



СГРёPSC, PµP·Cf PíCḡPsCfC, P°PiP»P°PSPrPëPSC-PI, CŪPeC- PsP±CfPjPsPIP»CḡCḡC, Cḡ Cf PIPsPiPSPëC%oC- P·P°PíP°P»PµPSPSCŪ CḡPsP·PIPëC, PsPe P±PsP»Cḡ, PíC-PrPIPëC%oPµPSPSCŪ C, PµPjPíPµCḡP°C, CŷCḡPë C- P·P±C-P»CḡCëPµPSPSCŪ C, PeP°PSPëPSPSPsC— PíCḡPsPSPëPePSPsCfC, C-, P° C, P°PePsP¶ PíPsCḡCŷCëPµPSPSCŪPj PíCḡPsPIPµPrPµPSPSCŪ P±PsP»CḡPsPIPëC... PµPeCfC, CḡP°- C- PíCḡPsPíCḡC-PsCḡPµC†PµPíC, PëPIPSPëC... C-PjPíCfP»CḡCfC-PI, PíC-PrPIPëC%oPµPSPSCŪPj PíPsCḡPsPiP° P·P±CfPrP¶PµPSPSCŪ C, P°P»P°PjC-C†PSPëC... C†PµPSC, CḡC-PI P±PsP»CḡPsPIPsC— C†CfC, P»PëPIPscfC, C-, PíC-PrPIPëC%oPµPSPSCŪPj C, PµPíP»PsPIC-PrPrP°C†C-.

*PαP°CḡPjP°PePsPeC-PSPµC, PëPeP°.*

PµC-CfP»CŪ PIPµPrPµPSPSCŪ PjPµC, P°PjC-P·PsP» PíC-PrCḡPsP»C-P·CfC”C, CḡCfCŪ PrPs P°PeC, PëPIPSPsPiPs PjPµC, P°P±PsP»C-C, Cŷ (PíCḡPë PIPSCfC, CḡC-CëPSCḡPsPIPµPSPSPsPjCŷ PIPµPrPµPSPSC- PSPµP·PjC-PSPµPSPëPµ PjPµC, P°PjC-P·PsP» PIPëCŪPIP»CŪC”C, CḡCfCŪ Cf PíP»P°P·PjC- Cf PSPµP·PSP°C†PSPëC... PeC-P»CḡPePsCfC, CŪC...). P—PíBḡ™ CŪP·PsPe P°PeC, PëPIPSPsPiPs PjPµC, P°P±PsP»C-C, Cf P· P±C-P»PeP°PjPë Bḡ” 50Bḡ”60 %.

PḡPµC, P°P±PsP»C-P·CfC”C, CḡCfCŪ Cf PíPµC†C-PSC†C-, PIPëPIPPrPëC, CḡCfCŪ PSPëCḡPeP°PjPë. PµCḡPsPSPëPeP°C” C†PµCḡPµP· PíP»P°C†PµPSC, P°CḡPSPëPµ P±P°CḡBḡ™ C”Cḡ C- Cf PíCḡCŷPrPSPµ PjPsP»PsPePs.

**РльP»C-PSC-C†PSC- C...P°CḡP°PeC, PµCḡPëCfC, PëPePë.**

***PµPsPeP°P·P°PSPSCŪ.***

P°PsP»CḡPsPIPëPµ CŷPëPSPrCḡPsPj PjP°P»PsC— C- CŷPµCḡPµPrPSCḡPsC— C-PSC, PµPSCfPëPIPSPsCfC, C- CḡC-P·PSPsPiPs PíPsC...PsPrP¶PµPSPSCŪ C- P»PsPeP°P»C-P·P°C†C-C— (PíPsP»PsPIPSPëPµ, P·CŷP±PSPëPµ P±C-P»Cḡ, PsPíC-PePë, P±C-P»Cḡ Cf PíC-CfP»CŪPsPíPµCḡP°C†C-PµPSPsPjCŷ PíPµCḡC-PsPrC-, PrPëCfPjPµPSPsCḡPµCŪ, P°CḡC, CḡP°P»PíC-C—, PSPµPICḡP°P»PíC-C—, CḡP°PrPëPeCfP»C-C, Pë, PjC-PsP·PëC, Pë); PíC-PíPµCḡC, PµCḡPjC-C†PSPëPµ CŷPëPSPrCḡPsPj, PíP°CḡCŪC†PePsPIC- CŷC, P°PSPë (PíCḡPë PíCḡPëPíC-, PíPsCfC, CḡPëC... CḡPµCŷPíC-CḡP°C, PsCḡPSPëC... C, P° C-PSCëPëC... C-PSC,, PµPeC†C-CŪC...); PSPëCḡPePsPIP° C- PíPµC†C-PSPePsPIP° PePsP»C-PePë (Cŷ PePsPjP±C-PSP°C†C-C— C-P· CŷPíP°P·PjPsP»C-C, PëC†PSPëPjPë P·P°CŷPsP±P°PjPë).

***PµCḡPsC, PëPíPsPeP°P·P°PSPSCŪ.***

PµC-PrPIPëC%oPµPSP° C-PSPrPëPIC-PrCŷP°P»CḡPSP° C†CfC, P»PëPIC-CfC, Cḡ PrPs PjPµC, P°PjC-P·PsP»Cŷ PSP°C, CḡC-Cḡ, PrPs C-PSCëPëC... PíPsC...C-PrPSPëC... PíC-CḡP°P·PsP»PsPSCŷ P°P±Ps PrPs C-PSCëPëC... PePsPjPíPsPSPµPSC, C-PI P»C-PeP°CḡCfCḡPePsPiPs P·P°CŷPsP±Cŷ.

PḡPíCḡP°PSCŷP»PsC†PëC, PsP·, CŷPíCḡPëC†PëPSPµPSPëPµ PjPµC, P°PjC-P·PsP»PsPj, C-PSCëPëPjPë PíC-CḡP°P·PsP»PsPSP°PjPë P°P±Ps PíC-CḡP°P·PsP»C-PrPëPSP°PjPë, Pí P°PSP°PjPSPµP·C-.

PḡP°PíP°PrPë P±CḡPsPSC...C-P°P»CḡPSPsC— P°CfC, PjPë, CŷPíCḡPëC†PëPSPµPSPsC— P°C†PµC, PëP»CŷP°P»C-C†PëP»PsPIPscḡ PePëCfP»PsC, PsCḡ.

**РµPsC҃CрCєPµPSPSCЦ C,,CрPSPeC†C-C— PeC-CГC,PePsPIPSPiPs PjPsP·PeCр P°P±Ps P·P°C...PIPSC҃C҃HIP°PSPSCЦ CГPёCГC,РµPjPё PeC҃PsPIPSC,PIPSC҃PµPSPSCЦ.**  
РµPsC҃CрCєPµPSPSCЦ PeC҃PsPIPSC,PIPSC҃PµPSPSCЦ (P°PiC҃P°PSCрP»PsC†PёC,PsP·, C†PёC,PsCГC,P°C,PёC†PSP° P°P±Ps C-PSC,,PµPeC†C-PNёPSP° PSPµPNёC,C҃PsPiPµPSC-CЦ).  
РµPµC†C-PSPePsPIP° C-/P°P±Ps PSPёC҃PePsPIP° PSPµPrPsCГC,P°C,PSC-CГC,C҃.

P҃PіP°PrPePsPIP° PiPµPjPsP»C-C,PёC†PSP° P°PSPµPjC-CЦ, PiPsPiB҃™ CЦP·P°PSP° P·PrPµC,,C-C†PёC,PsPj PiP»C҃PePsP·Ps-6-C,,PsCГC,,P°C,PrPµPiC-PrC҃PsPiPµPSP°P·Pё.

