeC,Сr, PìСГPëPìPSC-C±PµPSPSCЦ  
PrPëC...P°PSPSCЦ.

PµСГPsPIPµPrPµPSPSCЦ СГPìPµC±C-P°P»СНPSPëC... P·P°C...PsPrC-PI, C,P°PePëC... СЦPe  
C,,PsСГCГPìPsPIP°PSPëP№ PrC-СrСГPµP·, PrC-P°P»C-P· P°P±Ps PìPµPjPsPìPµСГC,,СrP·C-СЦ  
PSPµ СГPìСГPëCЦСГC,СН PìСГPëCГPePsСГPµPSPsPjCр PIPëPIPµPrPµPSPSCН PкPµP—P— C-P·  
PsСГPìP°PSC-P·PjCр PIPSP°СГP»C-PrPsPe PIPëCГPsPePsPìPs СГC,СrPìPµPSCЦ  
P·PìPë™ СЦP·СrPIP°PSPSCЦ P· P±C-P»PeP°PjPë C,P° PµPeCГC,PµPSCГPëPIPSPsPìPs  
PjPµC,P°P±PsP»C-P·PjCр.

Pj СГP°P·C- PìPsC,PµPSC±C-P№PSPs C,PsPeСГPëC±PSPsPìPs PìPµСГPµPrPsP·СrPIP°PSPSCЦ  
PSPµPsP±C...C-PrPSPµ P·P°СГC,PsСГCрPIP°PSPSCЦ P°PeC,PëPIPSP°PSPsPìPs PICрPìC-P»P»СЦ;  
Сr СГP°P·C- PìPsC,PµPSC±C-P№PSPs PSPµP±PµP·PìPµC±PSPsPìPs PrP»СЦ P¶PëC,C,СЦ  
PìPµСГPµPrPsP·СrPIP°PSPSCЦ вГ” P·PrC-P№СГPSPëC,Pë PµPIP°PeCрP°C±C-СН PIPjC-СГC,Сr  
C€P»СrPSPeP° (PIPëPeP»PëPeP°C,Pë P±P»СНPIP°PSPSCЦ, PìСГPsPjPëC,Pë C€P»СrPSPsPe).

***PµPsP±C-C±PSC- СГPµP°PeC±C-C—.***

PкPëP¶C±PµP·P°P·PSP°C±PµPSC- PìPsP±C-C±PSC- PµC,,PµPeC,Pë PIPeP»СГC±P°СГC,СН  
СГPµP°PeC±C-C—, PìСГPs СЦPeC- PìPsPIC-PrPsPjP»СЦP»PsСГCЦ PìСГPë PePsСГPsC,PePsPjCр  
P°P±Ps C,СГPëPIP°P»PsPjCр PeCрСГCГC- P·P°СГC,PsСГCрPIP°PSPSCЦ PìСГPµPìP°СГP°C,Сr  
P’PsP»СНC,P°СГPµPS° P P°PìC-Pr C,P°/P°P±Ps C-PSC€PëC... P»C-PeP°СГCГCНPePëC...  
C,,PsСГPj PrPëPeP»PsC,,PµPSP°PeCр.

PµPsP±C-C±PSC- PµC,,PµPeC,Pë PeP»P°СГPëC,,C-PeCрСГC,СНСГCЦ P·P° C±P°СГC,PsC,PsСН  
PIPëPSPëPePSPµPSPSCЦ: PrCрP¶Pµ C±P°СГC,Ps (> 1/10); C±P°СГC,Ps (< 1/10, ≥ 1/100);  
PSPµC±P°СГC,Ps (< 1/100, ≥ 1/1000); СГC-PrPePs (< 1/1 000, ≥ 1/10 000); PrCрP¶Pµ СГC-PrPePs  
(< 1/10 000), PIPeP»СГC±P°СГC±Pë PìPsPsPrPëPSPsPeC- PIPëPìP°PrPePë.

