

Р†РќРЎРЎР РЈРЉРІР†РЇ

$$\begin{array}{c} \text{PrP} \gg \text{C} \Pi \text{ PjP}_{\mu} \text{PrP} \ddot{\text{C}} \ddagger \text{PSPsPiPs} \text{ P} \cdot \text{P}^{\circ} \text{C} \acute{\text{I}} \text{C}, \text{PsC} \acute{\text{I}} \text{C} \acute{\text{r}} \text{PIP}^{\circ} \text{PSPSC} \Pi \text{ P} \gg \text{C} - \text{PeP}^{\circ} \text{C} \ddot{\text{I}} \text{C} \acute{\text{I}} \text{C} \text{H} \text{PePsPiPs} \\ \text{P} \cdot \text{P}^{\circ} \text{C} \acute{\text{I}} \text{PsP} \pm \text{C} \acute{\text{r}} \end{array}$$
$$\mathbf{P} \cdot \mathbf{C} \dot{\mathbf{I}} \mathbf{C} \dagger \mathbf{P} \ddot{\mathbf{e}} \mathbf{C}, \mathbf{P}^{\circ} \mathbf{P} \gg \mathbf{P} \mathbf{s} \mathbf{P} \ddot{\mathbf{i}} \mathbf{C} \mathbf{H} \mathbf{P}^{\circ} \mathbf{P} \mathbf{j} - \mathbf{P} \ddot{\mathbf{y}} \mathbf{P} \mu \mathbf{P} \mathbf{I} \mathbf{P}^{\circ}$$

(Escitalopram-Teva)

$P \dot{Y} P \in P \gg P^\circ P \Gamma$:

$$PrC-C\bar{H}C\neq P^{\circ} \ C\bar{H}P_{\mu}C\neq PsPIP\ddot{e}PSP^{\circ}: P_{\mu}C\bar{I}C\uparrow P\ddot{e}C,P^{\circ}P\gg PsP\ddot{i}C\bar{H}P^{\circ}P\ddot{j};$$

1 C,P°P±P»PµC,PεP° PjC-Cl' C,PëC,CH PµCl' C†PëC,P°P»PsPïCŦjP°PjC† 5 PjPi, 10 PjPi, 15 PjPi, 20 PjPi;

$PrPsPiPsPjC-P\uparrow PSC-C\overline{H}P\mu C\#PsPIP\ddot{e}PSP\ddot{e}$: $C\downarrow PrC\overline{H}Ps$: $C\uparrow P\mu P\gg C\overline{H}P\gg PsP\cdot P^\circ$
 $PjC-PeC\overline{H}PsPeC\overline{H}P\ddot{e}C\overline{I}C,P^\circ P\gg C-C\#PSP^\circ$, $PeC\overline{H}P\mu PjPSC-C\overline{H}$ $PrC-PsPeC\overline{I}P\ddot{e}Pr$
 $PePsP\gg PsC-PrPSP\ddot{e}Pn\mathbb{e}$ $P\pm P\mu P\cdot PIPsPrPSP\ddot{e}Pn\mathbb{e}$, $PSP^\circ C,C\overline{H}C-C\overline{H}$ $PeC\overline{H}PsC\overline{I}PeP^\circ C\overline{H}PjP\mu P\gg PsP\cdot P^\circ$,
 $PeP\ddot{e}C\overline{I}P\gg PsC,P^\circ C\overline{I}C,P\mu P^\circ C\overline{H}P\ddot{e}PSPsPIP^\circ$, $PjP^\circ PiPSC-C\overline{H}$ $C\overline{I}C,P\mu P^\circ C\overline{H}P^\circ C$;

PsP±PsP»PsPSPeP°: PiC-PiC₇PsPjP_uP»PsP·P°, C,PëC,P°PSCr PrC-PsPeC₇PëPr (E 171),
PjP°PeC₇PsPiPsP» 400.

**P>C-PeP°CTĜĜCHPeP° C,,PsCTĜPjP°. PŷP°P±P»PμC,PePë, PIPeCTĜPëC,C- PîP»C-PIPePsPIPScTĜ
PsP±PsP»PsPSPePsCTĜ.**

$$PhC\dot{I}PSPsPIPSC-C_{\text{„}}C-P\cdot P\ddot{e}PePs-C...C-PjC-C\ddot{+}PSC-PIP\gg P^{\circ}C\dot{I}C,P\ddot{e}PIPsC\dot{I}C,C-:$$

P•CfC†PëC,P°P»PsPiCHjP°Pj-PÿPuPIP°, 5 PjPi: P±C-P»C-, PeCHjCrPiP»C-, PrPIPsPsPiCrPeP»C-,
PIPeCHjPëC,C- PiP»C-PIPePsIPsCh PsP±PsP»PsSPePsCh C,P°P±P»PuC,PePë P·
C,PëClPSPµPSPSClPj B«5B» P· PsPrPSPsPiPs P±PsPeCr C,P°P±P»PuC,PePë C,P° PiP»P°PrPeC- P·
C-PSC€PsPiPs P±PsPeCr C,P°P±P»PuC,PePë. PÿCHjC-C%oPëPSPë P°P±Ps ClPePsP»Pë PSPµ
ClPiPsClC,PuCHjC-PiP°CHC,CHClC.

$P \cdot Cl \cdot C \uparrow P \ddot{e} C, P^{\circ} P \gg Ps \ddot{P} i C \ddot{H} P^{\circ} P j - P \ddot{y} P \mu PIP^{\circ}, 10 P j P i: P \pm C - P \gg C-, P e C \ddot{H} C r P i P \gg C-, P r P I P s P s \ddot{P} i C r P e P \gg C-$
 $P I P e C \ddot{H} P \ddot{e} C, C- P i P \gg C- P I P e P s P I P s C \ddot{H} P s P \pm P s P \gg P s P S P e P s C \ddot{H} C, P^{\circ} P \pm P \gg P \mu C, P e P \ddot{e}$
 $P \cdot C, P \ddot{e} C \ddot{I} P S P P \mu P S P S C \ddot{I} P j B \ll 10 B \gg P \cdot P s P r P S P s P i P s P \pm P s P e C r C, P^{\circ} P \pm P \gg P \mu C, P e P \ddot{e} C, P^{\circ}$
 $P \gg C - P S C - C'' C \ddot{H} C \ddot{H} P s P \cdot P \gg P s P j C r P \cdot C - P S C \epsilon P s P i P s P \pm P s P e C r C, P^{\circ} P \pm P \gg P \mu C, P e P \ddot{e}.$
 $P \ddot{y} C \ddot{H} C - C \% P \ddot{e} P S P \ddot{e} P^{\circ} P \pm P s C \ddot{I} P e P s P \gg P \ddot{e} P S P \mu C \ddot{I} P i P s C \ddot{I} C, P \mu C \ddot{H} C - P i P^{\circ} C \ddot{H} C, C \ddot{H} C \ddot{I} C \ddot{I}.$

P•CΓC†PëC,P°P»PsPïCĤP°Pj-PÿPμPIP°, 15 PjPi: P±C-P»C-, PeCĤCřPiP»C-, PrPIPsPsPïCřPeP»C-, PIPeCĤPëC,C- PïP»C-PIPePsPIPsCĤ PsP±PsP»PsPSPePsCĤ C,P°P±P»PμC,PePë P· P»C-PSC-C"Ĥ CĤPsP·P»PsPjCř PSP° PsPrPSPsPjCř P· P±PsPeC-PI, C,PëCΓPSPμPSPSCĤPj B«SB» P·P»C-PIP° C,P° B«CB» CΓPïCĤP°PIP° PIC-Pr P»C-PSC-C— CĤPsP·P»PsPjCř. PĶP°B PrCĤCřPiPsPjCř P±PsC†C- PSP°CĤIPSPμ C,PëCΓPSPμPSPSCĤ B«15B», P±PμP· PIPëPrPëPjPëC... C,CĤC-C%oPëPS P°P±Ps CΓPePsP»C-PI.

PJCΠIPSPëPN₀ PsP±B $\overline{\Gamma}$ TMC" Pj C $\overline{\Gamma}$ PsP·PïPsPrC-P»Cr (Vd, β/F) PïC-CÍP»CΠ
PïPμC $\overline{\Gamma}$ PsC $\overline{\Gamma}$ P°P»CH $\overline{\Gamma}$ PS $\overline{\Gamma}$ SiPs P·P°CÍC,P_SCÍCÍP $\overline{\Gamma}$ P°PSPSCΠ CÍC,P°PSP $\overline{\Gamma}$ PIPëC,CH $\overline{\Gamma}$ PIC-Pr

12БҲ“26 P»/PePi. P—PIБҲ™ CҒP·CfPIP°PSPSCҒ PмCfC†PёC, P°P»PsPiCҒP°PjCf C, P° PNёPsPiPs PsCfPSPsPIPSPёC... PjPмC, P°P±PsP»C-C, C-PI C-P· P±C-P»PeP°PjPё PйP»P°P·PjPё PeCҒPsPIC-БҲ“ PjPмPSCёPм 80 %.

P·CfC†PёC, P°P»PsPiCҒP°Pj PjPмC, P°P±PsP»C-P·CfC”C, ЧҒCfCҒ Cf PйPмC†C-PSC†C- PrPs PrPмPjPмC, PёP»ЧҒPsPIP°PSPsPiPs C, P° PrPёPrPмPjPмC, PёP»ЧҒPsPIP°PSPsPiPs PjPмC, P°P±PsP»C-C, C-PI. PhP±PёPrPIP° PIPsPSPё C” C,, P°CҒPjP°PePsP»PsPiC-C†PSPs P°PeC, PёPIPSPёPjPё. PhP·PsC, C, P°PePsPҒ PjPsPҒPм PsPePёCfPSCҒPIP°C, PёCfCҒ PrPs C,, PsCҒPjPё N-PsPeCfPёPrPSPsPiPs PjPмC, P°P±PsP»C-C, Cf. PйPe PjPмC, P°P±PsP»C-C, Pё, C, P°Pe C- PIPёC...C-PrPSP° CfPйPsP»CfPeP° C†P°CfC, PePsPIPs PIPёPIPsPrCҒC, ЧҒCfCҒ Cf C,, PsCҒPjC- PiP»ЧҒPeCfCҒPsPSC-PrC-PI. PмC-CfP»CҒ P±P°PiP°C, PsCҒP°P·PsPIPsPiPs P·P°CfC, PsCfCfPIP°PSPSCҒ CfPмCҒPмPrPSCҒ PePsPSC†PмPSC, CҒP°C†C-CҒ PrPмPjPмC, PёP»- C, P° PrPёPrPмPjPмC, PёP»PjPмC, P°P±PsP»C-C, C-PI P·P°P·PIPёC†P°PNё CfC, P°PSPsPIPёC, ЧҒ PIC-PrPйPsPIC-PrPSPs 28БҲ“31 % C, P° <5 % PIC-Pr PePsPSC†PмPSC, CҒP°C†C-C— PмCfC†PёC, P°P»PsPiCҒP°PjCf. P’C-PsC, CҒP°PSCfC,, PsCҒPjP°C†C-CҒ PмCfC†PёC, P°P»PsPiCҒP°PjCf Cf PrPмPjPмC, PёP»ЧҒPsPIP°PSPёPNё PjPмC, P°P±PsP»C-C, PIC-PrP±CfPIP°C”C, ЧҒCfCҒ, PiPsP»PsPIPSPёPj C†PёPSPsPj, P·P° PrPsPiPsPjPsPiPsCҒ C†PёC, PsC...CҒPsPjCf CYP2C19. PhPsPҒP»PёPIP° PйPмPIPSP° CfC†P°CfC, ЧҒ C- C,, PмCҒPjPмPSC, C-PI CYP3A4 C, P° CYP2D6.

PмPмCҒC-PsPr PSP°PiC-PIPIPёPIPмPrPмPSPSCҒ (t_{1/2}) PiC-CfP»CҒ P±P°PiP°C, PsCҒP°P·PsPIPsPiPs P·P°CfC, PsCfCfPIP°PSPSCҒ CfC, P°PSPsPIPёC, ЧҒ PiCҒPёP±P»PёP·PSPs 30 PiPsPrPёPS. PмP»P°P·PjPsPIPёPNё PeP»C-CҒPмPSCf PiCҒPё PйPмCҒPsCҒP°P»ЧҒPSPsPjCf P·P°CfC, PsCfCfPIP°PSPSC- CfC, P°PSPsPIPёC, ЧҒ 0,6 P»/C...PI. P’ PsCfPSPsPIPSPёC... PjPмC, P°P±PsP»C-C, C-PI PмCfC†PёC, P°P»PsPiCҒP°PjCf PйPмCҒC-PsPr PSP°PiC-PIPIPёPIPмPrPмPSPSCҒ P±C-P»ЧҒCё C, CҒPёPIP°P»PёPNё. P’PIP°PҒP°C”C, ЧҒCfCҒ, C°%Ps PмCfC†PёC, P°P»PsPiCҒP°Pj C, P° PNёPsPiPs PsCfPSPsPIPSC- PjPмC, P°P±PsP»C-C, Pё PIPёPIPsPrCҒC, ЧҒCfCҒ C†PмCҒPмP· PйPмC†C-PSPeCf (PjPмC, P°P±PsP»C-C†PSPёPNё CёP»CҒC...) C, P° PSPёCҒPeP°PjPё. P’C-P»ЧҒCёC-CfC, ЧҒ PIPёPIPsPrPёC, ЧҒCfCҒ Cf C,, PsCҒPjC- PjPмC, P°P±PsP»C-C, C-PI P·C- CfPмC†PмCҒ.

PлC-PSPмC, PёPeP° PмCfC†PёC, P°P»PsPiCҒP°PjCf P»C-PSC-PNёPSP°. P C-PIPSPsPIP°PҒPSP° PePsPSC†PмPSC, CҒP°C†C-CҒ PrPsCfCҒPiP°C”C, ЧҒCfCҒ PiCҒPёP±P»PёP·PSPs P·P° 1 C, PёPҒPrPмPSCҒ. PҮPмCҒPмPrPSCҒ CҒC-PIPSPsPIP°PҒPSP° PePsPSC†PмPSC, CҒP°C†C-CҒ 50 PSPjPsP»ЧҒ/P» (PIC-Pr 20 PrPs 125 PSPjPsP»ЧҒ/P») PrPsCfCҒPiP°C”C, ЧҒCfCҒ PiCҒPё PrPsP±PsPIC-PNё PrPsP·C- 10 PjPi.

PмP°C†C-C”PSC, Pё P»C-C, PSCHPsPiPs PIC-PeCf (PIC-PePsPj PIC-Pr 65 CҒPsPeC-PI)

Pj PiP°C†C-C”PSC, C-PI P»C-C, PSCHPsPiPs PIC-PeCf PмCfC†PёC, P°P»PsPiCҒP°Pj PIPёPIPsPrPёC, ЧҒCfCҒ PйPsPIC-P»ЧҒPSC-CёPм, PSC-PҒ Cf PjPsP»PsPrCёPёC... PiP°C†C-C”PSC, C-PI. PлC-P»ЧҒPeC-CfC, ЧҒ CҒPмC†PsPIPёPSPё, C°%Ps P·PSP°C...PsPrPёC, ЧҒCfCҒ Cf CfPёCfC, PмPjPSPsPjCf PeCҒPsPIPsPsP±C-PiCf, CҒPsP·CҒP°C...PsPIP°PSP° P·P° PrPsPiPsPjPsPiPsCҒ C,, P°CҒPjP°PePsPeC-PSPмC, PёC†PSPsPiPs PйPsPeP°P·PSPёPeP° B«PiP»PsC°%P° PiC-Pr PeCҒPёPIPsCҒB» (AUC), Cf PiP°C†C-C”PSC, C-PI P»C-C, PSCHPsPiPs PIC-PeCf PSP° 50 % PIPёC°%P°, PSC-PҒ Cf PjPsP»PsPrPёC... P·PrPsCҒPsPIPёC... PrPsP±CҒPsPIPsP»ЧҒC†C-PI.