P°C-P»C҃ Cр P¶PёPIPsC,C- PSPµPICГC,P°PSPsPIP»PµPSPsPiPs PiPµPSPµP·Cр.

P҃PSPµPjC-CЦ, P»PµPNёPePsPiPµPSC-CЦ.

P—P°C...PIPSC҃C҃HIP°PSPSCЦ PSPёC҃PsPe: PiC-C”P»PsPSPµC,,C҃PёC,,  
PiP»PsPjPµC҃CрP»PsPSPµC,,C҃PёC,, Cр C,. C҃. PI P°PSP°PjPSPµP·C-.

PкPµ PjPsP¶PSP° PIPiPsPrPёC,Pё PIPSCрC,C҃C-CєPSC҃PsPIPµPSPSPs C...PIPSC҃PёPj C-P·CГPёCГC,PsP»C-C†PSPёPj P°C҃C,PµC҃C-P°P»C҃PSPёPj C,PёCГPePsPj PSPёP¶C†Pµ 100 PjPj C҃C,. CГC,.

PµPsP»C-C,C҃P°PIPjP°.

PёPsPe.

PµPsC҃C,,C-C҃C-CЦ.

P҃C҃PµC,C-PNё C,C҃PёPjPµCГC,C҃ PIP°PiC-C,PSPsCГC,C-.

**P°P·P°C”PjPsPrC-CЦ P· C-PSCєPёPjPё P»C-PeP°C҃CГC҃PePёPjPё P·P°CГPsP±P°PjPё C,P° C-PSCєC- PIPёPrPё PIP·P°C”PjPsPrC-PNё.**

PSPµC҃PµP· PIPёCГPsPeCр C-PjPsPIC-C҃PSC-CГC,C҃ C҃PsP·PIPёC,PeCр C,,P°C҃PjP°C†PµPIC,PёC†PSPsC— PSPµCГCрPjC-CГPSPsCГC,C- PSPµ PjPsP¶PSP° P·PjC-CєCрPIP°C,Pё P· C-PSCєPёPjPё P»C-PeP°C҃CГC҃PePёPjPё P·P°CГPsP±P°PjPё PI PsPrPSPsPjCр CєPіC҃PёC†C-.

P·C,P°PSPsP» B҃“ PiC-PrCГPёP»C҃C”C,C҃CГCЦ PµC,,PµPeC, PµC,P°PSPsP»Cр.

PГP»PsC҃PiC҃PsPjP°P·PёPS P°P±Ps C-PSCєC- PiPsC...C-PrPSC- C,,PµPSPsC,C-P°P·PёPSCэ B҃“ PsPrPSPsC†P°CГPSPµ P·P°CГC,PsCГCрPIP°PSPSCЦ PjPsP¶Pµ PiC҃PёP·PIPµCГC,Pё PrPs C҃PsP·PIPёC,PeCр PIPёC҃P°P¶PµPSPsC— PiC-PiPsC,PµC҃PjC-C—.

P PµPSC,PiPµPSPsPePsPSC,C҃P°CГC,PSC- C҃PµC†PsPIPёPSPё, PePsP»PsC—PrPSC- PeC҃PsPIPSP·P°PjC-PSPSPёPePё C,P° PiPµPSC-C†PёP»C-PS PSPµ CГP»C-Pr P·P°CГC,PsCГPsPICрPIP°C,Pё PiC-Pr C†P°CГ P»C-PeCрPIP°PSPSCЦ P°PSP°P»C҃PiC-PSPsPj.

PµPµC҃PsC҃P°P»C҃PSC- PiC-PiPsPiP»C-PePµPjC-C†PSC- PiC҃PµPiP°C҃P°C,Pё, PSPµPiC҃CЦPjC- P°PSC,PёPePsP°PiCэP»CЦPSC,Pё, PiP»C҃PePsPePsC҃C,PёPePsCГC,PµC҃PsC—PrPё, C,,PµPSC-C,PsC—PS, C-P±CэPiC҃PsC,,PµPS C,P° C-PSPPrPsPjPµC,P°C†PёPS B҃“ PjPµC,P°PjC-P·PsP» PSP°C,C҃C-C҃ B P·P±C-P»C҃CєCрC” P°PeC,PёPIPSC-CГC,C҃ C†PёC... PiC҃PµPiP°C҃P°C,C-PI CєP»CЦC...PsPj

PIPëC,C-Cl'PSPµPSPSCl C—C... P·C- P·PIbT™ Cl'P·PeCí P· P±C-P»PePsPj.

PαPµPSC-P»P±CáC,P°P·PsPS, P±P°CḡP±C-C,CáCḡP°C,Pë C,P° C-PSC€C-  
PiPµPiP°C,PsC-PSPrCáPeC,PsCḡPë PiCḡPë PsPrPSPsC±P°Cl'PSPsPjCí P·P°Cl'C,PsCl'CíPIP°PSPSC-  
P·PjPµPSC€CíCḡC,Ch PµC,,PµPeC,PëPIPSC-Cl'C,Ch PjPµC,P°PjC-P·PsP»Cí PSP°C,CḡC-Cḡ.

PκPµPSP°CḡPePsC,PëC±PSC- P°PSP°P»PiPµC,PëPePë, C,CḡPëC±PëPeP»C-C±PSC-  
P°PSC,PëPrPµPiCḡPµCl'P°PSC,Pë, PiPsCḡPjPsPSP°P»CHPSC- PePsPSC,CḡP°C±PµPiC,PëPIPë C,P°  
P°P»PsPiCáCḡPëPSPsP» Bḡ“ PsPrPSPsC±P°Cl'PSPµ P·P°Cl'C,PsCl'CíPIP°PSPSCl  
PjPµC,P°PjC-P·PsP»Cí PSP°C,CḡC-Cḡ P· C±PëPjPë PiCḡPµPiP°CḡP°C,P°PjPë PjPsPµPµ  
PiCḡPëP·PIPµCl'C,Pë PrPs PiPsCl'PëP»PµPSPSCl PNePsPiPs C,PsPeCl'PëC±PSPsCl'C,C-.

P†PSC€C- PSPµCl'C,PµCḡPsC—PrPSC- PiCḡPsC,PëP·P°PiP°P»CHPSC- P»C-PeP°CḡCl'CHPeC-  
P·P°Cl'PsP±Pë Bḡ“ PiPsC,PµPSC±C-CḡC”C,ChCl'Cl C—C... P·PSPµP±PsP»CHPIP°P»CHPSP° C,P°  
PµP°CḡPsP·PSPëPµCl'PIP°P»CHPSP° PrC-Cl C,P° P·P±C-P»CHC€CíC”C,ChCl'Cl  
C-PjPsPIC-CḡPSC-Cl'C,Ch P°PrPëC,PëPIPSPëC... PSPµP±P°PµP°PSPëC... PiPsP±C-C±PSPëC...  
PµC,,PµPeC,C-PI.

PŸPµPrP°C,PëPIPSC- P·P°Cl'PsP±Pë C,P° C,CḡP°PSPePIC-P»C-P·P°C,PsCḡPë (Cl'PëP±P°P·PsPS,  
C,CḡPëPsPeCl'P°P·PëPS, PIP°P»PsPePsCḡPrPëPS) PiC-PrCl'PëP»CḡCḡC,Ch  
P·PSPµP±PsP»CHPIP°P»CHPSCí PrC-Cḡ PjPµC,P°PjC-P·PsP»Cí PSP°C,CḡC-Cḡ.

