

$$\text{PhPSP} \ll \text{PuP} \gg \text{C-Pe PjC-Cl}^{\circ}\text{C, P}^{\circ}\text{C, CH Cl}^{\circ}\text{P}^{\circ}\text{PSC, PuC, P}^{\circ}\text{C} \pm \text{PSP}^{\circ}\text{PN}^{\circ} 17\beta\text{-PuCl}^{\circ}\text{C, CH}^{\circ}\text{P}^{\circ}\text{PrC-PsP} \gg,$$

$P''P_{\mu}C_{\mu}C-C\ddagger P\ddot{e}C$, $P_{\mu}C\acute{I}C$, $C\grave{H}P_{\mu}S\dot{P}iP_{\mu}PSC-PI$ $P\ddot{I}C-Pr$ $C\ddagger P^{\circ}C\acute{I}$ $P_jP_{\mu}PSPsP\ddot{I}P^{\circ}C\acute{r}P\cdot P\ddot{e}$
 $P^{\circ}C\acute{I}P_{\mu}C\ddagger C-C\grave{H}C''C$, $C\grave{H}C\acute{I}C\grave{I}P$ $P\cdot P\ddot{I}C-PrPIP\ddot{e}C\%P_{\mu}PSPsC\grave{H}$ $C\epsilon PIP\ddot{e}PrPeC-C\acute{I}C$, $C\grave{H}$
 $PeC-C\acute{I}C$, $PePsPIP_{\mu}PiPs$ $C\grave{H}P_{\mu}P_jPsPrP_{\mu}P\gg C\grave{H}PIP^{\circ}PSPSC\grave{I}P$ C,P° $P\cdot PSP\ddot{e}P\P P_{\mu}PSPSC\grave{I}P_j$
 $PeC-C\acute{I}C$, $PePsPIP_{\mu}C-$ $P_jP^{\circ}C\acute{I}P\ddot{e}$. $P'\ddot{P}iP\gg P\ddot{e}PI$ $P_{\mu}C\acute{I}C$, $C\grave{H}P_{\mu}S\dot{P}iP_{\mu}PSC-PI$ PSP°
 $P_jC-PSP_{\mu}C\grave{H}P^{\circ}P\gg C\grave{H}PSC\acute{r}$ $C\%C-P\gg C\grave{H}PSC-C\acute{I}C$, $C\grave{H}$ $PeC-C\acute{I}C$, $PePsPIP_{\mu}C-$ C , $PeP^{\circ}PSP\ddot{e}PSP\ddot{e}C''$
 $PrPsP\cdot PsP\cdot P^{\circ}P\gg P_{\mu}P\P PSP\ddot{e}P_j$. $P\cdot C_{\mu}$, $P_{\mu}PeC$, $P\ddot{e}PIPSP\ddot{e}PM_{\mathbb{N}}$ $P\cdot P^{\circ}C...P\ddot{e}C\acute{I}C$,
 $P\cdot P^{\circ}P\pm P_{\mu}P\cdot P\ddot{I}P_{\mu}C\ddagger C\acute{r}C''C$, $C\grave{H}C\acute{I}C\grave{I}P$ $P\ddot{I}C\grave{H}PsC$, $C\grave{I}PiPsP_j$ $P\ddot{I}P_{\mu}C\grave{H}C-PsPrC\acute{r}$ $P\gg C-PeC\acute{r}PIP^{\circ}PSPSC\grave{I}$.

$P^{\circ}C\bar{H}PsC\bar{I}P\bar{i}C-C\bar{H}P_{\mu}PSPsPS\ C\ddagger P\ddot{e}PSP\ddot{e}C,CH\ PePsPSPeC\bar{r}C\bar{H}C\bar{r}C\bar{H}C\ddagger C\bar{r}$
 $P^{\circ}PSC,P^{\circ}PiPsPSC-C\bar{I}C,P\ddot{e}C\ddagger PSC\bar{r}\ PrC-C\bar{H}\ C\%_0PsPrPs\ P^{\circ}P\gg CHPrPsC\bar{I}C,P_{\mu}C\bar{H}PsPSC\bar{r},$
 $P\cdot P^{\circ}PIPrC\bar{I}PeP\ddot{e}\ C\ddagger PsPjC\bar{r}\ PjPsP\P P_{\mu}\ C\bar{I}P\bar{i}PsC\bar{I}C,P_{\mu}C\bar{H}C-PiP^{\circ}C,P\ddot{e}C\bar{I}C\bar{I}\ P\cdot PSP\ddot{e}P\ P_{\mu}PSPSC\bar{I}$
 $P^{\circ}C\bar{H}C,P_{\mu}C\bar{H}C-P^{\circ}P\gg CH\bar{P}SPsPiPs\ C,P\ddot{e}C\bar{I}PeC\bar{r}\ C\bar{r}\ P\P C-PSPsPe,\ C...PIPsC\bar{H}P\ddot{e}C... PSP^{\circ}$
 $P^{\circ}C\bar{H}C,P_{\mu}C\bar{H}C-P^{\circ}P\gg CH\bar{P}SC\bar{r}\ PiC-P\bar{i}P_{\mu}C\bar{H}C,P_{\mu}PSP\cdot C-C\bar{H}.\ P_{\mu}C-Pr\ C\ddagger P^{\circ}C\bar{I}\ P\bar{i}C\bar{H}PsPIP_{\mu}PrP_{\mu}PSPSC\bar{I}$
 $P\bar{i}PsPrPIC-PM\bar{o}PSPsPiPs\ C\bar{I}P\gg C-P\bar{i}PsPiPs\ P\bar{i}P\gg P^{\circ}C\ddagger P_{\mu}P\pm PsPePsPSC,C\bar{H}PsP\gg CH\bar{P}sPIP^{\circ}PSPsPiPs$
 $PrPsC\bar{I}P\gg C-PrP\P P_{\mu}PSPSC\bar{I}\ C\bar{r}\ P\P C-PSPsPe\ P\cdot\ P^{\circ}C\bar{H}C,P_{\mu}C\bar{H}C-P^{\circ}P\gg CH\bar{P}SPsC\bar{H}$

PiC-PiPμCḡC,PμPSP·C-C"Ḥ Cr PiPsCfC,PjPμPSPsPiP°CfP·P°P»CHbPSPsPjCr PiPμCḡC-PsPrC-,
CḡPeC- PsC,CḡPëPjCrPiP°P»Pë PḡPSP¶PμP»C-Pe (n = 123) PiCḡPsC,CḡPiPsPj 8 C,PëP¶PSC-PI,
CfPiPsCfC,PμCḡC-PiP°P»PsCfCḡ CfCfC,C,C"PIPμ P·PSPëP¶PμPSPSCḡ PiPsPeP°P·PSPëPeC-PI
P°CḡC,PμCḡC-P°P»CHbPSPsPiPs CfPëCfC,PSP»C-CḡPSPsPiPs/PrC-P°CfC,PSP»C-CḡPSPsPiPs
C,PëCfPeCr (PsC,,C-CfPSC- PiPsPeP°P·PSPëPePë, PsC,CḡPëPjP°PSC- PiCḡPë
PiPëPjC-CḡCḡPiP°PSPSC- P·P° PrPsPiPsPjPsPiPsCḡ PjP°PSP¶PμC,, PiPsCḡC-PIPSCḡPSPs P·
PiPëC...C-PrPSPëPjPë PiPsPeP°P·PSPëPeP°PjPë: -12/-9 PjPj CḡC,, CfC,, Cr C,PSPjCr CḡPëCfP»C-
P· CfCḡP°C...CfPiP°PSPSCḡPj PiP»P°C†PμP±Ps-PμC,,PμPeC,Cr: -3/-4 PjPj CḡC,, CfC,,; 24-
PiPsPrPëPSPSPμ P°PjP±CfP»P°C,PSCḡPSPμ PiPëPjC-CḡCḡPiP°PSPSCḡ
P°CḡC,PμCḡC-P°P»CHbPSPsPiPs C,PëCfPeCr PiPsCḡC-PIPSCḡPSPs P· PiPsCḡP°C,PePsPiPëPjPë
PiPsPeP°P·PSPëPeP°PjPë: -5/-3 PjPj CḡC,, CfC,, PI C,PSPjCr CḡPëCfP»C- P·
CfCḡP°C...CfPiP°PSPSCḡPj PiP»P°C†PμP±Ps-PμC,,PμPeC,Cr: -3/-2 PjPj CḡC,, CfC,,).

PḡPSP¶PμP»C-Pe PSPμ P·P°CfC,PSCfPsPICfCḡC,CH PrP»Cḡ P»C-PeCfPiP°PSPSCḡ
P°CḡC,PμCḡC-P°P»CHbPSPsC— PiC-PiPμCḡC,PμPSP·C-C—. P-C-PSPëPë, C...PiPsCḡC- PSP°
P°CḡC,PμCḡC-P°P»CHbPSCr PiC-PiPμCḡC,PμPSP·C-Cḡ, PiPsPiPëPSPSC- PsC,CḡPëPjCrPiP°C,Pë
P»C-PeCfPiP°PSPSCḡ PIC-PrPiPsPIC-PrPSPs PrPs PiCḡPsC,PSPePsP»C-PI C,PμCḡP°PiC-C—
P°CḡC,PμCḡC-P°P»CHbPSPsC— PiC-PiPμCḡC,PμPSP·C-C—.

PαP°CḡPjP°PePsPeC-PSPμC,PëPeP°.

B· P"ḤPsCfPiC-CḡPμPSPsPS.

PḡP±CfPsCḡP±C†C-Cḡ. PμC-CfP»Cḡ PiPμCḡPsCḡP°P»CHbPSPsPiPs
P·P°CfC,PSCfCfPiP°PSPSCḡ PrCḡPsCfPiC-CḡPμPSPsPS CḡPiPëPrPePs C- PjP°PNḡP¶Pμ
PiPsPiPSC-CfC,Cḡ P°P±CfPsCḡP±CfC"C,CHbCfCḡ. PḡP°PeCfPëPjP°P»CHbPSP°
PePsPSC†PμPSC,CḡP°C†C-Cḡ CḡPμCḡPSPiPëPSPë PI CfPëCḡPsPiP°C,C†C- PeCḡPsPIC-
PrPsCfCḡPiP°C"C,CHbCfCḡ PiCḡPëP±P»PëP·PSPs CḡPμCḡPμP· 1 PiPsPrPëPSCr PiC-CfP»Cḡ
PsPrPSPsCḡP°P·PsPiPsPiPs PiPμCḡPsCḡP°P»CHbPSPsPiPs P·P°CfC,PSCfCfPiP°PSPSCḡ
P»C-PeP°CḡCfCHbPePsPiPs P·P°CfPsP±Cf PḡPSP¶PμP»C-Pe C- CfC,P°PSPsPiPëC,CH 21,9
PSPi/PjP». PμCḡPë P±P°PiP°C,PSCḡP°P·PsPiPsPjCr P·P°CfC,PSCfCfPiP°PSPSC-
PjP°PeCfPëPjP°P»CHbPSP° CḡC-PIPSPsPiP°P¶PSP° PePsPSC†PμPSC,CḡP°C†C-Cḡ 35,9 PSPi/PjP»
CfPiPsCfC,PμCḡC-PiP°C"C,CHbCfCḡ PsCḡC-C"PSC,PSPiPSPs CḡPμCḡPμP· 10 PrPSC-PI.
P'C-PsPrPsCfC,CfPiPSC-CfC,CH CfC,P°PSPsPiPëC,CH 76bḡ"85 % C- PSPμ P·P°P»PμP¶PëC,CH
PIC-Pr C,PSPiPs, CḡPë PiCḡPëPNḡPjP°C"C,CHbCfCḡ P»C-PeP°CḡCfCHbPePëPNḡ P·P°CfC-P±
CḡP°P·PsPj C-P· C—P¶PμCḡ, CḡPë PSP°C,C%Pμ.

P PsP·PiPsPrC-P». PμC-CfP»Cḡ PiPμCḡPsCḡP°P»CHbPSPsPiPs P·P°CfC,PSCfCfPiP°PSPSCḡ
PePsPSC†PμPSC,CḡP°C†C-Cḡ PrCḡPsCfPiC-CḡPμPSPsPSCr PI CfPëCḡPsPiP°C,C†C- PeCḡPsPIC-
P·PSPëP¶CfC"C,CHbCfCḡ PiCḡPsC,CḡPiPsPj PrPiPsC... C,,P°P· C-P· CfPμCḡPμPrPSC-Pj
PeC-PSC†PμPiPëPj PiPμCḡC-PsPrPsPj PSP°PiC-PIPiPëPiPμPrPμPSPSCḡ C,CḡPëPiP°P»C-CfC,Cḡ
PiCḡPëP±P»PëP·PSPs 35bḡ"39 PiPsPrPëPS. P"ḤPsCfPiC-CḡPμPSPsPS
P·Piḡḡ™CḡP·CfC"C,CHbCfCḡ C-P· CfPëCḡPsPiP°C,PePsPiPëPj P°P»CHbP±CfPjC-PSPsPj, P°P»Pμ
PSPμ P·Piḡḡ™CḡP·CfC"C,CHbCfCḡ P· PiP»PsP±CfP»C-PSPsPj, C%Ps P·Piḡḡ™CḡP·CfC"
CfC,P°C,PμPIC- CfC,PμCḡPsC—PrPë (P"P—PŸPŸ), C- P· PiP»PsP±CfP»C-PSPsPj, C%Ps
P·Piḡḡ™CḡP·CfC" PePsCḡC,PëPePsC—PrPë (P"P—Pḡ). PJ PiPëPiP»CḡPrC- PIC-P»CHbPSPsPiPs
CfC,PμCḡPsC—PrCr PI CfPëCḡPsPiP°C,C†C- PiCḡPëCfCfC,PSC- C,C-P»CHbPePë 3bḡ"5 % PIC-Pr
P·P°PiP°P»CHbPSPsC— PePsPSC†PμPSC,CḡP°C†C-C— PrCḡPsCfPiC-CḡPμPSPsPSCr.
PŸPμCḡPμPrPSC-PNḡ CfCḡPiPSPëPNḡ PsP±bḡ™C"Pj CḡPsP·PiPsPrC-P»Cf
PrCḡPsCfPiC-CḡPμPSPsPSCr CfC,P°PSPsPiPëC,CH
3,7bḡ"4,2 P»/PePi.

6вґ“8 PiPsPrPёPS PiC-CГP»CЦ PsPrPSPsCґP°P·PsPIPsPiPs PiPмCґPsCґP°P»CHPSPsPiPs P·P°CГC,PsCГCрPIP°PSPSCЦ P»C-PeP°CґCГCHPePsPiPs P·P°CГPsP±Cр PhPSP¶PмP»C-Pe. PкP° P±C-PsPrPsCГC,CrPiPSC-CГC,CH PмCГC,CґP°PrC-PsP»Cр PiCґPёPNёPsPj C—P¶C- PSPм PIPиP»PёPIP°C” Cр PiPsCґC-PIPSCЦPSPSC- C-P· P·P°CГC,PsCГCрPIP°PSPSCЦPj PSP°C,C%оPм.

P PsP·PiPsPrC-P». PмC-CГP»CЦ PiPмCґPsCґP°P»CHPSPsPiPs P·P°CГC,PsCГCрPIP°PSPSCЦ P»C-PeP°CґCГCHPePsPiPs P·P°CГPsP±Cр PhPSP¶PмP»C-Pe PiCґPsC,ЦPiPsPj 24- PiPsPrPёPSPSPsPiPs C-PSC,PмCґPIP°P»Cр PjC-P¶ PsC,CґPёPjP°PSPSCЦPj PrPsP· P»C-PeP°CґCГCHPePsPiPs P·P°CГPsP±Cр CГPiPsCГC,PмCґC-PiP°CґC,CHCГCЦ P»PёCёPм PiPsCГC,CrPiPsPIC- P·PjC-PSPё PePsPSC†PмPSC,CґP°C†C-C— PмCГC,CґP°PrC-PsP»Cр PI CГPёCґPsPIP°C,C†C- PeCґPsPIC-. P§PмCґPмP· PIPмP»PёPePёPNё PsP±Bґ™C”Pj C†PёCґPeCрP»CґCґC†PёC... CГCрP»CHC,,P°C,C-PI C- PiP»CґPeCрCґPsPSC-PrC-PI PмCГC,CґPsPiPмPSCр P· PsPrPSPsPiPs P±PsPeCр C,P° PмPSC,PмCґPsPiPмC†C-PSPePsPICр CґPмC†PёCґPeCрP»CЦC†C-Cґ Bґ” P· C-PSCёPsPiPs PeC-PSC†PмPIPёPNё PiPмCґC-PsPr PSP°PiC-PIPIPёPIPмPrPмPSPSCЦ PмCГC,CґP°PrC-PsP»Cр C” CГPeP»P°PrPмPSPёPj PiP°CґP°PjPмC,CґPsPj, C%оPs P·P°P»PмP¶PёC,CH PIC-Pr CрCГC-C... P·P°P·PSP°C†PмPSPёC... PiCґPsC†PмCГC-PI C- C,CґPёPIP°C” PiCґPёP±P»PёP·PSPs 13вґ“20 PiPsPrPёPS PiC-CГP»CЦ PiPмCґPsCґP°P»CHPSPsPiPs P·P°CГC,PsCГCрPIP°PSPSCЦ.

P·CГC,CґP°PrC-PsP» PSPмCГPiPмC†PёC,,C-C†PSPs P·PiBґ™ CЦP·CрC”C,CHCГCЦ C-P· CГPёCґPsPIP°C,PePsPIPёPj P°P»CHP±CрPjC-PSPsPj C- CГPiPмC†PёC,,C-C†PSPs Bґ” C-P· PiP»PsP±CрP»C-PSPsPj, C%оPs P·PiBґ™ CЦP·CрC” CГC,P°C,PмPIC- CГC,PмCґPsC—PrPё (P“P—PґPґ). Pj PIPёPiP»CЦPrC- PIC-P»CHPSPsPiPs CГC,PмCґPsC—PrCр C†PёCґPeCрP»CґC” P»PёCёPм 1вґ“2 % PмCГC,CґP°PrC-PsP»Cр, 40вґ“45 % P·PiBґ™ CЦP·P°PSPs P· P“P—PґPґ. PjCЦIPISPёPNё PsP±Bґ™C”Pj CґPsP·PiPsPrC-P»Cр PмCГC,CґP°PrC-PsP»Cр PiC-CГP»CЦ PsPrPSPsCґP°P·PsPIPsPiPs PIPSCрC,CґC-CёPSCґPsPIPмPSPSPsPiPs P·P°CГC,PsCГCрPIP°PSPSCЦ CГC,P°PSPsPIPёC,CH PiCґPёP±P»PёP·PSPs 1 P»/PePi.

PґPмC,P°P±PsP»C-P·Pj. P·CГC,CґP°PrC-PsP» CёPIPёPrPePs PjPмC,P°P±PsP»C-P·CрC”C,CHCГCЦ, PiCґPё C†CHPsPjCр, PeCґC-Pj PмCГC,CґPsPSCр C,P° PмCГC,CґPsPSCр CГCрP»CHC,,P°C,Cr, CrC,PIPsCґCґC”C,CHCГCЦ PIPмP»PёPeP° PeC-P»CHPeC-CГC,CH C-PSCёPёC... PjPмC,P°P±PsP»C-C,C-PI C- PePsPSBґ™CґPiP°C,C-PI. PiPe C,,P°CґPjP°PePsP»PsPiC-C†PSPs P°PeC,PёPIPSC- PjPмC,P°P±PsP»C-C,Pё PмCГC,CґP°PrC-PsP»Cр PIC-PrPsPjC- PмCГC,CґPsPS C- PмCГC,CґC-PsP». Pj P·PSP°C†PSPёC... PePsPSC†PмPSC,CґP°C†C-CЦC... Cр PiP»P°P·PjC- PIPёP·PSP°C†P°PICГCЦ C,C-P»CHPePё PмCГC,CґPsPS. P·PjC-CГC, PмCГC,CґPsPSCр PI CГPёCґPsPIP°C,C†C- PeCґPsPIC- PiCґPёP±P»PёP·PSPs Cр 6 CґP°P·C-PI PiPмCґPмPIPёC%оCрC” PePsPSC†PмPSC,CґP°C†C-Cґ PмCГC,CґP°PrC-PsP»Cр. PґPsPSC†PмPSC,CґP°C†C-C— PePsPSBґ™CґPiP°C,C-PI PмCГC,CґPsPSCр PI CГPёCґPsPIP°C,C†C- PiCґPёP±P»PёP·PSPs PI 26 CґP°P·C-PI PIPёC%оC-, PSC-P¶ PIC-PrPiPsPIC-PrPSC- PePsPSC†PмPSC,CґP°C†C-C— PIC-P»CHPSPsPiPs PмCГC,CґPsPSCр.

P’PёPIPмPrPмPSPSCЦ. PґPмC,P°P±PsP»C-C†PSPёPNё PeP»C-CґPмPSCГ CГC,P°PSPsPIPёC,CH PiCґPёP±P»PёP·PSPs 30 PjP»/C...PI/PePi. PґPмC,P°P±PsP»C-C,Pё PмCГC,CґP°PrC-PsP»Cр PIPёPIPsPrCЦC,CHCГCЦ C-P· CГPмC†PмCґ C- P¶PsPIC†Cґ P· PiPмCґC-PsPrPsPj PSP°PiC-PIPIPёPIPмPrPмPSPSCЦ, C%оPs CГC,P°PSPsPIPёC,CH PiCґPёP±P»PёP·PSPs 1 PrPмPSCґ.

P C-PIPSPsPIP°P¶PSP° PePsPSC†PмPSC,CґP°C†C-CЦ. PмC-CГP»CЦ C%оPsPrPмPSPSPsPiPs PiPмCґPsCґP°P»CHPSPsPiPs P·P°CГC,PsCГCрPIP°PSPSCЦ P»C-PeP°CґCГCHPePsPiPs P·P°CГPsP±Cр PhPSP¶PмP»C-Pe CґC-PIPSPsPIP°P¶PSP° PePsPSC†PмPSC,CґP°C†C-CЦ PмCГC,CґP°PrC-PsP»Cр PrPsCГCЦPiP°C”C,CHCГCЦ PiCґPёP±P»PёP·PSPs C†PмCґPмP·

Рѣѣ™ СІІС,СѢ РrPSC-PI. РѢPsPSC†PμPSC,СѢP°C†C-СІІ РμCГC,СѢP°PrC-PsP»Cр PI CГPёCѢPsPIP°С,C†C- P·P±C-P»СѢCёCрC”C,СѢCГCІІ PіCѢPёP±P»PёP·PSPs PI 2 СѢP°P·Pё. РμСѢPё PіPμСѢPsCѢP°P»СѢPSPsPjCр P·P°CГC,PsCГCрPIP°PSPSC- РμCГC,СѢP°PrC-PsP» C-PSPrCрPёCрC” CрC,PIPsCѢPμPSPSCІІ P“P—PŸPŸ, C%Ps PIPiP»PёPIP°С” PSP° СѢPsP·PіPsPrC-P» PI C†P°CГC,PёPSC- CГPёCѢPsPIP°С,PёPsPIPёC... P±C-P»PёC-PI, PIPSP°CГP»C-PrPsPё C†PsPiPs PIPёPSPёPёP°С” P·P±C-P»СѢCёPμPSPSCІІ P“P—PŸPŸ- P·PIёѢ™ СІІP·P°PSPsC— C„СѢP°PёC†C-C— C,P° P·PjPμPSCёPμPSPSCІІ P·PIёѢ™ СІІP·P°PSPsC— P·P°P»СѢP±CрPjC-PSPsPj C- PSPμP·PIёѢ™ СІІP·P°PSPsC— C„СѢP°PёC†C-C—, C%Ps PIPёP°P·CрC” PSP° PSPμP»C-PSC-PNёPSPёPNё C...P°СѢP°PёC,РμСѢ C„P°СѢPjP°PёPsPёC-PSPrC,PёPёPё РμCГC,СѢP°PrC-PsP»Cр PіC-CГP»CІІ PіCѢPёPNёPsPjCр P»C-PёP°СѢCГCѢPёPsPiPs P·P°CГPсP±Cр PѢPSP¶PμP»C-Pё. РμСѢPё 24-PiPsPrPёPSPSPsPjCр C-PSC,РμСѢPIP°P»C- PrPsP·CрPIP°PSPSCІІ CГPμСѢPμPrPSCІІ СѢC-PIPsPsPIP°P¶PSP° PёPsPSC†PμPSC,СѢP°C†C-СІІ РμCГC,СѢP°PrC-PsP»Cр PI CГPёCѢPsPIP°С,C†C- PёCѢPsPIC- P·PjC-PSCѢC”C,СѢCГCІІ Cр PjPμP¶P°С... 20ёѢ“43 PіPi/PjP» PіC-CГP»CІІ PіCѢPёPNёPsPjCр P»C-PёP°СѢCГCѢPёPsPiPs P·P°CГPсP±Cр PѢPSP¶PμP»C-Pё. P»P°СѢPjP°PёPsPёC-PSPrC,PёC†PSC- PIP»P°CГC,PёPIPsCГC,C- РμCГC,СѢP°PrC-PsP»Cр PіCѢCІІPjPs PіCѢPsPіPsCѢC†C-PNёPSPs P·P°P»PμP¶P°С,СѢ PIC-Pr PrPsP·Pё PіCѢPё P·P°CГC,PsCГCрPIP°PSPSC- PіCѢPμPіP°СѢP°С,Cр PI PrPsP·P°С... 1 C- 2 PjPi.

РѢCГPsP±P»PёPIC- PёP°С,РμPiPsCѢC-C— C...PIPsCѢPёC....

ёѢŸ PμPμC†C-PSPePsPIP° PSPμPrPsCГC,P°С,PSC-CГC,СѢ.