PмPsCҒCfCёPмPSPSCҒ C,, CfPSPeC†C-C— PiPмC†C-PSPePё

Pj PiP°C†C-C”PSC, C-PI C-P· P»PмPiPePsCҒ P°P±Ps PйPsPjC-CҒPSPsCҒ PiPмC†C-PSPePsPIPsCҒ PSPмPrPsCfC, P°C, PSC-CfC, CҒ (PeP»P°CfPё Ph C- P’ P·P° PeCҒPёC, PмCҒC-CҒPjPё

$\text{P}\mu\text{C}-\text{PrPIP}\ddot{\text{C}}\%_{\text{oo}}\text{P}\mu\text{PSP}^{\circ}\text{C}\ddagger\text{CrC},\text{P}\gg\text{P}\ddot{\text{e}}\text{PIC}-\text{C}\acute{\text{I}}\text{C},\text{C}\text{H}\text{ PrPs PrC}-\text{C}\text{H}\text{C}\ddagger\text{PsC}-\text{C}\text{H}\text{P}\mu\text{C}\ddagger\text{PsPIP}\ddot{\text{e}}\text{PSP}\ddot{\text{e}}\text{P}^{\circ}\text{P}\pm\text{Ps}$
 $\text{PrPs P}\pm\text{CrPrCH}\text{C}\text{L}\ddot{\text{I}}\text{PePsPiPs C}-\text{PSC}\epsilon\text{PsPiPs PePsPjPiPsPSP}\mu\text{PSC},\text{P}^{\circ}\text{P}\gg\text{C}-\text{PeP}^{\circ}\text{C}\text{H}\text{C}\acute{\text{I}}\text{C}\text{H}\text{PePsPiPs}$
 $\text{P}\cdot\text{P}^{\circ}\text{C}\acute{\text{I}}\text{PsP}\pm\text{Cr}\text{. P}\ddot{\text{Y}}\text{C}\acute{\text{r}}\text{P}\acute{\text{i}}\text{CrC},\text{PSC}^{\prime\prime}\text{P}\gg\text{C}-\text{PeCrPIP}^{\circ}\text{PSPSC}\ddot{\text{I}}\text{PSP}\mu\text{C}\acute{\text{I}}\text{P}\mu\text{P}\gg\text{P}\mu\text{PeC},\text{P}\ddot{\text{e}}\text{PIPSP}\ddot{\text{e}}\text{PjP}\ddot{\text{e}}$
 $\text{PSP}\mu\text{PsP}\pm\text{PsC}\text{H}\text{PsC},\text{PSP}\ddot{\text{e}}\text{PjP}\ddot{\text{e}}\text{C}-\text{PSPiC}-\text{P}\pm\text{C}-\text{C},\text{PsC}\text{H}\text{P}^{\circ}\text{PjP}\ddot{\text{e}}\text{PjPsPSPsP}^{\circ}\text{PjC}-\text{PSPsPeC}\acute{\text{I}}\text{P}\ddot{\text{e}}\text{PrP}^{\circ}\text{P}\cdot\text{P}\ddot{\text{e}}$
 $(\text{P}\ddagger\text{MP}\text{hPh})\text{Cr P}\cdot\text{PiB}\text{H}^{\text{TM}}\text{C}\ddot{\text{I}}\text{P}\cdot\text{PeCr P}\cdot\text{C}\text{H}\text{P}\ddot{\text{e}}\text{P}\cdot\text{P}\ddot{\text{e}}\text{PePsPj C}\text{H}\text{PsP}\cdot\text{PIP}\ddot{\text{e}}\text{C},\text{PeCr}$
 $\text{C}\acute{\text{I}}\text{P}\mu\text{C}\text{H}\text{PsC},\text{PsPSC}-\text{PSPsPiPsPiPs C}\acute{\text{I}}\text{P}\ddot{\text{e}}\text{PSPrC}\text{H}\text{PsPjCr},\text{C}\ddot{\text{I}}\text{PeP}\ddot{\text{e}}\text{P}\text{N}\text{e}\text{PiC}\text{H}\text{PsC}\ddot{\text{I}}\text{PIP}\gg\text{C}\ddot{\text{I}}\text{C}^{\prime\prime}\text{C},\text{C}\text{H}\text{C}\acute{\text{I}}\text{C}\ddot{\text{I}}$
 $\text{P}\cdot\text{P}\pm\text{CrPrP}\P\text{P}\mu\text{PSPSC}\ddot{\text{I}}\text{Pj},\text{C},\text{C}\text{H}\text{P}\mu\text{PjPsC}\text{H}\text{PsPj},\text{PiC}-\text{PiP}\mu\text{C}\text{H}\text{C},\text{P}\mu\text{C}\text{H}\text{PjC}-\text{C}^{\prime\prime}\text{C}\text{H}.$

РлРсРјР±С-РSPsPIP°PSPμ Р»C-РeCfPIP°PSPSCЦ C-Р· Р·Р°CfC,PsCfCfPIP°PSPSCЦРј РμCfCfPëC,Р°Р»PsPïCfP°PjCf C,Р° PsP±PsCfPsC,PSPëC... Р†РћРћРћ Рћ,РëPïCf Рћ (PSP°PïCfPëPëP»Р°Рr, РјPsPëP»PsP±РμРјC-Рr) Р°Р±Ps PsP±PsCfPsC,PSPëC... PSPμCfPμP»РμPëC,РëPIPSPëC... Р†РћРћРћ (PSP°PïCfPëPëP»Р°Рr, Р»C-РSPμP·PsP»C-Рr), Cf Р·Рlбґ™ CЦP·PëCf Р· CfPëP·PëPëPsPj CfPsP·PIPëC,PëCf CfPμCfPsC,PsPSC-РSPsPIPsPiPs CfPëPSPrCfPsPjCf.

PïPëC%Ps PIC-РrPsPjPs PïCfPs PSP°CЦPIPSC-CfC,CH Cf PïP°CfC-C"PSC,Р° PïPsPrPsPIP¶PμPSPSCЦ C-PSC,РμCfPIP°P»Cf QT Р°Р±Ps PICfPsPrP¶PμPSPsPiPs CfPëPSPrCfPsPjCf PïPsPrPsPIP¶PμPSPsPiPs C-PSC,РμCfPIP°P»Cf QT, PïCfPsC,PëPïPsPëP°P·Р°PSPs Р·Р°CfC,PsCfPsPICfPIP°C,Рë CfP°P·PsPj C-Р· Р»C-РeP°CfCfCHPëPëPjPë Р·Р°CfPsP±Р°PjPë, CЦPëC- PïPsPrPsPIP¶CfCHC,CH C-PSC,РμCfPIP°P» QT.

РћPrPSPsCfP°CfPSPμ Р»C-РeCfPIP°PSPSCЦ PïC-РјPsP·PëPrPsPj.

Р'Р·Р°C"РјPsPrC-CЦ Р· C-PSCëPëPjPë Р»C-РeP°CfCfCHPëPëPjPë Р·Р°CfPsP±Р°PjPë C,Р° C-PSCëC- PIPëPrPë PIP·Р°C"РјPsPrC-PN₂.

Р»Р°CfPjP°PëPsPrPëPSP°PjC-CfPSC- PIP·Р°C"РјPsPrC-C—.

РμCfPsC,PëPïPsPëP°P·Р°PSC- PëPsPjP±C-PSP°CfC-C—

РμCfPsPrPsPIP¶PμPSPSCЦ C-PSC,РμCfPIP°P»Cé QT

Р»Р°CfPjP°PëPsPëC-PSPμC,PëCfPSC- C,Р° C„Р°CfPjP°PëPsPrPëPSP°PjC-CfPSC- PrPsCfP»C-PrP¶PμPSPSCЦ РμCfCfPëC,Р°Р»PsPïCfP°PjCf Pï PëPsPjP±C-PSP°CfC-C— Р· C-PSCëPëPjPë Р»C-РeP°CfCfCHPëPëPjPë Р·Р°CfPsP±Р°PjPë, CЦPëC- PïPsPrPsPIP¶CfCHC,CH C-PSC,РμCfPIP°P» QT, PSPμ PïCfPsPIPsPrPëP»PëCfCH. РќРμ РјPsP¶PSP° PIPëPëP»CHCfP°C,Рë Р°РrPëC,PëPIPSPsPiPs РμC„РμPëC,Cf РμCfCfPëC,Р°Р»PsPïCfP°PjCf C- CfPëC... Р»C-РeP°CfCfCHPëPëC... Р·Р°CfPsP±C-PI. PýPsPjCf PsPrPSPsCfP°CfPSPμ Р·Р°CfC,PsCfCfPIP°PSPSCЦ РμCfCfPëC,Р°Р»PsPïCfP°PjCf Р· Р»C-РeP°CfCfCHPëPëPjPë Р·Р°CfPsP±Р°PjPë, CЦPëC- PïPsPrPsPIP¶CfCHC,CH C-PSC,РμCfPIP°P» QT, C,Р°PëPëPjPë CЦPë Р°PSC,PëP°CfPëC,PjC-CfPSC- PïCfPμPïP°CfP°C,Рë PëP»Р°CfCf Р†Рћ C- Р†Р†Р†, Р°PSC,PëPïCfPëC...PsC,PëPëPë (PSP°PïCfPëPëP»Р°Рr, PïPsC...C-PrPSC- C„РμPSPsC,C-Р°P·PëPSCf, PïC-РјPsP·PëPr, PïP°P»PsPïPμCfPëPrPsP»), C,CfPëCfPëPëP»C-CfPSC- Р°PSC,PëPrPμPïCfPμCfP°PSC,Рë, PrPμCЦPëC- PïCfPsC,PëPjC-PëCfPsP±PSC- PïCfPμPïP°CfP°C,Рë (PSP°PïCfPëPëP»Р°Рr, CfPïP°CfC„P»PsPëCfP°CfPëPS, РјPsPëCfPëC„P»PsPëCfP°CfPëPS, РμCfPëC,CfPsPjC-CfPëPS PrP»CЦ PIPSCfC,CfC-CëPSCHPsPIPμPSPSPsPiPs Р·Р°CfC,PsCfCfPIP°PSPSCЦ, PïPμPSC,Р°PjC-PrPëPS, PïCfPsC,PëPjP°P»CЦCfC-PN₂PSC- Р·Р°CfPsP±Pë, Р·PsPëCfPμPjP° PïP°P»PsC„Р°PSC,CfPëPS), PïPμPIPSC- Р°PSC,PëPïC-CfC,Р°PjC-PSPSC- PïCfPμPïP°CfP°C,Рë (Р°CfC,РμPjC-Р·PsP», РјC-Р·PsP»Р°CfC,PëPS) PïCfPsC,PëPïPsPëP°P·Р°PSPμ.

РќРμCfPμP»РμPëC,PëPIPSC- PSPμPsP±PsCfPsC,PSC- Р†РћРћРћ

РμPsPIC-PrPsPjP»CЦP»PsCfCЦ PïCfPs PIPëPïP°PrPëPë CfPμCfPN₂PsP·PSPëC... CfPμP°PëCfC-PN₂ Cf PïP°CfC-C"PSC,C-PI, CЦPëC- Р·Р°CfC,PsCfPsPICfPIP°P»Pë PŸP†P—P—PŸ Cf PëPsPjP±C-PSP°CfC-C— Р· PSPμCfPμP»РμPëC,PëPIPSPëPjPë PSPμPsP±PsCfPsC,PSPëPjPë IMAO, C,Р° Cf PïP°CfC-C"PSC,C-PI, CЦPëC- PSPμC%PsPrP°PIPSs PïCfPëPïPëPSPëP»Pë

PĭCṬṖPĕPNĕPjP°C,Pĕ PŶP†P—P—PŶ C- PĭPμCṬṖPμPNĕCĕP»Pĕ PSP° C,PμCṬṖP°PĭC-CḤ
 PĭPsPrC-P±PSPĕPjPĕ IMAO. P†PSPĕPsP»Pĕ Cr PĭP°C†C-C''PSC,C-PI PIPĕPSPĕPeP°PI
 CĬPμCṬṖPsC,PsPSC-PSPsPIPĕPNĕ CĬPĕPSPPrCṬṖPsPj. PḤPsPjP±C-PSP°C†C-CĬ
 PμCĬC†PĕC,P°P»PsPĭCṬṖP°PjCr P· PSPμCĬPμP»PμPeC,PĕPIPSĕPjPĕ PSPμPsP±PsCṬṖPsC,PSPĕPjPĕ
 P†PḤPḥPḥ PĭCṬṖPsC,PĕPĭPsPeP°P·P°PSP°. P·C-PeCrPIP°PSPSCĬ PμCĬC†PĕC,P°P»PsPĭCṬṖP°PjPsPj
 PjPsP¶PSP° PĭPsC†PĕPSP°C,Pĕ PSPμ CṬṖP°PSC-CĕPμ PSC-P¶ C†PμCṬṖPμP· 14 PrPSC-PI
 PĭC-CĬP»CĬ PsCĬC,P°PSPSCHḤPsPiPs P·P°CĬC,PsCĬCrPIP°PSPSCĬ PSPμPsP±PsCṬṖPsC,PSPsPiPs
 IMAO. PJ CĬPIPScḤ C†PμCṬṖPiCr, P»C-PeCrPIP°PSPSCĬ P†PḤPḥPḥ PjPsP¶PSP° PĭPsC†PĕPSP°C,Pĕ
 P»PĕCĕPμ C†PμCṬṖPμP· 7 PrC-P± PĭC-CĬP»CĬ P·P°PeC-PSC†PμPSPSCĬ P»C-PeCrPIP°PSPSCĬ
 PμCĬC†PĕC,P°P»PsPĭCṬṖP°PjPsPj.

P_LP_SP_JP±C-PSP°C†C-Cl̄ PīC-PjPsP·PēPrCđ C- CḡP°C†PμPjC-C‡PSPsPiPs
C†Pēc,P°P»PsPiCḡP°PjCr̄ PiCḡPēP·PIPsPrPēP»P° PrPs PiPsPrPsPIP¶PμPSPSCl̄
C-PSC,PμCḡPIP°P»Cr̄ QT PiCḡPēP±P»PēP·PSPs PSP° 10 PjCíPμPe. PJ P·PlBḡ™ Cl̄IP·PeCr̄ P·C-
PIP·P°C”PjPsPrC-C”Cḡ PμCíC†Pēc,P°P»PsPiCḡP°PjCr̄ P· PSPēP·ChPePēPjPē PrPsP·P°PjPē
PiC-PjPsP·PēPrCr̄ C,P° PiPsCíPēP»PμPSPSCl̄Pj PiPsP±C-C‡PSPsC— PrC-C—
PsCíC,P°PSPSCHsPiPs PsPrPSPsC‡P°CíPSPμ P·P°CíC,PsCíCr̄PIP°PSPSCl̄ C†Pēc...
PiCḡPμPiP°CḡP°C,C-PI PiCḡPsC,PēPiPsPeP°P·P°PSPμ.

$$PhP\pm PsC\overline{h}PsC, PSp\overline{e}PN\overline{e}, PSp\mu C\overline{I}P\mu P\gg P\mu PeC, P\overline{e}PI PSp\overline{e}PN\overline{e}, P\overline{I}P\overline{h}P\overline{h}P\overline{h} (P\gg C-PSp\mu P\cdot PsP\gg C-P\overline{I})$$

PhPSC, PEP±C-PsC, PEPe P»C-PSpμP·PsP»C-Pr PSpμ CḡPμPePsPjPμPSPPrCfC”C, CHCfCfCfC
PiCḡPḡP·PSP°C†P°C, Pē PiP°C†C-C”PSC, P°Pj, CḡPeC- PiPμCḡPμP±CfPIP°CḡC, CH PSP°
C, PμCḡP°PiC-C— PμCfC†PēC, P°P»PsPiCḡP°PjPsPj. PīPeC%oPs C, P°PeP° PePsPjP±C-PSP°C†C-Cḡ
PSPμPsP±C...C-PrPSP°, P»C-PeCfPIP°PSPSCḡ CḡPsP·PiPsC†PēPSP°CḡC, CH
PjC-PSC-PjP°P»CHbPSPsCḡ CḡPμPePsPjPμPSPPrPsPIP°PSPsCḡ PrPsP·PsCḡ P·
PsP±PsPiBḡ™ CḡP·PePsPIPēPj CḡPμC, PμP»CHbPSPēPj PeP»C-PSC-C†PSPēPj
PjPsPSC-C, PsCḡPēPSPiPsPj.

$P_h P_{\pm} P_S C \bar{T} P_S C, P S P \bar{e} P N_e C \bar{I} P_{\mu} P \gg P_{\mu} P_e C, P \bar{e} P I P S P \bar{e} P N_e C, P \dagger P_h P_h P_h C, P \bar{e} P \bar{I} C \acute{z} P_h$
 $(P_j P_S P_e P \gg P_S P_{\pm} P_{\mu} P_j C - P \tau)$

PhPrPSPSc†P°C†PSPμ P·P°C†C,PsC†C†PIP°PSPSC‡ PμC†C†PëC,P°P»PsP†C‡P°PjC† P·
PsP±PsC‡PsC,PSPëPj C†PμP»PμPeC,PëPIPSPëPj P†MAO C,PëP†C† A (PjPsPeP»PsP±PμPjC-PröPj)
PSPμ C‡PμPePsPjPμPSP†C†C"C,ChC†C‡ C†PμC‡PμP· C‡PëP·PëPe PIPëPSPëPePSPμPSPSC‡
C†PμC‡PsC,PsPSC-PSPsPIPsPiPs C†PëPSP†C‡PsPjC†. P†PeC%öPs C,P°PeP°
PePsPjP±C-PSP°C†C-C‡ PSPμPsP±C...C-PrPSP°, P»C-PeC†PIP°PSPSC‡
C‡PsP·PiPsC†PëPSP°C‡C,Ch PjC-PSC-PjP°P»ChPSPsC‡ C‡PμPePsPjPμPSP†PsPIP°PSPsC‡
PrPsP·PsC‡ P· PsP±PsPIB‡™ C‡P·PePsPIPëPj C‡PμC,PμP»ChPSPëPj PeP»C-PSC-C†PSPëPj
PjPsPSC-C,PsC‡PëPSPiPsPj. P·C-PeC†PIP°PSPSC‡ PμC†C†PëC,P°P»PsP†C‡P°PjPsPj PjPsP¶PSP°
C‡PsP·PiPsC†PëPSP°C,Pë PSPμ C‡P°PSC-C€Pμ PSC-P¶ C†PμC‡PμP· 1 PrPsP±C† P†C-C†P»C‡
P†C‡PëP†PëPSPμPSPSC‡ P†C‡PëP†P†PsPjC† PsP±PsC‡PsC,PSPsPiPs P†P‡P‡P‡
PiPsPeP»PsP±PμPjC-PrC†.

$$P\acute{K}P\mu P_S P_{\pm} P_S C\overline{P}P_S C, P_S P\ddot{e}P N_2 \quad C\acute{I}P\mu P \gg P\mu P e C, P\ddot{e}P I P_S P\ddot{e}P N_2 \quad C-P_S P i C-P_{\pm} C-C, P_S C\overline{P}P \quad P_h P_h P_h \quad C, P\ddot{e}P i C\acute{e} \\ P' (C\acute{I}P\mu P \gg P\mu P i C-P \gg C-PS)$$

$P\bar{S}P_{\mu}C\bar{H}P_{\mu}P \cdot C\bar{H}P\bar{e}P \cdot P\bar{e}Pe$ $PIP\bar{e}PSP\bar{e}PePSP_{\mu}PSPSC\bar{I}I$ $C\bar{I}P_{\mu}C\bar{H}PsC,PsPSC-PSPsPIP_sPiPs$
 $C\bar{I}P\bar{e}PSPrC\bar{H}PsPjC\bar{r}$ $PSP_{\mu}PsP\pm C...C-PrPSP^{\circ}$ $PsP\pm P_{\mu}C\bar{H}P_{\mu}P\bar{I}PSC-C\bar{I}C,CH$ $PiC\bar{H}P\bar{e}$
 $PsPrPSPsC\bar{I}P^{\circ}C\bar{I}PSPsPjC\bar{r}$ $P \cdot P^{\circ}C\bar{I}C,PsC\bar{I}C\bar{r}PIP^{\circ}PSPSC-$ $P_{\mu}C\bar{I}C\bar{I}P\bar{e}C,P^{\circ}P \gg PsPiC\bar{H}P^{\circ}PjC\bar{r}$ $P \cdot C-$
 $C\bar{I}P_{\mu}P \gg P_{\mu}PiC-P \gg C-PSPsPj$. $P''P \gg C\bar{I}I$ $PsPrPSPsC\bar{I}P^{\circ}C\bar{I}PSPsPiPs$ $P \cdot P^{\circ}C\bar{I}C,PsC\bar{I}C\bar{r}PIP^{\circ}PSPSC\bar{I}I$ $C-P \cdot$
 $C\bar{H}P^{\circ}C\bar{I}P_{\mu}PjC-C\bar{I}PSP\bar{e}Pj$ $C\bar{I}P\bar{e}C,P^{\circ}P \gg PsPiC\bar{H}P^{\circ}PjPsPj$ $P\pm P_{\mu}P \cdot PiP_{\mu}C\bar{I}PSP\bar{e}PjP\bar{e}$ C'' $PrPsP \cdot P\bar{e}$

СГРµPµP»PµPiC-P»C-PSCr PrPs 10 PjPi PSP° PrPsP±Cf.