PŸP°CḡPePsP»C-P·PëPS, PjPµCḡPeP°P·PsP»C-P» (C,C-P°PjP°P·PsP»),  
PiCḡPµPiP°CḡP°C,Pë, C%Ps PiCḡPëPiPSC-C±CáCḡC,Ch P°PeC,PëPIPSC-Cl'C,Ch  
PeC-Cl'C,PePsPIPsPiPs PjPsP·PeCá, Cá C., C±. PiCḡPµPiP°CḡP°C,Pë P·PsP»PsC,P° Bḡ“  
P·P±C-P»CHC€CíC”C,ChCl'Cl C-PjPsPIC-CḡPSC-Cl'C,Ch  
PiPµPjP°C,PsC,PsPeCl'PëC±PSPsCl'C,C-, Cí C., C±. CḡPsP·PIPëC,PeCí P»PµPNePsPiPµPSC-C—.

PµPsPrPµC—PS, PiC-Cl'C,P°PjC-PSPsPIC- Pκ₂-P±P»PsPeP°C,PsCḡPë C,P°  
PiCḡPsPiCḡP°PSPsP»PsP» PiC-PrCl'PëP»CḡCḡC,Ch PµC,,PµPeC, PjPµC,P°PjC-P·PsP»Cí  
PSP°C,CḡC-Cḡ.

PκPµPsP±C...C-PrPSP° PsP±PµCḡPµPµPSC-Cl'C,Ch PiCḡPë PsPrPSPsC±P°Cl'PSPsPjCí  
P·P°Cl'C,PsCl'CíPIP°PSPSC- P»C-PeP°CḡCl'CHPePsPiPs P·P°Cl'PsP±Cí C-P·  
Cl'CáP»CHC,,P°PSC-P»P°PjC-PrPSPëPjPë C±CáPeCḡPsP·PSPëPµCl'PIP°P»CHPSPëPjPë  
PiCḡPµPiP°CḡP°C,P°PjPë (PiPsCl'PëP»CḡC”C,ChCl'Cl PiC-PiPsPiP»C-PePµPjC-C±PSP° PrC-Cl)  
C,P° PrC-CáCḡPµC,PëPeP°PjPë (C,,CáCḡPsCl'PµPjC-Pr).

PµC-C”P»PsC,PsPeCl'PëC±PSC- P»C-PeP°CḡCl'CHPeC- P·P°Cl'PsP±Pë PiCḡPëP·PIPsPrCµC,Ch  
PrPs PiPsCl'PëP»PµPSPSCl PiPµPjP°C,PsC,PsPeCl'PëC±PSPsCl'C,C-.

PµPµC,PsC,CḡPµPeCl'P°C, Bḡ“ PjPµC,P°PjC-P·PsP» Cí PIPëCl'PsPePëC... PrPsP·P°C...  
PjPsPµPµ PiCḡPëP·PIPµCl'C,Pë PrPs P·P±C-P»CHC€PµPSPSCl  
PePsPSC±PµPSC,CḡP°C±C-C— PjPµC,PsC,CḡPµPeCl'P°C,Cí Cí PiP»P°P·PjC- PeCḡPsPIC-  
C,P° PiPsCl'PëP»PµPSPSCl PNePsPiPs C,PsPeCl'PëC±PSPëC... PµC,,PµPeC,C-PI (PSP°  
C,CḡP°PIPSCí Cl'PëCl'C,PµPjCí C- Cl'PëCl'C,PµPjCí PeCḡPsPIPsC,PIPsCḡPµPSPSCl).

PαP°CḡPjP°PePsPeC-PSPµC,PëC±PSP° C-PSPrCáPeC±C-Cl PjPµC,P°P±PsP»C-P·CáCḡC±PëC...  
C,,PµCḡPjPµPSC,C-PI Bḡ“ PjPµC,P°PjC-P·PsP» PjPsPµPµ C-PSPrCíPeCíPIP°C,Pë  
PjPµC,P°P±PsP»C-C±PSC- C,,PµCḡPjPµPSC,Pë, PIPeP»CḡC±P°CḡC±Pë CYP2B6 C,P° CYP3A4.

PµPrPSPsC±P°Cl'PSPµ P·P°Cl'C,PsCl'CíPIP°PSPSCl PjPµC,P°PjC-P·PsP»Cí P·

*P±CžPİCĤPsPİC-PsPSPsPj, PµC,,P°PIC-CĤPµPSC†PsPj, PjPµC,P°PrPsPSPsPj,  
PIP°P»CĤPİCĤPsP°C,PsPj, C†PëPeP»PsC†PİPsCĤPëPSPsPj, C,P°PeCĤPsP»C-PjCžC†PsPj P°P±Ps  
C†PµCĤC,CĤP°P»C-PSPsPj PjPsP¶Pµ C†PİCĤPëC†PëPSPëC,Pë P·PSPëP¶PµPSPSCİ  
PePsPSC†PµPSC,CĤP°C†C-C— C†PëC... PİCĤPµPİP°CĤP°C,C-PI C† PİP»P°P·PjC- PeCĤPsPIC- P·  
PİPsC,PµPSC†C-PM°PSPëPj P·PSPëP¶PµPSPSCİPj PeP»C-PSC-C†PSPsC—  
PµC,,PµPeC,PëPIPSPsC†C,C-. PÿPsPjC† P· PsP±PµCĤPµP¶PSC-C†C,CĤ  
CĤPµPePsPjPµPSP†C†C,CĤC†Cİ P·P°C†C,PsC†PsPIC†PIP°C,Pë PsPrPSPsC†P°C†PSPs  
PjPµC,P°PjC-P·PsP»; P·P° PSPµPsP±C...C-PrPSPsC†C,C- C†P»C-Pr PePsPSC,CĤPsP»CĤPIP°C,Pë  
PeP»C-PSC-C†PSC† PIC-PrPİPsPIC-PrCĤ C,P°/P°P±Ps CĤC-PIPµPSCĤ PİCĤPµPİP°CĤP°C,C†.*

***PĥC†PsP±P»PëPIPSC†C,C- P·P°C†C,PsC†CžPIP°PSPSCİ.***

PĥPİCĤP°PSC†P»PsC†PëC,PsP·  
P»C-PeC†PIP°PSPSCİ PjPµC,P°PjC-P·PsP»PsPj PjPsP¶Pµ C†PİCĤPëC†PëPSPëC,Pë  
P°PİCĤP°PSC†P»PsC†PëC,PsP·, P·PsPeCĤPµPjP° P· P»PµC,P°P»CĤPSPëPj  
PSP°C†P»C-PrPePsPj (PrPëPI. CĤPsP·PrC-P» B«PµPsP±C-C†PSC- CĤPµP°PeC†C-C—B»).

PİPµPM° C†C,P°PS PjPsP¶Pµ PİPëPSPëPePSC†C,Pë, PSP°PIC-C,CĤ CİPeC%Ps  
PİPsPİPµCĤPµPrPSC” P·P°C†C,PsC†C†PIP°PSPSCİ PjPµC,P°PjC-P·PsP»C† PSPµ PjP°P»Ps  
PSPµPİP°C,PëPIPSPëC... PSP°C†P»C-PrPeC-PI.

