

Р†РќРŸРŸР РЈРЉР†Р†РЇ

**РrР»CП РjРµРrРёC±PSPsPiPs Р·Р°CГC,PsCГCГPIP°PSPSCП Р»C-РeР°CГCГЧРePsPiPs
Р·Р°CГPsP±CГ**

РђР»PsCГР°^{B®}

(ALORA)

РŸРeР»Р°Рr:

РrC-CГC±Р° CГРµC±PsPIPёPSP°: Passiflora incarnatР°;

5 РjР» CГРёCГPsPiCГ РjC-CГC,CПC,ЧР CГC-РrРePsPiPs РµРeCГC,CГР°C,CГ
PiР°CГРёC„Р»PsCГРёB 694,444 РjPi;

*РrPsPiPsРjC-PПPSC- CГРµC±PsPIPёPSPё: CГР°C...Р°CГPsР·Р°, PiР»C-C†РµCГРёPS,
РµC,Р°PSPsР», РjРµC,РёР»PiР°CГР°PiC-РrCГPsPeCГРёР±РµPSP·PsР°C, (E 218),
PiCГPsPiC-Р»PiР°CГР°PiC-РrCГPsPeCГРёР±РµPSP·PsР°C, (E 216), PIPsРrР° PsC±РёC%РµPSP°.*

Р»C-РeР°CГCГЧРeР° C„PsCГРjР°.B РŸРёCГPsPi.

*РђCГPSPsPIPS- C„C-P·РёРePs-C...C-РjC-C±PSC- PIP»Р°CГC,РёPIPsCГC,C-: PiCГPsР·PsCГР°
CГC-РrРёPSP° C,РµРjPSPs-PePsCГРёC±PSPµPIPsPiPs РePsР»ЧРPsCГCГ*

Р»Р°CГРjР°РePsC,РµCГР°PiРµPIC,РёC±PSP° PiCГCГPiР°.

РŸPSPsРrC-PN₂PSC- C,Р° CГРµРµРrР°C,РёPIPS- Р·Р°CГPsР±Рё. KPsРr РђРŸРГ N05C M.

Р»Р°CГРjР°РePsР»PsPiC-C±PSC- PIP»Р°CГC,РёPIPsCГC,C-.

Р»Р°CГРjР°РePsРrРёPSP°РjC-РeР°.

*Р·РeCГC,CГР°РeC, PiР°CГРёC„Р»PsCГРё PIPёPiPsC,PsPIP»CПC”C,ЧРCГCП C-Р·
Р»C-РeР°CГCГЧРePsC— CГPsCГР»РёPSPё *Passiflora incarnatР°* (PiР°CГРёC„Р»PsCГР°
C-PSPeР°CГPSP°C,Р°), CПPeР° РjC-CГC,РёC,ЧР 0,04 % Р°Р»PeР°Р»PsC—РrC-PI
C-PSPrPsР»ЧРPSPsPiPs CГCПРrCГ (PiР°CГРjР°PS, PiР°CГРjC-PS, PiР°CГРjPsР»), РrРµCПPeC-
C„Р»Р°PPIPSPsC—РrРё (PIC-C,РµРeCГРёPS, РePIРµCГC,РµC†РёPS), Р° C,Р°PePsРП
РeCГРjР°CГРёPSPё, C...C-PSPsPSPё C,PsC%Ps.*

*РЉPsРjPiPsPSPµPSC,Рё РµРeCГC,CГР°РeC,CГ PiР°Р»ЧРРjCГЧРC,ЧР PiCГPsPIРµРrРµPSPSCП
PSPµCГPIPsPiPёC... C-РjPiCГР»ЧРCГC-PI CГ CГРiРёPSPSPsРjCГ C- PiPsР»PsPIPSPsРjCГ
РjPsР·РeCГ, Р·PSPёРПCГЧРC,ЧР Р·Р±CГРrР»РёPIC-CГC,ЧР C†РµPSC,CГР°Р»ЧРPSPC—
PSPµCГPIPsPiPsC— CГРёCГC,РµРjРё C- CГРiCГРёC±РёPSCПЧРC,ЧР CГРµРµРrР°C,РёPIPS-
РrC-CГ.*

$$\begin{aligned} & \text{P}\ddot{\text{U}}\text{C}-\text{Pr} \text{ C}\ddagger\text{P}^{\circ}\text{C}\acute{\text{I}} \text{ P}\gg\text{C}-\text{PeC}\acute{\text{r}}\text{PIP}^{\circ}\text{PSPSC}\sqcup \text{C}\acute{\text{I}}\text{P}\ddot{\text{e}}\text{C}\overline{\text{H}}\text{PsP}\ddot{\text{i}}\text{PsPj} \text{ P}\overline{\text{h}}\text{P}\gg\text{PsC}\overline{\text{H}}\text{P}^{\circ\text{B}^{\circ}} \text{ PSP}\mu \text{ C}\acute{\text{I}}\text{P}\gg\text{C}-\text{Pr} \\ & \text{PIP}\overline{\text{I}}\text{P}\ddot{\text{e}}\text{PIP}^{\circ}\text{C}, \text{P}\ddot{\text{e}} \text{ P}^{\circ}\text{P}\gg\text{PePsPiPsP}\gg\text{Ch}\text{PSC}- \text{PSP}^{\circ}\text{P}\ddot{\text{i}}\text{PsC}-. \end{aligned}$$

PhCÍPsP±P»PëPIPsCÍC,C- P·P°CÍC,PsCÍCzPIP°PSPSCÍ.