PµPsPjP±C-PSP°C†C-C—, CµPeC- PIPëPjP°PiP°CЧC,Ч PSp±PµCЧPµP¶PSPsCfC,C-

PŸPµCЧPsC,PsPSC-PSPµCЧPiC-C‡PSC- P»C-PeP°CЧCfЧPеC- P·P°CfPsP±Pë

PhPrPSPsC‡P°CfPSPµ P·P°CfC,PsCfCfPIP°PSPSCµ P·C-
CfPµCЧPsC,PsPSC-PSPµCЧPiC-C‡PSPëPjPë P»C-PeP°CЧCfЧPеPëPjPë P·P°CfPsP±P°PjPë
(PSP°PiCЧPëPеP»P°Pr, C-P· PsPiC-PsC—PrP°PjPë, C,P°PePëPjPë CµPe C,ЧP°PjP°PrPsP» C,P°
P±CfPiCЧPµPSPsCЧC,,C-PS; CfCfPjP°C,ЧPëPiC,P°PSPsPj C,P° C-PSCëPëPjPë
C,ЧPëPiC,P°PSP°PjPë) PjPsP¶Pµ PiCЧPëP·PIPµCfC,Pë PrPs PIPëPSPëPеPSPµPSPSCµ
CfPµCЧPsC,PsPSC-PSPsPiPsPiPs CfPëPSPrЧPsPjCf.

*P>C-PeP°CЧCfЧPеC- P·P°CfPsP±Pë, CµPeC- P·PSPëP¶C¿ЧC,Ч PiPsCЧC-Pi
CfC¿PrPsPjPSPsC— PiPsC,PsPIPSPsCfC,C-*

PŸP†P—P—PŸ PjPsP¶CfC,Ч P·PSPëP¶CfPIP°C,Pë PiPsCЧC-Pi CfCfPrPsPjPSPsC—
PiPsC,PsPIPSPsCfC,C-. PkPµPsP±C...C-PrPSP° PsP±PµCЧPµP¶PSC-CfC,Ч PiCЧPë
PsPrPSPsC‡P°CfPSPsPjCf PiCЧPëP·PSP°C‡PµPSPSC- PµCfC†PëC,P°P»PsPiCЧP°PjCf P·
C-PSCëPëPjPë P»C-PeP°CЧCfЧPеPëPjPë P·P°CfPsP±P°PjPë, C%Ps PjPsP¶CfC,Ч
P·PSPëP¶CfPIP°C,Pë CfCfPrPsPjPSPëPµ PiPsCЧC-Pi [PSP°PiCЧPëPеP»P°Pr,
P°PSC,PëPrPµPiCЧPµCfP°PSC,Pë (C,ЧPëC†PëPеP»C-PSPë, PŸP†P—P—PŸ),
PSPµPµCЧPsP»PµPiC,PëPëPë (C,,PµPSPsC,C-P°P·PëPSPë, C,C-PsPeCfP°PSC,PµPSPë C-
P±CfC,PëCЧPsC,,PµPSPsPSPë), PjPµC,,P»PsC...C-PS, P±CfPiCЧPsPiC-PsPS C,P°
C,ЧP°PjP°PrPsP»].

P>C-C,C-PNë, C,ЧPëPiC,PsC,,P°PS

PhCfPeC-P»ЧPеPë P·P°C,,C-PeCfPsPIP°PSPs PIPëPiP°PrPePë PiC-PrCfPëP»PµPSPSCµ
CfPµCЧPsC,PsPSC-PSPµCЧPiC-C‡PSPsPiPs PµC,,PµPeC,Cf PiCЧPë P·P°CfC,PsCfCfPIP°PSPSC-
PŸP†P—P—PŸ Cf PePsPjP±C-PSP°C†C-C— P· P»C-C,C-C”Pj P°P±Ps C,ЧPëPiC,PsC,,P°PSPsPj,
CЧPµPePsPjPµPSPrCfC”C,ЧCfCµ PsP±PµCЧPµP¶PSC-CfC,Ч PiCЧPë
PsPrPSPsC‡P°CfPSPsPjCf P·P°CfC,PsCfCfPIP°PSPSC- PµCfC†PëC,P°P»PsPiCЧP°PjCf P· C†PëPjPë
P»C-PeP°CЧCfЧPеPëPjPë P·P°CfPsP±P°PjPë C,P° PsP±PsPiBЧ™ CµP·PePsPIPëPµ
CЧPµPiCfP»CµCЧPSPëPµ PjPsPSC-C,PsCЧPëPSPi CЧC-PIPSCµ P»C-C,C-Ч C,P°
C,ЧPëPiC,PsC,,P°PSCf.

P—PIC-CЧPsP±C-PNë

PhPrPSPsC‡P°CfPSPµ P·P°CfC,PsCfCfPIP°PSPSCµ PµCfC†PëC,P°P»PsPiCЧP°PjCf C,P°
CЧPsCfP»PëPSPSPëC... P·P°CfPsP±C-PI, CµPeC- PjC-CfC,CµC,Ч P·PIC-CЧPsP±C-PNë
(*Hypericum perforatum*), PjPsP¶Pµ P·P±C-P»ЧCëCfPIP°C,Pë C‡P°CfC,PsC,Cf
PiPsP±C-C‡PSPëC... CЧPµP°PeC†C-PNë, C,PsPjCf PSPµ PIP°CЧC,Ps C—C... PiCЧPëP·PSP°C‡P°C,Pë
PsPrPSPsC‡P°CfPSPs.

*PћPSC,PëPePsP°PiC¿P»CµPSC,Pë C,P° P»C-PeP°CЧCfЧPеC- P·P°CfPsP±Pë, C%Ps
PIPiP»PëPIP°ЧC,Ч PSP° P·PiPsCЧC,P°PSPSCµ PeCЧPsPIC-*

PµPsP¶P»PëPIP° P·PjC-PSP° PµC,,PµPeC,C-PI P°PSC,PëPePsP°PiCfP»CµPSC,C-PI
CfPSP°CfP»C-PrPsPe PsPrPSPsC‡P°CfPSPsPiPs P·P°CfC,PsCfCfPIP°PSPSCµ P·
PµCfC†PëC,P°P»PsPiCЧP°PjPsPj. PhPrPSPsC‡P°CfPSPµ P·P°CfC,PsCfCfPIP°PSPSCµ
PµCfC†PëC,P°P»PsPiCЧP°PjCf C,P° PiPµCЧPsCЧP°P»ЧPSPëC...
P°PSC,PëPePsP°PiCfP»CµPSC,C-PI PiPsC,ЧPµP±CfC” CЧPµC,PµP»ЧPSPsPiPs

PjPsPSC-C,PsCḡPēPSPiCf P·P° PīPsPeP°P·PSPēPeP°PjPē P·PiPsCḡC,P°PSPSCḡ PeCḡPsPIC-,
PsCfPsP±P»PēPIPs PiPμCḡPμPr C,P° PīC-CfP»Cḡ P·P°PIPμCḡCēPμPSPSCḡ
P·P°CfC,PsCfCfPIP°PSPSCḡ PμCfCfPēC,P°P»PsPiCḡP°PjCf. PhPrPSPScfP°CfPSPμ
P·P°CfC,PsCfCfPIP°PSPSCḡ PSPμCfC,PμCḡPsC—PrPSPēC... PīCḡPsC,PēP·P°PīP°P»CHPSPēC...
P·P°CfPsP±C-PI (PkPμP—P—) PjPsP¶Pμ PīPsCfPēP»PēC,Pē CfC...PēP»CHPSC-CfC,CH PrPs
PeCḡPsPIPsC,PμCfC-.

P·C,P°PSPsP»

P·CfCfPēC,P°P»PsPiCḡP°Pj PSPμ PIPēCḡPIP»CḡC” C„P°CḡPjP°PePsPrPēPSP°PjC-CfPSPsC—
P°P±Ps C„P°CḡPjP°PePsPeC-PSPμC,PēCfPSPsC— PIP·P°C”PjPsPrC-C— P· PμC,P°PSPsP»PsPj,
P°P»Pμ, CḡPe C- Cf CḡP°P·C- P·P°CfC,PsCfCfPIP°PSPSCḡ C-PSCēPēC...
PīCfPēC...PsC,CḡPsPiPSPēC... P»C-PeP°CḡCfCHPePēC... P·P°CfPsP±C-PI,
PsPrPSPScfP°CfPSPēPNē PīCḡPēPNēPsPj PμCfCfPēC,P°P»PsPiCḡP°PjCf P·
P»C-PeP°CḡCfCHPePēPjPē P·P°CfPsP±P°PjPē, C%Ps PjC-CfC,CḡC,CH PμC,P°PSPsP», PSPμ
CḡPμPePsPjPμPSPPrCfC”C,CHCfCḡC.

*P>C-PeP°CḡCfCHPeC- P·P°CfPsP±Pē, C%Ps PIPēPeP»PēPeP°CḡC,CH
PiC-PīPsPeP°P»C-C”PjC-Cḡ/PiC-PīPsPjP°PiPSC-C”PjC-Cḡ*

PkPμPsP±C...C-PrPSP° PsP±PμCḡPμP¶PSC-CfC,CH PīCḡPē CfCfPīCfC,PSCHPsPjCf
P·P°CfC,PsCfCfPIP°PSPSC- P»C-PeP°CḡCfCHPePēC... P·P°CfPsP±C-PI, C%Ps
PIPēPeP»PēPeP°CḡC,CH PiC-PīPsPeP°P»C-C”PjC-Cḡ/PiC-PīPsPjP°PiPSC-C”PjC-Cḡ,
PsCfPeC-P»CHPePē CfPμ PīC-PrPIPēC%CrC” CḡPēP·PēPe PIPēPSPēPePSPμPSPSCḡ
P·P»PsCḡPeC-CfPSPēC... P°CḡPēC,PjC-PNē.

PαP°CḡPjP°PePsPeC-PSPμC,PēCfPSC- PIP·P°C”PjPsPrC-C—.

P’PīP»PēPI C-PSCēPēC... P»C-PeP°CḡCfCHPePēC... P·P°CfPsP±C-PI PSP°
C„P°CḡPjP°PePsPeC-PSPμC,PēPeCf PμCfCfPēC,P°P»PsPiCḡP°PjCf

PḡPμC,P°P±PsP»C-P·Pj PμCfCfPēC,P°P»PsPiCḡP°PjCf PIC-PrP±CfPIP°C”C,CHCfCḡCḡ,
PiPsP»PsPIPSPēPj CfPēPSPsPj, P·P° CfCfP°CfC,Cḡ CYP2C19, P°P»Pμ PI PjPμC,P°P±PsP»C-P·PjC-
C,P°PePsP¶ P·P°PrC-CḡPSC- CYP3A4 C- CYP2D6, C...PsCfP° PNē PjPμPSCēPsCḡ PjC-CḡPsCḡ.
P§P°CfC,PePsPIPēPj PeP°C,P°P»C-P·P°C,PsCḡPsPj PjPμC,P°P±PsP»C-P·PjCf PsCfPSPsPIPSPsPiPs
PjPμC,P°P±PsP»C-C,Cf S-DCT (PrPμPjPμC,PēP»CHPsPIP°PSPsPiPs
PμCfCfPēC,P°P»PsPiCḡP°PjCf) PIPIP°P¶P°C”C,CHCfCḡCḡ C-P·PsC„PμCḡPjPμPSC, CYP2D6.

PŸCfPjC-CfPSPμ P·P°CfC,PsCfCfPIP°PSPSCḡ PμCfCfPēC,P°P»PsPiCḡP°PjCf C,P°
PsPjPμPīCḡP°P·PsP»Cf 30 PjPi 1 CḡP°P· PSP° PrPsP±Cf (C-PSPiC-P±C-C,PsCḡ CYP2C19)
CfPīCḡPēCfPēPSCḡC” PīPsPjC-CḡPSPμ P·CḡPsCfC,P°PSPSCḡ (PīCḡPēP±P»PēP·PSPs PSP° 50 %)
PePsPSCfPμPSC,CḡP°CfC-C— PμCfCfPēC,P°P»PsPiCḡP°PjCf Cf PīP»P°P·PjC- PeCḡPsPIC-.

PhPrPSPScfP°CfPSPμ P·P°CfC,PsCfCfPIP°PSPSCḡ PμCfCfPēC,P°P»PsPiCḡP°PjCf C,P°
CfPēPjPμC,PēPrPēPSCf 400 PjPi 2 CḡP°P·Pē PSP° PrPsP±Cf (PīPsPjC-CḡPSPēPNē
P·P°PīP°P»CHPSPēPNē C-PSPiC-P±C-C,PsCḡ C„PμCḡPjPμPSC,C-PI) CfPīCḡPēCfPēPSCḡC”
PīPsPjC-CḡPSPμ P·CḡPsCfC,P°PSPSCḡ (PīCḡPēP±P»PēP·PSPs PSP° 70 %)
PePsPSCfPμPSC,CḡP°CfC-C— PμCfCfPēC,P°P»PsPiCḡP°PjCf PI PīP»P°P·PjC- PeCḡPsPIC-.

PŷP°PePēPj CfPēPSPsPj, PSPμPsP±C...C-PrPSPs P· PsP±PμCḡPμP¶PSC-CfC,Cḡ
PīCḡPēP·PSP°CfP°C,Pē PμCfCfPēC,P°P»PsPiCḡP°Pj PsPrPSPScfP°CfPSPs P·
C-PSPiC-P±C-C,PsCḡP°PjPē CfPēC,PsC...CḡPsPjCf CYP2C19 (PSP°PīCḡPēPeP»P°Pr, P·
PsPjPμPīCḡP°P·PsP»PsPj, PμP·PsPjPμPīCḡP°P·PsP»PsPj, C„P»CfPsPeCfPμC,PēPSPsPj,

C,,P»CfPePsPSP°P·PsP»PsPj, C,,P»CfPIPsPeCfP°PjC-PSPsPj, P»P°PSCfPsPcHjP°P·PsP»PsPj, C,PëPeP»PsPc-PrPëPSPsPj) P°P±Ps C†PëPjPµC,PëPrPëPSPsPj. PµCjPë PsPrPSPsC†P°CfPSPsPjCf P·P°CfC,PsCfCfPIP°PSPSC- P· PIPëC%PµP·P°P·PSP°C†PµPSPëPjPë P»C-PeP°CjCfCHPePëPjPë P·P°CfPsP±P°PjPë PìPsP±C-C†PSC- PµC,,PµPeC,Pë PjPsP¶CfC,CH C†PìPsPSCfPeP°C,Pë PrPs P·PjPµPSCëPµPSPSC¶ PrPsP·Pë PµCfC†PëC,P°P»PsPcHjP°PjCf.

P'PìP»PëPI PµCfC†PëC,P°P»PsPcHjP°PjCf PSP° C,,P°CjPjP°PePsPeC-PSPµC,PëPeCf C-PSCëPëC... P»C-PeP°CjCfCHPePëC... P·P°CfPsP±C-PI

P·CfC†PëC,P°P»PsPcHjP°Pj C" C-PSPiC-P±C-C,PsCjPsPj C-P·PsC,,PµCjPjPµPSC,Cf CYP2D6. PkPµPsP±C...C-PrPSP° PsP±PµCjPµP¶PSC-CfC,CH PìCjPë PìCjPëP·PSP°C†PµPSPSC- PµCfC†PëC,P°P»PsPcHjP°PjCf PsPrPSPsC†P°CfPSPs P· P»C-PeP°CjCfCHPePëPjPë P·P°CfPsP±P°PjPë, C¶PeC- PjPµC,P°P±PsP»C-P·CfCfC,CHCfC¶ P·P° CfC†P°CfC,Cf C†CHPsPìPs C-P·PsC,,PµCjPjPµPSC,Cf C- PjP°CfC,CH PICfP·CHPePëPñ C,PµCjP°PìPµPIC,PëC†PSPëPñ C-PSPrPµPeCf, PSP°PìCjPëPeP»P°Pr C-P· C,,P»PµPeP°C-PSC-PrPsPj, PìCjPsPìP°C,,PµPSPsPSPsPj, PjPµC,PsPcHjPsP»PsP»PsPj (PìCjPë C†PµCjC†PµPIC-Pñ PSPµPrPsCfC,P°C,PSPsCfC,C-), P°P±Ps P· P»C-PeP°CjCfCHPePëPjPë P·P°CfPsP±P°PjPë, C%Ps PrC-CfC,CH PSP° PìPáPŸ C,P° PI PsCfPSPsPIPSPsPjCf PjPµC,P°P±PsP»C-P·CfCfC,CHCfC¶ P·P° CfC†P°CfC,Cf CYP2D6, PSP°PìCjPëPeP»P°Pr P· C,P°PePëPjPë P°PSC,PëPrPµPìCjPµCfP°PSC,P°PjPë, C¶Pe PrPµP·PëPìCjP°PjC-PS, PeP»PsPjC-PìCjP°PjC-PS C- PSPsCjC,CjPëPìC,PëP»C-PS, C,P°PePëPjPë P°PSC,PëPìCfPëC...PsC,PëC†PSPëPjPë PìCjPµPìP°CjP°C,P°PjPë, C¶Pe CjPëCfPìPµCjPëPrPsPS, C,C-PsCjPëPrP°P·PëPS P°P±Ps PìP°P»PsPìPµCjPëPrPsP». Pj C†PëC... PIPëPìP°PrPeP°C... PjPsP¶Pµ P±CfC,Pë PìPsC,CjC-P±PSPµ PePsCjPëPìCfPIP°PSPSC¶ PrPsP·Pë.