PĥPİCĤP°PSC†P»PsC†PëC,PsP·, C†PİCĤPëC†PëPSPµPSPëPM° PjPµC,P°PjC-P·PsP»PsPj, C”  
C-PrC-PsC†PëPSPeCĤP°C,PëC†PSPsCĤ PİPsP±C-C†PSPsCĤ CĤPµP°PeC†C-C”CĤ, C%Ps  
PSPµ P·P°P»PµP¶PëC,CĤ PIC-Pr PrPsP·Pë C- PjPsP¶Pµ **P·BĤ™ CİPIPëC,PëC†Cİ** Pİ  
P±C†PrCĤ-CİPePëPM° C†P°C† **PİCĤPsC,CİPIPsPj** P»C-PeC†PIP°PSPSCİ, P°  
C,P°PePsP¶ PSPµPIPrPsPIP·C- PİC-C†P»Cİ PM°PsPİPs PİCĤPëPİPëPSPµPSPSCİ.  
PµP°C†C-C”PSC,C-PI C†P»C-Pr PİPsC-PSC,,PsCĤPjC†PIP°C,Pë PİCĤPs  
PSPµPsP±C...C-PrPSC-C†C,CĤ PİCĤPëPİPëPSPëC,Pë P»C-PeC†PIP°PSPSCİ C,P°  
PSPµPİP°PM°PSPs P·PIPµCĤPSC†C,PëC†Cİ **PİPs PjPµPrPëC†PSC† PrPsPİPsPjPsPİC†**  
C† CĤP°P·C- PİPsCİPIPë P±C†PrCĤ-CİPePëC... C†PëPjPİC,PsPjC-PI, C%Ps  
PIPeP°P·C†CĤC,CĤ PSP° P°PİCĤP°PSC†P»PsC†PëC,PsP· (PSP°PİCĤPëPeP»P°Pr,  
PİP°CĤCİC†PeP°, PsP·PSPsP±, P±C-P»CĤ C† PİPsCĤP»C- C,P° P±PsP»CĤC†C-  
P·PjC-PSPë PSP° C†P»PëP·PsPIC-PM° PsP±PsP»PsPSC†C-, PsC†PsP±P»PëPIPs C†  
CĤPsC,C-, PSPsC†C- PM° PİPsCĤP»C-, P° C,P°PePsP¶ C† PrC-P»CİPSC†C-  
C†C,P°C,PµPIPëC... PsCĤPİP°PSC-PI P°P±Ps P°PSP°P»CĤPSPsPİPs PsC,PIPsCĤC†C†C-  
PİPeC%Ps PjPµC,P°PjC-P·PsP» P·P°C†C,PsC†PsPIC†CĤC,CĤ PİCĤPë PİP°CĤCİC†C†C-,  
PrPµCİPeC- C†PëPjPİC,PsPjPë **CĤPsP·PIPëC,PeC† P°PİCĤP°PSC†P»PsC†PëC,PsP·C†**  
PjPsP¶C†C,CĤ P·P°P»PëCëPëC,PëC†Cİ PSPµPİPsPjC-C†PµPSPëPjPë. **PÿP°Pe C†P°PjPs**  
**C†C- C†PëPjPİC,PsPjPë PjPsP¶PSP° PSPµ PİPsPjC-C,PëC,Pë** C† PİP°C†C-C”PSC,C-PI,  
CİPeC- PsC,CĤPëPjC†CĤC,CĤ P°PSC,PëP±C-PsC,PëPePsC,PµCĤP°PİC-CĤ.  
**Pj CĤP°P·C- PİPsCİPIPë** PsP·PSP°Pe C- C†PëPjPİC,PsPjC-PI, C%Ps  
PIPeP°P·C†CĤC,CĤ PSP° P°PİCĤP°PSC†P»PsC†PëC,PsP·, C†P»C-Pr PSPµPİP°PM°PSPs  
**PİCĤPëPİPëPSPëC,Pë P»C-PeC†PIP°PSPSCİ C-** PİCĤPsPIPµC†C,Pë  
P·P°PİP°P»CĤPSPëPM° **CĤPsP·PİPsCĤPSC†C,PëPM° P°PSP°P»C-P· PeCĤPsPIC-**.  
PİPeC%Ps PrC-P°PİPSPsP· PİC-PrC,PIPµCĤPrP¶PµPSPs, P»C-PeC†PIP°PSPSCİ PSPµ  
PjPsP¶PSP° PİPsPSPsPIP»CĤPIP°C,Pë (PrPëPI. CĤPsP·PrC-P»  
B«PµCĤPsC,PëPİPsPeP°P·P°PSPSCİB»).

PµCĤPë PİP°CĤPµPSC,PµCĤP°P»CĤPSPsPjC† PİPİPµPrPµPSPSC- PSPµPsP±C...C-PrPSPëPM°  
P»C-PeP°CĤC†CĤPePëPM° PePsPSC,CĤPsP»CĤ (PIPëC†PsPeP° C†P°C†C,PsC,P°  
P°P»PµCĤPİC-C†PSPëC... CĤPµP°PeC†C-PM°, C† C,, C†. P· P»PµC,P°P»CĤPSPëPj  
PSP°C†P»C-PrPePsPj) C- PSP°CİPIPSC-C†C,CĤ C†PjPsPI PrP»Cİ PİCĤPsPIPµPrPµPSPSCİ  
PİCĤPsC,PëCëPsPePsPIPSC— C,PµCĤP°PİC-C—.

PJ C...PIPsCḡPëC... PSP° P°C,PsPíC-C†PSCr P±CḡPsPSC...C-P°P»CHPSCr P°CíC,PjCr C-  
PíPsP»C-PSPsP·Pë C-CíPSCrC" PíC-PrPIPëC%oPµPSPëPNë CḡPëP·PëPe CḡPsP·PIPëC,PeCr  
CḡPµP°PeC†C-PNë PiC-PíPµCḡC†CrC,P»PëPIPsCíC,C-.

P'PëPeP»CḡC†P°C"C,CHCíCḡ P·P°CíC,PsCíCrPIP°PSPSCḡ PrP»Cḡ P·PSCḡC,C,Cḡ  
PiPsCíC,CḡPsPiPs P±PsP»Cḡ Cr P¶PëPIPsC,C- PSPµPICíC,P°PSPsPIP»PµPSPsPiPs PiPµPSPµP·Cr  
(PrPs P·Bḡ™ CḡCíCrPIP°PSPSCḡ PíCḡPëC†PëPSPë).

P>C-PeP°CḡCíCḡPëPëPNë P·P°CíC-P± CíP»C-Pr P·P°CíC,PsCíPsPICrPIP°C,Pë P-  
PsP±PµCḡPµP¶PSC-CíC,Cḡ PíP°C†C-C"PSC,P°Pj:

B· P»C-C,PSCHPsPiPs PIC-PeCr - PjPsP¶Pµ PíCḡPëP·PIPµCíC,Pë PrPs  
PíC-PrPIPëC%oPµPSPSCḡ C†P°CíC,PsC,Pë PíPsP±C-C†PSPëC... CḡPµP°PeC†C-PNë,  
PsCíPsP±P»PëPIPs P· P±PsPeCr C,CḡP°PIPsPSC— CíPëCíC,PµPjPë;

B· C-P· P·P°PíP°P»CHPSPëPjPë P·P°C...PIPsCḡCḡPIP°PSPSCḡPjPë PePëC€PµC†PSPëPeCr,  
PIPeP»CḡC†P°CḡC†Pë PSPµCíPíPµC†PëC,,C-C†PSPëPNë PIPëCḡP°P·PePsPIPëPNë PePsP»C-C, C,P°  
C...PIPsCḡPsP±Cr PḡCḡPsPSP°.