*P— P±PsPeCá СГPëCГC,PµPjPë PeСГPsPIC- C,P° P»C-PjC,,P°C,PëC±PSPsC— СГPëCГC,PµPjPë:*

PrCрP¶Pµ СГC-PrPePs вГ” C,СГPsPjP±PsC±PëC,PsPìPµPSC-СЦ, P»PµP№PePsPìPµPSC-СЦ,  
P°PSPµPjC-СЦ (PIPeP»СГC±P°СГC±Pë PìPµPjPsP»C-C,PëC±PSCр C- P°PìP»P°СГC,PëC±PSCр  
P°PSPµPjC-СН), P°PìСГP°PSCрP»PsC±PëC,PsP·.

*P— P±PsPeCá C-PjCáPSPSPsC— СГPëCГC,PµPjPë:*

СГC-PrPePs вГ” PìC-PìPµСГC±CрC,P»PëPIC-СГC,СН, P°PSP°C,,C-P»P°PeC,PëC±PSC- C-  
P°PSP°C,,C-P»P°PeC,PsC—PrPSC- СГPµP°PeC±C-C— (P·PsPeСГPµPjP°,  
P°СГC,PµСГC-P°P»СНPSP° PìC-PìPsC,PµPSP·C-СН C- C€PsPe);

PrCfP¶Pµ CḡC-PrPePs vḡ“ P°PSPiC-PsPSPµPICḡPsC,PëC±PSPëPNë PSP°P±CḡC¶Pe  
(P·PsPeCḡPµPjP°, PSP°P±CḡC¶Pe PsP±P»PëC±C±C¶).

*PµCḡPëC...C-C±PSC- CḡPsP·P»P°PrPë:*

PrCfP¶Pµ CḡC-PrPePs vḡ“ PrPµP·PsCḡC-C”PSC,P°C†C-C¶, PrPµPïCḡPµCḡC-C¶,  
P±PµP·CḡPsPSPSC¶, PSC-C±PSC- PePsCëPjP°CḡPë, PrCḡP°C,C-PIP»PëPIC-CḡC,CHḡ,  
PïCḡPëC...PsC,PëC±PSC- CḡPsP·P»P°PrPë.

*P— P±PsPeCá C†PµPSC,CḡP°P»CHḡPSPsC— PSPµCḡPIPSPsC— CḡPëCḡC,PµPjPë:*

C±P°CḡC,Ps vḡ“ PiPsP»PsPIPSPëPNë P±C-P»CHḡ, P·P°PïP°PjPsCḡPsC±PµPSPSC¶;

CḡC-PrPePs vḡ“ CḡPsPSP»PëPIC-CḡC,CHḡ, CḡC,PsPjP»CḡPIP°PSC-CḡC,CHḡ;

PrCfP¶Pµ CḡC-PrPePs vḡ“ PïP°CḡPµCḡC,PµP·C-C¶, PïPsPiC-CḡCëPµPSPSC¶ PïP°Pjvḡ™ C¶C,C-,  
CḡC†PrPsPjPë, PIC-PrC±C†C,C,C¶ C,CḡPëPIPsP¶PSPsCḡC,C-, C,CḡPµPjPsCḡ,  
P°CḡPµPïC,PëC±PSPëPNë PjPµPSC-PSPiC-C,, CḡPïPsC,PIPsCḡPµPSPSC¶ CḡPjP°PePsPIPëC...  
PIC-PrC±C†C,C,C-PI, C-PSCḡC†P»CHḡC,;

PSPµPIC-PrPsPjPs vḡ“ CḡPïP»C†C,P°PSC-CḡC,CHḡ CḡPIC-PrPsPjPsCḡC,C-,  
PïP°P»CḡC†PëPSP°C†C-C—, PïPsCḡC†CëPµPSPSC¶ C±C†C,P»PëPIPsCḡC,C-, P·P°PïP°P»CHḡPSPµ  
PSPµP·PrCfP¶P°PSPSC¶.

*P— P±PsPeCá PsCḡPiP°PSC-PI P·PsCḡCá:*

PrCfP¶Pµ CḡC-PrPePs vḡ“ PïPsCḡC†CëPµPSPSC¶ P·PsCḡC†, PSPµC±C-C,PeC-CḡC,CHḡ P·PsCḡC†,  
PrPëPïP»PsPïC-C¶;

PSPµPIC-PrPsPjPs vḡ“ PSPµPICḡPëC, P·PsCḡPsPIPsPiPs PSPµCḡPIP°.