PkPrPSPsC†P°CfPSPµ P·P°CfC,PsCfCfPIP°PSPSC¶ P· PrPµP·PëPìCjP°PjC-PSPsPj P°P±Ps PjPµC,PsPcHjPsP»PsP»PsPj PìCjPëP·PIPPrPëC,CH PrPs PrPIPSCjP°P·PsPìPsPìPs P·P±C-P»CHCëPµPSPSC¶ PìP»P°P·PjPsPIPëC... CjC-PIPS-PI C†PëC... PrPìPsC... CfCfP±CfC,CjP°C,C-PI CYP2D6. P·CfC†PëC,P°P»PsPcHjP°Pj C†PìCjPëC†PëPSC¶C" CfP»P°P±PePµ PìCjPëPìPSC-C†PµPSPSC¶ CYP2C19 Cf PrPsCfP»C-PrP¶PµPSPSC¶C... *in vitro*, C,PsPjCf CjPµPePsPjPµPSPrCfC"C,CHCfC¶ PsP±PµCjPµP¶PSC-CfC,CH PìCjPë C†CfPjC-C†PSPsPjCf PìCjPëP·PSP°C†PµPSPSC- P»C-PeP°CjCfCHPePëC... P·P°CfPsP±C-PI, PjPµC,P°P±PsP»C-P·Pj C¶PePëC... PIC-PrP±CfPIP°C"C,CHCfC¶ P·P° CfC†P°CfC,Cf CYP2C19.

PkCfPsP±P»PëPIPsCfC,C- P·P°CfC,PsCfCzPIP°PSPSC¶.

PkP°PIPµPrPµPSC- PSPëP¶C†Pµ PsCfPsP±P»PëPIC- PìPsPìPµCjPµPrP¶PµPSPSC¶ C,P° P·P°CfC,PµCjPµP¶PµPSPSC¶ PìPsCëPëCjCfCfC,CHCfC¶ PSP° PIPµCfCH C,PµCjP°PìPµPIC,PëC†PSPëPñ PeP»P°Cf PŸP†P—P—PŸ.

PµP°CjP°PrPsPeCfP°P»CHPSP° C,CjPëPIPsPìP°

P"µC¶PeC- PìP°C†C-C"PSC,Pë P· PìP°PSC-C†PSPëPjPë CjPsP·P»P°PrP°PjPë PSP° PìPsC†P°C,PeCf P»C-PeCfPIP°PSPSC¶ P°PSC,PëPrPµPìCjPµCfP°PSC,P°PjPë PjPsP¶CfC,CH PIC-PrC†CfPIP°C,Pë PìPsCfPëP»PµPSPSC¶ C,CjPëPIPsPìPë. PìC¶ PìP°CjP°PrPsPeCfP°P»CHPSP° CjPµP°PeC†C-C¶ P·P°P·PIPëC†P°Pñ P·PSPëPeP°C" PìCjPsC,C¶PìPsPj PìPµCjCëPëC... PrPìPsC... C,PëP¶PSC-PI P»C-PeCfPIP°PSPSC¶. P"µC¶ P·PjPµPSCëPµPSPSC¶ PñPjPsPIC-CjPSPsCfC,C- PIPëPSPëPePSPµPSPSC¶ P°PSPeCfC-PsPìPµPSPSPsPìPs PµC,,PµPeC,Cf CjPµPePsPjPµPSPrCfC"C,CHCfC¶ PSPëP·CHPeP° PìPsC†P°C,PePsPIP° PrPsP·P°.

PŸCfPrPsPjPSC- PSp°PïP°PrPë

P—P°CfC,PsCfCfPIP°PSPSCl PµCfC†PëC,P°P»PsPïCfP°PjCf PSpµPsP±C...C-PrPSPs
PïCfPëPïPëPSPëC,Pë, ClPëC%Ps Cf PïP°C†C-C"PSC,P° CfPSP·PIPëPSCfPICfCl
CfCfPrPsPjPSPëPNë PSp°PïP°Pr PIPiPµCfCëPµ P°P±Ps PSp°PïP°PrPë C†P°CfC,C-CëP°CfC,CH
(Cf PïP°C†C-C"PSC,C-PI P·C- PICfC,P°PSPsPIP»PµPSPëPj PrC-P°PiPSPsP·PsPj
PµPïC-P»PµPïCfC-C—). PŸP»C-Pr CfPSPëPëP°C,Pë P·P°CfC,PsCfCfPIP°PSPSCl PŸP†P—P—PŸ
PïP°C†C-C"PSC,P°Pj C-P· PSpµCfC,P°P±C-P»CHPSPsCf PµPïC-P»PµPïCfC-C"Cf, P° P·P°
PïP°C†C-C"PSC,P°PjPë C-P· PePsPSC,CfPSP»CHPSPiP°PSPsCf PµPïC-P»PµPïCfC-C"Cf
PSPµPsP±C...C-PrPSPëPNë CfPµC,PµP»CHPSPëPNë PSp°PiP»ClPr.

PñP°PSC-Cl

PŸP†P—P—PŸ PïPsC,CfC-P±PSPs P· PsP±PµCfPµP¶PSC-CfC,Cf P·P°CfC,PsCfPsPICfPIP°C,Pë
PïP°C†C-C"PSC,P°Pj C-P· PjP°PSC-C"Cf/PiC-PïPsPjP°PSC-C"Cf PI P°PSP°PjPSPµP·C-. PµCfPë
PïPsClPIC- Cf PïP°C†C-C"PSC,P° PjP°PSC-P°PeP°P»CHPSPsPiPs CfC,P°PSCf PŸP†P—P—PŸ
CfP»C-Pr PIC-PrPjC-PSPëC,Pë.

PiCfPeCfPsPIPëPNë PrC-P°P±PµC.

PJ PïP°C†C-C"PSC,C-PI P· C†CfPeCfPsPIPëPj PrC-P°P±PµC,PsPj P»C-PeCfPIP°PSPSCl
PŸP†P—P—PŸ PjPsP¶Pµ PIPïP»PëPIP°C,Pë PSp° PiP»C-PePµPjC-C†PSPëPNë PePsPSC,CfPSP»CH
(PiC-PïPsPiP»C-PePµPjC-Cl P°P±Ps PiC-PïPµCfPiP»C-PePµPjC-Cl). P"PsP·P°
C-PSCfCfP»C-PSCf C,P°/P°P±Ps PïPµCfPsCfP°P»CHPSPsPiPs
PiC-PïPsPiP»C-PePµPjC-C†PSPsPiPs P·P°CfPsP±Cf PjPsP¶Pµ PïPsC,CfPµP±CfPIP°C,Pë
PePsCfPµPeC†C-C—.

PŸCfC—C†PëPr, CfCfC—C†PëPrP°P»CHPSC- PrCfPjPePë P°P±Ps PeP»C-PSC-C†PSPµ PïPsPiC-CfCëPµPSPSCl

P"µPïCfPµCfC-Cl PïPsPiBf™ ClP·P°PSP° P· PïC-PrPIPëC%PµPSPëPj CfPëP·PëPePsPj
CfCfC—C†PëPrCf, CfCfC—C†PëPrP°P»CHPSPëC... PrCfPjPsPe C,P° P·P°PIPrP°PSPSCl
CfPsP±C- CëPePsPrPë (CfCfC—C†PëPrP°P»CHPSC- PrC-C—). PiPµPNë CfPëP·PëPe
P·P±PµCfC-PiP°C,CfCfCl PrPs PrPsCfClPiPSPµPSPSCl CfC,C-PNëPePsC—
CfPµPjC-CfC-C—. PhCfPeC-P»CHPePë PïPsPeCfP°C%PµPSPSCl CfC,P°PSCf PjPsP¶Pµ PSpµ
PIC-PrP±CfC,PëCfCl PïCfPsC,ClPiPsPj PïPµCfCëPëC... C,PëP¶PSC-PI P»C-PeCfPIP°PSPSCl
P°P±Ps P±C-P»CHCëPµ, CfP»C-Pr CfPµC,PµP»CHPSPs CfPiPsCfC,PµCfC-PiP°C,Pë P·P°
PïP°C†C-C"PSC,P°PjPë PrPs PïPsPeCfP°C%PµPSPSCl C—C...PSCfPsPiPs CfC,P°PSCf.
P'C-PrPsPjPs, C%Ps CfPëP·PëPe CfCfC—C†PëPrCf PjPsP¶Pµ P·CfPsCfC,P°C,Pë PSp°
CfP°PSPSC-C... CfC,P°PrC-ClC... PsPrCfP¶P°PSPSCl.

P†PSCëC- PïCfPëC...C-C†PSC- CfPSP·P»P°PrPë, P·P° ClPëPëC... P·P°CfC,PsCfPsPICfCfC,CH
PµCfC†PëC,P°P»PsPïCfP°Pj, C,P°PePsP¶ PjPsP¶CfC,CH P±CfC,Pë PïPsPiBf™ ClP·P°PSC- P·C-
P·CfPsCfC,P°PSPSClPj CfPëP·PëPeCf CfCfC—C†PëPrP°P»CHPSPëC... PrC-PNë. PñCfC-Pj
C†CHPSPiPs, C†C- CfC,P°PSPë PjPsP¶CfC,CH P±CfC,Pë PePsPjPsCfP±C-PrPSPëPjPë P·
PIPµP»PëPePëPj PrPµPïCfPµCfPëPIPSPëPj CfPSP·P»P°PrPsPj. PµPsPrC-P±PSPsC—
PsP±PµCfPµP¶PSPsCfC,C- PïPsC,CfC-P±PSPs PrPsC,CfPëPjCfPIP°C,PëCfCl C- PïCfPë
P»C-PeCfPIP°PSPSC- C-PSCëPëC... PïCfPëC...C-C†PSPëC... CfPSP·P»P°PrC-PI.

PSPµCfPµP· PIPëCfPsPePëPNë CfPëP·PëPe CfCfC—C†PëPrP°P»CHPSPëC... PrCfPjPsPe C,P°
PrC-PNë PïC-Pr C†P°Cf P»C-PeCfPIP°PSPSCl PSpµPsP±C...C-PrPSPµ CfPµC,PµP»CHPSPµ
CfPiPsCfC,PµCfPµP¶PµPSPSCl P·P° PïP°C†C-C"PSC,P°PjPë P·C-

PhPrPSPSc†P°C†PSPμ P·P°C†C,PsC†C†PIP°PSPSC† PŸP†P—P—PŸ C,P° C†PsC†P»PëPSPSPëC...
P·P°C†PsP±C-PI, C‰Ps PjC-C†C,C†C,CH P·PIC-C†PsP±C-PNë (*Hypericum perforatum*), PjPsP†Pμ

ΠiC-PrPIPeC%oCfPIP°C,Pē C±P°CfC,PsC,Cf ΠiPsP±C-C±PSPeC... CηPμP°PeC†C-PNē.

PŸPePjPiC,PsPjPē PIC-PrPjC-PSPē

PμCηPē ΠiCηPēΠiPēPSPμPSPSC- P»C-PeCfPIP°PSPSCΠ (PsCfPsP±P»PēPIPs CηP°ΠiC,PsPIPsPjCf) P·P·P·PIPeC±P°PNē ΠiPēPSPēPeP°CηC,Ch CfPēPjPiC,PsPjPē PIC-PrPjC-PSPē. PμC-Pr C±P°Cf PeP»C-PSC-C±PSPeC... ΠiPēΠiCηPsP±CfPIP°PSCη ΠiPsP±C-C±PSC- PrC-C—, ΠiPsPIBη™ CΠP·P°PSC- C-P· ΠiCηPēΠiPēPSPμPSPSCΠPj P»C-PeCfPIP°PSPSCΠ, CfΠiPsCfC,PμCηC-ΠiP°P»PēCfCΠ ΠiCηPēP±P»PēP·PSPs Cf 25 % ΠiP°C†C-C”PSC,C-Πi ΠiCηCfΠiPē PμCfC†PēC,P°P»PsΠiCηP°PjCf C,P° Cf 15 % ΠiP°C†C-C”PSC,C-Πi ΠiCηCfΠiPē ΠiP»P°C†PμP±Ps.

P PēP·PēPe ΠiPēPSPēPePSPμPSPSCΠ CfPēPjPiC,PsPjC-Πi PIC-PrPjC-PSPē P·P·P»PμPΠPēC,Ch PIC-Pr PeC-P»ChPePsC... C„P°PeC,PsCηC-Πi, P·PsPeCηPμPjP° PIC-Pr C,CηPēPIP°P»PsCfC,C- C,PμCηP°ΠiC-C— C,P° PrPsP·Pē, ΠiPsCfC,CfΠiPsPIPsCfC,C- P·PjPμPSC€PμPSPSCΠ PrPsP·Pē. P—P°ΠiP°PjPsCηPsC±PμPSPSCΠ, CfPμPSCfPsCηPSC- ΠiPsCηCfC€PμPSPSCΠ (Cf C„ C±. ΠiP°CηPμCfC,PμP·C-CΠ C,P° PIC-PrC±CfC,C,CΠ CfPrP°CηCf CfC,CηCfPjPsPj), CηPsP·P»P°PrPē CfPSCf (Cf C„ C±. P±PμP·CfPsPSPSCΠ C,P° CΠCfPeCηP°PIC- CfPSPsΠiPēPrC-PSPSCΠ), P·P±CfPrPμPSPSCΠ P°P±Ps C,CηPēPIPsPiP°, PSCfPrPsC,P° C,P°/P°P±Ps P±P»CηPIP°PSPSCΠ, C,CηPμPjPsCη, CfΠiP»CfC,P°PSC-CfC,Ch CfPIC-PrPsPjPsCfC,C-, ΠiC-PrPIPeC%oPμPSPμ ΠiPsC,PsPIPePrC-P»PμPSPSCΠ, ΠiPsP»PsPIPSPēPNē P±C-P»Ch, PrC-P°CηPμCΠ, ΠiPsCfPēP»PμPSPμ CfPμCηC†PμP±PēC,C,CΠ, PμPjPsC†C-PNēPSP° PSPμCfC,P°P±C-P»ChPSC-CfC,Ch, PrCηP°C,C-ΠiP»PēPIC-CfC,Ch C- ΠiPsCηCfC€PμPSPSCΠ P·PsCηCf P·P°C„C-PeCfPsPIP°PSC- CΠPe PSP°PNēP±C-P»ChC€ C±P°CfC,C- CηPμP°PeC†C-C— P—P°ΠiP°P»PsPj C†C- CfPēPjPiC,PsPjPē CfP»P°P±PePsC— P°P±Ps ΠiPsPjC-CηPSPsC— C,CΠPμPePsCfC,C-, PsPrPSP°Pe Cf PrPμCΠPePēC... ΠiP°C†C-C”PSC,C-Πi PjPsPμCfC,Ch P±CfC,Pē C,CΠPμPePēPjPē. P°PsPSPē P·P·P·PIPeC±P°PNē ΠiPēPSPēPeP°CηC,Ch Cf ΠiPμCηC€C- PeC-P»ChPeP° PrC-P± ΠiC-CfP»CΠ ΠiCηPēΠiPēPSPμPSPSCΠ P»C-PeCfPIP°PSPSCΠ, C...PsC±P° P±CfP»Pē ΠiPsPsPrPēPSPsPeC- ΠiPsPIC-PrPsPjP»PμPSPSCΠ ΠiCηPs ΠiPēPSPēPePSPμPSPSCΠ C,P°PePēC... CfPēPjPiC,PsPjC-Πi ΠiC-CfP»CΠ PSPμPSP°PIPjPēCfPSPsPiPs ΠiCηPsΠiCfCfPeCf P»PēC€Pμ PsPrPSC-C”C— PrPsP·Pē. P—P°P·PIPeC±P°PNē C†C- CfPēPjPiC,PsPjPē PsP±PjPμPμPSPsC— C,CηPēPIP°P»PsCfC,C- C- ΠiCηPsC...PsPrCΠC,Ch P·P° 2 C,PēPμPSC-, C...PsC±P° Cf PrPμCΠPePēC... ΠiP°C†C-C”PSC,C-Πi PjPsPμCfC,Ch PSP°P±CfPIP°C,Pē C,CηPēPIP°P»PsPiPs ΠiPμCηPμP±C-ΠiCf (2Bη”3 PjC-CfCΠC†C- C- P±C-P»ChC€Pμ). Pj C†ChPsPjCf ΠiPēΠiP°PrPeCf CηPμPePsPjPμPSPPrCfC”C,ChCfCΠ ΠiCηPēΠiPēPSCΠC,Pē P·P°CfC,PsCfCfPIP°PSPSCΠ PμCfC†PēC,P°P»PsΠiCηP°PjCf C€P»CΠC...PsPj ΠiPsCfC,CfΠiPsPIPsPiPs P·PjPμPSC€PμPSPSCΠ PrPsP·Pē ΠiCηPsC,CΠPiPsPj PeC-P»ChPePsC... C,PēPμPSC-Πi PrPs PeC-P»ChPePsC... PjC-CfCΠC†C-Πi P·P°P»PμPμPSPs PIC-Pr CfC,P°PSCf ΠiP°C†C-C”PSC,P°.

PμPsCηPsPSP°CηPSP° C...PIPsCηPsP±P° CfPμCηC†CΠ

P§PμCηPμP· PsP±PjPμPμPSC-CfC,Ch PeP»C-PSC-C±PSPsPiPs PrPsCfPIC-PrCf PSPμPsP±C...C-PrPSP° PsP±PμCηPμPμPSC-CfC,Ch ΠiCηPē P»C-PeCfPIP°PSPSC- ΠiP°C†C-C”PSC,C-Πi C-P· PePsCηPsPSP°CηPSPsCh C...PIPsCηPsP±PsCh CfPμCηC†CΠ.