PJ CḡP°P·C- PíCḡPëP·PSP°C†PµPSPSCḡ C...PIPsCḡPëPj P· PiPsCíC,CḡPsCḡ CíPµCḡC†PµPIPs-  
CíCrPrPëPSPSPsCḡ PíP°C,PsP»PsPiC-C"Cḡ PSPµPsP±C...C-PrPSPëPNë CḡPµC,PµP»CHPSPëPNë  
PePsPSC,CḡPsP»CH P·P° PiPµPjPsPrPëPSP°PjC-PePsCḡ. P— PsP±PµCḡPµP¶PSC-CíC,Cḡ  
P·P°CíC,PsCíPsPICrPIP°C,Pë PíP°C†C-C"PSC,P°Pj P· CḡC-PIPsPµPj  
P°CḡC,PµCḡC-P°P»CHPSPsPiPs C,PëCíPeCr PSPëP¶C†Pµ 100 PjPj CḡC,.. CíC,.. PíCḡPë  
C-PSC,,P°CḡPëC,C- PjC-PsPeP°CḡPrP°, PíCḡPë PSP°CḡPIPsPSCíC,C-  
P·P°C...PIPsCḡCḡPIP°PSCḡ PíPµC†C-PSPePë C- PSPëCḡPsPe PI P°PSP°PjPSPµP·C-  
(PíC-C"P»PsPSPµC,,CḡPëC,, PiP»PsPjPµCḡCrP»PsPSPµC,,CḡPëC,,), PíCḡPë P»C-PeCrPIP°PSPSC-  
C†PëC,PsCíC,P°C,PëPeP°PjPë, PíCḡPë C...CḡPsPSC-C†PSPsPjCr P°P»PePsPiPsP»C-P·PjC-,  
PsP±C,CḡP¶PµPSPsPjCr P°P»PµCḡPiPsP»PsPiC-C†PSPsPjCr P°PSP°PjPSPµP·C-,  
P·P°C...PIPsCḡCḡPIP°PSPSCḡC... PeCḡPsPIC-.

PkPµ CḡPµPePsPjPµPSPrCrC"C,CHCíCḡ CḡPµPíCrP»CḡCḡPSPµ C,CḡPëPIP°P»Pµ  
P·P°CíC,PsCíCrPIP°PSPSCḡ P»C-PeP°CḡCíCḡPëPëPNë P·P°CíPsP±Cr C†PµCḡPµP·  
PjC-C"P»PsC,PsPeCíPëC†PSC-CíC,CH PjPµC,P°PjC-P·PsP»Cr PSP°C,CḡC-Cḡ;  
PSPµPsP±C...C-PrPSPs PePsPSC,CḡPsP»CḡPIP°C,Pë PeP°CḡC,PëPSCr  
PíPµCḡPëC,,PµCḡPëC†PSPsC— PeCḡPsPIC- (P»PµPNëPePsC†PëC,P°CḡPSCr C,,PsCḡPjCrP»Cr).

PµCḡPë P·P°CíC,PsCíCrPIP°PSPSC- PjPµC,P°PjC-P·PsP»Cr PíPsPIC-PrPsPjP»CḡP»PsCíCḡ  
PíCḡPs C,CḡP¶PeC- C€PeC-CḡPSC- PíPsP±C-C†PSC- CḡPµP°PeC†C-C—, PIPeP»CḡC†P°CḡC†Pë  
CíPëPSPrCḡPsPj PŸC,C-PIPµPSCíP° Bḡ" P"¶PµPSCíPsPSP°, C,PsPeCíPëC†PSPëPNë  
PµPíC-PrPµCḡPjP°P»CHPSPëPNë PSPµPeCḡPsP»C-P· C,P° PjPµPrPëPeP°PjPµPSC,PsP·PSCr  
CḡPµP°PeC†C-Cḡ P· PµPsP·PëPSPsC,,C-P»C-C"Cḡ C,P° CíPëCíC,PµPjPSPëPjPë  
CíPëPjPíC,PsPjP°PjPë (DRESS-CíPëPSPrCḡPsPj), CḡPeC- PjPsP¶CíC,CH P±CrC,Pë  
PSPµP±PµP·PíPµC†PSPëPjPë PrP»Cḡ P¶PëC,C,Cḡ P°P±Ps P»PµC,P°P»CHPSPëPjPë.  
PµP°C†C-C"PSC,C-PI CíP»C-Pr PíPsPIC-PrPsPjPëC,Pë PíCḡPs PsP·PSP°PePë C,P°  
CíPëPjPíC,PsPjPë C,P° CrPIP°P¶PSPs CíC,PµP¶PëC,Pë P·P° C€PeC-CḡPSPëPjPë  
CḡPµP°PeC†C-CḡPjPë.

PíPeC%oPs Cr PíP°C†C-C"PSC,P° P·Bḡ™ CḡPIP»CḡCḡC,CHCíCḡ PsP·PSP°PePë C,P°  
CíPëPjPíC,PsPjPë, C%oPs PIPeP°P·CrCḡC,CH PSP° C†C- CḡPµP°PeC†C-C—, PjPµC,P°PjC-P·PsP»  
CíP»C-Pr PIC-PrPjC-PSPëC,Pë C- PSPµ PjPsP¶PSP° PíPsC†PëPSP°C,Pë P»C-PeCrPIP°PSPSCḡ  
PíPsPIC,PsCḡPSPs.

PμC-PrCεPeC-CḡPSPμ PIPμPrPμPSPSCḡ P»C-PeP°CḡCḡCHPePsPiPs P·P°CḡPsP±Cḡ PSPμ P·P°CḡC,PsCḡPsPICḡCḡC,CH C‡PμCḡPμP· PjPsPḡP»PēPIPμ PīPsPrCḡP°P·PSPμPSPSCḡ C,PeP°PSPēPS.

PJ PīPμCḡC-PsPr P»C-PeCḡPIP°PSPSCḡ PjPsPḡP»PēPIPμ P·P°P±P°CḡPIP»PμPSPSCḡ CḡPμC‡C-Cḡ C‡PμCḡPIPSPSPēPNē PePsP»C-Cḡ (P·P° CḡP°C...CḡPSPsPe PIPēPrC-P»PμPSPSCḡ PjPμC,P°P±PsP»C-C,Cḡ), C%Ps PSPμ PjP°C” PeP»C-PSC-C‡PSPsPiPs P·PSP°C‡PμPSPSCḡ.

*PhCḡPsP±P»PēPIC- PiCḡCḡPīPē*

PμP°CḡC-C”PSC,Pē P»C-C,PSCḡPsPiPs PIC-PeCḡ, PsCḡP»P°P±P»PμPSC- PīP°CḡC-C”PSC,Pē C- PīP°CḡC-C”PSC,Pē C-P· P·PSPēPḡPμPSPēPj PeP»C-CḡPμPSCḡPsPj PeCḡPμP°C,PēPSC-PSCḡ

P”PsP·P° PīCḡPμPīP°CḡP°C,Cḡ PrP»Cḡ CḡPēC... PiCḡCḡPī PīP°CḡC-C”PSC,C-PI PīPsPIPēPSPSP° P±CḡC,Pē P·PjPμPSCεPμPSP°, PsCḡPeC-P»CHPePē PIPēPIPμPrPμPSPSCḡ PīCḡPsPrCḡPeC,C-PI PsP±PjC-PSCḡ PjPμC,P°PjC-P·PsP»Cḡ PjPsPḡPμ P±CḡC,Pē PīCḡPsP»PsPSPiPsPIP°PSPēPj.