РѢC†C-PSPeCр C„P°СѢPjP°PёPsPёC-PSPrC,PёC†PSPёC... PIP»P°CГC,PёPIPsCГC,РμPNё PsPrPSPsCѢP°P·PsPIPsC— PіPμСѢPsCѢP°P»СѢPSPsC— PrPsP·Pё 3 PjPi PrCѢPsCГPіC-CѢPμPSPsPSCр PI PёPsPjP±C-PSP°C†C-C— P· 1 PjPi РμCГC,СѢP°PrC-PsP»Cр PіCѢPsPIPsPrPёP»Pё Cр 10 PіP°C†C-C”PSC,PsPё C-P· PіPμC†C-PSPePsPIPsCѢ PSPμPrPsCГC,P°С,PSC-CГC,СѢ CГPμСѢPμPrPSCѢPsPiPs CГC,CрPіPμPSCІІ C,СІІP¶PёPsCГC,C- (PёP»P°CГ P’ P·P° PёP»P°CГPёC„C-PёP°C†C-C”CѢ PŸP°PNёP»PrP° ёѢ“ PіёѢ™ CѢ) C,P° 10 P·PrPsCѢPsPIPёC... P¶C-PSPsPё PIC-PrPіPsPIC-PrPSPsPiPs PIC-PёCр, PIP°PіPё PNё P°PSP°PjPSPμP·Cр C%PsPrPs PёCрCѢC-PSPSCІІ. PŸPμСѢPμPrPSC- CГPёCѢPsPIP°С,PёPsPIC- PіPsPёP°P·PSPёPёPё PёPsPSC†PμPSC,СѢP°C†C-C—/C†P°CГCр PrP»CІІ PrCѢPsCГPіC-CѢPμPSPsPSCр PIPёCІІPIPёP»PёCГCІІ P°PSP°P»PsPiC-C†PSPёPjPё PI PsP±PsC... PіCѢCрPіP°С... P¶C-PSPsPё PіC-Pr C†P°CГ C„P°P· P°P±CГPsCѢP±C†C-C—/СѢPsP·PіPsPrC-P»Cр P· PsPrPSP°PёPsPIPёPjPё P·PSP°C†PμPSPSCІІPjPё PŸ_{max} C- t_{max}, C%Ps PrPsP·PIPsP»CІІC” PіCѢPёPіCрCГC,PёC,Pё, C%Ps CрCѢP°P¶PμPSPSCІІ PіPμC†C-PSPePё PSPμ PIPiP»PёPIP°С” PSP° CёPIPёPrPёC-CГC,СѢ P°P±CГPsCѢP±C†C-C—. Pj PіP°C†C-C”PSC,C-PI C-P· PіPμC†C-PSPePsPIPsCѢ PSPμPrPsCГC,P°С,PSC-CГC,СѢ CГPμСѢPμPrPSCѢPsPiPs CГC,CрPіPμPSCІІ C,СІІP¶PёPsCГC,C-, PіPsCѢC-PIPsCІІPSPs P·C- P·PrPsCѢPsPIPёPj P¶C-PSPeP°PjPё P±PμP· CрCѢP°P¶PμPSPSCІІ PіPμC†C-PSPePё, CГPμСѢPμPrPSC-PNё PёC-PSC†PμPIPёPNё PіPμСѢC-PsPr PSP°PіC-PIIPёPIPμPrPμPSPSCІІ P±CрPI PjP°PNёP¶Pμ Cр 1,8 СѢP°P·P° C,СѢPёPIP°P»C-CёPёPj, P° CрCІІPIPsPёPNё P·P°PіP°P»СѢPSPёPNё PёP»C-СѢPμPSCГ (CL/f) PіCѢPё PіPμСѢPsCѢP°P»СѢPSPsPjCр P·P°CГC,PsCГCрPIP°PSPSC- P·PSPёP¶CрPIP°PICГCІІ PSP° P±P»PёP·СѢPёPs 50 %.

ёѢŸ PёPёCѢPePsPIP° PSPμPrPsCГC,P°С,PSC-CГC,СѢ.

P’PіP»PёPI PSPёCѢPёPsPIPsC— PSPμPrPsCГC,P°С,PSPsCГC,C- PSP° C„P°СѢPjP°PёPsPёC-PSPrC,PёC†PSC- PIP»P°CГC,PёPIPsCГC,C- PrCѢPsCГPіC-CѢPμPSPsPSCр (3 PjPi C%PsPrPμPSPSPs PіCѢPsC,СІІPiPsPj 14 PrC-P±) PrPsCГP»C-PrP¶CрPIP°PICГCІІ PSP° PіP°C†C-C”PSC,PёP°С... C-P· PSPsCѢPjP°P»СѢPSPsCѢ C„CрPSPёC†C-C”CѢ PSPёCѢPsPё C,P° P· PSPёCѢPёPsPIPsCѢ PSPμPrPsCГC,P°С,PSC-CГC,СѢ P»PμPiPёPsPiPs C,P° CГPμСѢPμPrPSCѢPsPiPs CГC,CрPіPμPSCІІ C,СІІP¶PёPsCГC,C-. РμСѢPё

PrPsCfCfCfPiPSPμPSPSC- CfC-PIPSPsPiP°P¶PSPsPiPs CfC,P°PSCr PiC-Pr C±P°Cf
C,PμCfP°PiC-C— PrCfPsCfPiC-CfPμPSPsPSPsPj Cr PiCfCfPiC- P¶C-PSPsPe C-P·
PSPëCfPePsPiPsCf PSPμPrPsCfC,P°C,PSC-CfC,Cf P»PμPiPePsPiPs CfC,CrPiPμPSCf
(PeP»C-CfPμPSCf PeCfPμP°C,PëPSC-PSCr 50Bfj“80 PjP»/C...PI) C,P° Cr PiCfCfPiC- P¶C-PSPsPe
P±PμP· PiPsCfCfCfPμPSPSCf C„CrPSPeCfC-C— PSPëCfPsPe (PeP»C-CfPμPSCf
PeCfPμP°C,PëPSC-PSCr > 80 PjP»/C...PI) CfPiPsCfC,PμCfC-PiP°P»PëCfCf
P°PSP°P»PsPiC-C±PSC- PePsPSCfPμPSC,CfP°CfC-C— PrCfPsCfPiC-CfPμPSPsPSCr PI
CfPëCfPsPiP°C,CfC- PeCfPsPIC-. Pj PiCfCfPiC- P¶C-PSPsPe C-P· PSPëCfPePsPiPsCf
PSPμPrPsCfC,P°C,PSC-CfC,Cf CfPμCfPμPrPSCfPsPiPs CfC,CrPiPμPSCf C,CfP¶PePsCfC,C-
(PeP»C-CfPμPSCf PeCfPμP°C,PëPSC-PSCr 30Bfj“50 PjP»/C...PI) CfPëCfPsPiP°C,PePsPIC-
PePsPSCfPμPSC,CfP°CfC-C— PrCfPsCfPiC-CfPμPSPsPSCr P±CrP»Pë PI
CfPμCfPμPrPSCfPsPjCr PSP° 37 % PIPëC%oC-, PSC-P¶ Cr PiCfCfPiC- P¶C-PSPsPe C-P·
PSPsCfPjP°P»CfPSPsCf C„CrPSPeCfC-C”Cf PSPëCfPsPe. P—P° CfPμP·CrP»CfC,P°C,P°PjPë
P»C-PSC-PNëPSPsPiPs CfPμPiCfPμCfC-PNëPSPsPiPs P°PSP°P»C-P·Cr PiPsPeP°P·PSPëPeC-PI AUC
PrCfPsCfPiC-CfPμPSPsPSCr (0Bfj“24 PiPsPrPëPSPë) CfC,PsCfPsPiPSPs PrPs
PeP»C-CfPμPSCfCf PeCfPμP°C,PëPSC-PSCr PIPëCfP¶P»PμPSPs P·CfPsCfC,P°PSPSCf PSP° 3,5
% P·C- P·PjPμPSCfPμPSPSCfPj PSP° 10 PjP»/C...PI PeP»C-CfPμPSCfCf PeCfPμP°C,PëPSC-PSCr.
PκPμP·PSP°C±PSPμ P·P±C-P»CfCfPμPSPSCf PSPμ C” C,P°PePëPj, C%oPs PjP°C”
PeP»C-PSC-C±PSCr P·PSP°C±PëPjC-CfC,CfC.

P”PsPeP»C-PSC-C±PSC- PrP°PSC- P· P±PμP·PiPμPePë.

P”PsCfP»C-PrP¶PμPSPSCf PSP° C,PIP°CfPëPSP°C... C-P· P·P°CfC,PsCfCfPiP°PSPSCfPj
PμCfC,CfP°PrC-PsP»Cr C,P° PrCfPsCfPiC-CfPμPSPsPSCr PiPsPeP°P·P°P»Pë
PsCfC-PeCfPiP°PSPëPNë PμCfC,CfPsPiPμPSPSPëPNë C,P° PiPμCfC,P°PiPμPSPSPëPNë
PμC„PμPeC,Pë. P”P°PSC- PrPsPeP»C-PSC-C±PSPëC... PrPsCfP»C-PrP¶PμPSCf, CfPeC- P±
PrPsPiPsPiPSCfPiP°P»Pë C-PSC„PsCfPjP°CfC-Cf, C%oPs PIP¶Pμ P·P°P·PSP°C±PμPSP° PI
C-PSCfPëC... PiCfPSPeC,P°C... PrP°PSPsC— C-PSCfC,CfCfPeCfC-C— PrP»Cf
PjPμPrPëC±PSPsPiPs P·P°CfC,PsCfCfPiP°PSPSCf P»C-PeP°CfCfCfPePsPiPs P·P°CfPsP±Cr
PjPSP¶PμP»C-Pe, PIC-PrCfCfC,PSC-.

РљР»С-РSC-С±РSC- С...Р°СђР°РеС,РμСђРëСfС,РëРеРë.

РμРsРeР°Р·Р°РSPSCf.

P—P°PjC-CfPSP° PiPsCfPjPsPSP°P»CfPSP° C,PμCfP°PiC-Cf (P—P”Pÿ) PiCfPë
CfPëPjPiC,PsPjP°C... PrPμC„C-CfPëC,Cr PμCfC,CfPsPiPμPSC-PI Cr P¶C-PSPsPe
PiPsCfC,PjPμPSPsPiP°CrP·P°P»CfPSPsPiPs PiPμCfC-PsPrCr PiPsPSP°Pr 1 CfC-Pe PiC-CfP»Cf
PSP°CfC,P°PSPSCf PjPμPSPsPiP°CrP·Pë.

PμPsPiPμCfPμPrP¶PμPSPSCf PsCfC,PμPsPiPsCfPsP·Cr Cr P¶C-PSPsPe
PiPsCfC,PjPμPSPsPiP°CrP·P°P»CfPSPsPiPs PiPμCfC-PsPrCr, C%oPs PIC...PsPrCfC,Cf PrPs
PiCfCfPiPë PiC-PrPiPëC%oPμPSPsPiPs CfPëP·PëPeCf CfPsP·PiPëC,PeCf PiPμCfPμP»PsPjC-PI
PeC-CfC,PsPe C,P° PjP°CfC,Cf PSPμPiPμCfPμPSPsCfPëPjC-CfC,Cf C-PSCfPëC...
P»C-PeP°CfCfCfPePëC... P·P°CfPsP±C-PI, C%oPs P·P°CfC,PsCfPsPICfCfC,Cf PrP»Cf
PiCfPsC„C-P»P°PeC,PëPePë PsCfC,PμPsPiPsCfPsP·Cr, P°P±Ps CfPePëPj
PiCfPsC,PëPiPsPeP°P·P°PSC- C,P°PeC- P·P°CfPsP±Pë (PrPëPI. CfPsP·PrC-P»
B«PhCfPsP±P»PëPiPsCfC,C- P·P°CfC,PsCfCfPiP°PSPSCfB»).

P”PsCfPIC-Pr P·P°CfC,PsCfCfPiP°PSPSCf PiCfPμPiP°CfP°C,Cr Cr P¶C-PSPsPe PIC-PePsPj

PIC-Pr 65 ЧҫPsPeC-PI PsP±PjPμP¶PμPSPëPN.

PμCҫPsC,PëPïPsPeP°P·P°PSPSCII.

B· P“PμPSC-C,P°P»CHΨPSC- PeCҫPsPIPsC,PμC‡C- PSPμP·Bҫ™ CIICTΨPsPIP°PSPsC—
PμC,C-PsP»PsPiC-C—.

B· P P°Pe PjPsP»PsC‡PSPsC— P·P°P»PsP·Pë, PïC-PrPsP·CҫP° PSP° PSCHΨPsPiPs, P°P±Ps
PSP°CIIPIPsC-CTC,CHΨ PIPeP°P·P°PSPsC— PïP°C,PsP»PsPiC-C— PI P°PSP°PjPSPμP·C—.

B· P·CTC,CҫPsPiPμPSP·P°P»PμP¶PSC- P·P»PsCIIPeC-CTΨPSC- PïCrC...P»PëPSPë P°P±Ps
PïC-PrPsP·CҫP° PSP° PSPëC... (PSP°PïCҫPëPeP»P°Pr, CҫP°Pe PμPSPPrPsPjPμC,CҫC-CII).

B· PќPμP»C-PePsPIP°PSP° PiC-PïPμCҫPïP»P°P·C-CII PμPSPPrPsPjPμC,CҫC-CII.

B· P’PμPSPsP·PSP° C,CҫPsPjP±PsPμPjP±PsP»C-CII P°P±Ps PSP°CIIPIPsC-CTC,CHΨ
PIPeP°P·P°PSPsC— PïP°C,PsP»PsPiC-C— PI P°PSP°PjPSPμP·C- (C,CҫPsPjP±PsP·
PiP»PëP±PsPePëC... PIPμPS, C,CҫPsPjP±PsPμPjP±PsP»C-CII P»PμPiPμPSPμPIPsC—
P°CҫC,PμCҫC-C—).

B· PҫCҫC,PμCҫC-P°P»CHΨPSP° C,CҫPsPjP±PsPμPjP±PsP»C-CII Cr PiPsCTC,CҫC-PN.
CTC,P°PrC-C— P°P±Ps PïPμCҫPμPSPμCTΨPμPSP° PSPμPrP°PIPsPs (PSP°PïCҫPëPeP»P°Pr,
CTC,PμPSPsPeP°CҫPrC-CII, C-PSC,„P°CҫPeC, PjC-PsPeP°CҫPrP°, C-PSCCTCrP»CHC,).

B· P’PëCTΨPsPePëPN CҫPëP·PëPe PIPμPSPsP·PSPsPiPs P°P±Ps
P°CҫC,PμCҫC-P°P»CHΨPSPsPiPs C,CҫPsPjP±PsP·Cr.

B· P“PsCTC,CҫPμ P·P°C...PIPsCҫCҫPIP°PSPSCII PïPμC‡C-PSPePë P°P±Ps
C...PIPsCҫPsP±Pë PïPμC‡C-PSPePë PI P°PSP°PjPSPμP·C- Bҫ“ PrPsPePë PïPsPeP°P·PSPëPePë
C,„CrPSPeC‡C-C— PïPμC‡C-PSPePë PSPμ PïPsPIPμCҫPSCrC,CHCTCII PrPs
PSPsCҫPjP°P»CHΨPSPëC... P·PSP°C‡PμPSCH.

B· PŷCII¶P¶PePμ P·P°C...PIPsCҫCҫPIP°PSPSCII PïPμC‡C-PSPePë.

B· PќP°CIIPIPsC- PSP° PrP°PSPëPN PjPsPjPμPSC, P°P±Ps PI P°PSP°PjPSPμP·C-
PïCrC...P»PëPSPë PïPμC‡C-PSPePë (PrPsP±CҫPsCIIPeC-CTΨPSC- P°P±Ps P·P»PsCIIPeC-CTΨPSC-).

B· PŸC...PëP»CHΨPSC-CTC,CHΨ PrPs CҫPsP·PIPëC,PeCr C,CҫPsPjP±PsP·C-PI
(PSP°PïCҫPëPeP»P°Pr, PrPμC,„C-C‡PëC, PïCҫPsC,PμC—PSCr PŸ, PrPμC,„C-C‡PëC,
PïCҫPsC,PμC—PSCr S P°P±Ps P°PSC,PëC,CҫPsPjP±C-PSCr, PrPëPI. CҫPsP·PrC-P»
B«PhCTΨPsP±P»PëPIPsCTC,C- P·P°CTC,PsCTCrPIP°PSPSCII»).

B· PμPsCҫCrC€PμPSPSCII C,„CrPSPeC‡C-C— PSPëCҫPsPe P°P±Ps PiPsCTC,CҫP°
PSPëCҫPePsPIP° PSPμPrPsCTC,P°C,PSC-CTC,CH.

B· PќPμPrPsCTC,P°C,PSC-CTC,CHΨ PSP°PrPSPëCҫPePsPIPëC... P·P°P»PsP·.

B· P’C-PrPsPjC- P°PSP°C,„C-P»P°PeC,PëC‡PSC- CҫPμP°PeC‡C-C—, PSP°P±CҫCIIPe
PљPIC-PSPePμ, PïC-PrPIPëC%PμPSP° C‡CrC,P»PëPIC-CTC,CHΨ PrPs PrC-CҫC‡PëC...
CҫPμC‡PsPIPëPS P°P±Ps PrPs P±CrPrCH-CIIPePsC— P· PrPsPiPsPjC-P¶PSPëC...
CҫPμC‡PsPIPëPS PïCҫPμPïP°CҫP°C,Cr.

B. P₄PsC₇C,,C-C₇C-C₁₁.

B. P₇C₁₁P₇¶P₆P° PiC-PiP₄C₇C,C₇P₆PiP»C-C†P₄C₇P₆PrP₄PjC-C₁₁.

P'P·P°C''PjPsPrC-C₁₁ P·C-PSC€P₆PjP₆ P»C-P₆P°C₇C₁C₇HP₆P₆PjP₆ P·P°C₁PsP±P°PjP₆ C,P°C-PSC€C- PIP₆PrP₆ PIP·P°C''PjPsPrC-PN₂.

P₄C₇P₆PjC-C,P₆P°: C₁P»C-Pr PsP·PSP°PN₂PsPjP₆C,P₆C₁C₁₁ P·C-PSC,,PsC₇PjP°C†C-C''C₇C%₀PsPrPs P»C-P₆P°C₇C₁C₇HP₆PsPiPs P·P°C₁PsP±C₁, C%₀Ps P·P°C₁C,P₆C₁PsPIC₁C''C,C₇C₁C₁₁ PsPrPSPsC†P°C₁PSPs, PrP»C₁₁ PIP₆C₁₁PIP»P₄PSPSC₁₁ PiPsC,P₄PSC†C-PN₂PSP₆C... PIP·P°C''PjPsPrC-PN₂.

P'PiP»P₆PI C-PSC€P₆C... P»C-P₆P°C₇C₁C₇HP₆P₆C... P·P°C₁PsP±C-PI PSP° PiC₇P₄PiP°C₇P°C,P₇PSP¶P₄P»C-P₆.

P P₄C†PsPIP₆PSP₆, C%₀Ps P·P±C-P»CHC€C₂C₇C,C₇HP₆P»C-C₇P₄PSC₁C₁C,P°C,P₄PIP₆C... PiPsC₇PjPsPSC-PI (P·PjP₄PSC€C₂C₇C,C₇HP₆C,,P₄PeC,P₆PIPSC-C₁C,C₇HP₆C€P»C₁₁C...PsPj C-PSP₁C₂PeC†C-C— C,,P₄C₇PjP₄PSC,C-PI)

P₄P₄C,P°P±PsP»C-P·Pj P₄C₁C,C₇PsPiP₄PSC-PI C,P° PiC₇PsPiP₄C₁C,P₆PsPiP₄PSC-PI PjPsP¶P₄P±C₁C,P₆ PiPsC₁P₆P»P₄PSP₆PN₂ PsPrPSPsC†P°C₁PSP₆Pj P·P°C₁C,P₆C₁C₁PIP°PSPSC₁₁PjC₇P₄C†PsPIP₆PS, C%₀Ps C-PSP₁C₁PeC₁C₇C,C₇HP₆C,,P₄C₇PjP₄PSC,P₆, PsC₁PsP±P»P₆PIPsC,,P₄C₇PjP₄PSC,P₆ C†P₆C,P₆C...C₇PsPjC₁ 450, C,P°PeP₆C... C₁₁PeP°PSC,P₆PePsPSPIC₁P»C₇C₁P°PSC,P₆ (PSP°PiC₇P₆PeP»P°Pr C,,P₄PSPsP±P°C₇P±C-C,P°P»,C,,P₄PSC-C,P₆C—PS, PeP°C₇P±P°PjP°P·P₄PiC-PS) C,P° PiC₇PsC,P₆C-PSC,,P₄PeC†C-PN₂PSC-P·P°C₁PsP±P₆ (PSP°PiC₇P₆PeP»P°Pr C₇P₆C,,P°PjPiC-C†P₆PS, C₇P₆C,,P°P±C₁C,P₆PS,PSP₄PIC-C₇P°PiC-PS, P₄C,,P°PIC-C₇P₄PSC†); C,,P₄P»P±P°PjP°C,,PiC₇P₆P·P₄PsC,,C₁P»C₇HPIC-PS, PsPeC₁PeP°C₇P±P°P·P₄PiC-PS, C,P₆PiC-C₇P°PjP°C, C,P°P»C-P₆P°C₇C₁C₇HP₆C- P·P°C₁PsP±P₆, C%₀Ps PjC-C₁C,C₁₁C,C₇HP₆C₁C,C₇P°PeC,P·PIC-C₇PsP±PsC₇ (*Hypericum Perforatum*).

P₄P»C-PSC-C†PSPs P·P±C-P»CHC€P₄PSPSC₁₁ PjP₄C,P°P±PsP»C-P·PjC₁ P₄C₁C,C₇PsPiP₄PSC-PI C,P° PiC₇PsPiP₄C₁C,P₆PsPiP₄PSC-PI PjPsP¶P₄PiC₇P₆P·PIP₄C₁C,P₆ PrPs P·PSP₆P¶P₄PSPSC₁₁ P₄C,,P₄PeC,P₆PIPSPsC₁C,C- C,P° P·PjC-PSP₆ PiC₇PsC,,C-P»C₇ PjP°C,PePsPIP₆C... PeC₇PsPIPsC,P₄C†.

P†PSP₁C₁PeC†C-C₁₁ C,,P₄C₇PjP₄PSC,C-PI PjPsP¶P₄P±C₁C,P₆ PIP₆C₁₁PIP»P₄PSP° C†P₄C₇P₄P·PrP₄PeC-P»CHPeP° PrPSC-PI P»C-P₆C₁PIP°PSPSC₁₁. P₄P°PeC₁P₆PjP°P»CHPSP°C-PSP₁C₁PeC†C-C₁₁ C,,P₄C₇PjP₄PSC,C-PI P·P°PiP°P»PsPj C₁PiPsC₁C,P₄C₇C-PiP°C''C,C₇C₁C₁₁ C†P₄C₇P₄P·PrP₄PeC-P»CHPeP° C,P₆P¶PSC-PI. P₄C-C₁P»C₁₁ PIC-PrPjC-PSP₆ P»C-P₆C₁PIP°PSPSC₁₁ C-PSP₁C₁PeC†C-C₁₁ C,,P₄C₇PjP₄PSC,C-PI PjPsP¶P₄P C,C₇P₆PIP°C,P₆P±P»P₆P·CHPePs 4 C,P₆P¶PSC-PI.

P P₄C†PsPIP₆PSP₆ P·C- P·PjC-PSPSP₆Pj PIPiP»P₆PIPsPj PSP° PeP»C-C₇P₄PSC₁C₁C,P°C,P₄PIP₆C... PiPsC₇PjPsPSC-PI

P₄C₇P₆ C₁C₁PiC₁C,PSCHPsPjC₁ P·P°C₁C,P₆C₁C₁PIP°PSPSC- C-P· P—P°P₇P±C-P»CHC€C-C₁C,C₇HP₆P'P†P>-C-PSPiC-P±C-C,P₆C₇C-PI PiC₇PsC,P₄P°P· C,P°PSP₄PSC₁PeP»P₄PsP·P₆PrPSP₆C... C-PSPiC-P±C-C,P₆C₇C-PI P·PIPsC₇PsC,PSPsC—C,C₇P°PSC₁PeC₇P₆PiC,P°P·P₆, PIP₆P»C₇C†P°C₇C†P₆ PePsPjP±C-PSP°C†C-C— P·

C-PSPIc-P±C-C,PsCḡP°PjPë PIC-CḡCíCíCí PiPµPīP°C,PëC,Cí PŸ (P'P"PŸ), PjPsP¶Pµ
CíPíCḡPëC±PëPSPëC,Pë P·P±C-P»CHC€PµPSPSC¶ P°P±Ps P·PjPµPSC€PµPSPSC¶
PePsPSC±PµPSC,CḡP°C†C-PNë PµCíC,CḡPsPiPµPSC-PI C,P° PíCḡPsPiPµCíC,PëPSC-PI. PíC-
P·PjC-PSPë PjPsP¶CíC,CH PjP°C,Pë PeP»C-PSC-C±PSPµ P·PSP°C±PµPSPSC¶ Cí PrPµC¶PePëC...
PIPëPīP°PrPeP°C....

PŸPsPjCí PrP»C¶ PIPëC¶PIP»PµPSPSC¶ PīPsC,PµPSC†C-PNëPSPëC... PIP·P°C" PjPsPrC-PNë
CíP»C-Pr PsP·PSP°PNëPsPjPëC,PëCíC¶ C-P· C-PSC,,PsCḡPjP°C†C-C"CH C%PsPrPs
PjPµPrPëC±PSPsPiPs P·P°CíC,PsCíCíPIP°PSPSC¶ P»C-PeP°CḡCíCHPePsPiPs P·P°CíPsP±Cí
PrP»C¶ P»C-PeCíPIP°PSPSC¶ P'P†P>/P'P"PŸ, C%Ps PíCḡPëPNëPjP°C"C,CHCíC¶
PsPrPSPSc±P°CíPSPs.