PμPsPrPsPIPμPμPSPSCΠ C-PSC,PμCηPIP°P»Cf QT

P°PēCΠiP»PμPSPs, C%oPs PμCfC†PēC,P°P»PsΠiCηP°Pj CfΠiCηPēC±PēPSCΠC” PrPsP·PsP·P°P»PμPμPSPμ ΠiPsPrPsPIPμPμPSPSCΠ C-PSC,PμCηPIP°P»Cf QT. PjΠiCηPsPrPsPIPμ ΠiPsCfC,PjP°CηPePμC,PēPSPiPsPIPsPiPs ΠiPμCηC-PsPrCf ΠiPsPIC-PrPsPjP»CΠP»PsCfCh ΠiCηPs ΠiPēΠiP°PrPePē ΠiPsPrPsPIPμPμPSPSCΠ C-PSC,PμCηPIP°P»Cf QT, P·PsPeCηPμPjP°

PIP_μCT_μP_μC, P_μPSPsP_iPsPrC-P±PSC_í P°CT_μP_ēC, P_jC-CT_μ, P_iP_μCT_μP_μPIP°P_¶PSPs C_í
P_iP°C_†C-C" PSC, C-PI P_¶C-PSPsC_†PsC— C_íC, P°C, C- P· PiC-P_iPsPeP°P»C-C" P_jC-C"CT_μ P°P±Ps
CT_μP°PSC-C_ēP_μ C-C_íPSC_íCT_μC_†P_ēP_j P_iPsPrPsPIP_¶P_μPSPSC_¶P_j C-PSC, P_μCT_μPIP°P»C_í QT C_†P_ē
C-PSC_ēP_ēP_jP_ē C_íP_μCT_μC_†P_μPIP_ēP_jP_ē P·P°C...PIP_sCT_μCT_μPIP°PSPSC_¶P_jP_ē.

P P_μPePsP_jP_μPSP_rC_íC" C, CT_μC_íC_¶ P· PsP±P_μCT_μP_μP_¶PSC-C_íC, CT_μ P·P°C_íC, PsC_íPsPIC_íPIP°C, P_ē
P»C-PeP°CT_μC_íCT_μPeP_ēP_μ P·P°C_íC-P± P_iP°C_†C-C" PSC, P°P_j P·C- P·PSP°C_†PSPsCT_μ
P±CT_μP°PrP_ēPeP°CT_μPrC-C"CT_μ P°P±Ps P_iP°C_†C-C" PSC, P°P_j C-P· PSP_μC%PsPrP°PIPSPs
P_iP_μCT_μP_μPSP_μC_íP_μPSP_ēP_j P_iPsC_íC, CT_μP_ēP_j C-PSC, P°CT_μPeC, PsP_j P_jC-PsPeP°CT_μPrP° C_†P_ē
PSP_μPePsP_jP_iP_μPSC_íPsPIP°PSPsCT_μ C_íP_μCT_μC_†P_μPIPsCT_μ PSP_μPrPsC_íC, P°C, PSC-C_íC, CT_μ.

P·P»P_μPeC, CT_μPsP»C-C, PSC- CT_μPsP·P»P°PrP_ē, C, P°PeC- C_¶Pe PiC-P_iPsPeP°P»C-C" P_jC-C_¶ C, P°
PiC-P_iPsP_jP°PiPSC-C" P_jC-C_¶, P_iC-PrPIP_ēC% C_íCT_μC, CT_μCT_μP_ēP·P_ēPe PIP_ēPSP_ēPePSP_μPSPSC_¶
P·P»PsC_¶PeC-C_íPSP_ēC... P°CT_μP_ēC, P_jC-P_μ, C—C... C_íP»C-Pr PePsCT_μP_ēPiC_íPIP°C, P_ē PrPs
P_iPsC_†P°C, PeC_í P»C-PeC_íPIP°PSPSC_¶ P_μC_íC_†P_ēC, P°P»PsP_iCT_μP°P_jPsP_j.

P_j P_iP°C_†C-C" PSC, C-PI P·C- C_íC, P°P±C-P»CT_μPSP_ēP_j C_íP_μCT_μC_†P_μPIP_ēP_j
P·P°C...PIP_sCT_μCT_μPIP°PSPSC_¶P_j PrPs P_iPsC_†P°C, PeC_í P»C-PeC_íPIP°PSPSC_¶ C_íP»C-Pr
PiCT_μPsPIP_μC_íC, P_ē P·P_μP°.

P_iPeC%Ps P_iC-Pr C_†P°C_í P»C-PeC_íPIP°PSPSC_¶ P_μC_íC_†P_ēC, P°P»PsP_iCT_μP°P_jPsP_j
PIP_ēPSP_ēPeP°CT_μC, CT_μ PsP·PSP°PeP_ē C_íP_μCT_μC_†P_μPIPsC— P°CT_μP_ēC, P_jC-C—, C_íP»C-Pr
PiCT_μP_ēPiP_ēPSP_ēC, P_ē P»C-PeC_íPIP°PSPSC_¶ C- P·CT_μPsP±P_ēC, P_ē P·P_μP°.

P_μC-Pr C_†P°C_í P·P°C_íC, PsC_íC_íPIP°PSPSC_¶ P»C-PeP°CT_μC_íCT_μPePsPiPs P·P°C_íPsP±C_í
P·C_íC_†P_ēC, P°P»PsP_iCT_μP°P_j-P_μP_μPIP° PSP_μ C_íP»C-Pr PIP_¶P_ēPIP°C, P_ē P°P»PePsPiPsP»CT_μPSC-
PSP°PiPsC—.

P—P°PeCT_μP_ēC, PsPeC_íC, PsPIP° PiP»P°C_íPePsP_jP°

P_μP_†P—P—P_μ, PIP_ēP»CT_μC_†P°CT_μC_†P_ē P_μC_íC_†P_ēC, P°P»PsP_iCT_μP°P_j, P_jPsP_¶C_íC, CT_μ
PIP_iP»P_ēPIP°C, P_ē PSP° CT_μPsP·P_jC-CT_μ P·C-PSP_ēC_†C-, C%Ps PiCT_μPsC_¶PIP»C_¶C" C, CT_μC_íC_¶
P_jC-PrCT_μC-P°P·PsP_j. P' C_íPIPsCT_μ C_†P_μCT_μPiC_í, CT_μPsP·C_ēP_ēCT_μP_μPSPSC_¶ P·C-PSP_ēC_†C-
P_jPsP_¶P_μ P·C_íP_jPsPIP»CT_μPIP°C, P_ē P·PIC_íP_¶P_μPSPSC_¶ PeC_íC, P° PsPeP° C-, C_¶Pe
PSP°C_íP»C-PrPsPe, P_iC-PrPIP_ēC% C_íPIP°C, P_ē PIPSC_íC, CT_μC-C_ēPSCT_μPsPsC_†PSP_ēP_μ C, P_ēC_íPe
C, P° PiCT_μPsPIPsPeC_íPIP°C, P_ē P·P°PeCT_μP_ēC, PsPeC_íC, PsPIC_í PiP»P°C_íPePsP_jC_í,
PsC_íPsP±P»P_ēPIPs C_í C_íC...P_ēP»CT_μPSP_ēC... P_iP°C_†C-C" PSC, C-PI. P_μPsP_jC_í
P_μC_íC_†P_ēC, P°P»PsP_iCT_μP°P_j C_íP»C-Pr P·P°C_íC, PsC_íPsPIC_íPIP°C, P_ē P·
PsP±P_μCT_μP_μP_¶PSC-C_íC, CT_μ P_iP°C_†C-C" PSC, P°P_j C-P· P·P°PeCT_μP_ēC, PsPeC_íC, PsPIPsCT_μ
PiP»P°C_íPePsP_jPsCT_μ P°P±Ps PiP»P°C_íPePsP_jPsCT_μ PI P°PSP°P_jPSP_μP·C-.

P_μCT_μP_μPIP° PrP_ēC_íC, C_íPSP_ēC_†C-C_¶

P—P°C_íC, PsC_íC_íPIP°PSPSC_¶ P_μP_†P—P—P_μ/P_μP_†P—P—P_μ P_jPsP_¶P_μ P·C_íP_jPsPIP»CT_μPIP°C, P_ē
C_íP_ēP_jP_iC, PsP_jP_ē C_íP_μPeC_íC_íP°P»CT_μPSPsC— PrP_ēC_íC, C_íPSP_ēC_†C-C—, P±C_íP»P_ē
P_iPsPIC-PrPsP_jP»P_μPSPSC_¶ PiCT_μPs PrPsPIPiPsC, CT_μP_ēPIP°P»C_í C_íP_μPeC_íC_íP°P»CT_μPSC_í
PrP_ēC_íC, C_íPSP_ēC_†C-CT_μ, PePsP»P_ē C_íP_ēP_jP_iC, PsP_jP_ē PSP_μ P·PSP_ēPeP°P»P_ē PSP°PIC-C, CT_μ
PiC-C_íP»C_¶ PiCT_μP_ēPiP_ēPSP_μPSPSC_¶ P»C-PeC_íPIP°PSPSC_¶ P_μP_†P—P—P_μ/P_μP_†P—P—P_μ.

-

P—P°C_íC, PsC_íC_íPIP°PSPSC_¶ C_í P_iP_μCT_μC-PsPr PIP°PiC-C, PSPsC_íC, C- P°P±Ps
PiPsPrC_íPIP°PSPSC_¶ PiCT_μC_íPrPrCT_μ.

P°P°PiC-C,PSC-CÍC,CH

P°P°PSC- PiCḡPs P·P°CÍC,PSCÍCÍPIP°PSPSCÍ PμCÍC†PëC,P°P»PsPiCḡP°PjCÍ PiC-Pr C‡P°CÍ
PIP°PiC-C,PSPsCÍC,C- PsP±PjPμP¶PμPSC-. P° PrPsCÍP»C-PrP¶PμPSPSCÍC...
CḡPμPiCḡPsPrCÍPeC,PëPIPPSPsC— C,PSPeCÍPëC‡PSPsCÍC,C- PμCÍC†PëC,P°P»PsPiCḡP°PjCÍ PSP°
C,PIP°CḡPëPSP°C... CÍPiPsCÍC,PμCḡC-PiP°P»Pë PμPjP±CḡC-PsC,,PμC,PSC,PSPeCÍPëC‡PSC-
PμC,,PμPeC,Pë, P°P»Pμ P±PμP· PiC-PrPIPëC%PμPSPSCÍ C‡P°CÍC,PSC,Pë
PIPëPSPëPePSPμPSPSCÍ PIP°Pr CḡPsP·PIPëC,PeCÍ. P·CÍC†PëC,P°P»PsPiCḡP°Pj
PiCḡPsC,PëPiPsPeP°P·P°PSPëPñ PIP°PiC-C,PSPëPj, P·P° PIPëPSCÍC,PePsPj PIPëPiP°PrPeC-PI,
PePsP»Pë PiC-CÍP»CÍ CḡPμC,PμP»CHPSPsPiPs CḡPsP·PiP»CÍPrCÍ PICÍC-C... CḡPëP·PëPeC-Pi
C- PiPμCḡPμPIP°Pi P±CÍP»P° C‡C-C,PePs PrPsPIPμPrPμPSP° PSPμPsP±C...C-PrPSC-CÍC,CH
PiCḡPëP·PSP°C‡PμPSPSCÍ P»C-PeP°CḡCÍCHPePsPiPs P·P°CÍPsP±CÍ.
P PμPePsPjPμPSPrCÍC°C,CHCÍCÍ CḡPμC,PμP»CHPSPμ PsP±CÍC,PμP¶PμPSPSCÍ
PSPsPiPsPSP°CḡPsPrP¶PμPSPëC..., PjP°C,PμCḡC- CÍPePëC... PiCḡPëPñPjP°P»Pë
PμCÍC†PëC,P°P»PsPiCḡP°Pj PiCḡPsC,CÍPiPsPj PiPμCḡC-PsPrCÍ PIP°PiC-C,PSPsCÍC,C-,
PsCÍPsP±P»PëPIPs CÍ P†P†P† C,CḡPëPjPμCÍC,CḡC-.

P—P°CÍC,PSCÍCÍPIP°PSPSCÍ PiCḡPμPiP°CḡP°C,CÍ PiC-Pr C‡P°CÍ PIP°PiC-C,PSPsCÍC,C- PSPμ
PiPsC,CḡC-P±PSPs PiCḡPëPiPëPSCÍC,Pë CḡP°PiC,PSPiPs.

P—P°C,,C-PeCÍPsPIP°PSC- C,P°PeC- PiPsCḡCÍC€PμPSPSCÍ CÍ
PSPsPiPsPSP°CḡPsPrP¶PμPSPëC..., PjP°C,PμCḡC- CÍPePëC... PiCḡPëPñPjP°P»Pë
PŸP†P—P—PŸ/PŸP†P—P—PŸP° PSP° PeC-PSC†PμPIPëC... CÍC,CḡPsPeP°C...
PIP°PiC-C,PSPsCÍC,C-: CḡPμCÍPiC-CḡP°C,PSCḡPSPëPñ PrPëCÍC,CḡPμCÍ-CÍPëPSPrCḡPsPj,
C†C-P°PSPsP·, P°PiPSPsPμ, CÍCÍPrPsPjPë, PSPμCÍC,P°P±C-P»CHPSC-CÍC,CH
C,PμPjPiPμCḡP°C,CÍCḡPë, C,CḡCÍPrPSPsC%— CÍPjPsPeC,P°PSPSCÍ, P±P»CHPIP°PSPSCÍ,
PiC-PiPsPiP»C-PePμPjC-CÍ, P°CḡC,PμCḡC-P°P»CHPSP° PiC-PiPμCḡC,PμPSP·C-CÍ,
P°CḡC,PμCḡC-P°P»CHPSP° PiC-PiPsC,PμPSP·C-CÍ, PiC-PiPμCḡCḡPμC,,P»PμPeCÍPë,
C,CḡPμPjPsCḡ, C,CḡPμPjC,C-PSPSCÍ, PSPμCḡPIPSPiPμ P·P±CÍPrP¶PμPSPSCÍ,
PrCḡP°C,C-PIP»PëPIC-CÍC,CH, CÍPsPSP»PëPIC-CÍC,CH, PiPsCÍC,C-PñPSPëPñ PiP»P°C‡,
PIBḡ™ CÍP»C-CÍC,CH C,P° C,CḡCÍPrPSPsC%— P·P°CÍPëPSP°PSPSCÍ. PiC-
PiPsCḡCÍC€PμPSPSCÍ PjPsP¶CÍC,CH P±CÍC,Pë PiCḡPsCÍPiPsPj
CÍPμCḡPsC,PSPSC-PSPμCḡPiC-C‡PSPëC... PμC,,PμPeC,C-PI P°P±Ps CÍPëPSPrCḡPsPjCÍ
PIC-PrPjC-PSPë. Pj P±C-P»CHC€PsCÍC,C- PIPëPiP°PrPeC-PI CÍCÍPeP»P°PrPSPμPSPSCÍ
PiPsC‡PëPSP°P»PëCÍCÍ PIC-PrCḡP°P·CÍ P°P±Ps C‡PμCḡPμP· PSPμP·PSP°C‡PSPëPñ C‡P°CÍ
(<24 PiPsPrPëPS) PiC-CÍP»CÍ PiPsP»PsPiC-PI.

PμPsPIC-PrPsPjP»CÍP»PsCÍCÍ, C%Ps P·P°CÍC,PSCÍCÍPIP°PSPSCÍ PŸP†P—P—PŸ
PIP°PiC-C,PSPëPj PjPsP¶Pμ PiC-PrPIPëC%CrPIP°C,Pë CḡPëP·PëPe CÍC,C-PñPePsC—
P»PμPiPμPSPμPiPsC— PiC-PiPμCḡC,PμPSP·C-C— CÍ PSPsPiPsPSP°CḡPsPrP¶PμPSPëC...,
CḡPëP·PëPe CÍC,P°PSPsPiPëPI PiCḡPëP±P»PëP·PSPs 5 PIPëPiP°PrPeC-PI PSP° 1000
PIP°PiC-C,PSPsCÍC,PμPñ, CḡPëP·PëPe CÍ P·P°PiP°P»CHPSC-Pñ PiPsPiCÍP»CÍC†C-C—
CÍPeP»P°PrP°C° 1Bḡ°2 PIPëPiP°PrPePë CÍC,C-PñPePsC— P»PμPiPμPSPμPiPsC—
PiC-PiPμCḡC,PμPSP·C-C— PSPsPiPsPSP°CḡPsPrP¶PμPSPëC... PSP° 1000
PIP°PiC-C,PSPsCÍC,PμPñ. P°P°PSC- CÍPiPsCÍC,PμCḡPμP¶PμPSCḡ PIPeP°P·CÍCḡC,CH PSP°
PiC-PrPIPëC%PμPSPëPñ CḡPëP·PëPe (PjPμPSC€Pμ PSC-P¶ CÍ 2 CḡP°P·Pë)
PiC-CÍP»CÍPiPsP»PsPiPsPiPsC— PeCḡPsPiPsC,PμC‡C- PiC-CÍP»CÍ P·P°CÍC,PSCÍCÍPIP°PSPSCÍ
PŸP†P—P—PŸ/PŸP†P—P—PŸP° PiCḡPsC,CÍPiPsPj PjC-CÍCÍC†CÍ PrPs PSP°CḡPsPrP¶PμPSPSCÍ
(PrPëPI. CḡPsP·PrC-P»Pë B«PḡCÍPsP±P»PëPIPsCÍC,C- P·P°CÍC,PSCÍCÍPIP°PSPSCÍB» C,P°
B«PμPsP±C-C‡PSC- CḡPμP°PeC†C-C-B»).

P°PsPrCÍPIP°PSPSCÍ PiCḡCÍPrPrCḡ

PhCfPeC-P»CHPePe PmCfCtPeC,P°P»PsPfcTjP°Pj PfcTjPsPSPePeP°C” C’ PfcTjCfPrPSPm
PjPsP»PsPePs, PfcTjPsC,CfPiPsPj P»C-PeCfPIP°PSPSCf PSpm CjPmPePsPjPmPSPPrCfC”C,CHCfCf
PiPsPrCfPIP°PSPSCf PfcTjCfPrPrCh.

P»PmCjC,PeP»CHPSC-CfC,CH

P”P°PSC- PrPsCfP»C-PrPmPmPSCH PSP° C,PIP°CjPePSP°C... PiPsPeP°P·P°P»Pe, C%Ps
PrPmCfPeC- PŸP†P—P—PŸ PjPsPmCfC,CH PIPiP»PePIP°C,Pe PSP° CfPeC-CfC,CH
CfPiPmCjPjPe. PmPsPIC-PrPsPjP»PmPSPSCf PfcTjPs P·P°CfC,PsCfCfPIP°PSPSCf
PrPmCfPePeC... PŸP†P—P—PŸ PiPsPeP°P·P°P»Pe, C%Ps PIPiP»PePI PSP° CfPeC-CfC,CH
CfPiPmCjPjPe C’ P»CHPrPePSPe C” Ps±PsCjPsC,PSPePj. P’PiP»PePI PSP°
C„PmCjC,PeP»CHPSC-CfC,CH P»CHPrPePSPe PrPsCfC- PSpm CfPiPsCfC,PmCjC-PiP°PICfCf.