P— PsP±PμCĤPμP¶PSC-CÍC,CĤ P·P°CÍC,PsCÍPsPICrPIP°C,Pë PïP°C†C-C''PSC,P°Pj C-P·
C,CÍP¶PePëPjPë PsCĤPiP°PSC-C†PSPëPjPë P·P°C...PIPsCĤCĤPIP°PSPSCÍPjPë C,CĤP°PIPsPsPiPs
C,CĤP°PeC,Cr.

Pj PïP°C†C-C''PSC,C-PI P»C-C,PSCHPsPiPs PIC-PeCr P»C-PeCrPIP°PSPSCÍ CÍP»C-Pr
CĤPsP·PïPsC†PëPSP°C,Pë P· PjC-PSC-PjP°P»CHPsPsC— PrPsP·Pë.

PμCĤPμPïP°CĤP°C, PjC-CÍC,PëC,CĤ CÍP°C...P°CĤPsP·Cr, C,PsPjCr PñPsPiPs PSPμ CÍP»C-Pr
PïCĤPëP·PSP°C†P°C,Pë C...PIPsCĤPëPj PSP° C†CrPeCĤPsPiPëPñ PrC-P°P±PμC, C,P°
PïP°C†C-C''PSC,P°Pj P· CĤC-PrPeC-CÍPSPëPjPë CÍPïP°PrPePsPiPëPjPë C,,PsCĤPjP°PjPë
PSPμPïPμCĤPμPSPsCÍPëPjPsCÍC,C- C,,CĤCrPeC,PsP·Pë, PSPμPrPsCÍC,P°C,PSC-CÍC,CĤ
CÍP°C...P°CĤP°P·Pë-C-P·PsPjP°P»CHC,P°P·Pë P°P±Ps CÍPëPSPrCĤPsPjPsPj PiP»CĤPePsP·Ps-
PiP°P»P°PeC,PsP·PSPsC— PjP°P»CHP°P±CÍPsCĤP±C†C-C—.

*P—P°CÍC,PsCÍCzPIP°PSPSCÍ Cz PïPμCĤC-PsPr PIP°PiC-C,PSPsCÍC,C- P°P±Ps
PiPsPrCzPIP°PSPSCÍ PiCĤCzPrPrCĤ.*

P·C,,PμPeC,PëPIPsC-CÍC,CĤ C,P° P±PμP·PïPμPeP° P·P°CÍC,PsCÍCrPIP°PSPSCÍ Cr
PïPμCĤC-PsPr PIP°PiC-C,PSPsCÍC,C- P°P±Ps PiPsPrCrPIP°PSPSCÍ PiCĤCrPrPrCĤ PSPμ
PICÍC,P°PSPsPIP»PμPSC-.

*P—PrP°C,PSC-CÍC,CĤ PIPïP»PëPIP°C,Pë PSP° CëPIPëPrPeC-CÍC,CĤ CĤPμP°PeC†C-C— PïCĤPë
PePμCĤCzPIP°PSPSC- P°PIC,PsC,CĤP°PSCÍPïPsCĤC,PsPj P°P±Ps C-PSCëPëPjPë
PjPμC...P°PSC-P·PjP°PjPë.*

PμC-Pr C†P°CÍ P»C-PeCrPIP°PSPSCÍ CÍPëCĤPsPiPsPj PhP»PsCĤP°^B CÍP»C-Pr
CrC,CĤPëPjCrPIP°C,PëCÍCÍ PIC-Pr PePμCĤCrPIP°PSPSCÍ C,CĤP°PSCÍPïPsCĤC,PsPj C-
CĤPsP±PsC,Pë P· PïPsC,PμPSC†C-PñPSPs PSPμP±PμP·PïPμC†PSPëPjPë PjPμC...P°PSC-P·PjP°PjPë.

PŸPïPsCÍC-P± P·P°CÍC,PsCÍCzPIP°PSPSCÍ C,P° PrPsP·Pë.