*P PµC±PsPIPëPSPë, C%Ps P·PjPµPSC€CáCHC,CH PeP»C-CḡPµPSCí CíC,P°C,PµPIPëC...
PiPsCḡPjPsPSC-PI (C-PSPIc-P±C-C,PsCḡPë C,,PµCḡPjPµPSC,C-PI)*

PµPsC,CíP¶PSC- P°P±Ps PīPsPjC-CḡPSC- C-PSPIc-P±C-C,PsCḡPë CYP3 A4, C,P°PeC- C¶Pe
PíCḡPsC,PëPíCḡPëP±PePsPIC- PíCḡPµPīP°CḡP°C,Pë PíCḡCíPīPë P°P·PsP»C-PI
(PSP°PíCḡPëPeP»P°Pr C,,P»CíPePsPSP°P·PsP» C-C,CḡP°PePsPSP°P·PsP»,
PePµC,PsPePsPSP°P·PsP», PIPsCḡPëPePsPSP°P·PsP»), PIPµCḡP°PīP°PjC-P», PjP°PeCḡPsP»C-PrPë
(PSP°PíCḡPëPeP»P°Pr PeP»P°CḡPëC,CḡPsPjC-C†PëPS, PµCḡPëC,CḡPsPjC-C†PëPS),
PrPëP»C,C-P°P·PµPj C,P° PíCḡPµPNëPíC,,CḡCíC,PsPIPëPNë CíC-Pe, PjPsP¶CíC,CH
CíPíCḡPëC±PëPSC¶C,Pë PrPs P·P±C-P»CHC€PµPSPSC¶ PīP»P°P·PjPsPIPëC...
PePsPSC±PµPSC,CḡP°C†C-PNë PµCíC,CḡPsPiPµPSC-PI C,P° PíCḡPsPiPµCíC,PëPSC-PI. Pj
C...PsPrC- PrPsCíP»C-PrP¶PµPSPSC¶ P±P°PīP°C,PsCḡP°P·PsPIPëC... PrPsP·
PePsPjP±C-PSP°C†C-C— PrCḡPsCíPíC-CḡPµPSPsPSCí (3 PjPi/PrPµPSCḡ) C,P°
PµCíC,CḡP°PrC-PsP»Cí (1,5 Pi/PrPµPSCḡ) PsPrPSPSc±P°CíPSPµ P·P°CíC,PsCíCíPIP°PSPSC¶
PīPsC,CíP¶PSPsPiPs C-PSPIc-P±C-C,PsCḡCí CYP3 A4 PePµC,PsPePsPSP°P·PsP»Cí
PíCḡPsC,C¶PiPsPj 10 PrPSC-PI PíCḡPëP·PIPµP»Ps PrPs P·P±C-P»CHC€PµPSPSC¶ AUC (0Bḡ"24
PiPsPr) PrCḡPsCíPíC-CḡPµPSPsPSCí Cí 2,30 CḡP°P·P° (90 % P"PsPIC-CḡC±PëPNë
P†PSC,PµCḡPIP°P» (P"P†): 2,08; 2,54). P-PsPrPSPëC... P·PjC-PS PSPµ
CíPíPsCíC,PµCḡC-PiP°P»PsCíC¶ Cí PīP°CḡP°PjPµC,CḡP°C... PµCíC,CḡP°PrC-PsP»Cí,
C,P°PePsP¶ AUC (0Bḡ"24 PiPsPr) PNëPsPiPs PjPµPSC€ CíPëP»CHPSPsPiPs
PjPµC,P°P±PsP»C-C,P° PµCíC,CḡPsPSCí P·P±C-P»CHC€PëP»P°CíC¶ Cí 1,39 CḡP°P·P°
(90 % P"P†: 1,27; 1,52).

P'PīP»PëPI P»C-PeP°CḡCíCHPePsPiPs P·P°CíPsP±Cí PhPSP¶PµP»C-Pe PSP° C-PSC€C-
P»C-PeP°CḡCíCHPeC- P·P°CíPsP±Pë

In vitro PrCḡPsCíPíC-CḡPµPSPsPS P·PrP°C,PµPS CíP»P°P±PePs P°P±Ps PīPsPjC-CḡPSPs
PíCḡPëPiPSC-C±CíPIP°C,Pë C,,PµCḡPjPµPSC,Pë C†PëC,PsC...CḡPsPjCí P 450 CYP1Pḡ1, CYP2PŸ9,
CYP2PŸ19 C,P° CYP3Pḡ4.

PḡP° PíC-PrCíC,P°PIC- CḡPµP·CíP»CHC,P°C,C-PI PrPsCíP»C-PrP¶PµPSPSC¶
PIP·P°C" PjPsPrC-C— *in vivo*, C%Ps P±CíP»Ps PíCḡPsPIPµPrPµPSPs P·P° CíC±P°CíC,CH
P·PrPsCḡPsPIPëC... PrPsP±CḡPsPIPsP»CHC†C-PI-P¶C-PSPsPe, C¶PeC- PsC,CḡPëPjCíPIP°P»Pë
PrCḡPsCíPíC-CḡPµPSPsPS Cí PICíC,P°PSPsPIP»PµPSPëC... PrPsP·P°C... PīPs 3 PjPi PSP°
PrPsP±Cí C-P· P·P°CíC,PsCíCíPIP°PSPSC¶Pj PsPjPµPíCḡP°P·PsP»Cí,
CíPëPjPIP°CíC,P°C,PëPSCí P°P±Ps PjC-PrP°P·PsP»P°PjCí C¶Pe CíCíP±CíC,CḡP°C,C-PI-
PjP°CḡPePµCḡC-PI, PeP»C-PSC-C±PSPs P·PSP°C±CíC%P° PIP·P°C" PjPsPrC-C¶
PrCḡPsCíPíC-CḡPµPSPsPSCí P· C-PSC€PëPjPë P»C-PeP°CḡCíCHPePëPjPë P·P°CíPsP±P°PjPë,
PjPµC,P°P±PsP»C-P·Pj C¶PePëC... P·P°P»PµP¶PëC,CH PIC-Pr C†PëC,PsC...CḡPsPjCí P 450,

PIPIP°P¶P°C”C,CHCÍCÍ PjP°P»PsPNPjPsPIC-CHPSPsCH.

P¶P°P»PsPNPjPsPIC-CHPSPs, C%Ps PePsPjP±C-PSPsPIP°PSPµ P·P°CÍC,PsCÍCrPIP°PSPSCÍ P»C-PeP°CHCÍCHPePsPiPs P·P°CÍPsP±Cí P¶PSP¶PµP»C-Pe C- PkPµP—Pµ (PSPµCÍC,PµCHPSc—PrPSPëC... PíCHPSc,PëP·P°PíP°P»CHPSPëC... PíCHPµPíP°CHP°C,C-PI) P°P±Ps C-PSPiC-P±C-C,PsCHC-PI P°PSPiC-PsC,PµPSP·PëPSPiPµCHPµC,PIPsCHCHCHC±PsPiPs C,,PµCHPjPµPSC,Cí/P°PSC,P°PiPsPSC-CÍC,C-PI CHPµC†PµPíC,PsCHC-PI P°PSPiC-PsC,PµPSP·PëPSCí P†P†, P·P±C-P»CHC€CíC” PePsPSC†PµPSC,CHP°C†C-CH PeP°P»C-CH Cí CÍPëCHPSPiP°C,C†C- PeCHPSPiC-. PhPrPSP°Pe PsPrPSPsC±P°CÍPSPµ P·P°CÍC,PsCÍCrPIP°PSPSCÍ C†PëC... C,CHCHPsC... C,PëPíC-PI PíCHPµPíP°CHP°C,C-PI PjPsP¶Pµ P·CíPjPsPiPëC,Pë PSPµPIPµP»PëPePµ P·P±C-P»CHC€PµPSPSCÍ PePsPSC†PµPSC,CHP°C†C-C— PeP°P»C-CH Cí CÍPëCHPSPiP°C,C†C- PeCHPSPiC-, P±C-P»CHC€ PIPëCHP°P¶PµPSPµ Cí P¶C-PSPsPe, C...PIPsCHPëC... PSP° PrC-P°P±PµC,, PJ P¶C-PSPsPe P· P°CHC,PµCHC-P°P»CHPSPsCH PiC-PíPµCHC,PµPSP·C-C”CH PíC-Pr C±P°CÍ C,PµCHP°PíC-C— P»C-PeP°CHCÍCHPePëPj P·P°CÍPsP±PsPj P¶PSP¶PµP»C-Pe PjPsP¶Pµ CÍPíPsCÍC,PµCHC-PiP°C,PëCÍCÍ PrPsPrP°C,PePsPIPµ P·PSPëP¶PµPSPSCÍ P°CHC,PµCHC-P°P»CHPSPsPiPs C,PëCÍPeCí (PrPëPI. CHPsP·PrC-P» B«PhCÍPsP±P»PëPIPsCÍC,C- P·P°CÍC,PsCÍCrPIP°PSPSCÍB»).

P—P»PsPIP¶PëPIP°PSPSCÍ P°P»PePsPiPsP»PµPj PíCHPSc,CÍPiPsPj P—P“Pÿ PjPsP¶Pµ PíCHPëP·PIPsPrPëC,Pë PrPs P·CHPScÍC,P°PSPSCÍ CHC-PIPsCÍ C†PëCHPeCíP»CHCHC±PsPiPs PµCÍC,CHPsPiPµPSCí Cí PeCHPSPiC-.

P·PíP»PëPI P—P“Pÿ P· PµCÍC,CHPsPiPµPSP°PjPë PSP° C-PSC€C- P»C-PeP°CHCÍCHPeC- P·P°CÍPsP±Pë

P“PsCHPjPsPSP°P»CHPSC- PePsPSC,CHP°C†PµPíC,PëPIPë, C%Ps PjC-CÍC,CÍC,CH PµCÍC,CHPsPiPµPSPë, P·PSP°C±PSPs P·PSPëP¶CíCHC,CH PePsPSC†PµPSC,CHP°C†C-CH P»P°PjPsC,CHPëPrP¶PëPSCí PI PíP»P°P·PjC- PeCHPSPiC- PíCHPë C—C... PsPrPSPsC±P°CÍPSPsPjCí P·P°CÍC,PsCÍCrPIP°PSPSC- PIPSP°CÍP»C-PrPsPe C-PSPíCíPeC†C-C— PíP»CHPeCíCHPsPSC-P·P°C†C-C— P»P°PjPsC,CHPëPrP¶PëPSCí. PíPµ PjPsP¶Pµ P·PSPëP·PëC,Pë PePsPSC,CHPsP»CH PSP°Pr CÍCíPrPsPjP°PjPë. PíPsC±P° PíPsC,PµPSC†C-PN°PSCí PIP·P°C”PjPsPrC-CH PjC-P¶ P·P°PjC-CÍPSPsCH PiPsCHPjPsPSP°P»CHPSPsCH C,PµCHP°PíC-C”CH C,P° P»P°PjPsC,CHPëPrP¶PëPSPsPj PSPµ PIPëPIC±P°P»Pë, PsC±C-PeCíC”C,CHCÍCÍ, C%Ps PíPsPrC-P±PSP° PIP·P°C”PjPsPrC-CÍ C-CÍPSCíC” C- PjPsP¶Pµ PíCHPëP·PIPµCÍC,Pë PrPs P·PSPëP¶PµPSPSCÍ PePsPSC,CHPsP»CH PSP°Pr PSP°PíP°PrP°PjPë Cí P¶C-PSPsPe, CÍPeC- PsPrPSPsC±P°CÍPSPs PíCHPëPN°PjP°CHC,CH PsP±PëPrPIP° P»C-PeP°CHCÍCHPeC- P·P°CÍPsP±Pë.

P†PSC€C- PIPëPrPë PIP·P°C”PjPsPrC-PN°

PµCHPSc,PëPIC-CHCíCÍPSC- P»C-PeP°CHCÍCHPeC- P·P°CÍPsP±Pë PíCHCÍPjPsC— PrC-C— C,P° PµC,PëPSC-P»PµCÍC,CHP°PrC-PsP»-PIPjC-CÍPSC- P»C-PeP°CHCÍCHPeC- P·P°CÍPsP±Pë, C,P°PeC- CÍPe P¶P”P¶.

PJ C...PsPrC- PeP»C-PSC-C±PSPëC... PrPsCÍP»C-PrP¶PµPSCH P·P° CíC±P°CÍC,CH PíP°C†C-C”PSC,C-PI, CÍPeC- PsC,CHPëPjCíPIP°P»Pë C,PµCHP°PíC-CH PrP»CÍ P»C-PeCíPIP°PSPSCÍ PIC-CHCíCÍPSPsPiPs PiPµPíP°C,PëC,Cí Pÿ P»C-PeP°CHCÍCHPePëPjPë

P·P°CÍPsP±P°PjPë, C%Ps PjC-CÍC,CÍC,CH
PsPjP±C-C,P°CÍPIC-CĤ/PiP°CĤPëC,P°PiCĤPμPIC-CĤ/CĤPëC,PsPSP°PIC-CĤ C,P°
PrP°CÍP°P±CÍPIC-CĤ P· PrPsPrP°PIP°PSPSCÍPj CĤPëP±P°PIC-CĤPëPSCÍ P°P±Ps P±PμP·
C,P°PePsPiPs, PiC-PrPIPëC%PμPSPSCÍ CĤC-PIPSCÍ C,CĤP°PSCÍP°PjC-PSP°P·Pë (PĥP·Pÿ) CÍ
PiPsPSP°Pr 5 CĤP°P·C-PI PIPëC%Pμ PIPμCĤC...PSCĤPsC— PjPμP¶C- PSPsCĤPjPë (P°PĥPĥ)
CÍPiPsCÍC,PμCĤC-PiP°P»PsCÍCÍ P·PSP°C±PSPs C±P°CÍC,C-C€Pμ CÍ P¶C-PSPsPe, CÍPeC-
P·P°CÍC,PsCÍPsPICÍPIP°P»Pë P»C-PeP°CĤCÍCHPeC- P·P°CÍPsP±Pë, C%Ps PjC-CÍC,CÍC,CH
PμC,PëPSC-P»PμCÍC,CĤP°PrC-PsP», C,P°PeC- CÍPe PePsPjP±C-PSPsPIP°PSC-
PiPsCĤPjPsPSP°P»CHPSC- PePsPSC,CĤP°C†PμPiC,PëPIPë (PĥP°Pĥ). PĥCĤC-Pj C,PsPiPs,
PiC-PrPIPëC%PμPSPSCÍ CĤC-PIPSCÍ PĥP·Pÿ CÍPiPsCÍC,PμCĤC-PiP°P»PsCÍCÍ CÍ
P¶C-PSPsPe, CÍPeC- P·P°CÍC,PsCÍPsPICÍPIP°P»Pë P»C-PeP°CĤCÍCHPeC- P·P°CÍPsP±Pë, C%Ps
PjC-CÍC,CÍC,CH PμC,PëPSC-P»PμCÍC,CĤP°PrC-PsP», C,P°PeC- CÍPe PĥP°Pĥ, PiC-Pr C±P°CÍ
C,PμCĤP°PiC-C— PiP»PμPeP°PiCĤPμPIC-CĤPsPj/PiC-P±CĤPμPSC,P°CÍPIC-CĤPsPj P°P±Ps
CÍPsC,,PsCÍP±CÍPIC-CĤPsPj/PIPμP»PiP°C,P°CÍPIC-CĤPsPj/PIPsPeCÍPëP»P°PiCĤPμPIC-CĤPsPj.

*PμCĤPsC,PëPIC-CĤC¿CÍPSC- P»C-PeP°CĤCÍCHPeC- P·P°CÍPsP±Pë PiCĤCÍPjPsC— PrC-C—
C,P° P»C-PeP°CĤCÍCHPeC- P·P°CÍPsP±Pë, C%Ps PjC-CÍC,CÍC,CH PμCÍC,CĤPsPiPμPSPë,
PeCĤC-Pj PμC,PëPSC-P»PμCÍC,CĤP°PrC-PsP»C¿, C,P°PeC- CÍPe PμCÍC,CĤP°PrC-PsP»*

PμPsPeP°P·PSPëPe PiC-PrPIPëC%PμPSPSCÍ CĤC-PIPSCÍ PĥP·Pÿ CÍ P¶C-PSPsPe, CÍPeC-
PiCĤPëPμPjP°P»Pë P»C-PeP°CĤCÍCHPeC- P·P°CÍPsP±Pë, C%Ps PjC-CÍC,CÍC,CH
PμCÍC,CĤPsPiPμPSPë, PeCĤC-Pj PμC,PëPSC-P»PμCÍC,CĤP°PrC-PsP»CÍ, C,P°PeC- CÍPe
PμCÍC,CĤP°PrC-PsP», C,P° PePsPjP±C-PSP°C†C-CĤ
PsPjP±C-C,P°CÍPIC-CĤ/PiP°CĤPëC,P°PiCĤPμPIC-CĤ/CĤPëC,PsPSP°PIC-CĤ C,P°
PrP°CÍP°P±CÍPIC-CĤ P· PrPsPrP°PIP°PSPSCÍPj CĤPëP±P°PIC-CĤPëPSCÍ P°P±Ps P±PμP·
C,P°PePsPiPs, P±CÍPI PiPsPrC-P±PSPëPj PrPs PiPsPeP°P·PSPëPeC-PI CÍ P¶C-PSPsPe, CÍPeC-
PSPμ PsC,CĤPëPjCÍPIP°P»Pë P¶PsPrPSPëC... PμCÍC,CĤPsPiPμPSC-PI. PĥPrPSP°Pe C±PμCĤPμP·
PsP±PjPμP¶PμPSCÍ PeC-P»CHPeC-CÍC,CH P¶C-PSPsPe, CÍPeC- PiCĤPëPμPjP°PĥC,CH
C-PSC€C- PμCÍC,CĤPsPiPμPSPë, PSPμPsP±C...C-PrPSPs PrPsC,CĤPëPjCÍPIP°C,PëCÍCÍ
PsP±PμCĤPμP¶PSPsCÍC,C- PiCĤPë PsPrPSPsC±P°CÍPSPsPjCÍ P·P°CÍC,PsCÍCÍPIP°PSPSC- P·
C,P°PePëPjPë PePsPjP±C-PSP°C†C-CÍPjPë P»C-PeP°CĤCÍCHPePëC... P·P°CÍPsP±C-PI:
PsPjP±C-C,P°CÍPIC-CĤ/PiP°CĤPëC,P°PiCĤPμPIC-CĤ/CĤPëC,PsPSP°PIC-CĤ C,P°
PrP°CÍP°P±CÍPIC-CĤ P· PrPsPrP°PIP°PSPSCÍPj CĤPëP±P°PIC-CĤPëPSCÍ P°P±Ps P±PμP·
C,P°PePsPiPs; PiP»PμPeP°PiCĤPμPIC-CĤ/PiC-P±CĤPμPSC,P°CÍPIC-CĤ P°P±Ps
CÍPsC,,PsCÍP±CÍPIC-CĤ/PIPμP»PiP°C,P°CÍPIC-CĤ/PIPsPeCÍPëP»P°PiCĤPμPIC-CĤ (PrPëPI.
CĤPsP·PrC-P» B«PĥCÍPsP±P»PëPIPsCÍC,C- P·P°CÍC,PsCÍCÍPIP°PSPSCÍB»).

P»P°P±PsCĤP°C,PsCĤPSC- PrPsCÍP»C-PrP¶PμPSPSCÍ.

P—P°CÍC,PsCÍCÍPIP°PSPSCÍ CÍC,P°C,PμPIPëC... PiPsCĤPjPsPSC-PI PjPsP¶Pμ PIPiP»PëPIP°C,Pë
PSP° CĤPμP·CÍP»CHC,P°C,Pë PiPμPIPSPëC... P»P°P±PsCĤP°C,PsCĤPSPëC...
PrPsCÍP»C-PrP¶PμPSCĤ, PIPeP»CĤC±P°CĤC±Pë P±C-PsC...C-PjC-C±PSC- PiPsPeP°P·PSPëPePë
C,,CÍPSPeC†C-C— PiPμC±C-PSPePë, C%PëC,PsPiPsPrC-P±PSPsC— P·P°P»PsP·Pë,
PSP°PrPSPëCĤPePsPIPëC... P·P°P»PsP·, PSPëCĤPsPe, CĤC-PIPμPSCĤ P±C-P»PeC-PI
(C,CĤP°PSCÍPiPsCĤC,PμCĤC-PI), PSP°PiCĤPëPeP»P°Pr CÍC,P°C,PμPIPsPiPs PiPsCĤPjPsPSCÍ,
C%Ps P·PiBĥ™ CÍP·CÍC” PiP»PsP±CÍP»C-PSPë, P»C-PiC-PrPë/C,,CĤP°PeC†C-C—
P»C-PiPsPiCĤPsC,PμC—PSC-PI, PiPsPeP°P·PSPëPePë PePsP°PiCÍP»CÍC†C-C— C,P°
C,,C-P±CĤPëPSPsP»C-P·CÍ. PiPe PiCĤP°PIPëP»Ps, P·PjC-PSPë P·P°P»PëC€P°CĤC,CHCÍCÍ PI
PjPμP¶P°C... PSPsCĤPjP°C,PëPIPSPëC... P·PSP°C±PμPSCĤ. P”CĤPsCÍPiC-CĤPμPSPsPS
PIPëPeP»PëPeP°C” PiC-PrPIPëC%PμPSPSCÍ P°PeC,PëPIPSPsCÍC,C- CĤPμPSC-PSCÍ
PiP»P°P·PjPë PeCĤPsPIC- C,P° P°P»CHPrPsCÍC,PμCĤPsPSCÍ PiP»P°P·PjPë PeCĤPsPIC-, C%Ps
CÍPiCĤPëC±PëPSPμPSPμ PĥPsPiPs PiPsPjC-CĤPSPsCĤ

P°PSC, PëPjC-PSPµCḡP°P»PsPePsCḡC, PëPePsC—PrPSPsCḡ P°PeC, PëPIPSC-CḡC, Cḡ.

PḡCḡPsP±P»PëPIPsCḡC, C- P·P°CḡC, PsCḡCḡPIP°PSPSCḡ.

PµCḡPë P»C-PeCḡPIP°PSPSC- CḡPsP·P»P°PrC-PI, PḡPsPIḡḡ™CḡP·P°PSPëC... C-P·
PḡPµCḡC-PsPrPsPj PḡPsCḡC, PjPµPSPsPḡP°CḡP·Pë, P·P°CḡC, PsCḡCḡPIP°PSPSCḡ P—P“Pḡ CḡP»C-Pr
CḡPsP·PḡPsCḡPëPSP°C, Pë C, C-P»CHPePë PḡCḡPë PSP°CḡPIPSPsCḡC, C- CḡPëPjPḡC, PsPjC-PI,
C%Ps PḡPsPiC-CḡCḡCḡCḡC, CH CḡPeC-CḡC, CH PḡPëC, C, Cḡ. P' CḡCḡC-C... PIPëPḡP°PrPeP°C...
PSPµPsP±C...C-PrPSPs PḡCḡPëPSP°PḡPjPSC- 1 CḡP°P· PSP° CḡC-Pe PḡCḡPsPIPsPrPëC, Pë
CḡPµC, PµP»CHPSPëPḡ P°PSP°P»C-P· CḡPḡC-PIPIC-PrPSPsCḡPµPSPSCḡ
PePsCḡPëCḡC, CH/CḡPëP·PëPe C, P° PḡCḡPsPrPsPIPḡCḡPIP°C, Pë P—P“Pḡ, C, C-P»CHPePë
CḡPeC%Ps PePsCḡPëCḡC, CH PḡPµCḡPµPIPëC%CḡC” CḡPëP·PëPePë.

P”P°PSC- PḡCḡPs CḡPëP·PëPePë, PḡPsPIḡḡ™CḡP·P°PSC- C-P· P—P“Pḡ PḡCḡPë
P»C-PeCḡPIP°PSPSC- PḡPµCḡPµPrCḡP°CḡPSPsC— PjPµPSPsPḡP°CḡP·Pë, C”
PsP±PjPµPḡPµPSPëPjPë. PḡPrPSP°Pe, CḡPµCḡPµP· PSPëP·CHPePëPḡ CḡC-PIPµPSCḡ
P°P±CḡPsP»CḡC, PSPsPiPs CḡPëP·PëPeCḡ Cḡ PḡC-PSPsPe PjPsP»PsPrCḡPsPiPs PIC-PeCḡ
CḡPḡC-PIPIC-PrPSPsCḡPµPSPSCḡ PePsCḡPëCḡC, CH/CḡPëP·PëPe Cḡ C, P°PePëC... PḡC-PSPsPe
PjPsPḡPµ P±CḡC, Pë P±C-P»CHCḡ CḡPḡCḡPëCḡC, P»PëPIPëPj, PSC-Pḡ Cḡ CḡC, P°CḡC-CḡPëC...
PḡC-PSPsPe.

PḡPµPrPëCḡPSPµ PsP±CḡC, PµPḡPµPSPSCḡ/PḡPsPrP°P»CHCḡPµ
CḡPḡPsCḡC, PµCḡPµPḡPµPSPSCḡ.