P—PrP°C,PSC-CfC,CH PIPiP»PePIP°C,Pe PSP° C€PIPePrPeC-CfC,CH CjPmP°PeC†C-C— PfcTjPe
PePmCjCfPIP°PSPSC- P°PIC,PsC,CjP°PSCfPiPsCjC,PsPj P°P±Ps C-PSC€PePjPe
PjPmC...P°PSC-P·PjP°PjPe.

PfPsC±P° PICfC,P°PSPsPIP»PmPSPs, C%Ps PmCfCtPeC,P°P»PsPfcTjP°Pj PSpm PIPiP»PePIP°C”
PSP° CjPsP·CfPjPsPIC- C„CfPSPeC†C-C— C,P° PfcTjPeC...PsPjPsC,PsCjPSCf
P°PeC,PePIPSC-CfC,CH, P±CfPrCH-CfPePePn PfcTjPeC...PsP°PeC,PePIPSPePn P·P°CfC-P±
PjPsPmPiPsCjCfC€CfPIP°C,Pe P·PrP°C,PSC-CfC,CH CjPsP·CfCfPrP»PeIPs PjPeCfP»PeC,Pe
P°P±Ps PSP°PIPeC±PePe. PŸP»C-Pr PiPsPiPmCjPmPrPeC,Pe PiP°C†C-C”PSC,C-PI PfcTjPs
PiPsC,PmPSC†C-PnPSPePn CjPeP·PePe PIPiP»PePICf PSP° PePmCjCfPIP°PSPSCf
P°PIC,PsC,CjP°PSCfPiPsCjC,PsPj P°P±Ps C-PSC€PePjPe PjPmC...P°PSC-P·PjP°PjPe.

PŸPiPsCfC-P± P·P°CfC,PsCfCzPIP°PSPSCf C,P° PrPsP·Pe.

P’Pm·PiPmC±PSPm P·P°CfC,PsCfCfPIP°PSPSCf PrPsP·Pe PiPsPSP°Pr 20 PjPi PSpm
PfcTjPsPrPmPjPsPSCfC,CjPsPIP°PSPm.

P»C-PeP°CjCfCHPePePn P·P°CfC-P± P·CfCtPeC,P°P»PsPfcTjP°Pj-PŸPmPIP°
PfcTjPeP·PSP°C±P°ChC,CH PiPmCjPsCjP°P»CHPSPs 1 CjP°P· PSP° PrPsP±Cf
PSPmP·P°P»PmPmPSPs PIC-Pr PfcTjPePnPsPjCf C—PmC-.

P’PmP»PePePePn PrPmPiCjPmCfPePIPSPePn PmPiC-P·PsPr

P—P°P·PIPeC±P°Pn PfcTjPeP·PSP°C±P°ChC,CH 10 PjPi PSP° PrPsP±Cf. P—P°P»PmPmPSPs PIC-Pr
C-PSPPrPePIC-PrCfP°P»CHPSPsC— CjPmP°PeC†C-C— PiP°C†C-C”PSC,P° PrPsP·Cf PjPsPmPSP°
PiC-PrPIPeC%PeC,Pe PrPs PjP°PeCfPePjP°P»CHPSPsC— - 20 PjPi PSP° PrPsP±Cf.
PhPSC,PePrPmPiCjPmCfP°PSC,PSPePn PmC„PmPeC, P·P°P·PIPeC±P°Pn
CjPsP·PIPePIP°C”C,CHCfCf C±PmCjPmP· 2Bj”4 C,PePmPSC- PiC-CfP»Cf PiPsC±P°C,PeCf
P»C-PeCfPIP°PSPSCf. PmC-CfP»Cf P·PSPePePSPmPSPSCf CfPePjPiC,PsPjC-PI
PrPmPiCjPmCfC-C— P»C-PeCfPIP°PSPSCf PSpmPs±C...C-PrPSPs PfcTjPsPrPsPIPmCfPIP°C,Pe
C%Pm PjC-PSC-PjCfPj 6 PjC-CfCfC†C-PI PrP»Cf P·PjC-C†PSPmPSPSCf
PrPsCfCfPiPSCfC,PsPiPs PmC„PmPeC,Cf.

PmP°PSC-C±PSC- CjPsP·P»P°PrPe P·/P±PmP· P°PiPsCjP°C„PsP±C-C—

Pj PiPmCjC€PePn C,PePmPrPmPSCH P»C-PeCfPIP°PSPSCf CjPmPePsPjPmPSPPrCfC”C,CHCfCf

PrPsP·P° 5 PjPi PSP° PrPsP±Cf, CŭPeCf PiPsC,C-Pj P·P±C-P»CHC€CfCHC,CH PrPs 10 PjPi PSP° PrPsP±Cf. P—P°P»PμP¶PSPs PIC-Pr C-PSPrPëPIC-PrCfP°P»CHBPSPsC— CŭPμP°PeC†C-C— PiP°C†C-C”PSC,P° PrPsP·Cf PI PiPsPrP°P»CHC€PsPjCf PjPsP¶PSP° PiC-PrPIPëC‰CfPIP°C,Pë PrPs PjP°PeC†PëPjP°P»CHBPSPsC— вґ” 20 PjPi PSP° PrPsP±Cf.

PґP°PeC†PëPjP°P»CHBPSPëPN C,PμCŭP°PiPμPIC,PëC†PSPëPN PμC,,PμPeC, PrPsC†CŭPiP°C”C,CHC†Cŭ PiCŭPëP±P»PëP·PSPs P·P° 3 PjC-C†CŭC†C-. PŷPμCŭP°PiC-Cŭ C,CŭPëPIP°C” PrPμPeC-P»CHPeP° PjC-C†CŭC†C-PI.

PŷPsC†C-P°P»CHBPSC- C,CŭPëPIPsP¶PSC- CŭPsP·P»P°PrPë

P—P°P·PIPëC†P°PN PiCŭPëP·PSP°C†P°CHC,CH PrPsP·Cf 10 PjPi PSP° PrPsP±Cf. PμPsC†P»P°P±P»PμPSPSCŭ C†PëPjPiC,PsPjC-PI P·P°P·PIPëC†P°PN CŭPsP·PIPëPIP°C”C,CHC†Cŭ P·P° 2вґ”4 C,PëP¶PSC-. P—P°P»PμP¶PSPs PIC-Pr C-PSPrPëPIC-PrCfP°P»CHBPSPsC— CŭPμP°PeC†C-C— PiP°C†C-C”PSC,P° PrPsP·Cf PI PiPsPrP°P»CHC€PsPjCf PjPsP¶PSP° P·PjPμPSC€PëC,Pë PrPs 5 PjPi PSP° PrPsP±Cf P°P±Ps PiC-PrPIPëC‰PëC,Pë PrPs PjP°PeC†PëPjP°P»CHBPSPsC— вґ” 20 PjPi PSP° PrPsP±Cf. PґC†PeC-P»CHPePë C†PsC†C-P°P»CHBPSPëPN C,CŭPëPIPsP¶PSPëPN CŭPsP·P»P°Pr C” P·P°C...PIPsCŭCHPIP°PSPSCŭPj C...CŭPsPSC-C†PSPsPiPs PiPμCŭPμP±C-PiCf, PrP»Cŭ P·PjC-C†PSPμPSPSCŭ PrPsC†CŭPiPSC†C,PsPiPs PμC,,PμPeC,Cf PjC-PSC-PjP°P»CHBPSP° CŭPμPePsPjPμPSPrPsPIP°PSP° C,CŭPëPIP°P»C-C†C,CH P»C-PeC†PIP°PSPSCŭ C†C,P°PSPsPIPëC,CH 12 C,PëP¶PSC-PI. P”P»Cŭ PiPsPiPμCŭPμPrP¶PμPSPSCŭ CŭPμC†PëPrPëPIC-PI P·P°C...PIPsCŭCHPIP°PSPSCŭ P»C-PeP°CŭC†CHPePëPN P·P°C†C-P± PjPsP¶PSP° PiCŭPëP·PSP°C†P°C,Pë PiCŭPsC,CŭPiPsPj 6 PjC-C†CŭC†C-PI P·P°P»PμP¶PSPs PIC-Pr C-PSPrPëPIC-PrCfP°P»CHBPSPsC— CŭPμP°PeC†C-C— PiP°C†C-C”PSC,C-PI. PґPμPsP±C...C-PrPSPs CŭPμPiCfP»CŭCŭPSPs PiPμCŭPμPIC-CŭCŭC,Pë C,PμCŭP°PiPμPIC,PëC†PSC† PePsCŭPëC†C,CH P»C-PeC†PIP°PSPSCŭ.

PŷPsC†C-P°P»CHBPSPëPN C,CŭPëPIPsP¶PSPëPN CŭPsP·P»P°Pr PjP°C” C†C-C,PePs PIPëP·PSP°C†PμPSC† PrC-P°PiPSPsC†C,PëC†PSC† C,PμCŭPjC-PSPsP»PsPiC-CH PePsPSPeCŭPμC,PSPsPiPs P·P°C...PIPsCŭCHPIP°PSPSCŭ, CŭPePμ PSPμ C†P»C-Pr PiP»C†C,P°C,Pë P· PiC-PiPμCŭC,CŭPsC,,PsPIP°PSPsCH C†PsCŭPsPjвґ” CŭP·P»PëPIC-C†C,CH. PґP°CŭPjP°PePsC,PμCŭP°PiC-Cŭ PiPsPeP°P·P°PSP° PIPëPeP»CHC†PSPs PrP»Cŭ CŭPsP·P»P°PrCf, C‰Ps C†C†C,C,C”PIPs PIP»PëPIP°C” PSP° PiCŭPsC,,PμC†C-PN PSC† C,P° C†PsC†C-P°P»CHBPSC† P°PeC,PëPIPSC-C†C,CH P»CHPrPëPSPë. P·C,,PμPeC,PëPIPSC-C†C,CH C,P°PePsPiPs P»C-PeC†PIP°PSPSCŭ PiPsCŭC-PIPSCŭPSPs P· PePsPiPSC-C,PëPIPSPsCH PiPsPIPμPrC-PSPePsIPsCH C,PμCŭP°PiC-C”CH PSPμ PrPsC†P»C-PrP¶C†PIP°P»P°C†Cŭ. PґP°CŭPjP°PePsC,PμCŭP°PiC-Cŭ PjP°C” P±C†C,Pë C†P°C†C,PëPSPsCH P·P°PiP°P»CHBPSPsC— C,PμCŭP°PiPμPIC,PëC†PSPsC— C†C,CŭP°C,PμPiC-C—.

P”PμPSPμCŭP°P»C-P·PsPIP°PSC- C,CŭPëPIPsP¶PSC- CŭPsP·P»P°PrPë

P PμPePsPjPμPSPrPsPIP°PSP° PiPsC†P°C,PePsPIP° PrPsP·P° C†C,P°PSPsPIPëC,CH 10 PjPi PSP° PrPsP±Cf. P—P°P»PμP¶PSPs PIC-Pr C-PSPrPëPIC-PrCfP°P»CHBPSPsC— CŭPμP°PeC†C-C— PiP°C†C-C”PSC,P° PrPsP·Cf PI PiPsPrP°P»CHC€PsPjCf PjPsP¶PSP° P·P±C-P»CHC€PëC,Pë PrPs PjP°PeC†PëPjP°P»CHBPSPsC— вґ” 20 PjPi PSP° PrPsP±Cf. P PμPePsPjPμPSPrC†C”C,CHC†Cŭ PiCŭPsPrPsPIP¶C†PIP°C,Pë P»C-PeC†PIP°PSPSCŭ PiCŭPsC,CŭPiPsPj 3 PjC-C†CŭC†C-PI. P”PsP·IPsP»CŭC”C,CHC†Cŭ C,CŭPëPIP°P»Pμ P·P°C†C,PsC†C†PIP°PSPSCŭ P»C-PeP°CŭC†CHPePsPiPs P·P°C†PsP±C† (6 PjC-C†CŭC†C-PI) C† PrPsP·C- 20 PjPi PSP° PrPsP±C† P· PjPμC,PsCH PiPsPiPμCŭPμPrP¶PμPSPSCŭ CŭPμC†PëPrPëPIC-PI. PґPμPsP±C...C-PrPSPs CŭPμPiCfP»CŭCŭPSPs PiPμCŭPμPIC-CŭCŭC,Pë C,PμCŭP°PiPμPIC,PëC†PSC† PePsCŭPëC†C,CH P»C-PeC†PIP°PSPSCŭ C,P° PrPsP·Cf.

PhP±CfPµCfPëPIPSPs-PePsPjPíCfP»CHCfPëPIPSC- CjPsP·P»P°PrPë (PhPµP)

P—P°P·PIPëC±P°PNë PíCjPëP·PSP°C±P°CHC,CH PrPsP·Cf 10 PjPi PSP° PrPsP±Cf.
P—P°P»PµP¶PSPs PIC-Pr C-PSPPrPëPIC-PrCfP°P»CHBPSPsC— C±CfC,P»PëPIPsCfC,C- PrPsP·Cf
PjPsP¶PSP° P·P±C-P»CHCëPëC,Pë PrPs 20 PjPi PSP° PrPsP±Cf. PhPµP бґ“ C...CjPsPSC-C±PSPµ
P·P°C...PIPsCjCHPIP°PSPSC¶, P»C-PeCfPIP°PSPSC¶ PjP°C” C,CjPëPIP°C,Pë
PrPsCfC,P°C,PSC-PNë PíPµCjC-PsPr PrP»C¶ P·P°P±PµP·PíPµC±PµPSPSC¶ PíPsPIPSPsPiPs
P·PSPëPePSPµPSPSC¶ CfPëPjPíC,PsPjC-PI, C¶PePëPNë PjPsP¶Pµ CfC,P°PSPsPIPëC,Pë
PeC-P»CHPeP° PjC-CfC¶C†C-PI P°P±Ps PSP°PIC-C,CH P±C-P»CHCëPµ. PkPµPsP±C...C-PrPSPs
CjPµPiCfP»C¶CjPSPs PsC†C-PSC¶PIP°C,Pë C,PµCjP°PíPµPIC,PëC±PSCf PePsCjPëCfC,CH
P»C-PeCfPIP°PSPSC¶ C,P° PrPsP·Cf.

PµP°C†C-C”PSC,Pë P»C-C,PSCµPsPiPs PIC-PeCf (PIC-PePsPj PIC-Pr 65 CjPsPeC-PI)

PµPsC±P°C,PePsPIP° PrPsP·P° бґ“ 5 PjPi PSP° PrPsP±Cf. P—P°P»PµP¶PSPs PIC-Pr
PIC-PrPíPsPIC-PrC- PePsPSPeCjPµC,PSPsPiPs PíP°C†C-C”PSC,P° PrPsP·Cf PjPsP¶PSP°
PíC-PrPIPëC%oPëC,Pë PrPs 10 PjPi PSP° PrPsP±Cf. PµCjPëP·PSP°C±P°CHC,CH
PSP°PNëPjPµPSCëCf PµC,,PµPeC,PëPIPSCf PrPsP·Cf.

P·C,,PµPeC,PëPIPSC-CfC,CH P»C-PeP°CjCfCHPePsPiPs P·P°CfPsP±Cf
P·CfC†PëC,P°P»PsPíCjP°Pj-PjPµPIP° PíCjPë CfPsC†C-P°P»CHBPSPsPjCf C,CjPëPIPsP¶PSPsPjCf
CjPsP·P»P°PrC- Cf PíP°C†C-C”PSC,C-PI P»C-C,PSCµPsPiPs PIC-PeCf PSPµ
PrPsCfP»C-PrP¶CfPIP°P»P°CfC¶.

PµPsCjCfCëPµPSPSC¶ C,,CfPSPeC†C-C— PSPëCjPsPe

PµP°C†C-C”PSC,P°Pj C-P· P»PµPiPePsCH C,P° PíPsPjC-CjPSPsCH PSPëCjPePsPIPsCH
PSPµPrPsCfC,P°C,PSC-CfC,CH PePsCjPëPíCfPIP°PSPSC¶ PrPsP·Pë PSPµ PíPsC,CjC-P±PSPµ.
PµP°C†C-C”PSC,P°Pj C-P· C,C¶P¶PePëPjPë PíPsCjCfCëPµPSPSC¶PjPë C,,CfPSPeC†C-C—
PSPëCjPsPe (CLcr PjPµPSCëPµ 30 PjP»/C...PI) P»C-PeP°CjCfCHPePëPNë P·P°CfC-P± CfP»C-Pr
PíCjPëP·PSP°C±P°C,Pë P· PsP±PµCjPµP¶PSC-CfC,CH.

PµPsCjCfCëPµPSPSC¶ C,,CfPSPeC†C-C— PíPµC±C-PSPePë

PµP°C†C-C”PSC,P°Pj C-P· P»PµPiPePsCH C,P° PíPsPjC-CjPSPsCH PíPµC±C-PSPePsPIPsCH
PSPµPrPsCfC,P°C,PSC-CfC,CH CjPµPePsPjPµPSPPrPsPIP°PSP° PíPsC±P°C,PePsPIP° PrPsP·P° PI
PíPµCjCëC- PrPIP° C,PëP¶PSC- CfC,P°PSPsPIPëC,CH 5 PjPi PSP° PrPsP±Cf. P—P°P»PµP¶PSPs
PIC-Pr C-PSPPrPëPIC-PrCfP°P»CHBPSPsC— CjPµP°PeC†C-C— PíP°C†C-C”PSC,P° PrPsP·Cf PI
PíPsPrP°P»CHCëPsPjCf PjPsP¶PSP° P·P±C-P»CHCëPëC,Pë PrPs 10 PjPi PSP° PrPsP±Cf. PµCjPë
C,C¶P¶PePsPjCf PíPsCjCfCëPµPSPSC- C,,CfPSPeC†C-C— PíPµC±C-PSPePë
PSPµPsP±C...C-PrPSC- PsP±PµCjPµP¶PSC-CfC,CH Cf PíCjPëP·PSP°C±PµPSPSC- C,P°
CjPµC,PµP»CHBPSPµ C,PëC,CjCfPIP°PSPSC¶ PrPsP·Pë P»C-PeP°CjCfCHPePsPiPs
P·P°CfPsP±Cf.