PμP°CḡC-C”PSC,Pē P· PīPsCḡCḡCεPμPSPSCḡPj C,,CḡPSPeCḡC-C— PīPμC‡C-PSPePē C,P° PSPēCḡPsPe

PhCḡPeC-P»CHPePē CεPIPēPrPeC-CḡC,CH PIPēPIPμPrPμPSPSCḡ P»C-PeP°CḡCḡCHPePsPiPs P·P°CḡPsP±Cḡ P·PjPμPSCεCḡC”C,CHCḡCḡ PīCḡPē PīPsCḡCḡCεPμPSPSC- C,,CḡPSPeCḡC-C— PSPēCḡPsPe P°P±Ps PīPμC‡C-PSPePē, CḡP»C-Pr CḡPSPēPeP°C,Pē P·P°CḡC,PsCḡCḡPIP°PSPSCḡ P±P°PīP°C,PsCḡP°P·PsPIPēC... PIPēCḡPsPePēC... PrPsP· P—PSPēPḡPμPSPSCḡ PrPsP·Pē PSPμ PīPsC,CḡC-P±PSPμ PīCḡPē PePsCḡPsC,PePsC,CḡPēPIP°P»PsPjCḡ P·P°CḡC,PsCḡCḡPIP°PSPSC- PīCḡPμPīP°CḡP°C,Cḡ. PḡP° CḡCHPsPiPsPrPSC- PIC-PrCḡCḡC,PSC-PNē PrPsCḡPIC-Pr C,CḡPēPIP°P»PsPiPs P·P°CḡC,PsCḡCḡPIP°PSPSCḡ PjPμC,P°PjC-P·PsP»Cḡ PīP°CḡC-C”PSC,P°Pj P· C,CḡPḡPePēPjPē PīPsCḡCḡCεPμPSPSCḡPjPē C,,CḡPSPeCḡC-C— PīPμC‡C-PSPePē C,P° PSPēCḡPsPe.

PḡPμPrPēPeP°PjPμPSC,PsP·PSPμ CḡCḡP°PḡPμPSPSCḡ PīPμC‡C-PSPePē

PμPsPIC-PrPsPjP»CḡP»PsCḡCḡ PīCḡPs PIPēPīP°PrPePē PīPsCḡC,CḡPsPiPs PīPμPīP°C,PēC,Cḡ PīPμCḡPμPIP°PḡPSPsB PīPμPīP°C,PsCḡPμP»CḡP»CḡCḡPSPsPiPs C...P°CḡP°PeC,PμCḡCḡ Pī PīP°CḡC-C”PSC,C-PI, CḡPeC- PsC,CḡPēPjCḡPIP°P»Pē PjPμC,P°PjC-P·PsP», C%Ps PIPēPSPēPeP°P»Pē PIC-Pr PrPμPeC-P»CHPePsC... PrPSC-PI PrPs PeC-P»CHPePsC... PjC-CḡCḡCḡC-PI PīC-CḡP»Cḡ PīPsC‡P°C,PeCḡ P»C-PeCḡPIP°PSPSCḡ. PhP·PSP°PePē C,P° CḡPēPjPīC,PsPjPē PIPeP»CḡC‡P°CḡC,CH PīC-PrPIPēC%PμPSPSCḡ CḡC-PIPSCḡ PīPμC‡C-PSPePsPIPēC... C,,PμCḡPjPμPSC,C-PI Cḡ CḡPēCḡPsPIP°C,CḡC- PeCḡPsPIC- P· PḡPsPIC,CḡPSPēCḡPμCḡ P°P±Ps P±PμP· PSPμC—, C‡P°CḡC,Ps CḡP°P·PsPj P· C-PSCεPēC... CḡPμP°PeCḡC-CḡPjPē PīC-PīPμCḡC‡CḡC,P»PēPIP°CḡC, C- PrPs P»C-PeP°CḡCḡCHPePēC... P·P°CḡPsP±C-PI (PSP°PīCḡPēPeP»P°Pr, CεPeC-CḡPSPēPj PIPēCḡPēPīPsPj, PrPēCḡPeCḡP°P·C-C”Cḡ PeCḡPsPIC-, P»PēC...PsPjP°PSPePsCḡ C,P° PμPsP·PēPSPsC,,C-P»C-C”Cḡ) P°P±Ps CḡCḡPīCḡPsPIP°PrPḡCḡC,CḡCḡCḡ CḡPēPjPīC,PsPjP°PjPē P°CḡC,PsC-PjCḡPSPsPiPs PīPμPīP°C,PēC,Cḡ. P’C-P»CHCεC-CḡC,CH PīP°CḡC-C”PSC,C-PI PsPrCḡPḡP»Pē PīC-CḡP»Cḡ PīCḡPēPīPēPSPμPSPSCḡ P»C-PeCḡPIP°PSPSCḡ PjPμC,P°PjC-P·PsP»PsPj; PīCḡPsC,Pμ Cḡ PīPsPsPrPēPSPsPePēC... PIPēPīP°PrPeP°C... PīPsPIC-PrPsPjP»CḡP»PsCḡCḡ PīCḡPs PīCḡPsPiCḡPμCḡCḡPIP°PSPSCḡ PīPsCḡC,CḡPsC— PīPμC‡C-PSPePsPIP°C— PSPμPrPsCḡC,P°C,PSPsCḡC,C-, C%Ps PIPēPjP°PīP°P»P° C,CḡP°PSCḡPīP»P°PSC,P°CḡC-C— PīPμC‡C-PSPePē.

PḡPμC...P°PSC-P·Pj PīPsCεPePsPrPḡPμPSPSCḡ PīPμC‡C-PSPePē, PIPēPeP»PēPeP°PSPēPNē

PjPμC, P°PjC-P·PsP»PsPj, C‡C-C, PePs PSPμ P·Bḡ™ CḶCÍPsPIP°PSPëPNḡ, P°P»Pμ PrP°PSC-  
PIPeP°P·CfCḤC, CH PSP° C-PjCfPSPsP°P»PμCḤPiC-C‡PSPëPNḡ PjPμC...P°PSC-P·Pj.

PμP°C‡C-C" PSC, P°Pj CÍP»C-Pr P·PIPμCḤPSCfC, PëCÍCḶ PrPs CÍPIPsPiPs P»C-PeP°CḤCḶ CÍ  
CḤP°P·C- PIPëPSPëPePSPμPSPSCḶ CÍPëPjPiC, PsPjC-PI, C%Ps CÍPIC-PrC‡P°C, CH PìCḤPs  
PìPsCëPePsPrP¶PμPSPSCḶ PìPμC‡C-PSPePë. Pj C, P°PePëC... PìP°C‡C-C" PSC, C-PI  
PjPμC, P°PjC-P·PsP» CÍP»C-Pr PIC-PrPjC-PSPëC, Pë C, P° PsC‡C-PSPëC, Pë C,, CÍPSPeC‡C-CḤ  
PìPμC‡C-PSPePë.

PkPμ CÍP»C-Pr PìPsPIC, PsCḤPSPs PìCḤPëP·PSP°C‡P°C, Pë PjPμC, P°PjC-P·PsP»  
PìP°C‡C-C" PSC, P°Pj P· PIPëPìP°PrPePsPj CÍCḤP°P¶PμPSPSCḶ PìPμC‡C-PSPePë PìC-Pr C‡P°CÍ  
P»C-PeCfPIP°PSPSCḶ PjPμC, P°PjC-P·PsP»PsPj PI P°PSP°PjPSPμP·C-, CÍ CḶPePëC... PSPμ  
P±CfP»Ps PICÍC, P°PSPsPIP»PμPSPs P¶PsPrPSPsC— C-PSCëPsC— PìCḤPëC‡PëPSPë  
PìPsCëPePsPrP¶PμPSPSCḶ PìPμC‡C-PSPePë.

PjPμPNḡ P»C-PeP°CḤCÍCHPePëPNḡ P·P°CÍC-P± PjC-CÍC, PëC, CH 1,469 PjPjPsP»CH (P°P±Ps  
33,77 PjPi)/PrPsP·CÍ (1 PjP») PSP°C, CḤC-CḤ. PŸP»C-Pr P±CfC, Pë PsP±PμCḤPμP¶PSPëPj PìCḤPë  
P·P°CÍC, PsCÍCfPIP°PSPSC- PìP°C‡C-C" PSC, P°Pj, CḶPeC- PrPsC, CḤPëPjCfCḤC, CHCÍCḶ  
PrC-C" C, Pë P· PePsPSC, CḤPsP»CHPsPIP°PSPëPj PIPjC-CÍC, PsPj PSP°C, CḤC-CḤ.