PµPµCḡPµPr PḡPsCḡP°C, PePsPj P°P±Ps PḡPsPSPsPIP»PµPSPSCḡPj P—P“Pḡ CḡP»C-Pr
PrPsPeP»P°PrPSPs PIPëPICḡPëC, Pë PsCḡPsP±PëCḡC, PëPḡ C- CḡC-PjPµPḡPSPëPḡ
P°PSP°PjPSPµP· PḡP°CḡC-C”PSC, PePë, PḡCḡPsPIPµCḡC, Pë C,, C-P·PëPeP°P»CHPSPµ
PsP±CḡC, PµPḡPµPSPSCḡ (PIPeP»CḡCḡP°CḡCḡPë PsP±CḡC, PµPḡPµPSPSCḡ PsCḡPiP°PSC-PI
C, P°P·P° C, P° PjPsP»PsCḡPSPëC... P·P°P»PsP·), P±PµCḡCḡCḡPë PrPs CḡPIP°PiPë
PḡCḡPsC, PëPḡPsPeP°P·P°PSPSCḡ (CḡPsP·PrC-P» B«PµCḡPsC, PëPḡPsPeP°P·P°PSPSCḡB») C, P°
P·P°CḡC, PµCḡPµPḡPµPSPSCḡ (CḡPsP·PrC-P» B«PµPsP±C-CḡPSC- CḡPµP°PeCḡC-C—B»), C-
PḡPµCḡC-PsPrPëCḡPSPs PḡPsPIC, PsCḡCḡPIP°C, Pë PḡPsPrC-P±PSC- PsP±CḡC, PµPḡPµPSPSCḡ.
PḡP°CḡC, PsC, P° C- C...P°CḡP°PeC, PµCḡ PsP±CḡC, PµPḡPµPSCḡ PḡPsPIPëPSPSC-
T’CḡCḡPSC, CḡPIP°C, PëCḡCḡ PSP° CḡPëPSPSPëC... PSPsCḡPjP°C... PjPµPrPëCḡPSPsC—
PḡCḡP°PeC, PëPePë P· CḡCḡP°C...CḡPIP°PSPSCḡPj C-PSPrPëPIC-PrCḡP°P»CHPSPëC...
PsCḡPsP±P»PëPIPsCḡC, PµPḡ PePsPḡPSPsC— PḡP°CḡC-C”PSC, PePë. P-C-PSPsPe
PSPµPsP±C...C-PrPSPs PḡPsPIC-PrPsPjPëC, Pë PḡCḡPs C, Pµ, CḡC, PsCḡPsPIPSPs CḡPePëC...
P·PjC-PS PI PjPsP»PsCḡPSPëC... P·P°P»PsP·P°C... PIPsPSPë PjP°CḡC, CH C-PSC,, PsCḡPjCḡPIP°C, Pë
CḡPIPsPiPs P»C-PeP°CḡCḡ P°P±Ps PjPµPrPëCḡPSCḡ CḡPµCḡC, CḡCḡ. PḡP±CḡC, PµPḡPµPSPSCḡ,
PIPeP»CḡCḡP°CḡCḡPë PIC-PrPḡPsPIC-PrPSC- PjPµC, PsPrPë PIC-P·CḡP°P»C-P·P°CḡC-C—,
PSP°PḡCḡPëPeP»P°Pr, PjP°PjPsPiCḡP°C,, C-Cḡ, CḡP»C-Pr PḡCḡPsPIPsPrPëC, Pë
PIC-PrPḡPsPIC-PrPSPs PrPs C-CḡPSCḡCḡCḡPsC— PḡCḡP°PeC, PëPePë CḡPeCḡPëPSC-PSPiCḡ,
P°PrP°PiC, PsPIP°PSPsC— PrPs C-PSPrPëPIC-PrCḡP°P»CHPSPëC... PeP»C-PSC-CḡPSPëC...
PḡPsC, CḡPµP±.

P—P°C...PIPSCḡCḡPIP°PSPSCḡ, C%Ps PḡPsC, CḡPµP±CḡCḡC, CH PSP°PiP»CḡPrCḡ.

- PīPμCḡC€P° PīPsCḡPIP° PjC-PiCḡPμPSPμPīPsPrC-P±PSPsPiPs PiPsP»PsPIPSsPiPs P±PsP»Cḡ;
- PIP°PiC-C,PSC-CḡC,CH;
- C...PsP»PμCḡC,P°C,PēC±PSPēPNē CḡPIPμCḡP±C-Pḡ, C%Ps PIPēPSPēPe PIPīPμCḡC€Pμ P°P±Ps PiC-Pr C±P°Cḡ PIP°PiC-C,PSPsCḡC,C-, P°P±Ps PiC-CḡP»Cḡ PIPēPePsCḡPēCḡC,P°PSPSCḡ CḡC,P°C,PμPIPēC... CḡC,PμCḡPsC—PrC-PI;
- CḡPēPjPīC,PSPjPē C,CḡPsPjP±PsP·Cḡ P°P±Ps PiC-PrPsP·CḡP° PSP° C,CḡPsPjP±PsP·.

P—P°C...PIPSCḡCḡPIP°PSPSCḡ PḡPsPIC±PSPsPiPs PjC-C...CḡCḡP°.

P·CḡC,CḡPsPiPμPSPē P·P±C-P»CHC€CḡCḡC,CH P»C-C,PSPiPμPSPSC-CḡC,CH PḡPsPIC±C-.
P”PμCḡPeC- PḡC-PSPēPē CḡC...PēP»CHPSC- PrPs CḡPsP·PIPēC,PeCḡ
P·P°C...PIPsCḡCḡPIP°PSCḡ PḡPsPIC±PSPsPiPs PjC-C...CḡCḡP° PiC-Pr C±P°Cḡ C,PμCḡP°PiC-C—
PμCḡC,CḡPsPiPμPSP°PjPē.

P”C-PīPμCḡPīP»P°P·C-Cḡ PμPSPPrPsPjPμC,CḡC-Cḡ C,P° PeP°CḡC±PēPSPsPjP°.

Pj PḡC-PSPsPe P· PSPμPIPēPrP°P»PμPSPsCḡ PjP°C,PePsCḡ C,CḡPēPIP°P»P°
PjPsPSPsC,PμCḡP°PiC-Cḡ PμCḡC,CḡPsPiPμPSP°PjPē P·P±C-P»CHC€CḡC” CḡPēP·PēPe
CḡPsP·PIPēC,PeCḡ PiC-PīPμCḡPīP»P°P·C-C— P°P±Ps PeP°CḡC±PēPSPsPjPē
PμPSPPrPsPjPμC,CḡC-Cḡ. P’C-PrP·PSP°C±PμPSPμ P·P±C-P»CHC€PμPSPSCḡ CḡPēP·PēPeCḡ
CḡPsP·PIPēC,PeCḡ CḡP°PeCḡ PμPSPPrPsPjPμC,CḡC-Cḡ CḡPμCḡPμPr PīP°C±C-C”PSC,PsPe, CḡPeC-
PīCḡPēPNēPjP°P»Pē PμCḡC,CḡPsPiPμPSPē Cḡ PIPēPiP»CḡPrC- PjPsPSPsC,PμCḡP°PiC-C—
P·P°P»PμPḡPSPs PIC-Pr C,CḡPēPIP°P»PsCḡC,C- P»C-PeCḡPIP°PSPSCḡ C,P° PrPsP·Pē
PμCḡC,CḡPsPiPμPSC-PI, PI 2-12 CḡP°P·C-PI PīPμCḡPμPIPēC%CrC” C,P°PePēPNē CḡPēP·PēPe Cḡ
PḡC-PSPsPe, CḡPeC- PSPμ PsC,CḡPēPjCḡPIP°P»Pē PμCḡC,CḡPsPiPμPSPē (PrPēPI. CḡPsP·PrC-P»
B«PμPsP±C-C±PSC- CḡPμP°PeC±C-C—B»). PμC-CḡP»Cḡ PīCḡPēPīPēPSPμPSPSCḡ
P»C-PeCḡPIP°PSPSCḡ PiC-PrPIPēC%PμPSPēPNē CḡPēP·PēPe PjPsPḡPμ
P·P±PμCḡC-PiP°C,PēCḡCḡ PīCḡPsC,CḡPiPsPj C%PsPSP°PNēPjPμPSC€Pμ 10 CḡPsPeC-PI.

P’PeP»CḡC±PμPSPSCḡ PīCḡPsPiPμCḡC,P°PiPμPSC-PI Cḡ CḡC...PμPjCḡ P»C-PeCḡPIP°PSPSCḡ
C±PēPeP»C-C±PSPs PīCḡPsC,CḡPiPsPj PīCḡPēPSP°PNēPjPSC- 12 PrPSC-PI PSP° PjC-CḡCḡCḡCḡ
(28-PrPμPSPSPēPNē C±PēPeP») P°P±Ps PīPsCḡC,C-PNēPSP° PePsPjP±C-PSPsPIP°PSP°
C,PμCḡP°PiC-Cḡ PμCḡC,CḡPsPiPμPSP°PjPē-PiCḡPsPiPμCḡC,P°PiPμPSP°PjPē PrPsP·PIPsP»CḡC”
PīPsPīPμCḡPμPrPēC,Pē PiC-PrPIPēC%PμPSPSCḡ CḡPēP·PēPeC-PI, PīPsPiBḡ™ CḡP·P°PSPēC...
C-P· P·P°CḡC,PsCḡCḡPIP°PSPSCḡPj PiPsCḡPjPsPSPsP·P°PjC-CḡPSPsC—
PjPsPSPsC,PμCḡP°PiC-C— PμCḡC,CḡPsPiPμPSP°PjPē Cḡ PḡC-PSPsPe P·
PSPμPIPēPrP°P»PμPSPsCḡ PjP°C,PePsCḡ.

PḡPμPSCḡC,CḡCḡP°P»CHPSPsPiPsPrC-P±PSC- PeCḡPsPIPsC,PμC±C- C,P°
PeCḡPsPIPsPjP°P·P°PSPSCḡ PjPsPḡCḡC,CH CḡPīPsCḡC,PμCḡC-PiP°C,PēCḡCḡ PīCḡPsC,CḡPiPsPj
PīPμCḡC€PēC... PjC-CḡCḡCḡCḡC-PI P»C-PeCḡPIP°PSPSCḡ. PīPeC%Ps C,P°PeC- CḡPIPēC%P°
PIPēPSPēPeP°CḡC,CH C±PμCḡPμP· PrPμCḡPePēPNē C±P°Cḡ PIC-Pr PīPsC±P°C,PeCḡ
P»C-PeCḡPIP°PSPSCḡ P°P±Ps PīCḡPsPrPsPIPḡCḡC,CHCḡCḡ PiC-CḡP»Cḡ
PīCḡPēPīPēPSPμPSPSCḡ C,PμCḡP°PiC-C—, PSPμPsP±C...C-PrPSPs PIPēCḡPIPēC,Pē C—C...
PīCḡPēC±PēPSPē, PrP»Cḡ C±PsPiPs P· PjPμC,PsCḡ PIPēPeP»CḡC±PμPSPSCḡ
P·P»PsCḡPeC-CḡPSPēC... PSPsPIPsCḡC,PIPsCḡPμPSCḡ PμPSPPrPsPjPμC,CḡC-Cḡ PjPsPḡPμ
P±CḡC,Pē PīCḡPsPIPμPrPμPSP° PμPSPPrPsPjPμC,CḡC-P°P»CHPSP° P±C-PsPiCḡC-Cḡ.

P P°Pe PjPsP»PsC±PSPsC— P·P°P»PsP·Pē.

P,, PrP°PSC- PiCḡPs PiC-PrPIPeC%oPμPSPePNε CḡPeP·PePe CḡPsP·PIPeC,PeCḡ CḡP°PeCḡ
PjPsP»PsCḡPSPsC— P·P°P»PsP·Pe Cr PḡC-PSPsPe, CḡPeC- PsC,CḡPePjCḡCḡC,Ch
PePsPjP±C-PSPsPIP°PSCḡ PμCḡC,CḡPsPiPμPS-PiCḡPsPiPμCḡC,P°PiPμPSPsPICḡ C,PμCḡP°PiC-Cḡ
P°P±Ps, PNεPjPsPIC-CḡPSPs, P—P°Pḡ PμCḡC,CḡPsPiPμPSP°PjPe; CḡPμPNε CḡPeP·PePe
P·P°P»PμPḡPeC,Ch PIC-Pr C,CḡPePIP°P»PsCḡC,C- P—P°Pḡ.

PḡPsPjP±C-PSPsPIP°PSP° PμCḡC,CḡPsPiPμPS-PiCḡPsPiPμCḡC,P°PiPμPSPsPIP° C,PμCḡP°PiC-Cḡ

P PμP·CḡP»ChC,P°C,Pe CḡP°PSPrPsPjC-P·PsPIP°PSPsPiPs,
PḡP»P°CḡPμ±PsPePsPSC,CḡPsP»ChPsPIP°PSPsPiPs PrPsCḡP»C-PrPḡPμPSPSCḡ
B«PḡPSC-CḡC-P°C,PePIPe P·P°CḡP°PrPe P·PrPsCḡPsPiBḡ™ Cḡ PḡC-PSPsPeB» (WomenBḡ™s
Health Initiative study Bḡ“ WHI) C,P° PjPμC,P°P°PSP°P»C-P· PiCḡPsCḡPiPμPeC,PePIPeC...
PμPiC-PrPμPjC-PsP»PsPiC-CḡPSPeC... PrPsCḡP»C-PrPḡPμPSCḡ PIPeCḡPIPeP»Pe
P·CḡPsCḡC,P°PSPSCḡ CḡPeP·PePeCḡ PIPePSPePePSPμPSPSCḡ CḡP°PeCḡ PjPsP»PsCḡPSPsC—
P·P°P»PsP·Pe Cr PḡC-PSPsPe, CḡPeC- PsC,CḡPePjCḡCḡC,Ch PePsPjP±C-PSPsPIP°PSCḡ
PμCḡC,CḡPsPiPμPS-PiCḡPsPiPμCḡC,P°PiPμPSPsPICḡ P—P°Pḡ. PḡPμPNε CḡPeP·PePe
PIPePSPePeP°PI PiCḡPeP±P»PeP·PSPs CḡPμCḡPμP· 3 (1Bḡ“4) CḡPsPePe C,PμCḡP°PiC-C—
(PrPePI. CḡPsP·PrC-P» B«PμPsP±C-CḡPSC- CḡPμP°PeCḡC-C—B»).

P—P°Pḡ PμCḡC,CḡPsPiPμPSP°PjPe

P°PsCḡP»C-PrPḡPμPSPSCḡ WHI PSPμ PIPeCḡPIPeP»Ps PiC-PrPIPeC%oPμPSPsPiPs CḡPeP·PePeCḡ
CḡPsP·PIPeC,PeCḡ CḡP°PeCḡ PjPsP»PsCḡPSPsC— P·P°P»PsP·Pe PSP° C,P»C- P—P°Pḡ
PμCḡC,CḡPsPiPμPSP°PjPe Cr PḡC-PSPsPe, CḡPePePj P±CḡP»Ps PiCḡPsPiPμPrPμPSPs
PiC-CḡC,PμCḡPμPeC,PsPjC-Cḡ. PhP±CḡPμCḡPIP°CḡC-PNεPSC- PrPsCḡP»C-PrPḡPμPSPSCḡ PI
P±C-P»ChCεPsCḡC,C- PIPePiP°PrPeC-PI PiPsPeP°P·P°P»Pe PrPμC%oPs PiC-PrPIPeC%oPμPSPePNε
CḡPeP·PePe PICḡC,P°PSPsPIP»PμPSPSCḡ PrC-P°PiPSPsP·Cḡ CḡP°Pe PjPsP»PsCḡPSPsC—
P·P°P»PsP·Pe PiCḡPe P·P°CḡC,PsCḡCḡPIP°PSPSC- P—P°Pḡ PμCḡC,CḡPsPiPμPSP°PjPe, P°P»Pμ
CḡPeP·PePe P±CḡPI PSPePḡCḡPePj, PSC-Pḡ CḡPeP·PePe Cr PḡC-PSPsPe, CḡPeC-
P·P°CḡC,PsCḡPsPICḡCḡC,Ch PePsPjP±C-PSPsPIP°PSCḡ PμCḡC,CḡPsPiPμPS-
PiCḡPsPiPμCḡC,P°PiPμPSPsPICḡ C,PμCḡP°PiC-Cḡ (PrPePI. CḡPsP·PrC-P» B«PμPsP±C-CḡPSC-
CḡPμP°PeCḡC-C—B»).

P PμP·CḡP»ChC,P°C,Pe PIPμP»PePePsPiPs PjPμC,P°P°PSP°P»C-P·Cḡ PiPsPeP°P·P°P»Pe, C%oPs
PiC-PrPIPeC%oPμPSPePNε CḡPeP·PePe P·PjPμPSCεCḡC”C,ChCḡCḡ P· CḡP°CḡPsPj PiC-CḡP»Cḡ
P·P°PeC-PSCḡPμPSPSCḡ C,PμCḡP°PiC-C— C- C%oPs CḡP°Cḡ PNεPsPiPs PiPsPIPμCḡPSPμPSPSCḡ
PrPs P±P°P·PsPIPsPiPs CḡC-PIPSCḡ, PiPsPiBḡ™ CḡP·P°PSPsPiPs P· PIC-PePsPj,
P·P°P»PμPḡPeC,Ch PIC-Pr C,CḡPePIP°P»PsCḡC,C- P·P°CḡC,PsCḡCḡPIP°PSPSCḡ P—P°Pḡ.
PḡPeC%oPs P—P°Pḡ P·P°CḡC,PsCḡPsPICḡPIP°P»Pe P±C-P»ChCεPμ 5 CḡPsPeC-PI, CḡPeP·PePe
PjPsPḡPμ P·P±PμCḡC-PiP°C,PeCḡCḡ PiCḡPsC,CḡPiPsPj 10 CḡPsPeC-PI P°P±Ps PrPsPICεPμ.

P—P°Pḡ, PsCḡPsP±P»PePIPs PePsPjP±C-PSPsPIP°PSP° PμCḡC,CḡPsPiPμPS-
PiCḡPsPiPμCḡC,P°PiPμPSPsPIP° C,PμCḡP°PiC-Cḡ, PiC-PrPIPeC%oCḡC” C%oC-P»ChPSC-CḡC,Ch
P·PSC-PjPeC-PI PiCḡPe PjP°PjPsPiCḡP°C,,C-CḡPSPeC... PrPsCḡP»C-PrPḡPμPSPSCḡC..., C%oPs
PjPsPḡPμ PSPμPiP°C,PePIPs PIPiP»PePSCḡC,Pe PSP° CḡP°PrC-PsP»PsPiC-CḡPSCḡ
PrC-P°PiPSPsCḡC,PePeCḡ CḡP°PeCḡ PjPsP»PsCḡPSPsC— P·P°P»PsP·Pe.

P·PμPSPsP·PSP° C,CḡPsPjP±PsPμPjP±PsP»C-Cḡ

P—P“Pŷ, PĭPsPIbTTM CĭP·P°PSP° P· PĭC—PrPIPĕC%₀₀P_μPSPSCĭPj C_ḡPĕP·PĕPeC_ṛ C_ḡPsP·PIPĕC,PeC_ṛ
PIP_μPSPsP·PSPsC— C,C_ḡPsPjP±PsP_μPjP±PsP»C—C— (P’PŷP•) PI 1,3bTTM“3 C_ḡP°P·Pĕ, C,PsP±C,Ps
C,C_ḡPsPjP±PsP·C_ṛ PĭP»PĕP±PsPePĕC... PIP_μPS P°P±Ps P_μPjP±PsP»C—C— P»P_μPiP_μPSP_μPIPĕC...
C_ṛC_ṛPrPĕPS. P’C—C_ḡPsPiC—PrPSC—C_ṛC,Ch PIPĕPSPĕPePSP_μPSPSCĭ P·PiP°PrP°PSPĕC...
CĭPIPĕC%₀₀ C” P±C—P»CHCĕPsC_ḡ PĭC_ḡPsC,CĭPiPsPj PĭP_μC_ḡCĕPsPiPs C_ḡPsPeC_ṛ
PĭC_ḡPsPIP_μPrP_μPSPSCĭ P—P“Pŷ, PSC—P¶ PĭC_ḡPsC,CĭPiPsPj PSP°C_ṛC,C_ṛPĭPSPĕC... C_ḡPsPeC—PI
(PrPĕPI. C_ḡPsP·PrC—P» B«P_μPsP±C—C±PSC— C_ḡP_μP°PeC†C—C—B»).

P—P°PiP°P»CHbPSPsPIPĕP·PSP°PSPĕPjPĕ C,,P°PeC,PsC_ḡP°PjPĕ C_ḡPĕP·PĕPeC_ṛ C_ḡPsP·PIPĕC,PeC_ṛ
P’PŷP• C” P·P°C_ṛC,PsC_ṛC_ṛPIP°PSPSCĭ P_μC_ṛC,C_ḡPsPiP_μPSC—PI, P»C—C,PSC—PN_ḡ PIC—Pe,
PIP_μP»PĕPeC— C...C—C_ḡC_ṛC_ḡPiC—C±PSC— PIC,C_ḡC_ṛC±P°PSPSCĭ, PsP¶PĕC_ḡC—PSPSCĭ
PĭP°C†C—C”PSC,PePĕ C±Pĕ PSP°CĭPIPSC—C_ṛC,Ch PrP°PSPsC— PĭP°C,PsP»PsPiC—C— PI
C_ḡPsPrPĕPSPSPsPjC_ṛ P°PSP°PjPSP_μP·C— (P†P_ḡPŷ > 30 PePi/Pj²),
PIP°PiC—C,PSC—C_ṛC,Ch/PiC—C_ṛP»CĭPiPsP»PsPiPsPIPĕPN_ḡ PĭP_μC_ḡC—PsPr, PŷP§P’ C,P° C_ḡP°Pe.
P,,PrPĕPSPsC— C,PsC±PePĕ P·PsC_ḡC_ṛ C%₀₀PsPrPs C_ḡPsP»C— PIP°C_ḡPĕPePsP·PSPsPiPs
C_ḡPsP·CĕPĕC_ḡP_μPSPSCĭ PIP_μPS C_ṛ C_ḡPsP·PIPĕC,PeC_ṛ P’PŷP• PSP° PrP°PSPĕPN_ḡ PjPsPjP_μPSC,
PSP_μPjP°C”.

P_μP°C†C—C”PSC,PePĕ P· PIC—PrPsPjPsC_ḡ C_ṛC...PĕP»CHbPSC—C_ṛC,C_ḡ PrPs C_ḡPsP·PIPĕC,PeC_ṛ
C,C_ḡPsPjP±PsP·C—PI PjP°C_ḡC,Ch PĭC—PrPIPĕC%₀₀P_μPSPĕPN_ḡ C_ḡPĕP·PĕPe P’PŷP• C— P—P“Pŷ
PjPsP¶P_μ PrPsPrP°C,PePsPIPs P·P±C—P»CHCĕC_ṛPIP°C,Pĕ C†P_μPN_ḡ C_ḡPĕP·PĕPe. PŷPsPjC_ṛ P—P“Pŷ
PĭC_ḡPsC,PĕPiPsPeP°P·P°PSP° C†C—PN_ḡ PĭC_ḡC_ṛPĭC— PĭP°C†C—C”PSC,PsPe (PrPĕPI. C_ḡPsP·PrC—P»
B«P_μC_ḡPsC,PĕPiPsPeP°P·P°PSPSCĭB»).

PĭPe C— C_ṛ PIC_ṛC—C... PĭC—C_ṛP»CĭPsPiP_μC_ḡP°C†C—PN_ḡPSPĕC... PĭP°C†C—C”PSC,C—PI,
PSP_μPsP±C...C—PrPSPs PIP¶PĕC,Pĕ PĭC_ḡPsC,,C—P»P°PeC,PĕC±PSC— P·P°C...PsPrPĕ PrP»Cĭ
P·P°PĭPsP±C—PĭP°PSPSCĭ P’PŷP• PĭC—C_ṛP»Cĭ C...C—C_ḡC_ṛC_ḡPiC—C±PSPsPiPs
PIC,C_ḡC_ṛC±P°PSPSCĭ. PĭPeC%₀₀Ps PĭC—C_ṛP»Cĭ PĭP»P°PSPsPIPsC— PsPiP_μC_ḡP°C†C—C—
PSP_μPsP±C...C—PrPSP° C,C_ḡPĕPIP°P»P° C—PjPjPsP±C—P»C—P·P°C†C—Cĭ,
C_ḡP_μPePsPjP_μPSP_ṛC_ṛC”C,ChC_ṛCĭ C,PĕPjC±P°C_ṛPsIPs PĭC_ḡPĕPiPĕPSPĕC,Pĕ P—P“Pŷ P·P° 4bTTM“6
C,PĕP¶PSC—PI PrPs PIC,C_ḡC_ṛC±P°PSPSCĭ. P>C—PeC_ṛPIP°PSPSCĭ PjPsP¶PSP°
C_ḡPsP·PĭPsC±PĕPSP°C,Pĕ P·P°PSPsPIPs C,C—P»CHbPePĕ PĭC—C_ṛP»Cĭ PĭPsPIPSPsPiPs
PIC—PrPSPsPIP»P_μPSPSCĭ C_ḡC_ṛC...PsPIPsC— P°PeC,PĕPIPSPsC_ṛC,C— P¶C—PSPĕPĕ.