P—PSPëP¶PµPSP° P°PeC,PëPIPSC-CfC,CH C-P·PsC,,PµCjPjPµPSC,Cf CYP2C19

P”P»C¶ PíP°C†C-C”PSC,C-PI C-P· PIC-PrPsPjPsCH CfP»P°P±PePsCH P°PeC,PëPIPSC-CfC,CH
C-P·PsC,,PµCjPjPµPSC,Cf CYP2C19 CjPµPePsPjPµPSPPrPsPIP°PSP° PíPsC±P°C,PePsPIP° PrPsP·P°
P»C-PeP°CjCfCHPePsPiPs P·P°CfPsP±Cf P·CfC†PëC,P°P»PsPíCjP°Pj-PjPµPIP° PI PíPµCjCëC-
PrPIP° C,PëP¶PSC- CfC,P°PSPsPIPëC,CH 5 PjPi PSP° PrPsP±Cf. P—P°P»PµP¶PSPs PIC-Pr
C-PSPPrPëPIC-PrCfP°P»CHBPSPsC— CjPµP°PeC†C-C— PíP°C†C-C”PSC,P° PrPsP·Cf PI
PíPsPrP°P»CHCëPsPjCf PjPsP¶PSP° P·P±C-P»CHCëPëC,Pë PrPs 10 PjPi PSP° PrPsP±Cf.

PŸPëPjPiC,PsPjPë. PhP·PSP°PePë PïPµCŤPµPrPsP·CíPIP°PSPSCŤ PµCíC†PëC,P°P»PsPïCŤP°PjPsPj P·P°PiP°P»PsPj CíC,PsCíCíPIP°P»PëCíCŤ P¡KíPŸ (PIC-Pr P·P°PiP°PjPsCŤPsC†PµPSPSCŤ,

C, C₇P_μP_jPsC₇C₇ C, P° P°P₇P₆C, P°C₇C— PrPs C₇C—PrPeC—C₇PSP₆C... PIP₆PiP°PrPeC—PI C₇P_μC₇PsC, PsPSC—PSPsPIPsPiPs C₇P₆PSP₇C₇PsP_jC₇, C₇C₇PrPsP_j C, P° PePsP_jP₆), C₆P»C₇PSP₆PsPIPs—PeP₆C₆PePsPIPsC— C₇P₆C₇C, P_μP_jP₆ (P±P»C₇PIP°PSPSC₇, PSC₇PrPsC, P°), C₇P_μC₇C₇P_μPIPs—C₇C₇PrP₆PSPSPsC— C₇P₆C₇C, P_μP_jP₆ (P°C₇C, P_μC₇C—P°P»C₇HPSP° PiC—PiPsC, P_μPSP·C—C₇, C, P°C...C—PeP°C₇PrC—C₇, PiC₇PsP»PsPSPiP°C₇C—C₇ C—PSC, P_μC₇PIP°P»C₇ QT, P°C₇P₆C, P_jC—C₇), P° C, P°PePsP₇ C₇C—PIPsPIPsP°PiP₆ P_μP»P_μPeC, C₇PsP»C—C, C—PI C, P° C₇C—PrP₆PS (PiC—PiPsPeP°P»C—C”P_jC—C₇, PiC—PiPsPSP°C, C₇C—C”P_jC—C₇).

P>C—PeC₇PIP°PSPSC₇. P₇PiP_μC₇P₆C,, C—C₇PSPsPiPs P°PSC, P₆PrPsC, C₇ PSP_μ C—C₇PSC₇C”. P₆P_μPsP±C...C—PrPSP° PiC—PrC, C₇P₆P_jPeP° C, P° P·P°P±P_μ·PiP_μC₇P_μPSPSC₇ PiC₇PsC...C—PrPSPsC₇C, C— PrP₆C...P°P»C₇HPSP₆C... C₆P»C₇C...C—PI, C₇P_μC₇PiC—C₇P°C, PsC₇PSPsC— C,, C₇PSP₆C₇C—C— C, P° P°PrP_μPePIP°C, PSP° PsPeC₇P₆PiP_μPSP°C₇C—C₇. P₇PePsP_jPsPiP° C₆PIP₆PrC₆P_μ PiC—C₇P»C₇ PiP_μC₇PsC₇P°P»C₇HPSPsPiPs PiC₇P₆PN₆PsP_jC₇ P»C—PeP°C₇C₇HP₆PsPiPs P·P°C₇PsP±C₇ C₇P»C—Pr PiC₇PsPIP_μC₇C, P₆ PiC₇PsP_jP₆PIP°PSPSC₇ C₆P»C₇PSP₆P°, C, P° P·P°C₇C, PsC₇C₇PIP°C, P₆ P°PeC, P₆PIPsPIP°PSP_μ PIC₇PiC—P»P»C₇. P P_μPePsP_jP_μPSP₇C₇C, C₇C₇C₇ PiPsC₇C, C—PN₆PSP₆PN₆ P_jPsPSC—C, PsC₇P₆PSPi C,, C₇PSP₆C₇C—PN₆ C₇P_μC₇C₇P_μPIPs—C₇C₇PrP₆PSPSPsC— C₇P₆C₇C, P_μP_jP₆ C, P° PsC₇PSPsPIPsP₆C... PiPsPeP°P·PSP₆PeC—PI C₇C, P°PSC₇ PsC₇PiP°PSC—P·P_jC₇ C₇ PiPsC”PrPSP°PSPSC— C—P· P·P°PiP°P»C₇HPSP₆P_jP₆ C₇P₆P_jPiC, PsP_jP°C, P₆C₇PSP₆P_jP₆ PiC—PrC, C₇P₆P_jC₇C₇P₆P_jP₆ P·P°C...PsPrP°P_jP₆.

P_j C₇P°P·C— PiP_μC₇P_μPrPsP·C₇PIP°PSPSC₇ C₇P_μPePsP_jP_μPSP₇C₇C, C₇C₇C₇ P·P₇P”- P_jPsPSC—C, PsC₇P₆PSPi C₇ PiP°C₇C—C”PSC, C—PI C—P· P·P°C₇C, C—PN₆PSPsC₇ C₇P_μC₇C₇P_μPIPsC₇ PSP_μPrPsC₇C, P°C, PSC—C₇C, C₇/P±C₇P°PrP₆P°C₇P₆C, P_jC—C”C₇, C₇ PiP°C₇C—C”PSC, C—PI, C₇PeC— PsPrPSPsC₇P°C₇PSPs PiC₇P₆PN₆P_jP°C₇C, C₇ P»C—PeP°C₇C₇HP₆PeC— P·P°C₇PsP±P₆, C%₀Ps PiPsPrPsPIP₇C₇C₇, C₇ C—PSC, P_μC₇PIP°P» QT, P°P±Ps C₇ PiP°C₇C—C”PSC, C—PI C—P· PiPsC₇C₇C₆P_μPSPSC₇P_j P_jP_μC, P°P±PsP»C—P·P_jC₇, PSP°PiC₇P₆PeP»P°Pr, PiC₇P₆ PiP_μC₇C—PSP₆PsPIC—PN₆ PSP_μPrPsC₇C, P°C, PSPsC₇C, C—.

P_μPsP±C—C₇PSC— C₇P_μP°PeC₇C—C—.

P_μPsP±C—C₇PSC— C₇P_μP°PeC₇C—C— PSP°PN₆C₇P°C₇C, C—C₆P_μ PIP₆PSP₆PeP°C₇C, C₇ C₇ PiP_μC₇C₆PePN₆ C, P° PrC₇C₇PiP₆PN₆ C, P₆P₇PrP_μPSCH P»C—PeC₇PIP°PSPSC₇ C— PI PiPsPrP°P»C₇C₆PePsP_jC₇ C₇C, P°C₇C, C₇ P_jP_μPSC₆ C—PSC, P_μPSC₇P₆PIPsP₆P_jP₆, P° C—C... C₇P°C₇C, PsC, P° P·P_jP_μPSC₆C₇C”C, C₇C₇C₇ PiC₇P₆ PiC₇PsPrPsPIP₇P_μPSPSC— P»C—PeC₇PIP°PSPSC₇.

P_μPsP±C—C₇PSC— P_μC,, P_μPeC, P₆, C...P°C₇P°PeC, P_μC₇PSC— PrP»C₇ PIC₇C—C... P₇P₇P—P—P₇ C, P° P_μC₇C₇P₆C, P°P»PsPiC₇P°P_jC₇, C₇PeC— C₇PiPsC₇C, P_μC₇C—PiP°P»P₆C₇C₇ PiC—Pr C₇P°C₇ PiP»P°C₇P_μP±Ps—PePsPSC, C₇PsP»C₇HPsPIP°PSP₆C... PrPsC₇P»C—PrP₇P_μPSCH C, P° PiC₇P₆ P_jP_μPrP₆C₇PSPsP_jC₇ P·P°C₇C, PsC₇C₇PIP°PSPSC—, P·P°P·PSP°C₇P_μPSC— PSP₆P₇C₇P_μ P·P° C₇P₆C₇C, P_μP_jP°P_jP₆ PsC₇PiP°PSC—PI C— C₇P°C₇C, PsC, PsC₇ PiC₇PsC₇PI—PI.

P₇P»P°C₇P₆C,, C—PeP°C₇C—C₇ C₇P°C₇C, PsC, P₆: PrC₇P₇P_μ C₇P°C₇C, Ps (≥1/10), C₇P°C₇C, Ps (≥1/100 PrPs <1/10), PSP_μC₇P°C₇C, Ps (≥1/1000 PrPs <1/100), C₇C—PrPePs (≥1/10000 PrPs <1/1000), PrC₇P₇P_μ C₇C—PrPePs (<1/10000) P°P±Ps C₇P°C₇C, PsC, P° PSP_μPIC—PrPsP_jP° (PSP_μ P_jPsP₇PSP° PiC—PrC₇P°C...C₇PIP°C, P₆ P·P° PSP°C₇PIPsP₆P_jP₆ PrP°PSP₆P_jP₆).

$P - P \pm PsPeC \acute{z} PeC\bar{H}PsPIPSPSPSC\acute{I}PSPSC - C, P^{\circ} P \gg C - PjC, P^{\circ} C, P\ddot{e}C \ddagger PSPSC - C\acute{I}P\ddot{e}C\acute{I}C, P_{\mu}PjP\ddot{e}$.
 $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ} PSP_{\mu}PIC - PrPsPjP^{\circ}: C, C\bar{H}PsPjP \pm PsC \ddagger P\ddot{e}C, PsP\ddot{i}P_{\mu}PSC - C\bar{I}$.

$P - P \pm PsPeC \acute{z} C - PjC \acute{z} PSPSPSC - C\acute{I}P\ddot{e}C\acute{I}C, P_{\mu}PjP\ddot{e}$. $P\ C - PrPePs: P^{\circ}PSP^{\circ}C, C - P \gg P^{\circ}PeC, P\ddot{e}C \ddagger PSC - C\bar{H}P_{\mu}P^{\circ}PeC \ddagger C - C -$.

$P - P \pm PsPeC \acute{z} P_{\mu}PSPPrPsPeC\bar{H}P\ddot{e}PSPSPSC - C\acute{I}P\ddot{e}C\acute{I}C, P_{\mu}PjP\ddot{e}$. $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ} PSP_{\mu}PIC - PrPsPjP^{\circ}: P\ddot{i}PsC\bar{H}C\acute{r}C\bar{e}P_{\mu}PSPSC\bar{I} C\acute{I}P_{\mu}PeC\bar{H}P_{\mu}C \ddagger C - C - P^{\circ}PSC, P\ddot{e}PrC - C\acute{r}C\bar{H}P_{\mu}C, P\ddot{e}C \ddagger PSPSPiPs$
 $PiPsC\bar{H}PjPsPSC\acute{r}$.

$P - P \pm PsPeC \acute{z} C \dots P^{\circ}C\bar{H}C \ddagger C \acute{z} PIP^{\circ}PSPSC\bar{I} C, P^{\circ} PsP \pm PjC - PSC \acute{z} C\bar{H}P_{\mu}C \ddagger PsPIP\ddot{e}PS$. $P\bar{S}P^{\circ}C\acute{I}C, Ps:$
 $P \cdot PSP\ddot{e}P\bar{I}P_{\mu}PSPSC\bar{I} P^{\circ}P \pm Ps P\ddot{i}PsC\acute{I}P\ddot{e}P \gg P_{\mu}PSPSC\bar{I} P^{\circ}P\ddot{i}P_{\mu}C, P\ddot{e}C, C\acute{r}, P \cdot P \pm C - P \gg CHC\bar{e}P_{\mu}PSPSC\bar{I}$
 $PjP^{\circ}C\acute{I}P\ddot{e} C, C - P \gg P^{\circ}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: P \cdot PjP_{\mu}PSC\bar{e}P_{\mu}PSPSC\bar{I} PjP^{\circ}C\acute{I}P\ddot{e} C, C - P \gg P^{\circ}$. $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ}$
 $PSP_{\mu}PIC - PrPsPjP^{\circ}: PiC - P\ddot{i}PsPSP^{\circ}C, C\bar{H}C - C \ddagger PjC - C\bar{I}$, $P^{\circ}PSPsC\bar{H}P_{\mu}PeC\acute{I}C - C\bar{I}$ ².

$P - P \pm PsPeC \acute{z} P\ddot{i}C\acute{I}P\ddot{e}C \dots C - PeP\ddot{e}$. $P\bar{S}P^{\circ}C\acute{I}C, Ps: C, C\bar{H}P\ddot{e}PIPsPiP^{\circ}, PSP_{\mu}C\acute{I}P\ddot{i}PsPeC - P\bar{N}_{\bar{e}}$,
 $P^{\circ}PSPsPjP^{\circ}P \gg CH\bar{P}SC - C\acute{I}PSP\ddot{e}$, $P \cdot PSP\ddot{e}P\bar{I}P_{\mu}PSPSC\bar{I} P \gg C - P \pm C - PrPs C\acute{r} C \ddagger PsP \gg PsPIC - PeC - PI C -$
 $P\bar{I}C - PSPsPe, P^{\circ}PSPsC\bar{H}PiP^{\circ}P \cdot PjC - C\bar{I} C\acute{r} P\bar{I}C - PSPsPe$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: P \pm C\bar{H}C\acute{r}PeC\acute{I}P\ddot{e}P \cdot Pj,$
 $P \cdot P \pm C\acute{r}PrP\bar{I}P_{\mu}PSPSC\bar{I}, PSP_{\mu}C\bar{H}PIPsP \cdot PSC - C\acute{I}C, CH, P\ddot{i}P^{\circ}PSC - C \ddagger PSC - PSP^{\circ}P\ddot{i}P^{\circ}PrP\ddot{e},$
 $C\acute{I}P\ddot{i}P \gg C\acute{r}C, P^{\circ}PSC - C\acute{I}C, CH C\acute{I}PIC - PrPsPjPsC\acute{I}C, C -$. $P\ C - PrPePs: P^{\circ}PiC\bar{H}P_{\mu}C\acute{I}C - C\bar{I}$,
 $PrP_{\mu}P\ddot{i}P_{\mu}C\bar{H}C\acute{I}PsPSP^{\circ}P \gg C - P \cdot P^{\circ}C \ddagger C - C\bar{I}, P\ddot{i}P^{\circ}P \gg CHC \ddagger P\ddot{e}PSP^{\circ}C \ddagger C - C -$. $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ}$
 $PSP_{\mu}PIC - PrPsPjP^{\circ}: PjP^{\circ}PSC - C\bar{I}, C\acute{I}C\acute{r}C - C \ddagger P\ddot{e}PrP^{\circ}P \gg CH\bar{P}SC - PrC\acute{r}PjPeP\ddot{e},$
 $C\acute{I}C\acute{r}C - C \ddagger P\ddot{e}PrP^{\circ}P \gg CH\bar{P}SP^{\circ} P\ddot{i}PsPIP_{\mu}PrC - PSPeP^{\circ 1}$.

$P - P \pm PsPeC \acute{z} PSP_{\mu}C\bar{H}PIPsPIPsC - C\acute{I}P\ddot{e}C\acute{I}C, P_{\mu}PjP\ddot{e}$. $P \ddagger C\acute{r}P\bar{I}P_{\mu} C \ddagger P^{\circ}C\acute{I}C, Ps: P\ddot{i}PsP \gg PsPIPSP\ddot{e}P\bar{N}_{\bar{e}}$
 $P \pm C - P \gg CH$. $P\bar{S}P^{\circ}C\acute{I}C, Ps: P \pm P_{\mu}P \cdot C\acute{I}PsPSPSC\bar{I}, C\acute{I}PsPSP \gg P\ddot{e}PIC - C\acute{I}C, CH,$
 $P \cdot P^{\circ}P\ddot{i}P^{\circ}PjPsC\bar{H}PsC \ddagger P_{\mu}PSPSC\bar{I}, P\ddot{i}P^{\circ}C\bar{H}P_{\mu}C\acute{I}C, P_{\mu}P \cdot C - C\bar{I}, C, C\bar{H}P_{\mu}PjPsC\bar{H}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps:$
 $P\ddot{i}PsC\bar{H}C\acute{r}C\bar{e}P_{\mu}PSPSC\bar{I} C\acute{I}PjP^{\circ}PeC\acute{r}, P\ddot{i}PsC\bar{H}C\acute{r}C\bar{e}P_{\mu}PSPSC\bar{I} C\acute{I}PSC\acute{r},$
 $PSP_{\mu}P\ddot{i}C\bar{H}P\ddot{e}C, PsPjPSC - C\acute{I}C, CH$. $P\ C - PrPePs: C\acute{I}P_{\mu}C\bar{H}PsC, PsPSC - PSPsPIP\ddot{e}P\bar{N}_{\bar{e}} C\acute{I}P\ddot{e}PSPPrC\bar{H}PsPj.$
 $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ} PSP_{\mu}PIC - PrPsPjP^{\circ}: PrP\ddot{e}C\acute{I}PeC - PSP_{\mu}P \cdot C - C\bar{I}, C\bar{H}C\acute{r}C \dots PsPIC - C\bar{H}PsP \cdot P \gg P^{\circ}PrP\ddot{e},$
 $C\acute{I}C\acute{r}PrPsPjP\ddot{e}, P\ddot{i}C\acute{I}P\ddot{e}C \dots PsPjPsC, PsC\bar{H}PSP\ddot{e}P\bar{N}_{\bar{e}} PSP_{\mu}C\acute{I}P\ddot{i}PsPeC - P\bar{N}_{\bar{e}}/P^{\circ}PeP^{\circ}C, P\ddot{e}P \cdot C - C\bar{I}$ ².