*P— P±PsPeCá PsCḡPiP°PSC-PI CḡP»CáC...Cá C,P° PIPµCḡC,PëP±CáP»C¶CḡPSPsPiPs  
P°PïP°CḡP°C,Cá:*

C±P°CḡC,Ps vḡ“ PIPµCḡC,PëPiPs;

PrCfP¶Pµ CḡC-PrPePs vḡ“ PrP·PIC-PS C† PIC†C...P°C..., PïPsPiC-CḡCëPµPSPSC¶ CḡP»C†C...C†.

*P— P±PsPeCá CḡPµCḡC†C¶:*

PSPµC±P°CḡC,Ps vḡ“ CḡPµCḡC†PµP±PëC,C,C¶, P±C-P»CHḡ C† PiCḡC†PrC¶C..., CḡPµCḡC†PµPIP°  
PSPµPrPsCḡC,P°C,PSC-CḡC,CHḡ, C-PSC,,P°CḡPëC, PjC-PsPeP°CḡP†P°.

PSPµPIC-PrPsPjPs vḡ“ CḡPëPSP†CḡPsPj PḡPsC†PSC-CḡP°.

*P— P±PsPeCá CḡCáPrPëPSPSPsC— CḡPëCḡC,PµPjPë:*

PḡP°CḡC,Ps vḡ“ P°CḡC,PµCḡC-P°P»CHḡPSP° PiC-PïPµCḡC,PµPSP·C-C¶.

PrCfP¶Pµ CḡC-PrPePs vḡ“ PiC-PïPsC,PµPSP·C-C¶, PIP°CḡPëC†P»C-C,. P”P°PSC-  
PeP»C-PSC-C±PSPëC... PrPsCḡP»C-PrP¶PµPSCḡ C,P° PµPïC-PrPµPjC-PsP»PsPiC-C±PSC-  
PrP°PSC- CḡPIC-PrC±P°C,CHḡ PïCḡPs PïC-PrPIPëC%oPµPSPëPNë CḡPëP·PëPe  
C,CḡPsPjP±PsC,PëC±PSPëC... C†CḡPëP»P°PrPSPµPSCḡ (PSP°PïCḡPëPeP»P°Pr,  
C-PSC,,P°CḡPëC,C† PjC-PsPeP°CḡP†P° P°P±Ps C-PSCḡC†P»CHḡC,C†), PïPsPiḡḡ™ C¶P·P°PSPëC...

C-P· P·P°CÍC,PsCÍCfPIP°PSPSCÍPj PrPëPeP»PsC,,PµPSP°PeCf, P·PsPeCḡPµPjP° CÍ  
PIPëCÍPsPePëC... C,PµCḡP°PiPµPIC,PëC±PSPëC... PrPsP·P°C... (150 PjPi PSP° PrPsP±Cf) C,P°  
PiCḡPë C,CḡPëPIP°P»PsPjCf P·P°CÍC,PsCÍCfPIP°PSPSC-.

P— P±PsPeCz CḡPµCÍPiC-CḡP°C,PsCḡPSPsPiPs C,CḡP°PeC,Cz, PsCḡPiP°PSC-PI  
PiCḡCzPrPSPsC— PeP»C-C,PePë C,P° CÍPµCḡPµPrPsCÍC,C-PSPSCÍ:

CḡC-PrPePs vḡ“ P°CÍC,PjP° (PIPeP»CḡC±P°CḡC±Pë PrPëCÍPiPSPsPµ);

PrCfPµPµ CḡC-PrPePs vḡ“ PiPSPµPIPjPsPSC-C,.