P—C—PSPĕP°Pj P±P_μP· PsC_ṛPsP±PĕC_ṛC,PsPiPs P°PSP°PjPSP_μP·C_ṛ P’PŷP•, P°P»P_μ PĭC_ḡPĕ
PSP°CĭPIPSPsC_ṛC,C— PI P°PSP°PjPSP_μP·C— C_ṛ C_ḡPsPrPĕC±C—PI PĭP_μC_ḡCĕPsPiPs
C_ṛC,C_ṛPĭP_μPSCĭ P_μPĭC—P·PsPrC—PI C,C_ḡPsPjP±PsP·C_ṛ PI PjPsP»PsPrPsPjC_ṛ PIC—C†C—,
PjPsP¶PSP° P·P°PĭC_ḡPsPiPsPSC_ṛPIP°C,Pĕ PĭC_ḡPsPIP_μPrP_μPSPSCĭ C_ṛPeC_ḡPĕPSC—PSPiC_ṛ,
PsPrPSP°Pe C_ḡP_μC,P_μP»CHbPSPs PsP±PiPsPIPsC_ḡPĕPICĕPĕ PsP±PjP_μP¶P_μPSC—C_ṛC,Ch
PrP°PSPĕC..., C%₀₀Ps P±C_ṛPrC_ṛC,Ch PsC,C_ḡPĕPjP°PSC— (PĭC—Pr C±P°C_ṛ C_ṛPeC_ḡPĕPSC—PSPiC_ṛ
PjPsP¶P_μ P±C_ṛC,Pĕ PIPĕCĭPIP»P_μPSP° C,C—P»CHbPePĕ C±P°C_ṛC,PĕPSP°
C,C_ḡPsPjP±PsC,,C—P»C—C±PSPĕC... C_ḡPsP·P»P°PrC—PI). Pj C_ḡP°P·C— PIPĕCĭPIP»P_μPSPSCĭ
PĭP_μPIPSPsPiPs PIP°C_ḡC—P°PSC,C_ṛ C_ṛC...PĕP»CHbPSPsC_ṛC,C— PrPs C_ḡPsP·PIPĕC,PeC_ṛ
C,C_ḡPsPjP±PsP·C—PI, C%₀₀Ps C,P°PePsP¶ C_ṛPĭPsC_ṛC,P_μC_ḡC—PiP°C”C,ChC_ṛCĭ C_ṛ C—PSCĕPĕC...
C±P»P_μPSC—PI C_ḡPsPrPĕPSPĕ, P°P±Ps CĭPeC%₀₀Ps C,P°PePĕPN_ḡ C_ḡPsP·P»P°Pr C” C,CĭP¶PePĕPj
(PSP°PĭC_ḡPĕPeP»P°Pr, PrP_μC,,C—C†PĕC, P°PSC,PĕC,C_ḡPsPjP±C—PSC_ṛ, PĭC_ḡPsC,P_μC—PSC_ṛ S,
PĭC_ḡPsC,P_μC—PSC_ṛ Pŷ P°P±Ps PrP_μPeC—P»CHbPeP° C_ḡPsP·P»P°PrC—PI), PĭC_ḡPsPIP_μPrP_μPSPSCĭ
P—P“Pŷ PĭC_ḡPsC,PĕPiPsPeP°P·P°PSP_μ.

Pj P¶C—PSPsPe, CĭPeC— PIP¶P_μ PsC,C_ḡPĕPjC_ṛC_ḡC,Ch PĭPsC_ṛC,C—PN_ḡPSC_ṛ
P°PSC,PĕPePsP°PiC_ṛP»CĭPSC,PSC_ṛ C,P_μC_ḡP°PiC—C_ḡ, C_ṛP»C—Pr C_ḡP_μC,P_μP»CHbPSPs
P·PIP°P¶PĕC,Pĕ C_ṛPĭC—PIPIC—PrPSPsCĕP_μPSPSCĭ PePsC_ḡPĕC_ṛC,Ch/C_ḡPĕP·PĕPe PIC—Pr

P·P°CíC,PsCíCíPíP°PSPSCí P—P“Pŷ.

PíPeC%Ps PíPµPSPsP·PSP° C,ChPsPjP±PsPµPjP±PsP»C-Cí ChPsP·PíPëPíP°C”C,ChCíCí PíC-CíP»Cí PíPsC±P°C,PeCí C,PµChP°PíC-C—, PíChPµPíP°ChP°C, PíPsC,ChC-P±PSPs PíC-PrPjC-PSPëC,Pë. PµP°C†C-C”PSC,PePë PjP°ChC,Ch P±CíC,Pë PíPsPíPµChPµPrPíPµPSC-PíChPs PSPµPsP±C...C-PrPSC-CíC,Ch PSPµPíP°PµPSPs P·PíPµChPSCíC,PëCíCí PrPs P»C-PeP°ChCí PíChPë PíPsCíPíC- PíPsC,PµPSC†C-PµPSPëC... CíPëPjPíC,PsPjC-PI C,ChPsPjP±PsPµPjP±PsP»C-C— (PSP°PíChPëPeP»P°Pr, P±PsP»C-CíPSPsC— PSP°P±ChCíPeP»PsCíC,C- PSPsPíPë, ChP°PíC,PsPíPíPs P±PsP»Ch Cí PíChCíPrPSC-Pµ PeP»C-C,PëPSC-, P·P°PrPëCëPePë).

P†CëPµPjC-C±PSP° C...PíPsChPsP±P° CíPµChC†Cí (P†PíPŷ).

PñC,ChPëPjP°PSC- Pí C...PsPrC- ChP°PSPPrPsPjC-P·PsPíP°PSPëC... PePsPSC,ChPsP»ChPsPíP°PSPëC... PrPsCíP»C-PrPíPµPSCñ PrP°PSC- CíPíC-PrC±P°C,Ch PíChPs PíC-PrCíCíC,PSC-CíC,Ch PíChPsC,PµPeC,PëPíPSPsPíPs PµC,,PµPeC,Cí C%PsPrPs ChPsP·PíPëC,PeCí C-PSC,,P°ChPeC,Cí PjC-PsPeP°ChPrP° Cí PíC-PSPsPe P· P†PíPŷ P°P±Ps P±PµP· PSPµC—, CíPeC- PsC,ChPëPjCíPíP°P»Pë PePsPjP±C-PSPsPíP°PSCí PµCíC,ChPsPíPµPS-PíChPsPíPµCíC,P°PíPµPSPsPíCí P—P“Pŷ P°P±Ps PjPsPSPsC,PµChP°PíC-Ch PµCíC,ChPsPíPµPSP°PjPë. P’C-PrPSPsCíPSPëPñ ChPëP·PëPe PíPëPSPëPePSPµPSPSCí P†PíPŷ PSP° C,P»C- P·P°CíC,PsCíCíPíP°PSPSCí PePsPjP±C-PSPsPíP°PSPsC— PµCíC,ChPsPíPµPS-PíChPsPíPµCíC,P°PíPµPSPsPíPSC— P—P“Pŷ C” PrPµC%Ps PíC-PrPíPëC%PµPSPëPj. PñCíPeC-P»ChPePë P±P°P·PsPíPëPñ P°P±CíPsP»ChC,PSPëPñ ChPëP·PëPe P†PíPŷ P·PSP°C±PSPsCh PjC-ChPsCh P·P°P»PµPíPëC,Ch PíC-Pr PíC-PeCí, PeC-P»ChPeC-CíC,Ch PrPsPrP°C,PePsPíPëC... PíPëPíP°PrPeC-PI P†PíPŷ, P·CíPjPsPíP»PµPSPëC... P·P°CíC,PsCíCíPíP°PSPSCíPj PµCíC,ChPsPíPµPSC-PI C,P° PíChPsPíPµCíC,P°PíPµPSC-PI, PrCíPíPµ PSPµPíPµP»PëPeP° Cí P·PrPsChPsPíPëC... PíC-PSPsPe, PíC-Pe CíPePëC... PSP°P±P»PëPíP°C”C,ChCíCí PrPs PjPµPSPsPíP°CíP·Pë, P°P»Pµ P±CíPrPµ P·ChPsCíC,P°C,Pë Cí P±C-P»ChCë CíC,P°ChCëPsPjCí PíC-C†C-.

P†CëPµPjC-C±PSPëPñ C-PSCíCíP»ChC.,

PñPsPjP±C-PSPsPíP°PSCí PµCíC,ChPsPíPµPS-PíChPsPíPµCíC,P°PíPµPSPsPíCí C,PµChP°PíC-Ch C,P° PjPsPSPsC,PµChP°PíC-Ch PµCíC,ChPsPíPµPSP°PjPë PíPsPíP° CíP·CíChC,Ch P·C- P·P±C-P»ChCëPµPSPSCíPj PrPs 1,5 ChP°P·P° ChPëP·PëPeCí ChPsP·PíPëC,PeCí C-CëPµPjC-C±PSPsPíPs C-PSCíCíP»ChC,Cí. P’C-PrPSPsCíPSPëPñ ChPëP·PëPe PSPµ P·PjC-PSCñ”C,ChCíCí P· PíC-PePsPj C±Pë P· C±P°CíPsPj, C%Ps PjPëPSCíPí PíC-CíP»Cí PSP°CíC,P°PSPSCí PjPµPSPsPíP°CíP·Pë. PµChPsC,Pµ, PsCíPeC-P»ChPePë PíPëC...C-PrPSPëPñ ChPëP·PëPe PíPëPSPëPePSPµPSPSCí C-PSCíCíP»ChC,Cí CíCíC,C,C”PíPs P·P°P»PµPíPëC,Ch PíC-Pr PíC-PeCí, P·P°PíP°P»ChPSPëPñ ChPëP·PëPe ChPsP·PíPëC,PeCí C-PSCíCíP»ChC,Cí Cí PíC-PSPsPe, C%Ps P·P°CíC,PsCíPsPíCíChC,Ch P—P“Pŷ P· PíC-PePsPj P±CíPrPµ P·ChPsCíC,P°C,Pë (PrPëPí. ChPsP·PrC-P» B«PµPsP±C-C±PSC- ChPµP°PeC†C-C—B»).

P P°Pe CíC”C±PSPëPeC-PI.

P P°Pe CíC”C±PSPëPeC-PI P·CíCíC,ChC-C±P°C”C,ChCíCí PSP°P±P°PíP°C,Ps ChC-PrCëPµ, PSC-Pí ChP°Pe PjPsP»PsC±PSPëC... P·P°P»PsP·.

P·PíC-PrPµPjC-PsP»PsPíC-C±PSC- PrP°PSC- PíPµP»PëPePsPjP°CíCëC,P°P±PSPsPíPs PjPµC,P°P°PSP°P»C-P·Cí PíChPëPíCíCíPeP°ChC,Ch PrPµC%Ps PíC-PrPíPëC%PµPSPëPñ ChPëP·PëPe ChPsP·PíPëC,PeCí ChP°PeCí CíC”C±PSPëPeC-PI Cí PíC-PSPsPe, CíPeC- P·P°CíC,PsCíPsPíCíChC,Ch PjPsPSPsPíChPµPíP°ChP°C,Pë P· PµCíC,ChPsPíPµPSPsPj P°P±Ps

PePsPjP±C-PSPsPIP°PSC- PiCḡPμPiP°CḡP°C, Pë P· PμCḡC, CḡPsPiPμPSPsPj C, P°
PiCḡPsPiPμCḡC, P°PiPμPSPsPj PiCḡPë P—P“Pḡ, CḡPePëPnë CḡC, P°C” P±C-P»CHCē
PIPëCḡP°PḡPμPSPëPj PiCḡPsC, CḡPiPsPj 5 CḡPsPeC-PI P·P°CḡC, PsCḡCḡPIP°PSPSCḡ C, P°
P·PSPëPḡCḡC”C, CHCḡCḡ PiCḡPsC, CḡPiPsPj PrPμCḡPePsPiPs C‡P°CḡCḡ PiC-CḡP»Cḡ
PiCḡPëPiPëPSPμPSPSCḡ P·P°CḡC, PsCḡCḡPIP°PSPSCḡ.

P PμP·CḡP»CHC, P°C, Pë PrPμCḡPePëC... PrPsCḡP»C-PrPḡPμPSCḡ, PIPëP»CḡC‡P°CḡC‡Pë
PrPsCḡP»C-PrPḡPμPSPSCḡ WHI, PIPëP°P·CḡCḡC, CH, C°Ps P·P°CḡC, PsCḡCḡPIP°PSPSCḡ
PePsPjP±C-PSPsPIP°PSPsC— P—P“Pḡ PjPsPḡPμ P±CḡC, Pë PiPsPiḡḡ™ CḡP·P°PSPëPj C-P·
P°PSP°P»PsPiC-C‡PSPëPj P°P±Ps C, CḡPsC...Pë PSPëPḡC‡PëPj CḡPëP·PëPePsPj (PrPëPi.
CḡPsP·PrC-P» B«PμPsP±C-C‡PSC- CḡPμP°PeC‡C-C—B»).

PμCḡC...P»PëPSPë PiPμC‡C-PSPëPë.

Pj PiPsPsPrPëPSPsPePëC... PIPëPiP°PrPeP°C... PiC-CḡP»Cḡ P·P°CḡC, PsCḡCḡPIP°PSPSCḡ
PiPsCḡPjPsPSP°P»CHPSPëC... PiCḡPμPiP°CḡP°C, C-PI (PSP°PiCḡPëPeP»P°Pr, PrP»Cḡ P—P“Pḡ),
CḡPiPsCḡC, PμCḡC-PiP°P»PëCḡCḡ PrPsP±CḡPsCḡPeC-CḡPSC- (CḡC-PrCēPμ
P·P»PsCḡPeC-CḡPSC-) PiCḡC...P»PëPSPë PiPμC‡C-PSPëPë. P‡PSPsPrC- C‡C- PiCḡC...P»PëPSPë
PiCḡPëP·PiPsPrPëP»Pë PrPs CḡPsP·PIPëC, PeCḡ PIPSCḡC, CḡC-CēPSCḡPsC‡PμCḡPμPIPSPëC...
PeCḡPsPIPsC, PμC‡, C°Ps P·P°PiCḡPsPḡCḡPIP°P»Pë PḡPëC, C, Cḡ.

P“PμPiP°C, PëC, Pḡ.

B· PJ C...PsPrC- PeP»C-PSC-C‡PSPëC... PrPsCḡP»C-PrPḡPμPSCḡ P·P° CḡC‡P°CḡC, Cḡ
PiP°C‡C-C”PSC, C-PI, CḡPeC- PsC, CḡPëPjCḡPIP°P»Pë C, PμCḡP°PiC-Cḡ PrP»Cḡ
P»C-PeCḡPIP°PSPSCḡ PIC-CḡCḡCḡPSPsPiPs PiPμPiP°C, PëC, Cḡ Pḡ P»C-PeP°CḡCḡCHPePëPjPë
P·P°CḡPsP±P°PjPë, C°Ps PjC-CḡC, CḡC, CH PePsPjP±C-PSP°C‡C-Cḡ
PsPjP±C-C, P°CḡPIC-Cḡ/PiP°CḡPëC, P°PiCḡPμPIC-Cḡ/CḡPëC, PsPSP°PIC-Cḡ C, P°
PrP°CḡP°P±CḡPIC-Cḡ P· PrPsPrP°PIP°PSPSCḡPj CḡPëP±P°PIC-CḡPëPSCḡ P°P±Ps P±PμP·
C, P°PePsPiPs, PiC-PrPIPëC°PμPSPSCḡ CḡC-PIPSCḡ PḡP·Pḡ Cḡ PiPsPSP°Pr 5 CḡP°P·C-PI
PIPëC°Pμ P’PḡPḡ CḡPiPsCḡC, PμCḡC-PiP°P»PsCḡCḡ P·PSP°C‡PSPs C‡P°CḡC, C-CēPμ Cḡ
PḡC-PSPsPe, CḡPeC- P·P°CḡC, PsCḡPsPICḡPIP°P»Pë P»C-PeP°CḡCḡCHPeC- P·P°CḡPsP±Pë, C°Ps
PjC-CḡC, CḡC, CH PμC, PëPSC-P»PμCḡC, CḡP°PrC-PsP», C, P°PeC- CḡPe PḡP“Pḡ. PḡCḡC-Pj
C, PsPiPs, PiC-PrPIPëC°PμPSPSCḡ CḡC-PIPSCḡ PḡP·Pḡ CḡPiPsCḡC, PμCḡC-PiP°P»PsCḡCḡ Cḡ
PḡC-PSPsPe, CḡPeC- P·P°CḡC, PsCḡPsPICḡPIP°P»Pë P»C-PeP°CḡCḡCHPeC- P·P°CḡPsP±Pë, C°Ps
PjC-CḡC, CḡC, CH PμC, PëPSC-P»PμCḡC, CḡP°PrC-PsP», C, P°PeC- CḡPe PḡP“Pḡ, PiC-Pr C‡P°Cḡ
C, PμCḡP°PiC-C— PiP»PμPeP°PiCḡPμPIC-CḡPsPj/PiC-P±CḡPμPSC, P°CḡPIC-CḡPsPj P°P±Ps
CḡPsC,, PsCḡP±CḡPIC-CḡPsPj/PIPμP»PiP°C, P°CḡPIC-CḡPsPj/PIPsPeCḡPëP»P°PiCḡPμPIC-CḡPsPj.

B· PμPsPeP°P·PSPëPe PiC-PrPIPëC°PμPSPsPiPs CḡC-PIPSCḡ PḡP·Pḡ Cḡ PḡC-PSPsPe,
CḡPeC- PiCḡPëPnëPjP°P»Pë P»C-PeP°CḡCḡCHPeC- P·P°CḡPsP±Pë, C°Ps PjC-CḡC, CḡC, CH
PμCḡC, CḡPsPiPμPSPë, PeCḡC-Pj PμC, PëPSC-P»PμCḡC, CḡP°PrC-PsP»Cḡ, C, P°PeC- CḡPe
PμCḡC, CḡP°PrC-PsP», C, P° PePsPjP±C-PSP°C‡Cḡ
PsPjP±C-C, P°CḡPIC-Cḡ/PiP°CḡPëC, P°PiCḡPμPIC-Cḡ/CḡPëC, PsPSP°PIC-Cḡ C, P°
PrP°CḡP°P±CḡPIC-Cḡ P· PrPsPrP°PIP°PSPSCḡPj CḡPëP±P°PIC-CḡPëPSCḡ P°P±Ps P±PμP·
C, P°PePsPiPs, P±CḡPI PiPsPrC-P±PSPëPj PrPs PiPsPeP°P·PSPëPeC-PI Cḡ PḡC-PSPsPe, CḡPeC-
PSPμ PsC, CḡPëPjCḡPIP°P»Pë PḡPsPrPSPëC... PμCḡC, CḡPsPiPμPSC-PI. PḡPrPSP°Pe C‡PμCḡPμP·
PsP±PjPμPḡPμPSCḡ PeC-P»CHPeC-CḡC, CH PḡC-PSPsPe, CḡPeC- PiCḡPëPnëPjP°CḡC, CH
PμCḡC, CḡPsPiPμPSPë, PSPμPsP±C...C-PrPSPs PrPsC, CḡPëPjCḡPIP°C, PëCḡCḡ
PsP±PμCḡPμPḡPSPsCḡC, C- PiCḡPë PsPrPSPsC‡P°CḡPSPsPjCḡ P·P°CḡC, PsCḡCḡPIP°PSPSC- P·
C, P°PePëPjPë PePsPjP±C-PSP°C‡C-CḡPjPë P»C-PeP°CḡCḡCHPePëC... P·P°CḡPsP±C-PI:
PsPjP±C-C, P°CḡPIC-Cḡ/PiP°CḡPëC, P°PiCḡPμPIC-Cḡ/ CḡPëC, PsPSP°PIC-Cḡ C, P°

PrP°CfP°P±CfPIC-CH P· PrPsPrP°PIP°PSPSClPj CHPëP±P°PIC-CHPëPSCr P°P±Ps P±PµP·
C,P°PePsPiPs; PiP»PµPeP°PiCHPµPIC-CH/PiC-P±CHPµPSC,P°CfPIC-CH P°P±Ps
CfPsC,,PsCfP±CfPIC-CH/PIPµP»PiP°C,P°CfPIC-CH/PIPsPeCfPëP»P°PiCHPµPIC-CH (PrPëPI.
CHPsP·PrC-P» B«P'P·P°C"PjPsPrC-Cl P· C-PSCëPëPjPë P»C-PeP°CHCfCHPePëPjPë
P·P°CfPsP±P°PjPë C,P° C-PSCëC- PIPëPrPë PIP·P°C"PjPsPrC-PMëB»).

PtPSCëC- CfC,P°PSPë.

P·CfC,CHPsPiPµPSPë PjPsP¶CfC,CH PIPëPeP»PëPeP°C,Pë P·P°C,CHPëPjPeCf CHC-PrPëPSPë,
C,PsPjCf PiP°CfC-C"PSC,Pë P· PiPsCHCfCëPµPSPSClPj C,,CfPSPeCfC-C— CfPµCHCfCfC P°P±Ps
PSPëCHPsPe PiPsC,CHPµP±CfCHC,CH CHPµC,PµP»CHPSPsPiPs PSP°PiP»ClPrCf.

P-C-PSPePë P· PiPsPjC-CHPSPs PiC-PrPIPëC%PµPSPëPj CHC-PIPSPµPj
C,CHPëPiP»C-CfPµCHPëPrC-PI PiPsC,CHPµP±CfCHC,CH PsCfPsP±P»PëPiPsPiPs
CfPiPsCfC,PµCHPµP¶PµPSPSCl. Pj PiPsPrC-P±PSPëC... PIPëPiP°PrPeP°C...
P·P°CfC,PsCfCfPIP°PSPSCl P—P"Pÿ PjPsP¶Pµ CfC,P°C,Pë PiCHPëCfPëPSPsCH
PiPsPrP°P»CHCëPsPiPs P·CHPsCfC,P°PSPSCl CHC-PIPSCl C,CHPëPiP»C-CfPµCHPëPrC-PI,
C%Ps P·P°PiCHPsP¶CfC" CHPëP·PëPePsPj CHPsP·PIPëC,PeCf PiP°PSPeCHPµP°C,PëC,Cf.

P·PeP·PsPiPµPSPSC- PµCfC,CHPsPiPµPSPë PjPsP¶CfC,CH C-PSPrCfPeCfPIP°C,Pë P°P±Ps
PiPsCfPëP»CHPIP°C,Pë CfPëPjPiC,PsPjPë CfPiP°PrPePsPiPsPiPs P°P±Ps PSP°P±CfC,PsPiPs
P°PSPiC-PsPSPµPICCHPsC,PëCfPSPsPiPs PSP°P±CHCfCfPeCf.

P·CfC,CHPsPiPµPSPë P·P±C-P»CHCëCfCHC,CH CHC-PIPµPSCH
C,PëCHPsPeCfPëPSP·PiB¶™ ClP·CfCHCfPsPiPs PiP»PsP±CfP»C-PSCr (PÿP—P"), C%Ps
PiCHPëP·PiPsPrPëC,CH PrPs PiC-PrPIPëC%PµPSPSCl P·P°PiP°P»CHPSPsPiPs CHC-PIPSCl
CfPëCHPeCfP»CHCHCfPëC... PiPsCHPjPsPSC-PI C%PëC,PsPiPëPrPSPsC— P·P°P»PsP·Pë.
P"P°PSPëPNë PiPsPeP°P·PSPëPe PIPëP·PSP°CfP°C",CHCfCfCf P·P° CHC-PIPSPµPj PNëPsPrCf,
P·PiB¶™ ClP·P°PSPsPiPs P· P±C-P»PePsPj, CHC-PIPSPµPj Pÿ4 (PIPëPjC-CHCHC"C,CHCfCfCf
CëP»ClC...PsPj P°PSP°P»C-P·Cf P· PIPëPePsCHPëCfC,P°PSPSClPj PePsP»PsPSPsPe P°P±Ps
CHP°PrC-PsC-PjCfPSPSPsPiPs P°PSP°P»C-P·Cf) CfPë Pÿ3 (PIPëPjC-CHCHC"C,CHCfCfCf P·P°
PrPsPiPsPjPsPiPsCH CHP°PrC-PsC-PjCfPSPSPsPiPs P°PSP°P»C-P·Cf). P—P°C...PsPiP»PµPSPSCl
Pÿ3 P·PjPµPSCëCfC"C,CHCfCfCf, C%Ps PIPeP°P·CfC" PSP° PiC-PrPIPëC%PµPSPëPNë
CHC-PIPµPSCH PÿP—P". PµPsPSCfPµPSC,CHP°CfC-C— PIC-P»CHPSPëC... Pÿ3 C- Pÿ4 PSPµ
P·PjC-PSCCHC,CHCfCfCf. P C-PIPSC- C-PSCëPëC... P·PiB¶™ ClP·CfCHCfPëC... P±C-P»PeC-PI
PI CfPëCHPsPIP°C,CfC- B¶™ PePsCHC,PëPePsCfC,PµCHPsC—PrP·PiB¶™ ClP·CfCHCfPsPiPs
PiP»PsP±CfP»C-PSCr C,P° PiP»PsP±CfP»C-PSCr, C%Ps P·Pi'CfCfCf CfC,P°C,PµPIC-
PiPsCHPjPsPSPë, B¶™ PjPsP¶CfC,CH P·CHPsCfC,P°C,Pë, C%Ps PiCHPëP·PiPsPrPëC,CH PrPs
P·P±C-P»CHCëPµPSPSCl PePsPSCfPµPSC,CHP°CfC-C— CfPëCHPeCfP»CHCHCfPëC...
PePsCHC,PëPePsCfC,PµCHPsC—PrC-PI C- CfC,P°C,PµPIPëC... PiPsCHPjPsPSC-PI,
PIC-PrPiPsPIC-PrPSPs. PµPsPSCfPµPSC,CHP°CfC-C— PIC-P»CHPSPëC... P°P±Ps
P±C-PsP»PsPiC-CfPSPs P°PeC,PëPIPSPëC... PiPsCHPjPsPSC-PI PSPµ P·PjC-PSCCHC,CHCfCfCf.
PµPsP¶CfC,CH P·CHPsCfC,P°C,Pë PePsPSCfPµPSC,CHP°CfC-C— C-PSCëPëC... P±C-P»PeC-PI
PiP»P°P·PjPë (P°PSPiC-PsC,PµPSP·PëPSPsPiPµPSCr/CfCfP±CfC,CHP°C,Cf CHPµPSC-PSCr,
P°P»CHC,,P°-I-P°PSC,PëC,CHPëPiCfPëPSCr, CfPµCHCfP»PsPiP»P°P·PjC-PSCr).

P—P°CfC,PsCfCfPIP°PSPSCl P—P"Pÿ PSPµ PiPsP»C-PiCëCfC" PePsPiPSC-C,PëPIPSC-
C,,CfPSPeCfC-C—. PtCfPSCfCHC,CH PsP±PjPµP¶PµPSC- PrP°PSC-, C%Ps
P·P°CfC,PsCfCfPIP°PSPSCl C,CHPëPiP°P»PsC— PePsPjP±C-PSPsPiP°PSPsC— P—P"Pÿ P°P±Ps
PjPsPSPsC,PµCHP°PiC-C— PµCfC,CHPsPiPµPSP°PjPë P·P±C-P»CHCëCfC" CHPëP·PëPe
CHPsP·PIPëC,PeCf PrPµPjPµPSCfC-C—, ClPeC%Ps P»C-PeCfPIP°PSPSCl CHPsP·PiPsCfP°C,Ps
Cf P¶C-PSPsPe PIC-PePsPj PIC-Pr 65 CHPsPeC-PI.