*P—P°CÍC, PsCÍCžPIP°PSPSCḶ Cž PìPμCḤC-PsPr PIP°PiC-C, PSPsCÍC, C- P°P±Ps  
PìPsPrCžPIP°PSPSCḶ PìCḤCžPrPrCḤ.*

P'P°PiC-C, PSC-CÍC, CH

P,, P»PëCëPμ PsP±PjPμP¶PμPSC- PrP°PSC- C%PsPrPs P·P°CÍC, PsCÍCfPIP°PSPSCḶ  
PjPμC, P°PjC-P·PsP»CÍ PIP°PiC-C, PSPëPj P¶C-PSPeP°Pj. P'C-PrPìPsPIC-PrPSPs PrPs  
PsPìCfP±P»C-PePsPIP°PSPëC... PrP°PSPëC..., CÍ PIP°PiC-C, PSPëC... P¶C-PSPsPe, CḶPeC-  
PìCḤPsC, CḶPiPsPj PìPμCḤCëPsPiPs C, CḤPëPjPμCÍC, CḤCÍ PìCḤPëPNḡPjP°P»Pë PjPμC, P°PjC-P·PsP»  
(n=568), PSPμ P±CfP»Ps PIPëCḶPIP»PμPSPs P¶PsPrPSPëC... PrPsPeP°P·C-PI PìCḤPsCḶPICf  
C, PμCḤP°C, PsPiPμPSPSPëC... P°P±Ps PμPjP±CḤC-PsC, PsPeCÍPëC‡PSPëC... PμC,, PμPeC, C-PI. P'  
PsPeCḤPμPjPëC... PIPëPìP°PrPeP°C... PsPrPSPsCḤP°P·PsPIC- PrPsP·Pë PjPμC, P°PjC-P·PsP»CÍ  
PìCḤPsC, CḶPiPsPj PìPμCḤCëPsPiPs C, P° PrCḤCfPiPsPiPs C, CḤPëPjPμCÍC, CḤCÍ  
PIP°PiC-C, PSPsCÍC, C- PjPsP¶CfC, CH P±CfC, Pë PìCḤPëPNḡPSCḶC, PSPëPjPë, CḶPeC%Ps PSPμ  
C-CÍPSCfC" C-PSCëPëC... P°P»CHC, PμCḤPSP°C, PëPIPSPëC... PIP°CḤC-P°PSC, C-PI  
P»C-PeCfPIP°PSPSCḶ. PhPrPSP°Pe, PI C‡C-P»PsPjCf, P·P°CÍC, PsCÍCfPIP°PSPSCḶ  
PjPμC, P°PjC-P·PsP»CÍ PìCḤPsC, CḶPiPsPj PìPμCḤCëPsPiPs C, P° PrCḤCfPiPsPiPs  
C, CḤPëPjPμCÍC, CḤCÍ PIP°PiC-C, PSPsCÍC, C- PSPμ CḤPμPePsPjPμPSPPrPsPIP°PSPs.  
P'PëPePsCḤPëCÍC, P°PSPSCḶ PjPμC, P°PjC-P·PsP»CÍ PI PìPμCḤC-PsPr C, CḤPμC, CHPsPiPs  
C, CḤPëPjPμCÍC, CḤCÍ PìPsPìBḡ™ CḶP·P°PSPs P· PìCḤPsCḶPIP°PjPë  
C,, PμC, PsC, PsPeCÍPëC‡PSPsCÍC, C- (PìPsCḤCfCëPμPSPSCḶ C,, CÍPSPeC‡C-C— PSPëCḤPsPe C-  
P·PICfP¶PμPSPSCḶ P°CḤC, PμCḤC-P°P»CHPSPsC— PìCḤPsC, PsPePë), C, P°PePëPj C‡PëPSPsPj,  
P·P°CÍC, PsCÍCfPIP°PSPSCḶ P»C-PeP°CḤCÍCHPePsPiPs P·P°CÍCfPsP±CÍ  
PìCḤPsC, PëPìPsPeP°P·P°PSPs PìCḤPsC, CḶPiPsPj C, CḤPμC, CHPsPiPs C, CḤPëPjPμCÍC, CḤCÍ  
PIP°PiC-C, PSPsCÍC, C- (PrPëPI. CḤPsP·PrC-P» B«PμCḤPsC, PëPìPsPeP°P·P°PSPSCḶB»). Pj  
CḤP°P·C- PSPμPSP°PIPjPëCÍPSPsPiPs P·P°CÍC, PsCÍCfPIP°PSPSCḶ PjPμC, P°PjC-P·PsP»CÍ  
PìCḤPsC, CḶPiPsPj C, CḤPμC, CHPsPiPs C, CḤPëPjPμCÍC, CḤCÍ CÍC, P°PS  
P°PjPSC-PsC, PëC‡PSPsC— CḤC-PrPëPSPë C, P° P°CḤC, PμCḤC-P°P»CHPSPsC— PìCḤPsC, PsPePë  
CÍP»C-Pr PePsPSC, CḤPsP»CHPIP°C, Pë CÍP»CHC, CḤP°P·PICfPePsPIPëPjPë PjPμC, PsPrP°PjPë  
PrC-P°PiPSPsCÍC, PëPePë C- PμC...PsPeP°CḤPrC-PsPiCḤP°C,, C-C" CḤ.



PIPëPePsCĤPëCÍC,PsPICíPIP°C,Pë PrPsPIPiCí PiPsP»PeCí.

P”P»CĬ PrC-C,PμPNë C,P° PiC-PrP»C-C,PeC-PI PIC-PePsPj PrPs 14 CĤPsPeC-PI PjPsP¶P»PëPIPμ P·P°CÍC,PsCÍCíPIP°PSPSCĬ 8BĤ”16 PjPi PjPμC,P°PjC-P·PsP»Cí PSP° PeC-P»PsPiCĤP°Pj PjP°CÍPë C,C-P»P° Cí PIPëPiP»CĬPrC- PsPrPSPsCĤP°P·PsPIPSc— PrPsP·Pë. Pj PIPëPiP°PrPeCí P»PëC...PsPjP°PSPePë PrPsP·P° 10 PjPi PjPμC,P°PjC-P·PsP»Cí PSP° PeC-P»PsPiCĤP°Pj PjP°CÍPë C,C-P»P°, CĬPe PiCĤP°PIPëP»Ps, PrPsCÍC,P°C,PsCĬ PrP»CĬ PrC-C,PμPNë. P”PsCĤPsCÍP»PëPj C,P° PiC-PrP»C-C,PeP°Pj PIC-PePsPj PIC-Pr 15 CĤPsPeC-PI (> 53 PePi) PjPsP¶P»PëPIPμ P·P°CÍC,PsCÍCíPIP°PSPSCĬ PrPs 1000 PjPi Cí PIPëPiP»CĬPrC- PsPrPSPsCĤP°P·PsPIPSc— PrPsP·Pë.

P”PsP±PsPIP° PrPsP·P° PjPsP¶Pμ P±CíC,Pë CĤPsP·PrC-P»PμPSP°B PSP° 4 PiCĤPëPNëPsPjPë P·C-PSC,PμCĤPIP°P»PsPj 6BĤ”8 PiPsPrPëPS.

P·C,,PμPeC, PIC-Pr P»C-PeP°CĤCÍCHPePsPiPs P·P°CÍPsP±Cí CÍP»C-Pr PsC±C-PeCíPIP°C,Pë C±PμCĤPμP· 30 C...PIPëP»PëPS PiC-CÍP»CĬ PiP°CĤPμPSC,PμCĤP°P»CHPSPsPiPs PIPiPμPrPμPSPSCĬ.