P— P±PsPeCz CēP»CzPSPePsPIPs-PePëCēPePsPIPsPiPs C,CḡP°PeC,Cz:

C±P°CÍC,Ps vḡ“ PSCfPrPsC,P°, P±P»CḡPIP°PSPSCÍ, PrC-P°CḡPµCÍ, PrPëCÍPiPµPiCÍC-CÍ,  
P°P±PrPsPjC-PSP°P»CḡPSPëPµ P±C-P»Cḡ, PjPµC,PµPsCḡPëP·Pj, PIC,CḡP°C,P° P°PiPµC,PëC,Cf;  
CḡC-PrPePs vḡ“ PiP°CÍC,CḡPëC,, PiP°CÍC,CḡPsC-PSC,PµCÍC,PëPSP°P»CḡPSP°  
PeCḡPsPIPsC,PµC±P°, P±P»CḡPIP°PSPSCÍ P· PrPsPjC-CēPeP°PjPë PeCḡPsPIC-,  
PiPµPjPsCḡP°PiC-C±PSP° PrC-P°CḡPµCÍ, PjPµP»PµPSP°,  
PiP°CÍC,CḡPsC-PSC,PµCÍC,PëPSP°P»CḡPSP° PIPëCḡP°P·PeP° (C%Ps  
CÍCfPiCḡPsPIPsPrPµCfCḡC,CḡCÍCÍ P°P±Ps PSPµ CÍCfPiCḡPsPIPsPrPµCfCḡC,CḡCÍCÍ  
PeCḡPsPIPsC,PµC±PµCḡ PiP°CÍC,CḡPsC-PSC,PµCÍC,PëPSP°P»CḡPSPëPj CÍC,PµPSPsP·PsPj C±Pë  
PiPµCḡC,,PsCḡP°C†C-C”Cḡ (C-PSPsPrC- P»PµC,P°P»CḡPSPëPjPë, PsCÍPsP±P»PëPIPs CÍ  
PiP°C†C-C”PSC,C-PI P»C-C,PSCHPsPiPs PIC-PeCf), CÍPeC- PjPsPµCfC,Cḡ PiCḡPëP·PIPµCÍC,Pë  
PrPs PiPµCḡPëC,PsPSC-C,Cf).

PrCfPµPµ CḡC-PrPePs vḡ“ PePsP»C-C, (PIPeP»CḡC±P°CḡC±Pë PiPµPjPsCḡP°PiC-C±PSPëPµ  
PePsP»C-C,, C-CēPµPjC-C±PSPëPµ PePsP»C-C, C- P°PiPsCÍC,CḡPµPSPSCÍ  
PIPëCḡP°P·PePsPIPsPiPs PePsP»C-C,Cf P°P±Ps C...PIPsCḡPsP±Pë PḡCḡPsPSP°), P·P°PiPsCḡ,  
CÍC,PsPjP°C,PëC, (PIPeP»CḡC±P°CḡC±Pë PIPëCḡP°P·PePsPIPëPµ CÍC,PsPjP°C,PëC,)),  
PiP»PsCÍPëC,, PµP·PsC,,P°PiPµP°P»CḡPSC- PiPsCḡCfCēPµPSPSCÍ,  
PrC-P°C,,CḡP°PiPjPsPiPsPrC-P±PSC- C-PSC,PµCÍC,PëPSP°P»CḡPSC- CÍC,CḡPëPeC,CfCḡPë,  
PiP°PSPeCḡPµP°C,PëC,.

P— PjC-PSPë PiPµCḡPµP±C-PiCf CÍC,PµPSPsP·Cf PIC-PrPrC-P»C-PI CēP»CfPSPePsPIPs-  
PePëCēPePsPIPsPiPs C,CḡP°PeC,Cf, PiPµCḡPëC,PsPSC-C, C,P° C-CēPµPjC-C±PSPëPµ PePsP»C-C,  
CÍPe P±C-P»CḡCē CÍPiPµC†PëC,,C-C±PSC-/C,CÍPµPeC- C,,PsCḡPjPë PIPµPµ  
P·P°P·PSP°C±PµPSPëC... PiPsP±C-C±PSPëC... CÍPIPëC% P· P±PsPeCf CēP»CfPSPePsPIPs-  
PePëCēPePsPIPsPiPs C,CḡP°PeC,Cf.