РμCḡPsPiPμCḡC, PμCḡPsPSPsPIPēPNē PePsPjPiPsPSPμPSC, P»C-PeP°CḡCḡCHPePsPiPs
P·P°CḡPsP±Cḡ PḡPSP¶PμP»C-Pe C” P°PSC, P°PiPsPSC-CḡC, PsPj P°P»CHPrPsCḡC, PμCḡPsPSCḡ,
C%Ps PiCḡPsCḡPIP»CḡC” PSPμP·PSP°CḡPSPēPNē PeP°P»C-PNēP·P±PμCḡC-PiP°CḡCḡPēPNē
PIPiP»PēPI. Pj P±C-P»CHCēPsCḡC, C- PIPēPiP°PrPeC-PI PiC-PrPIPēC%PμPSPSCḡ CḡC-PIPSḡCḡ
PeP°P»C-Cḡ PI CḡPēCḡPsPIP°C, CḡC- PeCḡPsPIC- C” PjP°P»PsPNēPjPsPIC-CḡPSPēPj. PμCḡPsC, Pμ
Cḡ PeP»C-PSC-CḡPSPsPjCḡ PrPsCḡP»C-PrP¶PμPSPSC- Cḡ PrPμCḡPePēC... PiP°CḡC-C”PSC, C-PI
C-P· PSPēCḡPePsPIPsCḡ PSPμPrPsCḡC, P°C, PSC-CḡC, Cḡ P»PμPiPePsPiPs C, P°
CḡPμCḡPμPrPSCḡPsPiPs CḡC, CḡPiPμPSCḡ C, CḡP¶PePsCḡC, C- PiCḡPē PsPrPSPsCḡP°CḡPSPsPjCḡ
P·P°CḡC, PsCḡCḡPiP°PSPSC- PeP°P»C-PNēP·P±PμCḡC-PiP°CḡCḡPēC... PiCḡPμPiP°CḡP°C, C-PI
(PSP°PiCḡPēPeP»P°Pr, C-PSPiC-P±C-C, PsCḡC-PI PḡPμPḡ, P°PSC, P°PiPsPSC-CḡC, C-PI
CḡPμCḡPμPiC, PsCḡC-PI P°PSPiC-PsC, PμPSP·PēPSCḡ PḡPḡ P°P±Ps PḡPμP—Pμ)
CḡPiPsCḡC, PμCḡC-PiP°P»PsCḡCḡ PSPμP·PSP°CḡPSPμ P·P±C-P»CHCēPμPSPSCḡ CḡC-PIPSḡCḡ
PeP°P»C-Cḡ PI CḡPēCḡPsPIP°C, CḡC- PeCḡPsPIC- PiC-Pr CḡP°Cḡ PiCḡPēPNēPsPjCḡ
PrCḡPsCḡPiC-CḡPμPSPsPSCḡ. PḡPsPjCḡ PiCḡPsC, CḡPiPsPj PiPμCḡCēPsPiPs PjC-CḡCḡCḡCḡ
P»C-PeCḡPiP°PSPSCḡ, P° PsCḡPsP±P»PēPIPs PiC-Pr CḡP°Cḡ CḡCḡPiCḡC, PSCḡPsC—
C, PμCḡP°PiC— PeP°P»C-PNēP·P±PμCḡC-PiP°CḡCḡPēPjPē P»C-PeP°CḡCḡCHPePēPjPē
P·P°CḡPsP±P°PjPē, CḡPμPePsPjPμPSPḡCḡC, CHCḡCḡ PiPμCḡPμPIC-CḡCḡC, Pē
CḡPēCḡPsPIP°C, PePsPIC- PePsPSCḡPμPSC, CḡP°CḡC— PeP°P»C-Cḡ Cḡ C...PIPsCḡPēC... P·
PSPēCḡPePsPIPsCḡ PSPμPrPsCḡC, P°C, PSC-CḡC, Cḡ, Cḡ CḡPePēC... PrPs PiPsCḡP°C, PeCḡ
P»C-PeCḡPiP°PSPSCḡ PiPsPeP°P·PSPēPePē PeP°P»C-Cḡ PI CḡPēCḡPsPIP°C, CḡC- PeCḡPsPIC-
P·PSP°C...PsPrPēP»PēCḡCḡ PSP° PIPμCḡC...PSC-PNē PjPμP¶C- PSPsCḡPjPē (PrPēPI.
CḡPsP·PrC-P» B«P’P·P°C”PjPsPrC-Cḡ P· C-PSCēPēPjPē P»C-PeP°CḡCḡCHPePēPjPē
P·P°CḡPsP±P°PjPē C, P° C-PSCēC- PIPēPrPē PIP·P°C”PjPsPrC-PNēB»).

Pj P¶C-PSPsPe C-P· PiC-PrPIPēC%PμPSPēPj P°CḡC, PμCḡC-P°P»CHPSPēPj C, PēCḡPePsPj PiC-Pr
CḡP°Cḡ P»C-PeCḡPiP°PSPSCḡ P»C-PeP°CḡCḡCHPePēPj P·P°CḡPsP±PsPj PḡPSP¶PμP»C-Pe
PjPsP¶Pμ PIC-PrPjC-CḡP°C, PēCḡCḡ P·PSPēP¶PμPSPSCḡ P°CḡC, PμCḡC-P°P»CHPSPsPiPs
C, PēCḡPeCḡ, P·CḡPjPsPIP»PμPSPμ P°PSC, P°PiPsPSC-CḡC, PēCḡPSPsCḡ P°PeC, PēPIPSḡC-CḡC, Cḡ
PrCḡPsCḡPiC-CḡPμPSPsPSCḡ PIC-PrPSPsCḡPSPs PrPs P°P»CHPrPsCḡC, PμCḡPsPSCḡ (PrPēPI.
CḡPsP·PrC-P» B«PḡP°CḡPjP°PePsPrPēPSP°PjC-PeP°B»). PḡPSP¶PμP»C-Pe PSPμ
P·P°CḡC, PsCḡPsPICḡCḡC, CH PrP»Cḡ P»C-PeCḡPiP°PSPSCḡ P°CḡC, PμCḡC-P°P»CHPSPsC—
PiC-PiPμCḡC, PμPSP·C-C—. P-C-PSPePē, CḡPeC- CḡC, CḡP°P¶PrP°CḡC, CH PSP°
P°CḡC, PμCḡC-P°P»CHPSCḡ PiC-PiPμCḡC, PμPSP·C-Cḡ, PiPsPIPēPSPSC- PsC, CḡPēPjCḡPiP°C, Pē
P»C-PeCḡPiP°PSPSCḡ P·PiC-PrPSPs P· PIC-PrPiPsPIC-PrPSPēPj PiCḡPsC, PsPePsP»PsPj
C, PμCḡP°PiC—.

Pj PrPμCḡPePēC... PIPēPiP°PrPeP°C... PjPsP¶Pμ CḡPiPsCḡC, PμCḡC-PiP°C, PēCḡCḡ
C...P»PsP°P·PjP°, PsCḡPsP±P»PēPIPs Cḡ P¶C-PSPsPe C-P· C...P»PsP°P·PjPsCḡ PIP°PiC-C, PSPēC...
PI P°PSP°PjPSPμP·C-. PμCḡPē PiCḡPsC...PsPrP¶PμPSPSC- PeCḡCḡCḡ P—P”Pḡ P¶C-PSPeP°Pj,
CḡC...PēP»CHPSPēPj PrPs PIPēPSPēPePSPμPSPSCḡ C...P»PsP°P·PjPē, PIP°CḡC, Ps
CḡPSPēPeP°C, Pē PiPμCḡPμP±CḡPiP°PSPSCḡ PSP° CḡPsPSCḡC- CḡPē
CḡP»CHC, CḡP°C, C-PsP»PμC, PsPIPsPiPs PsPiCḡPsPjC-PSCḡPiP°PSPSCḡ.

PḡPsP¶PSP° C, P°P±P»PμC, PeP° PḡPSP¶PμP»C-Pe PjC-CḡC, PēC, CH 46 PjPi P»P°PeC, PsP·Pē.
PμP°CḡC-C”PSC, P°Pj P· CḡC-PrPeC-CḡPSPēPjPē CḡPiP°PrPePsPIPēPjPē
P·P°C...PIPsCḡCḡPiP°PSPSCḡPjPē PSPμPiPμCḡPμPSPsCḡPēPjPsCḡC, C- PiP°P»P°PeC, PsP·Pē,
PrPμC, C-CḡPēC, PsPj P»P°PeC, P°P·Pē P»PsPiP°CḡC-PI P°P±Ps PiPsCḡCḡCēPμPSPSCḡPj
PICḡPjPsPeC, CḡPiP°PSPSCḡ PiP»CḡPePsP·Pē-PiP°P»P°PeC, PsP·Pē PSPμ CḡP»C-Pr
P·P°CḡC, PsCḡPsPICḡPiP°C, Pē CḡPμPNē P»C-PeP°CḡCḡCHPePēPNē P·P°CḡC-P±.

PḡPμPIP°P¶PeC- PiPsCḡCḡCēPμPSPSCḡ C, CḡPSPeCḡC— PiPμCḡC-PSPePē,
PIPeP»CḡCḡP°CḡCḡPē PiC-PiPμCḡP±C-P»C-CḡCḡP±C-PSPμPjC-Cḡ (PSP°PiCḡPēPeP»P°Pr,

СГРПѢПSPPrCḡPsPj P”CfP±C-PSP° Бḡ“ P”PḡPsPSCfPsPSP°, P PsC,PsCḡP°),
PḡPsC,CḡPμP±CfCḡC,CH CḡPμC,PμP»CHBSPSPiPs PePsPSC,CḡPsP»Cḡ; C,P°PePsPḡ
PSPμPsP±C...C-PrPSPḡPj C” PḡPμCḡC-PsPrPḡC±PSPḡPNḡ PjPsPSC-C,PsCḡPḡPSPI
PḡPsPeP°P·PSPḡPeC-PI C,,CfPSPeC†C-C— PḡPμC±C-PSPePḡ. Pj CḡP°P·C-
PḡP°C,PsP»PsPiC-C±PSPḡC... P·PjC-PS PḡPsPeP°P·PSPḡPeC-PI C,,CfPSPeC†C-C— PḡPμC±C-PSPePḡ,
P·P°CfC,PsCfCfPIP°PSPSCḡ P—P”Pḡ PSPμPsP±C...C-PrPSPs PḡCḡPḡPḡPḡPSPḡC,Pḡ.

PμP°C†C-C”PSC,Pḡ P· PḡCḡPsP»P°PeC,PḡPSPsPjPsCḡ PḡPsC,CḡPμP±CfCḡC,CH
CḡPμC,PμP»CHBSPSPμ PjPμPrPḡC±PSPμ CḡPḡPsCfC,PμCḡPμPḡPμPSPSCḡ (PIPeP»CḡC±P°CḡC±Pḡ
PḡPμCḡC-PsPrPḡC±PSPμ PIPḡP·PSP°C±PμPSPSCḡ CḡC-PIPSCḡ PḡCḡPsP»P°PeC,PḡPSCf).

PμCḡPḡP·PSP°C±PμPSPSCḡ PμCfC,CḡPsPiPμPSC-PI PjPsPḡPμ PḡCḡPḡP·PIPμCfC,Pḡ PrPs
PIP°PḡPePsC— PiC-PḡPμCḡPeP°P»CHC†C-C”PjC-C— Cf PḡC-PSPsPe P· CḡP°PePsPj
PjPsP»PsC±PSPSC— P·P°P»PsP·Pḡ C,P° PeC-CfC,PePsPIPḡPjPḡ PjPμC,P°CfC,P°P·P°PjPḡ. PμCḡPḡ
CḡPsP·PIPḡC,PeCf PiC-PḡPμCḡPeP°P»CHC†C-C”PjC-C— P·P°CfC,PsCfCfPIP°PSPSCḡ
PḡCḡPμPḡPḡCḡP°C,Cf PSPμPsP±C...C-PrPSPs PḡCḡPḡPḡPḡPSPḡC,Pḡ C,P° PIPḡPḡC,Pḡ
PSPμPsP±C...C-PrPSPḡC... P·P°C...PsPrC-PI PrP»Cḡ P·PSPḡPḡPμPSPSCḡ CḡC-PIPSCḡ
PeP°P»CHC†C-Cḡ PeCḡPsPIC-.

PḡPμCḡP°PḡC-Cḡ PμCfC,CḡPsPiPμPSP°PjPḡ PḡPsPIPḡPSPSP° P·P°CfC,PsCfCfPICfPIP°C,PḡCfCḡ
P· PsP±PμCḡPμPḡPSC-CfC,Cḡ Cf PḡC-PSPsPe P· PiC-PḡPsPḡP°CḡP°C,PḡCḡPμPsC-PrPḡP·PjPsPj,
PsCfPeC-P»CHPePḡ Cf PSPḡC... PjPsPḡPμ CḡPsP·PIPḡPSCfC,PḡCfCḡ PμCfC,CḡPsPiPμPS-
C-PSPrCfPePsPIP°PSP° PiC-PḡPsPeP°P»CHC†C-C”PjC-Cḡ.

PμPsPIC-PrPsPjP»CḡP»Pḡ PḡCḡPs PIPḡPḡPḡPrPePḡ C,CḡPsPjP±PsP·Cf CḡCfPrPḡPS
CfC-C,PeC-PIPePḡ Cf PḡC-PSPsPe, CḡPeC- PsC,CḡPḡPjCfPIP°P»Pḡ PμCfC,CḡPsPiPμPSPḡ. Pj
CḡP°P·C- CḡP°PḡC,PsPIPSC— C±P°CfC,PePsPIPSC— P°P±Ps PḡPsPIPSPSC— PIC,CḡP°C,Pḡ
P·PsCḡCf, CḡP°PḡC,PsPIPSPiPs CḡPsP·PIPḡC,PeCf PḡCḡPsPiC,PsP·Cf, PrPḡPḡP»PsPiC-C— P°P±Ps
PjC-PiCḡPμPSC-, PSPμPsP±C...C-PrPSPs PḡCḡPḡPḡPḡPSPḡC,Pḡ PḡCḡPḡPNḡPsPj
PḡCḡPμPḡP°CḡP°C,Cf. PμCḡPḡ PIPḡPSPḡPePSPμPSPSC- PSP°P±CḡCḡPeCf PrPḡCfPeCf
P·PsCḡPsPIPSPiPs PSPμCḡPIP° P°P±Ps CfCḡPePsPrPḡPμPSCḡ CḡCfPrPḡPS CfC-C,PeC-PIPePḡ,
PSPμPsP±C...C-PrPSPs PḡCḡPḡPḡPḡPSPḡC,Pḡ PḡCḡPḡPNḡPsPj PμCfC,CḡPsPiPμPSC-PI.

PḡPe P°PSC,P°PiPsPSC-CfC, P°P»CHBPrPsCfC,PμCḡPsPSCf, PrCḡPsCfPiC-CḡPμPSPsPS PjPsPḡPμ
P·P±C-P»CHCḡCfPIP°C,Pḡ PIC-CḡPsPiC-PrPSC-CfC,CH PiC-PḡPsPSP°C,CḡC-C”PjC-C— Cf
PḡP°C†C-C”PSC,C-PI PIPḡCfPsPePsC— PḡCḡCfPḡPḡ CḡPḡP·PḡPeCf.

PḡPḡCḡPsPIP°C,PePsPIC- PePsPSC†PμPSC,CḡP°C†C-C—
C,,PsP»C-PeCfP»PsCfC,PḡPjCfP»CḡCḡC±PsPiPs PiPsCḡPjPsPSCf C,P° PμCfC,CḡP°PrC-PsP»Cf
PSPμ P±CfP»Pḡ PiPsPeP°P·PsPIPḡPjPḡ Cf PIPμPrPμPSPSC- PḡP°C†C-C”PSC,C-PI P·
PIP°P·PsPjPsC,PsCḡPSPḡPjPḡ CḡPḡPjPiC,PsPjP°PjPḡ CḡPμCḡPμPrPSCḡPsPiPs C,P°
PIP°PḡPePsPiPs CfC,CfPiPμPSCḡ.

*P—P°CfC,PsCfCḡPIP°PSPSCḡ Cḡ PḡPμCḡC-PsPr PIP°PiC-C,PSPSCfC,C- P°P±Ps
PiPsPrCḡPIP°PSPSCḡ PḡCḡCḡPrPrCḡ.*

P’P°PiC-C,PSC-CfC,CH

PḡPSPḡPμP»C-Pe PḡCḡPsC,PḡPiPsPeP°P·P°PSPḡPNḡ PrP»Cḡ P·P°CfC,PsCfCfPIP°PSPSCḡ
PIP°PiC-C,PSPḡPj PḡC-PSPeP°Pj. PḡPeC%oPs PIP°PiC-C,PSC-CfC,CH PSP°CfC,P°P»P° PiC-Pr
C±P°Cf P·P°CfC,PsCfCfPIP°PSPSCḡ P»C-PeP°CḡCḡCHPePsPiPs P·P°CfCfP±Cf

$P\ddot{Y}P^{\circ}P\pm P\gg P_{\mu}C,PeCr\ P\ddot{C}H\ddot{P}\ddot{E}PN_{\circ}PjP^{\circ}C,Pe\ PSP_{\mu}\ C\ddot{H}PsP\cdot P\Psi PsPICr\ C\ddot{H}C\ddot{H}P\ddot{E},\ P\cdot P^{\circ}P\ddot{I}P\ddot{E}PIP^{\circ}C\ddot{H}C\ddot{H}P\ddot{E}$
 $PSP_{\mu}PIP_{\mu}P\gg P\ddot{E}PePsC\ddot{H}\ PeC-P\gg CH\ddot{P}eC-C\ddot{I}C,C\ddot{H}\ C\ddot{H}C-PrP\ddot{E}PSP\ddot{E},\ P\gg C-PeCr\ PIP^{\circ}PSPSC\Psi$
 $P\ddot{C}H\ddot{P}PsPIP\ddot{P}PrC\Psi C,CH\ P\pm PuP\cdot P\ddot{I}PuC\ddot{H}PuC\ddot{H}PIPSPs,\ C,PsP\pm C,Ps\ P\ddot{C}H\ddot{P}\ddot{E}PN_{\circ}PsPj\ C,P^{\circ}P\pm P\gg P_{\mu}C,PsPe$

P·PSP°CÍ'C,CÍ'PİPSPsC—CÍ'PİP°PePsPIPePë ÇĤPsP·PİPsC±PëPSP°CĤC,CH PsPrÇĤP°P·CÍ'PİC-CÍ'P»Cİ P·P°PeC-PSC±PµPSPSCİ PİPsPİPµÇĤPµPrPSCĤPsC—CÍ'PİP°PePsPIPePë, P±PµP·P±CÍ'PrCH-CİPePëC... C-PSC,PµÇĤPIP°P»C-PI. PÿP°P±P»PµC,PePë P±P°P¶P°PSPs P·P°CÍ'C,PsCÍ'PsPICÍ'PIP°C,Pë PI PsPrPëPS C- C,PsPNë CÍ'P°PjPëPNë C±P°CÍ'. PİPeC%Ps C" P·P°PİC-P·PSPµPSPSCİ CÍ' PİÇĤPëPNëPjP°PSPSC- C±PµÇĤPiPsIPsC—C,P°P±P»PµC,PePë, CÍ'P»C-Pr PİÇĤPëPNëPSCİC,Pë C—C—CİPePsPjPsPiP° C€PIPePrC€Pµ. PİPeC%Ps C±PµÇĤPiPsPIP° C,P°P±P»PµC,PeP° PSPµ P±CÍ'P»P° PİÇĤPëPNëPSCİC,P° PİÇĤPsC,CİPiPsPj P±C-P»CHC€Pµ PSC-P¶ 24 PİPsPrPëPS PSPµ PİPsC,ÇĤC-P±PSPs PİÇĤPëPNëPjP°C,Pë PrPsPrP°C,PePsPICÍ' C,P°P±P»PµC,PeCÍ'. PİPeC%Ps P±CÍ'P»Ps PİÇĤPsPİCÍ'C%PµPSPs PrPµPeC-P»CHPeP° C,P°P±P»PµC,PsPe PİPsCÍ'PİC-P»CH, PjPsP¶Pµ ÇĤPsP·PİPsC±P°C,PëCÍ'Cİ PeCĤPsPIPsC,PµC±P°.

P"°P»Cİ P»C-PeCÍ'PIP°PSPSCİ PİPsCÍ'C,PjPµPSPsPİP°CÍ'P·P°P»CHPSPëC... CÍ'PëPjPİC,PsPjC-PI P·P°CÍ'C,PsCÍ'PsPICÍ'C"CHCÍ'Cİ PSP°PNëPjPµPSC€P° PµC,,PµPeC,PëPIPSP° PrPsP·P°.

P"°P»Cİ PİPsC±P°C,PeCÍ' C,P° PİÇĤPsPrPsPIP¶PµPSPSCİ C,PµÇĤP°PİC-C—PİPsCÍ'C,PjPµPSPsPİP°CÍ'P·P°P»CHPSPëC... CÍ'PëPjPİC,PsPjC-PI PİPePePsÇĤPëCÍ'C,PsPICÍ'C"CHCÍ'Cİ PSP°PNëPjPµPSC€P° PµC,,PµPeC,PëPIPSP° PrPsP·P° PİÇĤPsC,CİPiPsPj PSP°PNëPePsÇĤPsC,C€PsPiPs C,PµÇĤPjC-PSCÍ' (PrPëPI. C,P°PePsP¶ ÇĤPsP·PrC-P» B«PhCÍ'PsP±P»PëPIPsCÍ'C,C- P·P°CÍ'C,PsCÍ'CÍ'PIP°PSPSCİB»).

P"°PsPrP°C,PePsPIP° C-PSC,,PsÇĤPjP°C†C-Cİ C%PsPrPs PsCÍ'PsP±P»PëPIPëC...
PeP°C,PµPiPsÇĤC-PNë PİP°C†C-C"°PSC,C-PI

PµP°C†C-C"°PSC,Pë P»C-C,PSCHPsPiPs PIC-PeCé.

PkPµPjP°C" PrP°PSPëC..., C%Ps CÍ'PIC-PrC±P°C,CH PİÇĤPs PİPsC,ÇĤPµP±CÍ' PI PePsÇĤPµPeC†C-C— PrPsP·Pë CÍ' PİP°C†C-C"°PSC,C-PI P»C-C,PSCHPsPiPs PIC-PeCÍ'.

PµP°C†C-C"°PSC,Pë P· PİPµC±C-PSPePsPIPsCH PSPµPrPsCÍ'C,P°C,PSC-CÍ'C,CH.

Pj P¶C-PSPsPe P· PİPµC±C-PSPePsPIPsCH PSPµPrPsCÍ'C,P°C,PSC-CÍ'C,CH P»PµPiPePsPiPs P°P±Ps CÍ'PµÇĤPµPrPSCĤPsPiPs CÍ'C,CÍ'PİPµPSCİ C,CİP¶PePsCÍ'C,C- PrÇĤPsCÍ'PİC-ÇĤPµPSPsPs PrPsP±ÇĤPµ PİPµÇĤPµPSPsCÍ'PëC,CHCÍ'Cİ (PrPëPI. ÇĤPsP·PrC-P» B«PαP°ÇĤPjP°PePsPeC-PSPµC,PëPeP°B»). P—P°CÍ'C,PsCÍ'CÍ'PIP°PSPSCİ P»C-PeP°ÇĤCÍ'CHPePsPiPs P·P°CÍ'PsP±CÍ' PhPSP¶PµP»C-Pe PİÇĤPsC,PëPİPsPeP°P·P°PSPµ P¶C-PSPeP°Pj C-P· PİPµC±C-PSPePsPIPsCH PSPµPrPsCÍ'C,P°C,PSC-CÍ'C,CH C,CİP¶PePsPiPs CÍ'C,CÍ'PİPµPSCİ (PrPëPI. ÇĤPsP·PrC-P» B«PµÇĤPsC,PëPİPsPeP°P·P°PSPSCİB»). P—P° CÍ'C,P°PSPsPj PİP°C†C-C"°PSC,PsPe P· PİPsÇĤCÍ'C€PµPSPSCİPj C,,CÍ'PSPeC†C-C— PİPµC±C-PSPePë PSPµPsP±C...C-PrPSPëPNë ÇĤPµC,PµP»CHPSPëPNë PSP°PİP»CİPr, CÍ' ÇĤP°P·C- PİPsPİC-ÇĤC€PµPSPSCİ PİPsPeP°P·PSPëPeC-PI C,,CÍ'PSPeC†C-C— PİPµC±C-PSPePë P·P°CÍ'C,PsCÍ'CÍ'PIP°PSPSCİ P—P"°Pÿ CÍ'P»C-Pr PİÇĤPëPİPëPSPëC,Pë (PrPëPI. ÇĤPsP·PrC-P» B«PhCÍ'PsP±P»PëPIPsCÍ'C,C- P·P°CÍ'C,PsCÍ'CÍ'PIP°PSPSCİB»).

PµP°C†C-C"°PSC,Pë P· PSPëÇĤPePsPIPsCH PSPµPrPsCÍ'C,P°C,PSC-CÍ'C,CH.