P’ C,P°P±P»PëC±C- PSP°PIPμPrPμPSPs CĤPμPePsPjPμPSPPrPsPIP°PSC- PsPrPSPsCĤP°P·PsPIC- PrPsP·Pë C,P° PjP°PeCÍPëPjP°P»CHPSC- PrPsP±PsPIC- PrPsP·Pë P·P°P»PμP¶PSPs PIC-Pr PjP°CÍPë C,C-P»P° P°P±Ps PIC-PeCí:

PĤP°CÍP° C,C-P»P°		PĤPrPSPsCĤP°P·PsPIP° PrPsP·P°		PĤP°PeCÍPëPjP°P»CHPSP° PrPsP±PsPIP° PrPsP·P°	
PePi	PIC-Pe	PjP»	PjPi	PjP»	PjPi
5BĤ”8	3BĤ”11 PjC-CÍCĬC±C-PI	0,1BĤ”0,2	50BĤ”100	0,4BĤ”0,8	200BĤ”400
9BĤ”15	1BĤ”3 CĤPsPePë	0,2BĤ”0,5	100BĤ”250	0,8BĤ”2,0	400BĤ”1000
16BĤ”23	4BĤ”6 CĤPsPeC-PI	0,3BĤ”0,8	150BĤ”400	1,2BĤ”3,2	600BĤ”1600
24BĤ”30	7BĤ”9 CĤPsPeC-PI	0,4BĤ”1,0	200BĤ”500	1,6BĤ”4,0	800BĤ”2000
31BĤ”45	10BĤ”12 CĤPsPeC-PI	0,5BĤ”1,4	250BĤ”700	2,0BĤ”5,6	1000BĤ”2800
46BĤ”53	13BĤ”14 CĤPsPeC-PI	0,8BĤ”1,8	400BĤ”900	3,2BĤ”7,2	1600BĤ”3600
> 53	≥ 15 CĤPsPeC-PI	1,0BĤ”2,0*	500BĤ”1000*	4,0BĤ”8,0*	2000BĤ”4000*

\* PμCĤPë PSPμPsP±C...C-PrPSPsCÍC,C- CĤP°P·PsPICí PrPsP·Cí PjPsP¶PSP° P·P±C-P»CHC€PëC,Pë PrPs 5 PjP» (PIC-PrPiPsPIC-PrPSPs 2500 PjPi PjPμC,P°PjC-P·PsP»Cí), PrPsP±PsPICí PrPsP·Cí BĤ” PrPs 10 PjP» (C%oPs PIC-PrPiPsPIC-PrP°C” 5000 PjPi PjPμC,P°PjC-P·PsP»Cí).

P”C-C,Pë.

P”C-C,CĬPj P·P°CÍC,PsCÍPsPICíCĤC,CH PiC-Pr PSP°PiP»CĬPrPsPj P»C-PeP°CĤCĬ P·P°



C€PεC-CḡPë, B CÍPIPμCḡP±C-P¶, PεCḡPsPİPëPİBḡ™ CİPSPεP°,  
PεPsPSBḡ™ CḡPSPεC,PëPIC-C,, PSP°P±CḡCİPε PḡPIC-PSPEPμ; CḡC-PrPεPs Bḡ“  
CÍPëPSPPrCḡPsPj PŸC,C-PIPμPSCÍP° Bḡ“ P”P¶PsPSCÍPsPSP°, CÍPëPSPPrCḡPsPj  
P>P°PNεC”P»P»P°, P±CḡPsPSC...PsCÍPİP°CÍC,PëC‡PSPëPNε CÍPëPSPPrCḡPsPj,  
P°PSP°C,,C-P»P°PεC,PsC—PrPSC- CḡPμP°PεC†C-C—, P°PSP°C,,C-P»P°PεC,PëC‡PSPëPNε  
C€PsPε.

*P— P±PsPεCž C€PεC-CḡPë C- PİC-PrC€PεC-CḡPSPsC— PεP»C-C,PεPsPIPëPSPë:  
PjPμPrPëPεP°PjPμPSC,PsP·PSP° CḡPμP°PεC†C-Cİ P· PμPsP·PëPSPsC,,C-P»C-C”Cḡ C,P°  
CÍPëCÍC,PμPjPSPëPjPë CÍPëPjPİC,PsPjP°PjPë (DRESS-CÍPëPSPPrCḡPsPj) Bḡ“ C‡P°CÍC,PsC,P°  
PSPμPIC-PrPsPjP°.*

*P—P°PİP°P»CḡPSC- CḡPsP·P»P°PrPë C- P·PjC-PSPë Cž PjC-CÍC†C- PİPİPμPrPμPSPSCİ:  
C-PSC,,C-P»CḡC,CḡP°C,Pë CÍ PjC-CÍC†C- PİPİPμPrPμPSPSCİ (PİCḡPë  
PİPSCÍC,CḡC-C€PSCḡPsPjBḡ™ CİP·PsPİPsPjCÍ PİPİPμPrPμPSPSC-), PİC-PİPμCḡPμPjC-Cİ,  
PSP°P±CḡCİPε, PjC-CÍC†PμPIC- PİPëCÍPëPİPë C,P° CÍPIPμCḡP±C-P¶ C€PεC-CḡPë CÍ  
PjC-CÍC†C- PİPİPμPrPμPSPSCİ.*

**PŸPμCḡPjC-PS PİCḡPëPrP°C,PSPsCÍC,C-. 2 CḡPsPεPë.**

**PjPjPsPIPë P·P±PμCḡC-PİP°PSPSCİ.**

*P—P±PμCḡC-PİP°C,Pë PİCḡPë C,PμPjPİPμCḡP°C,CÍCḡC- PSPμ PİPëC%oPμ 25 °PŸ Pİ  
PsCḡPëPİC-PSP°P»CḡPSC-PNε CÍPİP°PεPsPIC†C-. PkPμ P·P°PjPsCḡPsP¶CÍPİP°C,Pë.  
P—P±PμCḡC-PİP°C,Pë CÍ PSPμPrPsCÍC,CÍPİPSPsPjCÍ PrP»Cİ PrC-C,PμPNε PjC-CÍC†C-.*

**PkPμCÍCžPjC-CÍPSC-CÍC,Cḡ.**

*PŞPμCḡPμP· PİPëCÍPsPεCÍ PNεPjPsPIC-CḡPSC-CÍC,Cḡ C,,P°CḡPjP°C†PμPIC,PëC‡PSPsC—  
PSPμCÍCÍPjC-CÍPSPsCÍC,C- PSPμ PjPsP¶PSP° P·PjC-C€CÍPİP°C,Pë PİCḡPμPİP°CḡP°C, P·  
C-PSC€PëPjPë P»C-PεP°CḡCÍCḡPεPëPjPë P·P°CÍPsP±P°PjPë Pİ PsPrPSPsPjCÍ C€PİCḡPëC†C-.*

**PjPİP°PεPsPIPεP°.**

*PμPs 2 PjP» Pİ P°PjPİCÍP»C-; PİPs 5 P°PjPİCÍP» CÍ PεPsPSC,CÍCḡPSC-PNε  
C‡P°CḡCÍPSPεPsPIC-PNε CÍPİP°PεPsPIC†C-; PİPs 2 PεPsPSC,CÍCḡPSC- C‡P°CḡCÍPSPεPsPIC-  
CÍPİP°PεPsPIPεPë CÍ PİP°C‡C†C-.*

**PḡP°C,PμPİPsCḡC-Cİ PIC-PrPİCÍCÍPεCÍ.**

*P—P° CḡPμC†PμPİC,PsPj.*