P— P±PsPeCz PiPµPiP°C,PsP±C-P»C-P°CḡPSPsC— CÍPëCÍC,PµPjPë:

C±P°CÍC,Ps vḡ“ PiC-PrPIPëC%PµPSPSCÍ CḡC-PIPSCÍ C,CḡP°PSCÍP°PjC-PSP°P·;

CḡC-PrPePs vḡ“ PiPµPiP°C,PëC,, PµPsPIC,CÍPSPëC†CÍ, PiPsCḡCfCēPµPSPSCÍ  
C,,CfPSPeC†C-C—B PiPµC±C-PSPePë;

PrCfPµPµ CḡC-PrPePs vḡ“ C,,CfP»CḡPjC-PSP°PSC,PSPëPµ PiPµPiP°C,PëC,, PSPµPeCḡPsP·  
PiPµC±C-PSPePë, PiPµC±C-PSPePsPIP° PSPµPrPsCÍC,P°C,PSC-CÍC,Cḡ.

P— P±PsPeCz CēPeC-CḡPë C,P° PiC-PrCēPeC-CḡPSPsC— PeP»C-C,PePsPIPëPSPë:

C±P°CÍC,Ps vḡ“ PIPëCÍPëPi;



P”P»CЦ C,P°P±P»PμC,PsPe PiPs 25 PjPi вЂ” 2,5 CЂPsPeCf.

PќPμ P·P°CfC,PsCfPsPICrfPIP°C,Pë PiC-CfP»CЦ P·P°PeC-PSC±PμPSPSCЦ C,PμCЂPjC-PSCrf  
PiCЂPëPrP°C,PSPScfC,C-, P·P°P·PSP°C±PμPSPsPiPs PSP° CfPiP°PePsPICfC-.

**PJPjPsPIPë P·P±PμCЂC-PiP°PSPSCЦ.**

P—P±PμCЂC-PiP°C,Pë PiCЂPë C,PμPjPiPμCЂP°C,CfCЂC- PSPμ PIPëC%oPμ 30 °PŸ.  
P—P°PiPsP±C-PiP°C,Pë PIPiP»PëPICrf PIPsP»PsPiPë. P—P±PμCЂC-PiP°C,Pë Cf  
PSPμPrPsCfC,CrfPiPSPsPjCrf PrP»CЦ PrC-C,PμPNë PjC-CfCfC-.

**PJPiP°PePsPIPeP°.**

PμPs 10 C,P°P±P»PμC,PsPe Cf P±P»C-CfC,PμCЂC-, PiPs 1 P°P±Ps 2 P±P»C-CfC,PμCЂPë Cf  
PeP°CЂC,PsPSPSC-PNë PePsCЂPsP±CfC- PrP»CЦ 50 PjPi, PiPs 3 P±P»C-CfC,PμCЂPë

PrP»CЦ 25 PjPi Cf PePsCЂPsP±CfC- P· PeP°CЂC,PsPSCrf PiP°PeCrfPIP°P»CHbPSPsPiPs.

**PљP°C,PμPiPsCЂC-CЦ PIC-PrPiCrfCfPeCrf.** P—P° CЂPμCfPμPiC,PsPj.

**P’PëCЂPsP±PSPëPe.**

PќPsPIP°CЂC,C-Cf PŸP°PiP»C-Pe, P”C-PrP° PIPμ PŸP°CЂC-Pj PJCЂCrfPSP»PμCЂC- PŸP°PS. P’Pμ  
PŸC-Pe. Ph.PŸ./Novartis Saglik, Gida Ve Tarim Urunleri San. Ve Tic. A.S.

**PњC-CfCfPμP·PSP°C...PsPrP¶PμPSPSCЦ PIPëCЂPsP±PSPëPeP° C,P° PNëPsPiPs  
P°PrCЂPμCfP° PjC-CfCfCЦ PiCЂPsPIP°PrP¶PμPSPSCЦ PrC-CЦP»CHbPSPsCfC,C-.**

P™ PμPSC-CfPμC...C-CЂ PњP°C...P°P»P»PμCfC-, P+C...P»P°CЂP° P’P°PrC-CfC- PŸPsPeP°Pe B,,-  
2, PμPμPSPPrC-Pe, PŸC,P°PjP±CrfP», TR 34912, PŸCrfCЂPμCfCfPëPSP°/Yenisehir Mahallesi, Ihlara  
Vadisi Sokak No. 2, Pendik, Istanbul, TR 34912, Turkey.