Pj P¶C-PSPsPe P· PSPëÇĤPePsPIPsCH PSPµPrPsCÍ'C,P°C,PSC-CÍ'C,CH P»PµPiPePsPiPs P°P±Ps CÍ'PµÇĤPµPrPSCĤPsPiPs CÍ'C,CÍ'PİPµPSCİ C,CİP¶PePsCÍ'C,C- CÍ'PİPsCÍ'C,PµÇĤC-PİP°C"CHCÍ'Cİ PrPµC%Ps P·P±C-P»CHC€PµPSP° PµPeCÍ'PİPsP·PëC†C-Cİ PrÇĤPsCÍ'PİC-ÇĤPµPSPsPSCÍ', PİÇĤPsC,Pµ PİPİP°P¶P°C"CHCÍ'Cİ, C%Ps C†PµPNë PµC,,PµPeC, PSPµ PjP°C" PeP»C-PSC-C±PSPsPiPs P·PSP°C±PµPSPSCİ (PrPëPI. ÇĤPsP·PrC-P» B«PαP°ÇĤPjP°PePsPeC-PSPµC,PëPeP°B»). P—P°CÍ'C,PsCÍ'CÍ'PIP°PSPSCİ

P»C-PeP°CḡCíCḡPePsPiPs P·P°CíPSP±Cí PḡPSP¶PµP»C-Pe PíCḡPsC,PëPíPsPeP°P·P°PSPµ
P¶C-PSPeP°Pj C-P· PSPëCḡPePsPIPsCḡ PSPµPrPsCíC,P°C,PSC-CíC,Cḡ C,CḡP¶PePsPiPs
CíC,CíPíPµPSCḡ (PrPëPI. CḡPsP·PrC-P» B«PµCḡPsC,PëPíPsPeP°P·P°PSPSCḡB»).

P''C-C,Pë.

PµCḡPµPíP°CḡP°C, PḡPSP¶PµP»C-Pe PSPµ PíPsPeP°P·PSPëPNë PrP»Cḡ
P·P°CíC,PSCíCíPíP°PSPSCḡ PrC-C,CḡPj C,P° PíC-PrP»C-C,PeP°Pj.

PµPµCḡPµPrPsP·CḡPIP°PSPSCḡ.

Pj PeP»C-PSC-CḡPSPëC... PrPsCíP»C-PrP¶PµPSPSCḡC..., C%oPs PíCḡPsPIPsPrPëP»PëCíCḡ P·P°
CíCḡP°CíC,Cḡ PrPsP±CḡPsPIPsP»CḡCḡC-PI CḡPsP»PsPIC-CḡPsC— CíC,P°C,C-, PrPsP±CḡPµ
PíPµCḡPµPSPsCíPëP»PëCíCḡ PrPsP·Pë PrPs 100 PjPi PrCḡPsCíPíC-CḡPµPSPsPSCí.
PµPµCḡPµPrPsP·CíPíP°PSPSCḡ PjPsP¶Pµ CíPíCḡPëCḡPëPSPëC,Pë PSCíPrPsC,Cí C,P°
P±P»CḡPíP°PSPSCḡ, Cí PrPµCḡPëPëC... P¶C-PSPsPe PjPsP¶Pµ PíPëPSPëPePSCíC,Pë
PíP°PíC-PSP°P»CḡPSP° PeCḡPsPIPsC,PµCḡP°. PŸPíPµCḡPëC,,C-CḡPSPsPiPs P°PSC,PëPrPsC,Cí
PSPµ C-CḡPSCíC", P»C-PeCíPíP°PSPSCḡ PíPsPíPëPSPSPs P±CíC,Pë
CíPëPjPíC,PSPjP°C,PëCḡPSPëPj.

PµPsP±C-CḡPSC- CḡPµP°PeCḡC-C—.

PŞP°CíC,PSC,P° PíPsP±C-CḡPSPëC... CḡPµP°PeCḡC-PNë, PíCḡPs CḡPëC-
PíPsPIC-PrPsPjP»CḡP»PSCíCḡ Cí C...PsPrC- PeP»C-PSC-CḡPSPëC... PrPsCíP»C-PrP¶PµPSCH
C-P· P·P°CíC,PSCíCíPíP°PSPSCḡPj P»C-PeP°CḡCíCḡPePsPiPs P·P°CíPSP±Cí PḡPSP¶PµP»C-Pe,
PíC-PrCíCíPjPsPíP°PSP° Cí C,P°P±P»PëCḡC- PSPëP¶CḡPµ P·P° CíPëCíC,PµPjP°PjPë
PsCḡPíP°PSC-PI (PjPµPrPëCḡPSPëPNë CíP»PsPíPSPëPe CḡPµPíCíP»CḡC,PSCḡPSPsC—
P°PeC,PëPíPSPsCíC,C- (MedDRA SOC). PµPsP±C-CḡPSC- CḡPµP°PeCḡC-C—
CíPíPsCíC,PµCḡC-PíP°P»PëCíCḡ Cí C...PsPrC- 7 PeP»C-PSC-CḡPSPëC...
PrPsCíP»C-PrP¶PµPSCH C,,P°P·Pë PḡPḡPḡ (N = 2424 P¶C-PSPePë) PNë PíPíP°P¶P°CḡC,CḡCíCḡ
C,P°PePëPjPë, C%oPs PjP°CḡC,Cḡ PíCḡPëPSP°PNëPjPSC- PíPsC,PµPSCḡC-PNëPSPëPNë
PíCḡPëCḡPëPSPSPëPNë P·PíBḡ™ CḡP·PsPe C-P· P·P°CíC,PSCíCíPíP°PSPSCḡPj
P»C-PeP°CḡCíCḡPePsPiPs P·P°CíPSP±Cí PḡPSP¶PµP»C-Pe (PµCíC,CḡP°PrC-PsP»
1 PjPi/ PrCḡPsCíPíC-CḡPµPSPsPS 0,5, 1, 2 P°P±Ps 3 PjPi).

PµPsP±C-CḡPSPëPjPë CḡPµP°PeCḡC-CḡPjPë, PíCḡPs CḡPëC- PSP°PNëCḡP°CíC,C-CëPµ
PíPsPIC-PrPsPjP»CḡP»PSCíCḡ PíCḡPë P·P°CíC,PSCíCíPíP°PSPSC- P»C-PeP°CḡCíCḡPePsPiPs
P·P°CíPSP±Cí PḡPSP¶PµP»C-Pe, P±CíP»Pë P±C-P»Cḡ Cí PjPsP»PsCḡPSPëC... P·P°P»PsP·P°C...
(> 10 %) C,P°, PíCḡPsC,CḡPíPsPj PíPµCḡCëPëC... PjC-CíCḡCḡC-PI C,PµCḡP°PíC-C—,
PeCḡPsPIPsC,PµCḡC- PNë PeCḡPsPIPsPjP°P·P°PSPSCḡ (> 10 %), C%oPs P·P°P·PíPëCḡP°PNë
P·PSPëPeP°P»Pë Cí PjC-CḡCí PíCḡPsPrPsPíP¶PµPSPSCḡ P»C-PeCíPíP°PSPSCḡ (PrPëPI.
CḡPsP·PrC-P» B«PµP°CḡPjP°PePsP»PsPíC-CḡPSC- PíP»P°CíC,PëPíPsCíC,C-B»). PŞP°CíC,PSC,P°
PeCḡPsPIPsC,PµCḡ P·PSPëP¶CíPíP°P»P°CíCḡ Pí PjC-CḡCí P·P±C-P»CḡCëPµPSPSCḡ
C,CḡPëPíP°P»PSCíC,C- C,PµCḡP°PíC-C—.

PYPêCfC,PµPjPê PsCĤPiP°PSC-PI	PŠP°CfC,Pš (³ 1/100 PrPs < 1/10)	PkPµC±P°CfC,Pš (³ 1/1000 PrPs < 1/100)	PµPsPsPrPêPSPsPeC- (< 1/1000)
P— P±PsPeCř PeCĤPsPIPsC,PIPsCĤPSPsC— C,P° P»C-PjC,,P°C,PêC±PSPsC— CfPêCfC,PµPj			aPSPµPjC-CĬ
P— P±PsPeCř C...P°CĤC±CřPIP°PSPSCĬ C,P° PiPsCĤCřCêPµPSPSCĬ PsP±PjC-PSCř CĤPµC±PsPIPêPS		P·P±C-P»CĤCêPµPSPSCĬ PjP°CfPê C,C-P»P° P°P±Ps P·PSPêP¶PµPSPSCĬ PjP°CfPê C,C-P»P°, P°PSPsCĤPµPeCfC-CĬ, PiC-PrPIPêC%µPµPSPSCĬ P°PiPµC,PêC,Cř, PiC-PiPµCĤP»C-PiC-PrPµPjC-CĬ	
P— P±PsPeCř PiCfPêC...C-PePê	PrPµPiCĤPµCfC-CĬ, PµPjPsC†C-PNêPSP° PSPµCfC,P°P±C-P»CĤPSC-CfC,CĤ, PSPµCĤPIPsP·PSC-CfC,CĤ	CĤPsP·P»P°PrPê C†PSCř, P°PSPµPiPsPePsC°PSPSCĬ, P·PSPêP¶PµPSPSCĬ P»C-P±C-PrPs	
P— P±PsPeCř PSPµCĤPIPsPIPsC— CfPêCfC,PµPjPê	PiPsP»PsPIPSPêPNê P±C-P»CĤ	PiP°CĤPµCfC,PµP·C-CĬ, P·PSPêP¶PµPSPSCĬ P·PrP°C,PSPsCfC,C- PrPs PePsPSC†PµPSC,CĤP°C†C-C—, P·P°PiP°PjPsCĤPsC±PµPSPSCĬ	PIPµCĤC,PêPiPs
P— P±PsPeCř PsCĤPiP°PSC-PI P·PsCĤCř		C...PIPsCĤPsP±Pê PsC±PµPNê, CĤPsP·P»P°PrPê P·PsCĤCř	
P— P±PsPeCř PsCĤPiP°PSCř CfP»CřC...Cř C,P° CĤC-PIPsPPIP°PiPê			PrP·PIC-PS Cř PICřC...P°C...
P— P±PsPeCř CfPµCĤC†CĬ		PiCĤPêCfPePsCĤPµPSPµ CfPµCĤC†PµP±PêC,C,CĬ	
P— P±PsPeCř CfCřPrPêPS		PµPjP±PsP»C-CĬ, C,CĤPsPjP±PsP· PIPµPS, P°CĤC,PµCĤC-P°P»CĤPSP° PiC-PiPµCĤC,PµPSP·C-CĬ, PjC-PiCĤPµPSCĤ, C,CĤPsPjP±PsC,P»PµP±C-C,, PIP°CĤPêPePsP·PSPµ CĤPsP·CêPêCĤPµPSPSCĬ PIPµPS	
P— P±PsPeCř PsCĤPiP°PSC-PI PrPêC...P°PSPSCĬ, PiCĤCřPrPSPsC— PeP»C-C,PêPSPê C,P° CfPµCĤPµP±PsCfC,C-PSPSCĬ		P·P°PrPêCêPeP°	
P— P±PsPeCř CêP»CřPSPePsPIPs- PePêCêPePsPIPsPiPs C,CĤP°PeC,Cř	P±C-P»CĤ Cř P¶PêPIPsC,C-, PSCřPrPsC,P°, P·PrCřC,C,CĬ P¶PêPIPsC,P°	CêP»CřPSPePsPIPs-PePêCêPePsPIC- CĤPsP·P»P°PrPê, PrC-P°CĤPµCĬ, P·P°PeCĤPµPi, P±P»CĤPIP°PSPSCĬ, CfCřC...C-CfC,CĤ Cř CĤPsC,C-, PjPµC,PµPsCĤPêP·Pj, CĤPsP·P»P°PrPê CfPjP°PePsPIPêC... PIC-PrC±CřC,C,C-PI	
P— P±PsPeCř PiPµC†C-PSPePê C,P° P¶PµPIC±PsPIPêPIC-PrPSPêC... CêP»CĬC...C-PI		P·PjC-PSPê PiPsPeP°P·PSPêPeC-PI C,,CřPSPeC†C-C— PiPµC†C-PSPePê	P¶PµPIC±PSPs-PeP°PjPê™ CĬPSP° C...PIPsCĤPsP±P°
P— P±PsPeCř CêPeC-CĤPê C,P° PiC-PrCêPeC-CĤPSPsC— PeP»C-C,PePsPIPêPSPê		P·P°PiP°P»PµPSPSCĬ CêPeC-CĤPê, P°PePSPµ, P°P»PsPiPµC†C-CĬ, CfPIPµCĤP±C-P¶, PIPêCfPêPi, PiC-CĤCfCřC,PêP·Pj, PiP°C,PsP»PsPiC-C†PSC- P·PjC-PSPê PIPsP»PsCfCfCĬ	
P— P±PsPeCř CfPePµP»PµC,PSPs- PjPê™ CĬP·PsPIPsC— CfPêCfC,PµPjPê C,P° CfPiPsP»CřC±PSPsC— C,PeP°PSPêPSPê		P±PsP»C- PI PeC-PSC†C-PIPeP°C..., P±C-P»CĤ Cř CfPiPêPSC-, P°CĤC,CĤP°P»PiC-CĬ, CfCřPrPsPjPê PjPê™ CĬP·C-PI	PjC-P°P»PiC-CĬ
P— P±PsPeCř PSPêCĤPsPe C,P° CfPµC±PsPIPêPrC-P»CĤPSPsC— CfPêCfC,PµPjPê		P·P°C...PIPsCĤCĤPIP°PSPSCĬ CfPµC±PsPIPêPIC-PrPSPêC... CêP»CĬC...C-PI, C-PSC,,PµPeC†C-C— CfPµC±PsPIPêPIC-PrPSPêC... CêP»CĬC...C-PI	
P— P±PsPeCř CĤPµPiCĤPsPrCřPeC,PêPIPsPsC— CfPêCfC,PµPjPê C,P° PjPsP»PsC±PSPêC... P·P°P»PsP·	PrPsP±CĤPsCĬPeC-C†PSC- PSPsPIPsCřC,PIPsCĤPµPSPSCĬ PjPsP»PsC±PSPêC... P·P°P»PsP·, P·P±C-P»CĤCêPµPSPSCĬ PjPsP»PsC±PSPêC... P·P°P»PsP·, P·P±C-P»CĤCêPµPSPSCĬ CĤPsP·PjC-CĤC-PI PjC-PsPjPê PjP°C,PePê, PrPsP±CĤPsCĬPeC-C†PSC- PSPsPIPsCřC,PIPsCĤPµPSPSCĬ CêPêPNêPePê PjP°C,PePê, CĤPsP·P»P°PrPê PjPµPSCfC,CĤCřP°P»CĤPSPsPiPs C†PePeP»Cř, PIP°PiC-PSP°P»CĤPSC- PIPêPrC-P»PµPSPSCĬ	PeP°CĤC†PêPSPsPjP° PjPsP»PsC±PSPêC... P·P°P»PsP·, PiC-PiPµCĤPiP»P°P·C-CĬ PµPSPPrPjPµC,CĤC-CĬ, PrPsP±CĤPsCĬPeC-C†PSC- PSPsPIPsCřC,PIPsCĤPµPSPSCĬ PjP°C,PePê, C,,C-P±CĤPsP·PSPs- PeC-CfC,PsP·PSP° PjP°CfC,PsPIP°C,C-CĬ, P·P°C...PIPsCĤCĤPIP°PSPSCĬ PjP°C,PePê, P·P°C...PIPsCĤCĤPIP°PSPSCĬ CĬC°C±PSPêPeC-PI, P·P°C...PIPsCĤCĤPIP°PSPSCĬ CêPêPNêPePê PjP°C,PePê, P±C-P»CĤ Cř PrC-P»CĬPSC†C- PjP°P»PsPiPs C,P°P·P°, PICřP»CĤPIPsPIP°PiC-PSP°P»CĤPSC- CĤPsP·P»P°PrPê, PIP°PiC-PSP°P»CĤPSPêPNê PeP°PSPPrPêPrPsP·, PIP°PiC-PSC-C,, CfCřC...C-CfC,CĤ PiC-C...PIPê	CfP°P»CĤPiC-PSPiC-C,, PiP°P»P°PeC,PsCĤPµCĬ

P—P°PiP°P»CHbPSC- CḡPsP·P»P°PrPë	P°CfC,PμPSC-ClI, PjC-ClC†PμPIC- PSP°P±CḡClIPePë	PiPμPSPμCḡP°P»C-P·PsPIP°PSC- PSP°P±CḡClIPePë, P±C-P»CHb Cf PiCḡCfPrPSC-PNë PeP»C-C,PëPSC-, PrPëClfPePsPjC,,PsCḡC,, PiC-PrPIPëC%oPμPSPμ PiPsC,PsPIPëPrC-P»PμPSPSClI	PsP·PSPsP±
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P°P»Cḡ PsPiPëClfCf PsPeCḡPμPjPsC— PiPsP±C-C†PSPsC— CḡPμP°PeC†C-C— P°P±Ps
ClfCfPiCfC,PSC-C... ClfC,P°PSC-PI PIP¶PëPIP°CḡC,CHb PSP°PNëP±C-P»CHbC€
PiCḡPëPNëPSClIC,PSPëPNë C,PμCḡPjC-PS MedDRA.

PhPeCḡPμPjC- PiCḡCzPiPë PiP°C†C-C°PSC,PsPe.

P°PeP°P·P°PSC- PSPëP¶C†Pμ PiPsP±C-C†PSC- CḡPμP°PeC†C-C—
CḡPsP·PiP»CḡPrP°CḡC,CHbClfCḡ ClIPe C,P°PeC-, C%oPs PSP°PNëPjPμPSC€ PIC-CḡPsPiC-PrPSPs
PiPsPiBḡ™ ClI·P°PSC- C-P· P·P°ClfC,PsClfCfPIP°PSPSClI·P P»C-PeP°CḡClfCHbPePsPiPs
P·P°ClfPsP±Cf PhPSP¶PμP»C-Pe, P±CfP»Pë PIC-PrP·PSP°C†PμPSC- Cf C...PsPrC- 2
PeP»C-PSC-C†PSPëC... PrPsClfP»C-PrP¶PμPSCḡ Cf P¶C-PSPsPe, ClIPeC-
ClfC,CḡP°P¶PrP°CḡC,CHb PSP° P°CḡC,PμCḡC-P°P»CHbPSCf PiC-PiPμCḡC,PμPSP·C-Cḡ.

P PsP·P»P°PrPë C...P°CḡC†CfPIP°PSPSClI C,P° PsP±PjC-PSCf CḡPμC†PsPIPëPS.

P°C-PiPμCḡPeP°P»C-C°PjC-ClI.

PŸPμCḡC†PμPIC- CḡPsP·P»P°PrPë.

PŸPμCḡC†PμPIP° PSPμPrPsClfC,P°C,PSC-ClfC,CHb, C,CḡC-PiPsC,C-PSPSClI
PiPμCḡPμPrClfPμCḡPrCHb, PiPsPrPsPIP¶PμPSPSClI C-PSC,PμCḡPIP°P»Cf QT,
PeP°CḡPrC-PsPjPμPiP°P»C-ClI.

P»P°P±PsCḡP°C,PsCḡPSC- PrPsClfP»C-PrP¶PμPSPSClI.

PμC-PrPIPëC%oPμPSPSClI CḡC-PIPSClI P°P»CHbPrPsClfC,PμCḡPsPSCf PI PeCḡPsPIC-.

PkP° C,P»C- PiCḡPsPiPμPrPμPSPSClI P—P°PŸ PIC-PrPjC-C†P°P»PëClfCHb C,P°PePsP¶
PSP°ClfC,CfPiPSC- PiPsP±C-C†PSC- CḡPμP°PeC†C-C—: PICfP·P»PëPePsPIP° PμCḡPëC,PμPjP°;
PjCfP»CHbC,PëC,,PsCḡPjPSP° PμCḡPëC,PμPjP°; C...P»PsP°P·PjP°; PiPμPjPsCḡP°PiC-C†PSPëPNë
PrPμCḡPjP°C,PëC,.

P PëP·PëPe CḡPsP·PIPëC,PeCz CḡP°PeCz PjPsP»PsC†PSPëC... P·P°P»PsP·.

Pj P¶C-PSPsPe, ClIPeC- PsC,CḡPëPjCfCḡC,CHb PePsPjP±C-PSPsPIP°PSCf PμClfC,CḡPsPiPμPS-
PiCḡPsPiPμClfC,P°PiPμPSPsPICf C,PμCḡP°PiC-Cḡ C,CḡPëPIP°P»C-ClfC,Cḡ P±C-P»CHbC€Pμ
5 CḡPsPeC-PI, PiPsPIC-PrPsPjP»CḡP»PsClfCḡ PiCḡPs PiC-PrPIPëC%oPμPSPSClI PrPs 2
CḡP°P·C-PI CḡPëP·PëPeCf PIPëPSPëPePSPμPSPSClI CḡP°PeCf PjPsP»PsC†PSPëC... P·P°P»PsP·.

P—P±C-P»CHbC€PμPSPSClI CḡPëP·PëPeCf ClfPμCḡPμPr PiP°C†C-C°PSC,PsPe, ClIPePëPj
PiCḡPsPiPsPrClIC,CHb PjPsPSPsC,PμCḡP°PiC-Cḡ PμClfC,CḡPsPiPμPSP°PjPë, C° P·PSP°C†PSPs
PSPëP¶C†PëPj, PSC-P¶ Cf C...PIPSCḡPëC..., ClIPeC- PsC,CḡPëPjCfCḡC,CHb PμClfC,CḡPsPiPμPS-
PiCḡPsPiPμClfC,P°PiPμPSPsPIC- PePsPjP±C-PSP°C†C-C—. PŸC,CfPiC-PSCHb CḡPëP·PëPeCf
P·P°P»PμP¶PëC,CHb PIC-Pr C,CḡPëPIP°P»PsClfC,C- P·P°ClfC,PsClfCfPIP°PSPSClI (PrPëPI.
CḡPsP·PrC-P» B«PhClfPsP±P»PëPIPsClfC,C- P·P°ClfC,PsClfCfPIP°PSPSClI»). PhC†C-PSPePë
P°P±ClfPsP»CḡC,PSPsPiPs CḡPëP·PëPeCf PiCḡPμPrClfC,P°PIP»PμPSC- PSP° PsClfPSPsPIC-
CḡPμP·CfP»CHbC,P°C,C-PI PSP°PNëP±C-P»CHbC€PsPiPs CḡP°PSPrPsPjC-P·PsPIP°PSPsPiPs
PiP»P°C†PμP±Ps-PePsPSC,CḡPsP»CHbPsPIP°PSPsPiPs PrPsClfP»C-PrP¶PμPSPSClI

(PrPsCfP»C-PrP¶PµPSPSC¶ WHI) C,P° PSP°PN±C-P»CHC€PsPiPs PSP° CfCHPsPiPsPrPSC-
PjPµC,P°P°PSP°P»C-P·Cf PiC¶PsCfPiPµPeC,PëPIPSPëC... PµPiC-PrPµPjC-PsP»PsPiC-C†PSPëC...
PrPsCfP»C-PrP¶PµPSC¶.

Pk°PM±C-P»CHC€PëPM° PSP° CfCHPsPiPsPrPSC- PjPµC,P°P°PSP°P»C-P·
PiC¶PsCfPiPµPeC,PëPIPSPëC... PµPiC-PrPµPjC-PsP»PsPiC-C†PSPëC... PrPsCfP»C-PrP¶PµPSC¶

PhC†C-PSPsC†PSPëPM° PrPsPrP°C,PePsPiPëPM° C¶PëP·PëPe C¶PsP·PiPëC,PeCf C¶P°PeCf
PjPsP»PsC†PSPsC— P·P°P»PsP·Pë PiC-CfP»C¶ 5 C¶PsPeC-PI P·P°CfC,PsCfCfPiP°PSPSC¶
P—P“Pÿ Cf P¶C-PSPsPe P· P†P¶Pÿ 27 (PePi/Pj²).

P'C-Pe PSP° PiPsC†P°C,PeCf P·P°CfC,PsCfCfPiP°PSPSC¶ P—P“Pÿ (C¶PsPeC-PI)	P¶P°CfC,PsC,P° PSP° 1000 PsCfC-P±, C¶PeC- PSC-PePsP»Pë PSPµ P·P°CfC,PsCfPsPICfPiP°P»Pë P—P“Pÿ, P·P° 5-C¶C-C†PSPëPM° PiPµC¶C-PsPr (50b¶“54 C¶PsPePë)*	P¶PsPµC„C-C†C-C“PSC, C¶PëP·PëPeCf	P¶C-P»CHPeC-CfC,CH PrPsPrP°C,PePsPiPëC... PiPëPiP°PrPeC-PI PSP° 1000 PsCfC-P±, C¶PeC- P·P°CfC,PsCfPsPICfPiP°P»Pë P—P“Pÿ, PiC-CfP»C¶ 5- C¶C-C†PSPsPiPs PiPµC¶C-PsPrCf
		P—P“Pÿ C,C-P»CHPePë PµCfC,C¶PsPiPµPSP°PjPë	
50	13,3	1,2	2,7
		P¶PsPjP±C-PSPsPiP°PSP° PµCfC,C¶PsPiPµPS- PiC¶PsPiPµCfC,P°PiPµPSPsPiP° C,PµC¶P°PiC-C¶	
50	13,3	1,6	8,0

* P'C-PrPSPsCfPSPs PiPëC...C-PrPSPëC... PiPsPeP°P·PSPëPeC-PI
P·P°C...PiPsC¶C¶PiP°PSPsCfC,C- PI PhPSPiP»C-C— PrP»C¶ P¶C-PSPsPe P· P†P¶Pÿ 27 (PePi/Pj²)
Cf 2015 C¶PsC†C-. PµC¶PëPjC-C,PeP°: PsCfPeC-P»CHPePë P±P°P·PsPIC- PiPsPeP°P·PSPëPePë
P·P°C...PiPsC¶C¶PiP°PSPsCfC,C- PSP° C¶P°Pe PjPsP»PsC†PSPëC... P·P°P»PsP·
PIC-PrC¶C-P·PSC¶C¶C,CHCfC¶ PI PePsP¶PSC-PN° PeC¶P°C—PSC- P„Pÿ,
PIC-PrPiPsPIC-PrPSPs PeC-P»CHPeC-CfC,CH PrPsPrP°C,PePsPiPëC... PiPëPiP°PrPeC-PI
P·P°C...PiPsC¶C¶PiP°PSPsCfC,C- PSP° C¶P°Pe PjPsP»PsC†PSPsC— P·P°P»PsP·Pë P±CfPrPµ
P·PjC-PSC¶PiP°C,PëCfC¶ Cf PePsP¶PSC-PN° PeC¶P°C—PSC- P„Pÿ PiC¶PsPiPsC¶C†C-PN°PSPs.