$P - P \pm PsPeC \acute{z} PsC\bar{H}PiP^{\circ}PSC - PI P \cdot PsC\bar{H}C \acute{z}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: PjC - PrC\bar{H}C - P^{\circ}P,$
 $P \cdot P^{\circ}C, C\acute{r}PjP^{\circ}PSP_{\mu}PSPSC\bar{I} P \cdot PsC\bar{H}C\acute{r}$.

$P - P \pm PsPeC \acute{z} PsC\bar{H}PiP^{\circ}PSC - PI C\acute{I}P \gg C \acute{z} C \dots C \acute{z}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: PrP \cdot PIC - PS C\acute{r} PIC\acute{r}C \dots P^{\circ}C \dots$

$P - P \pm PsPeC \acute{z} C\acute{I}P_{\mu}C\bar{H}C \ddagger P_{\mu}PIPs - C\acute{I}C \acute{z} PrP\ddot{e}PSPSPSC - C\acute{I}P\ddot{e}C\acute{I}C, P_{\mu}PjP\ddot{e}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps:$
 $C, P^{\circ}C \dots C - PeP^{\circ}C\bar{H}PrC - C\bar{I}$. $P\ C - PrPePs: P \pm C\bar{H}P^{\circ}PrP\ddot{e}PeP^{\circ}C\bar{H}PrC - C\bar{I}$. $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ}$
 $PSP_{\mu}PIC - PrPsPjP^{\circ}: C\bar{e}P \gg C\acute{r}PSPsC \ddagger PePsPIP^{\circ} P^{\circ}C\bar{H}P\ddot{e}C, PjC - C\bar{I}, PIPeP \gg CHC \ddagger P^{\circ}CHC \ddagger P\ddot{e}$
 $P^{\circ}C\bar{H}P\ddot{e}C, PjC - C\bar{H} torsade de pointes, P\ddot{i}PsPrPsPIP\bar{I}P_{\mu}PSPSC\bar{I} C - PSC, P_{\mu}C\bar{H}PIP^{\circ}P \gg C\acute{r} QT PSP^{\circ}$
 $P \cdot P\bar{N}P^{\circ}, PsC\bar{H}C, PsC\acute{I}C, P^{\circ}C, P\ddot{e}C \ddagger PSP^{\circ} PiC - P\ddot{i}PsC, P_{\mu}PSP \cdot C - C\bar{I}$.

$P\ P_{\mu}C\acute{I}P\ddot{i}C - C\bar{H}P^{\circ}C, PsC\bar{H}PSC - C\bar{H}PsP \cdot P \gg P^{\circ}PrP\ddot{e}$. $P\bar{S}P^{\circ}C\acute{I}C, Ps: C\acute{I}P\ddot{e}PSC\acute{r}C\acute{I}P\ddot{e}C, P\ddot{e},$
 $P\ddot{i}PsP \cdot C - C \dots P^{\circ}PSPSC\bar{I}$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: PSPsC\acute{I}PsPIP^{\circ} PeC\bar{H}PsPIPsC, P_{\mu}C \ddagger P^{\circ}$.

$P - P \pm PsPeC \acute{z} C\bar{e}P \gg C \acute{z} PSPePsPIPs - PeP\ddot{e}C\bar{e}PePsPIPsPiPs C, C\bar{H}P^{\circ}PeC, C \acute{z}$. $P \ddagger C\acute{r}P\bar{I}P_{\mu} C \ddagger P^{\circ}C\acute{I}C, Ps:$
 $PSC\acute{r}PrPsC, P^{\circ}$. $P\bar{S}P^{\circ}C\acute{I}C, Ps: PrC - P^{\circ}C\bar{H}P_{\mu}C\bar{I}, P \cdot P^{\circ}P\ddot{i}PsC\bar{H}, P \pm P \gg CHPIP^{\circ}PSPSC\bar{I},$
 $C\acute{I}C\acute{r}C \dots C - C\acute{I}C, CH C\acute{r} C\bar{H}PsC, C -$. $P\acute{k}P_{\mu}C \ddagger P^{\circ}C\acute{I}C, Ps: C\bar{e}P \gg C\acute{r}PSPePsPIPs - PeP\ddot{e}C\bar{e}PePsPIC -$
 $PeC\bar{H}PsPIPsC, P_{\mu}C \ddagger C - (C\acute{r} C, C \ddagger C\bar{H}P_{\mu}PeC, P^{\circ}P \gg CH\bar{P}SC -)$.

$P - P \pm PsPeC \acute{z} P\ddot{i}P_{\mu}C \ddagger C - PSPeP\ddot{e} C, P^{\circ} P\bar{I}PsPIC \ddagger PsPIP\ddot{e}PIC - PrPSP\ddot{e}C \dots C\bar{e}P \gg C\bar{I}C \dots C - PI$.
 $P\bar{S}P^{\circ}C\acute{I}C, PsC, P^{\circ} PSP_{\mu}PIC - PrPsPjP^{\circ}: P\ddot{i}P_{\mu}P\ddot{i}P^{\circ}C, P\ddot{e}C, P \cdot PjC - PSP\ddot{e}$

C,,CfPSPeC†C-PsPSP°P»CHbPSPëC... PïPµC†C-PSPePsPIPëC... C,PµC†C,C-PI.

P— P±PsPeCž C€PeC-CŋPë C,P° PïC-PrC€PeC-CŋPSPsC— PeP»C-C,PePsPIPëPSPë. PšP°C†C,Ps: PïPsC†PëP»PµPSPµ PïPsC,PsPIPëPrC-P»PµPSPSCŭ. PkPµC†P°C†C,Ps: PIPëC†PëPïP°PSPSCŭ PSP° C€PeC-CŋC-, PsP±P»PëC†C-PSPSCŭ, PeCŋPsPïPëPïbŋ™ CŭPSPeP°, C†PIPµCŋP±C-P¶. PšP°C†C,PsC,P° PSPµPIC-PrPsPjP°: C†PëPSC†C-, P°PSPiC-PsPSPµPICŋPsC,PëC†PSPëPNë PSP°P±CŋCŭPe.

PŸPePµP»PµC,PSPs-Pjeŋ™ CŭP·PsPIC- PïPsCŋCžC€PµPSPSCŭ. PšP°C†C,Ps: P°CŋC,CŋP°P»PiC-Cŭ, PjC-P°P»PiC-Cŭ.

P— P±PsPeCž PSPëCŋPsPe C,P° C†PµC†PsPIPëPIC-PrPSPëC... C€P»CŭC...C-PI. PšP°C†C,PsC,P° PSPµPIC-PrPsPjP°: P·P°C,CŋPëPjPeP° C†PµC†PsPIPëPïC†C†PeP°PSPSCŭ.

P— P±PsPeCž CŋPµPïCŋPsPrCžPeC,PePIPSPsC— C†PëC†C,PµPjPë C,P° PjPsP»PsC†PSPëC... P·P°P»PsP·. PšP°C†C,Ps: C†PsP»PsPIC-PePë: CŋPsP·P»P°PrPë PµCŭPeC†P»CŭC†C-C—, C-PjPïPsC,PµPSC†C-Cŭ. PkPµC†P°C†C,Ps: P¶C-PSPePë: PjPµC,CŋPsCŋP°PiC-Cŭ, PjPµPSPsCŋP°PiC-Cŭ. PšP°C†C,PsC,P° PSPµPIC-PrPsPjP°: PïP°P»P°PeC,PsCŋPµCŭ; C†PsP»PsPIC-PePë: PïCŋC-P°PïC-P·Pj; P¶C-PSPePë: PïC-C†P»CŭPïPsP»PsPïPsPIP° PeCŋPsPIPsC,PµC†P°³.

P—P°PïP°P»CHbPSC- CŋPsP·P»P°PrPë. PšP°C†C,Ps: PIC,PsPjP°, PïC-CŋPµPeC†C-Cŭ. PkPµC†P°C†C,Ps: PSP°P±CŋCŭPe.

¹P·PëPïP°PrPePë C†C†C—C†PëPrP°P»CHbPSPsPiPs PjPëC†P»PµPSPSCŭ P°P±Ps PïPsPIPµPrC-PSPePë C†PïPsC†C,PµCŋC-PïP°P»PëC†Cŭ CŭPe PïC-Pr C†P°C† C,PµCŋP°PïC-C— PµC†C†PëC,P°P»PsPïCŋP°PjPsPj, C,P°Pe C- PIC-PrCŋP°P·C† PïC-C†P»Cŭ PïCŋPëPïPëPSPµPSPSCŭ P»C-PeC†PIP°PSPSCŭ.

²P°P°PSC- PïPsP±C-C†PSC- CŋPµP°PeC†C-C— PïPsPIC-PrPsPjP»CŭP»PëC†Cŋ PrP»Cŭ C,PµCŋP°PïPµPIC,PëC†PSPsPiPs PeP»P°C†C† PïCŋPµPïP°CŋP°C,C-PI PŸP†P—P—PŸ Pï C†C-P»PsPjC†.

³PïPµPNë PïCŋPsCŭPI P·P°CŋPµC”C†C,CŋPsPIP°PSPëPNë PrP»Cŭ C,PµCŋP°PïPµPIC,PëC†PSPsPiPs PeP»P°C†C† PŸP†P—P—PŸ/PŸP†P—P—PŸP¶ Pï C†C-P»PsPjC† (PrPëPï. CŋPsP·PrC-P»Pë B«PhC†PsP±P»PëPIPSC†C,C- P·P°C†C,PsC†C†PIP°PSPSCŭB», B«P—P°C†C,PsC†C†PIP°PSPSCŭ C† PïPµCŋC-PsPr PIP°PiC-C,PSPsC†C,C- P°P±Ps PiPsPrC†PIP°PSPSCŭ PïCŋC†PrPrCŋB»).

PµPsPrPsPIP¶PµPSPSCŭ C-PSC,PµCŋPIP°P»C† QT

PjPïCŋPsPrPsPIP¶ PïPsC†C,PjP°CŋPePµC,PëPSPiPsPIPsPiPs PïPµCŋC-PsPrC† PïPsPIC-PrPsPjP»CŭP»PsC†Cŋ PïCŋPs PIPëPïP°PrPePë PïPsPrPsPIP¶PµPSPSCŭ C-PSC,PµCŋPIP°P»C† QT, P·PsPeCŋPµPjP° PIPµCŋPµC,PµPSPsPïPsPrC-P±PSC† P°CŋPëC,PjC-Cŋ, PïPµCŋPµPIP°P¶PSPs C† PïP°C†C-C”PSC,C-PI P¶C-PSPsC†PsC— C†C,P°C,C- P· PïC-PïPsPeP°P»C-C”PjC-C”Cŋ P°P±Ps PïPsPïPµCŋPµPrPSCŋPs C-C†PSC†CŋC†PëPj PïPsPrPsPIP¶PµPSPSCŭPj C-PSC,PµCŋPIP°P»C† QT C†Pë C-PSC€PëPjPë C†PµCŋC†PµPIPëPjPë P·P°C...PIPSCŋCŋPIP°PSPSCŭPjPë.

PŋP»P°C†-C†PïPµC†PëC,,C-C†PSC- PµC,,PµPeC,Pë PïCŋPµPïP°CŋP°C,C-PI PŸP†P—P—PŸ

P·PïC-PrPµPjC-PsP»PsPiC-C†PSC- PrPsC†P»C-PrP¶PµPSPSCŭ, Pï PsC†PSPsPIPSPsPjC† PïCŋPsPIPµPrPµPSC- P·P° C†C†P°C†C,Cŋ PïP°C†C-C”PSC,C-PI PIC-PePsPj PIC-Pr 50 CŋPsPeC-PI,

PIPëCΠIP»CΠCΠC,CH ΠiC-PrPIPëC%PμPSPëPNë CΠPëP·PëPe ΠiPμCΠPμP»PsPjC-PI
PeC-CΓC,PsPe Cr ΠiP°C+C-C"PS C, C-PI, CΠPeC- PsC,CΠPëPjCrCΠC,CH PŸP†P—P—PŸ C-
C,CΠPëC†PëPeP»C-C†PSC- P°PSC,PëPrPμPiCΠPμCΓP°PSC,Pë. PμPμC...P°PSC-P·Pj C†CHPsPiPs
CΠIPIPëC%P° PSPμPIC-PrPsPjPëPNë.

PŸPëPjPiC,PsPjPë PIC-PrPjC-PSPë PiCΠPë CΠP°PiC,PsPIPsPjCr PiCΠPëPiPëPSPμPSPSC-
P·P°CΓC,PsCΓC†PIP°PSPSCΠ

PμCΠPëPiPëPSPμPSPSCΠ P»C-PeC†PIP°PSPSCΠ PŸP†P—P—PŸ/PŸP†P—P—PŸK
(PsCΓPsP±P»PëPIPs CΠP°PiC,PsPIPμ) P·P°P·PIPëC†P°PNë PiCΠPëP·PIPsPrPëC,CH PrPs
CΓPëPjPiC,PsPjC-PI PIC-PrPjC-PSPë. P—P°PiP°PjPsCΠPsC†PμPSPSCΠ, CΓPμPSCΓPsCΠPSC-
PiPsCΠC†C€PμPSPSCΠ (Cr C,. C†. PiP°CΠPμCΓC,PμP·C-CΠ C,P° PIC-PrC†C†C,C,CΠ C†PrP°CΠC†
CΓC,CΠC†PjPsPj), CΠPsP·P»P°PrPë CΓPSC† (Cr C,. C†. P±PμP·CΓPsPSPSCΠ C,P°
CΠCΓPeCΠP°PIC- CΓPSPsPIPëPrC-PSPSCΠ), P·P±C†PrP¶PμPSPSCΠ P°P±Ps C,CΠPëPIPsPiP°,
PSC†PrPsC,P° C,P°/P°P±Ps P±P»CΠPIP°PSPSCΠ, C,CΠPμPjPsCΠ, CΓPiP»C†C,P°PSC-CΓC,CH
CΓPIC-PrPsPjPsCΓC,C-, PiC-PrPIPëC%PμPSPμ PiPsC,PsPIPëPrC-P»PμPSPSCΠ,
PiPsP»PsPIPSPëPNë P±C-P»CH, PrC-P°CΠPμCΠ, PiPsCΓPëP»PμPSPμ CΓPμCΠC†PμP±PëC,C,CΠ,
PμPjPsC†C-PNëPSP° PSPμCΓC,P°P±C-P»CHPSC-CΓC,CH, PrCΠP°C,C-PIP»PëPIC-CΓC,CH C-
PiPsCΠC†C€PμPSPSCΠ P·PsCΠC† PiPsPIC-PrPsPjP»CΠP»PëCΓCΠ CΠPe PSP°PNëP±C-P»CHC€
C†P°CΓC,C- CΠPμP°PeC†C-C—. P—P°P·PIPëC†P°PNë C†C- CΓPëPjPiC,PsPjPë C" P»PμPiPePëPjPë
P°P±Ps PiPsPjC-CΠPSPëPjPë P·P° C,CΠP¶PeC-CΓC,CΠ C,P° PjPëPSC†C%PëPjPë, PsPrPSP°Pe Cr
PrPμCΠPePëC... PiP°C†C-C"PS C, C-PI PjPsP¶C†C,CH P±C†C,Pë C,CΠP¶PePëPjPë C,P°/P°P±Ps
C,CΠPëPIP°P»PëPjPë. PŸP°PePëPj C†PëPSPsPj, CΠPμPePsPjPμPSPCrC"C,CHCΓCΠ
PiPsCΓC,C†PiPsPIPs PiCΠPëPiPëPSCΠC,Pë P·P°CΓC,PsCΓC†PIP°PSPSCΠ
PμCΓC†PëC,P°P»PsPiCΠP°PjCr C€P»CΠC...PsPj P·PSPëP¶PμPSPSCΠ PrPsP·Pë PiCΠPsC,CΠPiPsPj
PrPμPeC-P»CHPePsC... C,PëP¶PSC-PI P°P±Ps PrPμPeC-P»CHPePsC... PjC-CΓCΠC†C-PI
P·P°P»PμP¶PSPs PIC-Pr CΓC,P°PSC† PiP°C†C-C"PS C,P°.

PŸPμCΠPjC-PS PiCΠPëPrP°C,PSPsCΓC,C-. 3 CΠPsPePë.

PjPjPsPIPë P·P±PμCΠC-PiP°PSPSCΠ.

P—P±PμCΠC-PiP°C,Pë PiCΠPë C,PμPjPiPμCΠP°C,C†CΠC- PSPμ PIPëC%Pμ 25 B°C PI
PsCΠPëPiC-PSP°P»CHPSC-PNë C†PiP°PePsPIC†C- PrP»CΠ P·P°C...PëCΓC,C† PIC-Pr CΓPIC-C,P»P°
C- PIPsP»PsPiPë C,P° Cr PSPμPrPsCΓC,C†PiPSPsPjCr PrP»CΠ PrC-C,PμPNë PjC-CΓC†C-.

PjPiP°PePsPIPeP°.

*PŸP°P±P»PμC,PePë PiPs 5 PjPi P°P±Ps 15 PjPi: PiPs 14 C,P°P±P»PμC,PsPe Cr P±P»C-CΓC,PμCΠC-;
PiPs 2 P±P»C-CΓC,PμCΠPë PI PePsCΠPsP±C†C-.*

*PŸP°P±P»PμC,PePë PiPs 10 PjPi P°P±Ps 20 PjPi: PiPs 14 C,P°P±P»PμC,PsPe Cr
P±P»C-CΓC,PμCΠC-; PiPs 2 P±P»C-CΓC,PμCΠPë PI PePsCΠPsP±C†C-; PiPs 10 C,P°P±P»PμC,PsPe
Cr P±P»C-CΓC,PμCΠC-; PiPs 3 P°P±Ps 9 P±P»C-CΓC,PμCΠC-PI Cr PePsCΠPsP±C†C-.*