P''PsCĤPsCÍP»C-: PrP»CÍ PrPsCÍCÍPiPSPμPSPSCÍ CÍPμPrP°C,PëPIPsPsPiPs PμC,,PμPeC,Cr
CÍP»C-Pr PïCĤPëPñPjP°C,Pë PïPs 5-10 PjP» CÍPëCĤPsPïCr (1-2 C†P°PñPSC- P»PsP¶PePë) 3
CĤP°P·Pë PSP° PrPsP±Cr PïPμCĤPμPr PïCĤPëPñPsPjPsPj C—P¶C-. PμCĤPë
PïPsCĤCrCëPμPSPSCÍC... CÍPSCr BĤ" PïPs 10 PjP» (2 C†P°PñPSC- P»PsP¶PePë) PïPμCĤPμPr
CÍPSPsPj.

P''C-C,Pë (PIC-PePsPj PIC-Pr 3 CĤPsPeC-PI): PïPs 2,5 PjP» (0,5 C†P°PñPSPsC— P»PsP¶PePë)
CÍPëCĤPsPïCr 2-3 CĤP°P·Pë PSP° PrPsP±Cr.

PŸCĤPëPIP°P»C-CÍC,CĤ PeCrCĤCÍCr P»C-PeCrPIP°PSPSCÍ PIPëP·PSP°C†P°C" P»C-PeP°CĤ
C-PSPrPëPIC-PrCrP°P»CHPsPs P·P°P»PμP¶PSPs PIC-Pr PïPsPeP°P·P°PSCĤ C-
PeP»C-PSC-C†PSPsC— PμC,,PμPeC,PëPIPsCÍC,C- PïCĤPμPïP°CĤP°C,Cr. PkPμ CÍP»C-Pr

$\text{P}_{\text{H}}\text{C}-\text{C}\dot{\text{T}}\text{P}\gg\text{C}\dot{\text{U}}\text{ P}\dot{\text{i}}\text{P}_{\text{H}}\text{C}\dot{\text{T}}\text{C}\text{€P}\text{sP}\dot{\text{i}}\text{P}\text{s PIC}-\text{P}\dot{\text{r}}\text{P}\text{€C}\dot{\text{T}}\text{P}\text{€C},\text{C},\text{C}\dot{\text{U}}\text{ C}\dot{\text{T}}\text{P}\text{€C}\dot{\text{T}}\text{P}\text{sP}\dot{\text{i}}\text{ P}\cdot\text{P}\pm\text{P}_{\text{H}}\text{C}\dot{\text{T}}\text{C}-\text{P}\dot{\text{i}}\text{P}^{\circ}\text{C},\text{P}\text{€}$
 $\text{P}\dot{\text{i}}\text{C}\dot{\text{T}}\text{P}\text{sC},\text{C}\dot{\text{U}}\text{P}\dot{\text{i}}\text{P}\text{sP}\dot{\text{j}}\text{ }6\text{ P}\dot{\text{j}}\text{C}-\text{C}\dot{\text{T}}\text{C}\dot{\text{U}}\text{C}\dagger\text{C}-\text{PI}.$

PJPjPsPIPë P•P±PμCȚC-PiP°PSPSCȚ.

P—P±PμCȚC-PiP°C,Pë PïCȚPë C,PμPjPïPμCȚP°C,CrCȚC- PSPμ PIPëC‰Pμ 25 °PŸ PI PsCȚPëPiC-PSP°P»CHbPSC-PNë CrPïP°PePsPIC†C-.

P—P±PμCȚC-PiP°C,Pë PI PSPμPrPsCȚC,CrPïPSPsPjCr PrP»CȚ PrC-C,PμPNë PjC-CȚC†C-.

PJPïP°PePsPIPeP°.

PμPsB 100 PjP» Cr C„P»P°PePsPSC-, PïPs 1 C„P»P°PePsPSCr CȚP°P•PsPj P• PjC-CȚPSPsCȚ P»PsP¶PePsCȚ Cr PeP°CȚC,PsPSPSC-PNë CrPïP°PePsPIC†C-.

PљP°C,PμPiPsCȚC-CȚ PIC-PrPïCrCȚPeCr.

P’PμP• CȚPμC†PμPïC,P°.

P’PëCȚPsP±PSPëPe.

PќPhP’P•P> P†P>PhP§ PŸPhPќPhP‡ P’P• PŸP†P’’P-PhP P•PŸ Ph.PË.

PњC-CȚC†PμP•PSP°C...PsPrP¶PμPSPSCȚ PIPëCȚPsP±PSPëPeP° C,P° PNëPsPiPs P°PrCȚPμCȚP° PjC-CȚC†CȚ PïCȚPsPIP°PrP¶PμPSPSCȚ PrC-CȚP»CHbPSPsCȚC,C-.B B B
PљPIP°CȚC,P°P» PŸP°PSPeP°PeP»P°CȚ, PïCȚ. P•CȚPeC- PhPeC†P°PePsPrP¶P°, B„-299, 81100 Pj. P’’CȚP•PrP¶Pμ, PŸCrCȚPμC†C†PëPSP°.