PhC†C-PSPsC†PSPëPM° PrPsPrP°C,PePsPiPëPM° C¶PëP·PëPe C¶PsP·PiPëC,PeCf C¶P°PeCf
PjPsP»PsC†PSPsC— P·P°P»PsP·Pë PiC-CfP»C¶ 10 C¶PsPeC-PI P·P°CfC,PsCfCfPiP°PSPSC¶
P—P“Pÿ Cf P¶C-PSPsPe P· P†P¶Pÿ 27 (PePi/Pj²)

P'C-Pe PSP° PiPsC†P°C,PeCf P·P°CfC,PsCfCfPiP°PSPSC¶ P—P“Pÿ (C¶PsPeC-PI)	P¶P°CfC,PsC,P° PSP° 1000 PsCfC-P±, C¶PeC- PSC-PePsP»Pë PSPµ P·P°CfC,PsCfPsPICfPiP°P»Pë P—P“Pÿ, P·P° 10- C,PëC¶C-C†PSPëPM° PiPµC¶C-PsPr (50b¶“59 C¶PsPeC-PI)*	P¶PsPµC„C-C†C-C“PSC, C¶PëP·PëPeCf	P¶C-P»CHPeC-CfC,CH PrPsPrP°C,PePsPiPëC... PiPëPiP°PrPeC-PI PSP° 1000 PsCfC-P±, C¶PeC- P·P°CfC,PsCfPsPICfPiP°P»Pë P—P“Pÿ, PiC-CfP»C¶ 10- C,PëC¶C-C†PSPsPiPs PiPµC¶C-PsPrCf
		P—P“Pÿ C,C-P»CHPePë PµCfC,C¶PsPiPµPSP°PjPë	
50	26,6	1,3	7,1
		P¶PsPjP±C-PSPsPiP°PSP° PµCfC,C¶PsPiPµPS- PiC¶PsPiPµCfC,P°PiPµPSPsPiP° C,PµC¶P°PiC-C¶	
50	26,6	1,8	20,8

* P'C-PrPSPsCfPSPs PiPëC...C-PrPSPëC... PiPsPeP°P·PSPëPeC-PI
P·P°C...PiPsC¶C¶PiP°PSPsCfC,C- PI PhPSPiP»C-C— PrP»C¶ P¶C-PSPsPe P· P†P¶Pÿ 27 (PePi/Pj²)

P PëP·PëPe CĤP°PeCř PµPSPřPsPjPµC,CĤC-CĬ CĬC,P°PSPsPIPëC,CH P±P»PëP·CHPePs 5
PIPëPiP°PrPeC-PI PSP° 1000 P¶C-PSPsPe P·C- P·P±PµCĤPµP¶PµPSPsCĤ PjP°C,PePsCĤ, CĬPeC-
PSPµ PiCĤPëPMëPjP°CĤC,CH P-P°Pŷ. P-C-PSPeP°Pj C-P· P·P±PµCĤPµP¶PµPSPsCĤ PjP°C,PePsCĤ
PSPµ CĤPµPePsPjPµPSPřCřC”C,CHCĬCĬ P·P°CĬC,PsCĬCřPIP°PSPSCĬ P-P°Pŷ C,C-P»CHPePë
PµCĬC,CĤPsPiPµPSP°PjPë C±PµCĤPµP· P·P±C-P»CHC€PµPSPSCĬ CĤPëP·PëPeCř
CĤPsP·PIPëC,PeCř CĤP°PeCř PµPSPřPsPjPµC,CĤC-CĬ (PrPëPI. CĤPsP·PrC-P»

В«PhCf'PsP±P»PëPIPsCf'C,C- P·P°Cf'C,PsCf'Cf'PIP°PSPSCf'IB»). PJ C...PsPrC-
PµPîC-PrPµPjC-PsP»PsPiC-C±PSPëC... PrPsCf'P»C-PrP¶PµPSCf' PîPsPeP°P·P°PSPs, C%Ps
P·P°P»PµP¶PSPs PIC-Pr C,Cf'PëPIP°P»PsCf'C,C- PjPsPSPsC,PµCf'P°PîC-C— C,P° PrPsP·
PµCf'C,Cf'PsPiPµPSC-PI, PîPsPeP°P·PSPëPePë Cf'PëP·PëPeCf' Cf'PsP·PIPëC,PeCf' Cf'P°PeCf'
PµPSPPrPsPjPµC,Cf'C-Cf' P·PjC-PSCHPIP°P»PëCf'CH PIC-Pr 5 PrPs 55 PrPsPrP°C,PePsPIPëC...
PIPëPîP°PrPeC-PI, PIPëCf'PIP»PµPSPëC... PSP° 1000 P¶C-PSPsPe PIC-PePsPj PIC-Pr 50 PrPs 65
Cf'PsPeC-PI.

P—P°Cf'C,PsCf'Cf'PIP°PSPSCf' PîCf'PsPiPµCf'C,P°PiPµPSC-PI PîCf'PsC,Cf'PiPsPj
PîCf'PëPSP°PµPjPSC- 12 PrPSC-PI PSP° C†PëPeP» PrPsPrP°C,PePsPIPs PrPs
PµCf'C,Cf'PsPiPµPSC-PI PjPsP¶Pµ P·P°PîPsP±C-PiC,Pë C,P°PePsPjCf' PîC-PrPIPëC%PµPSPSCH
Cf'PëP·PëPeCf'. PJ C...PsPrC- PrPsCf'P»C-PrP¶PµPSPSCf' B«PµC-P»CHPNëPsPS P¶C-PSPsPeB»
P·P°Cf'C,PsCf'Cf'PIP°PSPSCf' PîCf'PsC,Cf'PiPsPj 5 Cf'PsPeC-PI PePsPjP±C-PSPsPIP°PSPsC—
(PîPsCf'P»C-PrPsPIPSPsC— C†Pë PîPsCf'C,C-PµPSPsC—) P—P“Pÿ PSPµ PîCf'PëP·PIPµP»Ps PrPs
PîC-PrPIPëC%PµPSPSCf' Cf'PëP·PëPeCf' Cf'P°PeCf' PµPSPPrPsPjPµC,Cf'C-Cf'
[PIC-PrPSPsCf'PSPëPNë Cf'PëP·PëPe (P'P) 1,0 (0,8вf'1,2)].

P P°Pe Cf'IC”C±PSPëPeC-PI.

PÿCf'PëPIP°P»Pµ P·P°Cf'C,PsCf'Cf'PIP°PSPSCf' PjPsPSPsC,PµCf'P°PîC-C—
PµCf'C,Cf'PsPiPµPSP°PjPë C,P° PePsPjP±C-PSPsPIP°PSPsC— P—P“Pÿ PµCf'C,Cf'PsPiPµPSPsPj C-
PîCf'PsPiPµCf'C,P°PiPµPSPsPj P°Cf'PsC†C-Cf'IC”C,CHCf'ICf' P· PSPµP·PSP°C±PSPëPj
P·P±C-P»CHC€PµPSPSCf'Pj Cf'PëP·PëPeCf' PIPëPSPëPePSPµPSPSCf' Cf'P°PeCf'
Cf'IC”C±PSPëPeC-PI (PrPëPI. Cf'PsP·PrC-P» B«PhCf'PsP±P»PëPIPsCf'C,C-
P·P°Cf'C,PsCf'Cf'PIP°PSPSCf'IB»).

PµPµC,P°-P°PSP°P»C-P· 52 PµPîC-PrPµPjC-PsP»PsPiC-C±PSPëC... PrPsCf'P»C-PrP¶PµPSCf'
PIPëP°P·Cf'C” PSP° PîC-PrPIPëC%PµPSPëPNë Cf'PëP·PëPe Cf'PsP·PIPëC,PeCf' Cf'P°PeCf'
Cf'IC”C±PSPëPeC-PI C† P¶C-PSPsPe, Cf'PeC- P·P°Cf'C,PsCf'PsPICf'CHC,CH P—P“Pÿ
PîPsCf'IC-PIPSCf'PSPs C-P· P¶C-PSPëP°PjPë, Cf'PeC- PSC-PePsP»Pë PSPµ
P·P°Cf'C,PsCf'PsPICf'PIP°P»Pë P—P“Pÿ (P'P 1,43; 95 % P”P† 1,31вf'1,56). PJ P¶C-PSPsPe
PIC-PePsPj PIC-Pr 50 PrPs 54 Cf'PsPeC-PI, Cf'PeC- P·P°Cf'C,PsCf'PsPICf'CHC,CH P—P“Pÿ
PîCf'PsC,Cf'PiPsPj 5 Cf'PsPeC-PI, C†C- Cf'PµP·C†P»CHC,P°C,Pë
Cf'PiPsCf'C,PµCf'C-PiP°CHC,CHCf'ICf' C-P· C†P°Cf'C,PsC,PsCf' PsPrPëPS PrPsPrP°C,PePsPIPëPNë
PIPëPîP°PrPsPe PSP° 2000. PJ P¶C-PSPsPe PIC-PePsPj PIC-Pr 50 PrPs 54 Cf'PsPeC-PI, Cf'PeC-
PSPµ P·P°Cf'C,PsCf'PsPICf'CHC,CH P—P“Pÿ P±P»PëP·CHPePs 2 P¶C-PSPsPe PSP° 2000
P±C†PrCf'C,CH PjP°C,Pë PrC-P°PiPSPsP· Cf'P°Pe Cf'IC”C±PSPëPeC-PI PîCf'PsC,Cf'PiPsPj
PîPµCf'IC-PsPrC† 5 Cf'PsPeC-PI.

P PëP·PëPe PIPµPSPsP·PSPsC— C,Cf'PsPjP±PsPµPjP±PsP»C-C—.

P—P“Pÿ P°Cf'PsC†C-Cf'IC”C,CHCf'ICf' P·C- P·P±C-P»CHC€PµPSPSCf'Pj C† 1,3вf'3 Cf'P°P·Pë
PIC-PrPSPsCf'PSPsPiPs Cf'PëP·PëPeCf' Cf'PsP·PIPëC,PeCf' PIPµPSPsP·PSPsC—
C,Cf'PsPjP±PsPµPjP±PsP»C-C— (P'PÿP·), C,PsP±C,Ps C,Cf'PsPjP±PsP·C† PiP»PëP±PsPePëC...
PIPµPS P°P±Ps P»PµPiPµPSPµPIPsC— C,Cf'PsPjP±PsPµPjP±PsP»C-C—.
P'C-Cf'PsPiC-PrPSC-Cf'C,CH PIPëPSPëPePSPµPSPSCf' C,P°PePëC... Cf'PIPëC% C” PIPëC%PsCf'
PîCf'PsC,Cf'PiPsPj PîPµCf'IC€PsPiPs Cf'PsPeCf' P·P°Cf'C,PsCf'Cf'PIP°PSPSCf' P—P“Pÿ (PrPëPI.
Cf'PsP·PrC-P» B«PhCf'PsP±P»PëPIPsCf'C,C- P·P°Cf'C,PsCf'Cf'PIP°PSPSCf'IB»).

РiСҫРµРrСГC,Р°РiР»РµРPSPs СҫРµР·СrР»СҫC,Р°C,Рө РrPsСГC»C-РrР¶РµРPSCҫ WHI.

Р”РsСГC»C-РrР¶РµРPSPSCҫ WHI Бҫ” РrPsРrР°C,РePsРiРөР№ СҫРөР·РөРe Р’РҫР· Р·Р° 5
СҫРsРeC-Рi Р·Р°СГC,РsСГCрРiР°РPSPSCҫ Р—Р”Рҫ

Р’C-РePsРiРөР№ РrC-Р°РiР°Р·РsPS (СҫРsРeC-Рi)	РҫР°СГC,РsC,Р° РiРөРiР°РrРeC-Рi РSP° 1000 Р¶C-РSPsРe Сr РiР»Р°СrРµР±Рs-РiСҫCрРiC- Р·Р° 5 СҫРsРeC-Рi	РµРsРµC,,C-СrC-С”РSC, СҫРөР·РөРeСr C,Р° 95 % Р”I	РµC-Р»СҫРeC-СГC,Сҫ РrPsРrР°C,РePsРiРөC... РiРөРiР°РrРeC-Рi РSP° 1000 Р¶C-РSPsРe, CҫРeC- Р·Р°СГC,РsСГCРsРiCрРiР°РP»Рө Р—Р”Рҫ
		РµРµСҫРsСҫР°Р»СҫРµ Р·Р°СГC,РsСГCрРiР°РPSPSCҫ C,C-Р»СҫРeРө РµCГC,СҫРsРiРµРPSCr ^a	
50Бҫ”59	7	1,2 (0,6Бҫ”2,4)	1 (Бҫ”3Бҫ”10)
		РµРµСҫРsСҫР°Р»СҫРµ Р·Р°СГC,РsСГCрРiР°РPSPSCҫ РePsРjР±C-РSP°СrC-C— РµCГC,СҫРsРiРµРP- РiСҫРsРiРµCГC,Р°РiРµРP	
50Бҫ”59	4	2,3 (1,2Бҫ”4,3)	5 (1Бҫ”13)

^a Р”РsСГC»C-РrР¶РµРPSPSCҫ Р·Р° СrC±Р°СГC,Сҫ Р¶C-РSPsРe Р·
РiC-СГC,РµСҫРµC,РsРjC-С”Сҫ Рi Р°РSP°РjРSPµР·C-.

Р РөР·РөРe C-C€РµРjC-C±РSPsC— C...РiРsСҫРsР±Рө СГРµСҫCГCҫ.

Рj Р¶C-РSPsРe РiC-РePsРj РiC-Рr 60 СҫРsРeC-Рi, CҫРeC- Р·Р°СГC,РsСГCРsРiCрРiC,Сҫ
РePsРjР±C-РSPsРiР°РPSCр Р—Р”Рҫ РµCГC,СҫРsРiРµРPSPsРj C- РiСҫРsРiРµCГC,Р°РiРµРPSPsРj,
СГРiРsСГC,РµСҫC-РiР°C”C,СҫCГCҫ РSPµР·РSP°СrРSPµ РiC-РrРiРөC%РµРPSPSCҫ
СҫРөР·РөРeСr СҫРsР·РiРөC,РeCр C-C€РµРjC-C±РSPsC— C...РiРsСҫРsР±Рө СГРµСҫCГCҫ
(РrРөРi. СҫРsР·РrC-Р» Б«РҫCГCРsР±Р»РөРiРsСГC,C- Р·Р°СГC,РsСГCрРiР°РPSPSCҫB»).

Р РөР·РөРe C-C€РµРjC-C±РSPsРiРs C-РSCГCзР»СҫC,Cз.

Р—Р°СГC,РsСГCрРiР°РPSPSCҫ C,C-Р»СҫРeРө РµCГC,СҫРsРiРµРPSCр C,Р° РµCГC,СҫРsРiРµРP-
РiСҫРsРiРµCГC,Р°РiРµРPSPsРiРsC— C,РµСҫР°РiC— Р°СГCРsСrC-СҫC”C,СҫCГCҫ Р·
РiC-РrРiРөC%РµРPSPSCҫРj РiC-РrРSPsСГCРSPsРiРs СҫРөР·РөРeСr C-C€РµРjC-C±РSPsРiРs
C-РSCГCрР»СҫC,Сr РrPs 1,5 СҫР°Р·Р°. Р РөР·РөРe РiРµРjРsСҫРiC-C±РSPsРiРs
C-РSCГCрР»СҫC,Сr РSPµ Р·СҫРsСГC,Р°C” РSP° C,,РsPSC- Р·Р°СГC,РsСГCрРiР°РPSPSCҫ Р—Р”Рҫ.

Р’C-РrРSPsСГCРPөР№ СҫРөР·РөРe РSPµ Р·Р°Р»РµР»РөC,Сҫ РiC-Рr РiC-РeCр Р°Р±Рs
C,СҫРөРiР°Р»РsСГC,C- Р·Р°СГC,РsСГCрРiР°РPSPSCҫ, Р°Р»Рµ РsСГCРeC-Р»СҫРeРө
Р±Р°Р·Р·РsРiРөР№ СҫРөР·РөРe C” СГCрC,C,C”РiРs Р·Р°Р»РµР»РөРPSPөРj РiC-Рr РiC-РeCр,
Р·Р°РiР°Р»СҫРPөР№ СҫРөР·РөРe C-РSCГCрР»СҫC,Сr Сr Р¶C-РSPsРe, CҫРeC-
РiСҫРPөР№РjР°СҫC,Сҫ Р—Р”Рҫ, Р·СҫРsСГC,Р°C,РөРjРµ Р· РiC-РePsРj (РrРөРi. СҫРsР·РrC-Р»
Б«РҫCГCРsР±Р»РөРiРsСГC,C- Р·Р°СГC,РsСГCрРiР°РPSPSCҫB»).

РҫР±Бҫ™ С”РrРSP°PSC- РrР°PSC- РrPsСГC»C-РrР¶РµРPSCҫ WHI Бҫ” РrPsРrР°C,РePsРiРөР№
СҫРөР·РөРe СҫРsР·РiРөC,РeCр C-C€РµРjC-C±РSPsРiРs C-РSCГCрР»СҫC,Сr Р·Р° 5 СҫРsРeC-Рi
Р·Р°СГC,РsСГCрРiР°РPSPSCҫ Р—Р”Рҫ.

P'C-PePsPIPëPN ₂ PrC-P°PİP°P·PsPS (C ₇ PsPeC-PI)	PŞP°CİC,PsC,P° PIPëPİP°PrPeC-PI PSP° 1000 P¶C-PSPsPe P· PİP»P°CİPµP±Ps-PiC ₇ CrPİPë P·P° 5 C ₇ PsPeC-PI	PµPsPµC,,C-CİC-C"PSC, C ₇ PëP·PëPeCr C,P° 95 % P"İ	P"PsPrP°C,PePsPIP° PeC-P»CHPeC-CİC,CH PIPëPİP°PrPeC-PI PSP° 1000 P¶C-PSPsPe, CİPeC- PİC ₇ PëPN ₂ PjP°P»Pë P—P"Py, P·P° 5 C ₇ PsPeC-PI
50БҒ"59	8	1,3 (1,1БҒ"1,6)	3 (1БҒ"5)
^a P·PµP· PİC ₇ PsPIPµPrPµPSPSCİ C ₇ PsP·PİPsPrC-P»Cr PSP° C-C€PµPjC-CİPSPëPN ₂ C,P° PİPµPjPsC ₇ P°PiC-CİPSPëPN ₂ C-PSCİCrP»CHC,.			

PİPSC€C- PİPsP±C-CİPSC- C₇PµP°PeCİC-C—, PİC₇Ps CİPeC- PİPsPIC-PrPsPjP»CİP»PsCİCİ Cr
P·PİBҒ™ CİP·PeCr C-P· P·P°CİC,PsCİCrPIP°PSPSCİPj C,PµC₇P°PiC-C—
PµCİC,C₇PsPiPµPSP°PjPë/PİC₇PsPiPµCİC,P°PiPµPSP°PjPë:

- P·P°C...PIPSC₇CHPIP°PSPSCİ P¶PsPICİPSPsPiPs PjC-C...CrC₇P°;
- C₇PsP·P»P°PrPë P· P±PsPeCr C€PeC-C₇Pë C,P° PİC-PrC€PeC-C₇PSPsC— PsCİPSPsPIPë
(C...P»PsP°P·PjP°, PjCrP»CHC,PëC,,PsC₇PjPSP° PµC₇PëC,PµPjP°, PICİP·P»PëPePsPIP°
PµC₇PëC,PµPjP°, CİCrPrPëPSPSP° PİCrC₇PİCrC₇P°);
- PjPsP¶P»PëPIPs, PrPµPjPµPSCİC-Cİ Cr PIC-CİC- PİPsPSP°Pr 65 C₇PsPeC-PI (PrPëPI.
C₇PsP·PrC-P» B«PhCİPsP±P»PëPIPsCİC,C- P·P°CİC,PsCİCrPIP°PSPSCİB»).

PyP°PePsP¶ PjPsP¶CrC,CH CİPİPsCİC,PµC₇C-PiP°C,PëCİCİ PSP°CİC,CrPİPSC-
PİPsP±C-CİPSC- C₇PµP°PeCİC-C—: PrPëCİPePsPjC,,PsC₇C, Cr PjPsP»PsCİPSPëC...
P·P°P»PsP·P°C..., PİCrC...P»PëPSPë PİPµCİC-PSPePë; PİPsC₇CrC€PµPSPSCİ C,,CrPSPeCİC-C—
PİPµCİC-PSPePë; PiC-PİPµC₇C,C₇PëPiP»C-CİPµC₇PëPrPµPjC-Cİ; P·PjC-PSPë
C,PsP»PµC₇P°PSC,PSPsCİC,C- PrPs PiP»CHPePsP·Pë; C₇PµCİPëPrPëPI
PµPSPPrPsPjPµC,C₇C-PsP·Cr; PİC₇PsP»P°PeC,PëPSPsPjP°; P¶PsPIC,CİPSPëCİCİ C,P°/P°P±Ps
CİPİPµC₇P±C-P¶, PİPsPİBҒ™ CİP·P°PSPëPN₂ P· C...PsP»PµCİC,P°P·PsPj; PµPİC-P»PµPİCİC-Cİ,
P°CİC,PjP°, PİPsC₇C,,C-C₇C-Cİ, CİPëCİC,PµPjPSPëPN₂ CİPµC₇PIPsPSPëPN₂ PİPsPICİP°Pe;
PsC,PsCİPeP»PµC₇PsP·; C...PsC₇PµCİ; PSP°P±C₇CİPe PµPIC-PSPePµ,
PİPµC₇PëC,,PµC₇PëCİPSC- PSP°P±C₇CİPePë, C₇PµP°PeCİC-C—
PiC-PİPµC₇CİCrC,P»PëPIPsCİC,C-, PİPeP»C₇CİP°C₇CİPë PİPëCİPëPİ C,P°
PeC₇PsPİPëPİBҒ™ CİPSPeCr.

PµPsPIC-PrPsPjP»PµPSPSCİ PİC₇Ps PİC-PrPsP·C₇CHPIP°PSC- PİPsP±C-CİPSC-
C₇PµP°PeCİC-C—

PµPsPIC-PrPsPjP»PµPSPSCİ PİC₇Ps PİC-PrPsP·C₇CHPIP°PSC- PİPsP±C-CİPSC-
C₇PµP°PeCİC-C— Cr PİPµC₇C-PsPrC- PİPsCİC,PjP°C₇PePµC,PëPSPiPsPIPsPiPs
CİPİPsCİC,PµC₇PµP¶PµPSPSCİ C" PrCrP¶Pµ PIP°P¶P»PëPIPëPjPë. PİPµ PrP°C"
PjPsP¶P»PëPIC-CİC,CH P·PrC-PN₂CİPSC₇PIP°C,Pë PePsPSC,C₇PsP»CH
CİPİC-PIPIC-PrPSPsC€PµPSPSCİ PePsC₇PëCİC,CH/C₇PëP·PëPe PrP»Cİ
P»C-PeP°C₇CİCHPePëC... P·P°CİPsP±C-PI. PµPµPrPëCİPSC- PİC₇P°CİC-PIPSPëPePë
PİPsPIPëPSPSC- PİPsPIC-PrPsPjP»CİC,Pë PİC₇Ps PİC-PrPsP·C₇CHPIP°PSC- PİPsP±C-CİPSC-
C₇PµP°PeCİC-C—.

PŷPμCḡPjC-PS PīCḡPēPrP°C,PSPsCÍC,C-. 5 CḡPsPeC-PI.

PḱPμ P·P°CÍC,PsCÍPsPICrPIP°C,Pē P»C-PeP°CḡCÍCHPePēPNē P·P°CÍC-P± PīC-CÍP»CÍ
P·P°PIPμCḡCēPμPSPSCÍ C,PμCḡPjC-PSCr PīCḡPēPrP°C,PSPsCÍC,C-, PIPeP°P·P°PSPsPiPs PSP°
CÍPīP°PePsPIC†C-.

PJPjPsPIPē P·P±PμCḡC-PiP°PSPSCÍ.

P—P±PμCḡC-PiP°C,Pē PīCḡPē C,PμPjPiPμCḡP°C,CÍCḡC- PSPμ PIPēC‰Pμ 25 B°Pŷ CÍ
PSPμPrPsCÍC,CÍPīPSPsPjCÍ PrP»CÍ PrC-C,PμPNē PjC-CÍC†C-.

PJPīP°PePsPIPeP°.

PμPs 28 C,P°P±P»PμC,PsPe, PIPeCḡPēC,PēC... PsP±PsP»PsPSPePsCḡ, CÍ P±P»C-CÍC,PμCḡC- P·
PeP°P»PμPSPPrP°CḡPSPsCḡ CēPeP°P»PsCḡ PI PeP°CḡC,PsPSPSC-PNē PīP°C†C†C-.

PḡP°C,PμPiPsCḡC-CÍ PIC-PrPīCÍCÍPeCÍ.

P—P° CḡPμC†PμPīC,PsPj.

P'PēCḡPsP±PSPēPe.

P'P°PNēC"Cḡ PḡP".

***PḡC-CÍC†PμP·PSP°C...PsPrP¶PμPSPSCÍ PIPēCḡPsP±PSPēPeP° C,P° PNēPsPiPs
P°PrCḡPμCÍP° PjC-CÍC†CÍ PīCḡPsPIP°PrP¶PμPSPSCÍ PrC-CÍP»CHPSPsCÍC,C-.***

PḡCḡP»P»C"CḡCēC,CḡP°CÍCÍPμ 178, 13353, P'PμCḡP»C-PS, PḱC-PjPμC†C†PēPSP°.